Published in *Parkinsonism and Related Disorders* 29:24-29 (2016)

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The final publication is available at Elsevier through http://dx.doi.org/10.1016/j.parkreldis.2016.06.001

Please cite the published version.

Validation of an automated morphological MRI-based I-FP-CIT SPECT evaluation method

Gabor PERLAKI PhDa,b,1, Sarolta SZEKERES MDc,1, Gergely ORSI PhDa,b, Laszlo PAPP MS^d, Balazs SUHA^c, Szilvia Anett NAGY MS^{b,e}, Tamas DOCZI MD PhD^{a,b,f}, **Jozsef JANSZKY MD PhD^{a,g}, Katalin ZAMBO MD PhD^{c,2}, Norbert KOVACS MD PhDa,g,2,***

^aMTA-PTE Clinical Neuroscience MR Research Group, H-7623 Pecs, Hungary ^bPecs Diagnostic Centre, H-7623 Pecs, Hungary ^cDepartment of Nuclear Medicine, University of Pecs, H-7624 Pecs, Hungary ^dMediso Medical Imaging Systems, H-1022 Budapest, Hungary ^eMTA-PTE Neurobiology of Stress Research Group, H-7624 Pecs, Hungary ^fDepartment of Neurosurgery, University of Pecs, H-7623 Pecs, Hungary g Department of Neurology, University of Pecs, H-7623 Pecs, Hungary

***Corresponding author:**

Norbert Kovacs, MD, PhD Ret str. 2. Department of Neurology, University of Pecs H-7623 Pecs Hungary phone: +36-72535900 fax: +36-535911 email: kovacs.norbert@pte.hu

Equal contribution in first authorship: G. P. and S. Sz. contributed equally.

Equal contribution in last authorship: N. K. and K. Z. contributed equally.

Key words: ¹²³I-FP-CIT SPECT; Parkinson's disease; MRI; DATSCAN; dopamine transporter quantification

Main text word count: 2998

Number of tables: 4

Number of references: 30

ABSTRACT

Introduction

Dopamine transporter imaging with ¹²³I-FP-CIT single photon emission computed tomography (SPECT) is helpful for the differential diagnosis between Parkinsonian syndrome (PS) and essential tremor (ET). Although visual assessment and time-consuming manual evaluation techniques are readily available, a fully objective and automated dopamine transporter quantification technique is always preferable, at least in research and follow-up investigations. Our aim was to develop a novel automated magnetic resonance imaging (MRI)-based evaluation technique of dopamine transporter SPECT images and to compare its diagnostic accuracy with those of the gold-standard visual grading and manual dopamine transporter binding quantification methods.

Methods

I-FP-CIT SPECT and MRI sessions were conducted in 33 patients with PS (15 men; mean age: 60.3 ± 9.7 years) and 15 patients with ET (8 men; mean age: 54.7 ± 16.3 years). Striatal dopamine transporter binding was visually classified by 2 independent experts as normal or abnormal grade I, II and III. Caudal and putaminal specific uptake ratios were calculated by both automated MRI-based and manual evaluation techniques.

Results

We found almost perfect agreement (κ =0.829) between the visual scores by the 2 observers. The automated method showed strong correlation with the visual and manual evaluation techniques and its diagnostic accuracy (sensitivity=97.0%; specificity=93.3%) was also comparable to these methods. The automatically determined uptake parameters showed negative correlation with the clinical severity of parkinsonism. Based on ordinal regression modelling, the automated MRI-based method could reliably determine the visual grading scores.

Conclusion

The novel MRI-based evaluation of ¹²³I-FP-CIT SPECT images is useful for the differentiation of PS from ET.

1. INTRODUCTION

Dopamine transporter (DAT) single photon emission computed tomography (SPECT) imaging with 123 I-FP-CIT radio-ligand is a useful diagnostic tool for the differentiation of PS from ET $[1]$.

In clinical practice the ¹²³I-FP-CIT SPECT images are most commonly interpreted based on careful visual assessment of the striatal tracer binding, which is a simple and straightforward approach with high diagnostic accuracy and excellent interobserver agreement [2, 3]. However, visual classification is subjective and may be strongly dependent on the observer's experience [4]. In addition to visual interpretation, binding quantification based on manual delineation of striatal regions of interest (ROIs) is also readily available. However, this laborious technique is still subjective and dependent on the operator [5, 6]. To overcome such limitations, several automatic or semiautomatic ROI definition techniques were proposed for DAT binding quantification [6-9]. Most of these methods are based on some sort of registration between the DAT SPECT and a standard template image. Unfortunately DAT images contain relatively few anatomic details (i.e. they display a definite amount of uptake only in the striatum), which is further exacerbated by reduced DAT density in patients with advanced PS. Thus, registration to the template image may be inaccurate resulting in reduced accuracy of ROI delineation and subsequent DAT binding quantification [7]. Besides the registration process, generic template based ROIs may yield inaccuracies due to the morphological differences between the generic ROIs and the subject specific ROIs [10].

ROI delineation based on individual morphology as obtained by image fusion with magnetic resonance imaging (MRI) is also an option recommended by the recent European Association of Nuclear Medicine guidelines, especially when low DAT binding is expected [1]. In a simulation study, Gallego et al. demonstrated that ROIs based on individual morphology as obtained from MRI scan yields more accurate results than using templatebased generic ROIs [10]. Although, reliable automated MRI-based brain segmentation methods are available for the striatal structures [11, 12], this type of ROI delineation is not commonly used for DAT SPECT evaluation and even in rare cases where it is applied, the validation is still lacking [13].

The aim of this study was to develop and validate a novel automated MRI-based evaluation of DAT SPECT images as a tool for the differentiation between PS and ET and to compare the results with a well-established visual grading and DAT binding quantification driven by manual delineation of striatal ROIs. We also investigated for potential associations between DAT binding parameters and clinical measures of PS severity.

2. MATERIALS AND METHODS

2.1. Subjects

Thirty-three patients with Parkinsonian syndrome (PS, 15 men and 18 women; mean age: 60.3±9.7, range: 39-73 years) and 15 essential tremor (ET) patients (8 men and 7 women; mean age: 54.7±16.3, range: 22-78 years) were included in a prospective study. ET patients served as the control group. Only patients who did not take any medication which could significantly influence striatal DAT binding were included in the study [1].

The diagnosis of PS and ET was confirmed by a movement disorder specialist in accordance with current clinical criteria [14, 15].

The severity of PS was assessed by Hoehn-Yahr scale [16], the Hungarian validated version of Movement Disorder Society-sponsored revision of the Unified Parkinson's Disease Rating Scale (MDS-UPDRS) [17, 18] and the documented disease duration. Demographic and clinical data are presented in **TABLE 1**.

All subjects received detailed information on the investigation and gave written informed consent prior to the examination. The study was approved by the National Ethical Board (36104/2012/EKU).

2.2. SPECT imaging

For thyroid blocking, patients received Lugol's solution (30 drops, 3 times a day, for 3 days) before tracer administration. Three hours after the intravenous administration of 185 MBq of ¹²³I Ioflupane (DaTSCAN, GE Healthcare), brain SPECT examination with low dose computed tomography (CT) was performed. Double head gamma camera (AnyScan, Mediso) with low energy high resolution (LEHR) collimator was used. The imaging parameters were as follows: 128x128 matrix size; 64 frames; 40 sec/frame; angular step 5.6°; zoom 1.45. Transversal, sagittal and coronal slices were created. Images were reconstructed using a Butterworth brain prefilter.

2.3. Magnetic resonance imaging

Magnetic resonance imaging was performed on a 3T MRI scanner (MAGNETOM Trio a Tim System, Siemens AG, Erlangen, Germany) with a 12-channel head coil. A T1 weighted 3D MPRAGE (TR/TI/TE=2530/1100/3.37ms; Flip Angle=7°; 176 sagittal slices; slice thickness=1mm; $FOV=256x256mm^2$; matrix size=256x256; receiver bandwidth=200Hz/pixel) sequence was obtained to allow automated MR-based evaluation of dopamine transporter (DAT) binding.

2.4. Visual evaluation

SPECT images were visually assessed by 2 independent experts blinded to clinical data and uptake measures provided by the automated (or manual) analysis. Striatal DAT binding was classified as normal or abnormal grade I, II and III in accordance with the criteria of Benamer et al. [2]:

Normal: Tracer uptake bilaterally in putamen and caudate nuclei and largely symmetric.

Abnormal grade I: Asymmetric uptake with normal or almost normal putamen activity in one hemisphere and with a more marked reduction in the contralateral putamen.

Abnormal grade II: Significant bilateral reduction in putamen uptake with activity confined to the caudate nuclei.

Abnormal grade III: Virtually absent uptake bilaterally affecting both putamen and caudate nuclei.

2.5. Automated evaluation

Left and right caudate and putamen were automatically segmented on T1-weighted MPRAGE images using FIRST [12], while occipital cortex was defined by merging the lateral occipital, lingual, cuneus and pericalcarine regions delineated by FreeSurfer 5.3 image

analysis suite [19].

For automated DAT binding quantification, the segmented masks were aligned with each subject's native DAT image, while keeping the original mask resolution of $1x1x1mm³$. The alignment was based on the rigid body (6 degrees-of-freedom) transformation between MR and CT images calculated by FLIRT [20]. Normalized mutual information was used as cost-function. The coregistration process is illustrated in **Supplementary Figure 1**.

Mean 123 I-FP-CIT uptake values were extracted for each mask by InterViewTM FUSION version 2.02.055 (Mediso). Specific to nonspecific uptake ratios were calculated separately for the left and right sides of caudate and putamen using the formula: $(UPT_{striatal} – UPT_{occ})/UPT_{occ}$

, where UPT_{striatal} represents the mean uptake in the target region (putamen or caudate) and UPT_{occ} is the mean uptake in the reference region (occipital cortex).

Since, the underlying disease in patients with PS is often asymmetric, the uptake data were defined in terms of the "higher" (less affected) and "lower" specific uptake (more affected) sides, rather than left and right hemispheres. For example, "lower" putamen denotes the lower one from the left and right putaminal specific uptake ratios.

2.6. Manual evaluation

Manual ROI delineation included several steps.

If 123 I-FP-CIT accumulation was apparent bilaterally in the putamen and caudate then manual delineation was performed as follows: left and right caudate and putamen were manually labelled in three axial SPECT slices; the slice showing most intense striatal tracer uptake and the most caudal and cranial slices in which the tracer uptake was still evident for the given brain structure. Using InterViewTM FUSION version 2.02.055 (Mediso), the userdefined two-dimensional (2D) ROIs were automatically extended between these three slices to form a three-dimensional (3D) ROI for each structure. Finally, using the CT images, each 3D ROI was manually corrected according to the anatomical landmarks.

If ¹²³I-FP-CIT accumulation was present only in one hemispheric putamen or caudate, then the 3D ROI around the best preserved putamen or caudate was outlined based on the above. The mirror image of this tracing was used as an initial label for the contralateral side, which was adjusted manually based on the CT image to fit individual anatomy.

If I-FP-CIT accumulation was visually absent bilaterally in the caudate or the putamen, the delineation of the 3D ROI covering the corresponding anatomical structure was based on the CT image exclusively.

Three dimensional ROIs of the occipital reference region were drawn in a way to avoid the inclusion of any bone tissue or cerebrospinal fluid.

Similarly to the automated evaluation, specific to nonspecific uptake ratios were calculated separately for the "higher" (less affected) and "lower" specific uptake (more affected) sides of the putamen and caudate. For these calculations, the average of the mean uptake values from left and right occipital ROIs was used as the nonspecific uptake reference $(i.e. UPT_{occ})$.

2.7. Statistical analysis

Statistical analyses were performed using SPSS 20.0 software (IBM Corp., Armonk, NY).

Agreement between the visual uptake scores (normal=0; grade I=1; grade II=2, grade III=3) by the 2 observers was evaluated by Cohen's kappa coefficient (κ) . Kappa values were interpreted as follows: 0.00-0.20 indicates slight, 0.21-0.40 fair, 0.41-0.60 moderate, 0.61- 0.80 substantial and 0.81-1.00 almost perfect agreement.

The abilities of visual, automated and manual evaluation methods to differentiate between ET and PS patients were assessed by receiver operating characteristic (ROC) analysis with clinical diagnosis (PS vs. ET) as reference standard. To describe the

discriminative properties, area under the ROC curve (AUC), specificity, sensitivity, positive and negative predictive values (PPV and NPV, respectively) were calculated.

Spearman correlations were performed to assess the relationships among visually, manually and automatically determined uptake parameters. The strength of Spearman correlations was interpreted based on the value of the correlation coefficient (ρ): |ρ|≥0.7=strong; 0.3≤|ρ|<0.7=moderate; |ρ|<0.3=weak.

Subsequently, regression analysis was performed to evaluate how efficiently the automated method can predict the grade of abnormality rated by visual observers. In this part of the study, only the scans of those patients were included where visual scores agreed between the 2 observers (*n*=42). Ordinal regression was used to model the dependence of visual scores on specific uptake ratios derived from automated method. This analysis was performed only for the "lower" putamen; the region providing the best diagnostic accuracy (see the results of ROC analysis). After obtaining a significant regression model, Kappa analysis was performed to assess the agreement between predicted and actual visual categories.

In the PS group, Spearman correlations were used to assess the correlations of visually/manually/automatically determined uptake parameters with clinical measures. In these analyses, the visual scores were used as the average between the two observers.

Results were considered significant at P≤0.05 for all statistical tests.

3. RESULTS

Almost perfect agreement was found between the visual scores by the 2 observers (complete agreement in 42/48 cases; only one grade difference was found in 6 cases; κ =0.829). Most of the disagreement happened at higher grades (grades 3 vs. 2 in two occasions, grades 2 vs. 1 in three occasions, grade 1 vs. 0 in one occasion). All of the patients with a clinical diagnosis of PS were visually classified as abnormal (grade $>$ I) by both observers.

To demonstrate the diagnostic accuracy (PS vs. ET) of each method, AUC, sensitivity, specificity. PPV and NPV are presented in **TABLE 2**. The best AUC $(=0.988)$ was achieved for the "lower" putaminal uptake ratio derived from the automated method, which was comparable to AUCs for the human observers (0.961-0.980) and the putaminal uptake ratios derived from the manual method (0.984-0.986). Frequencies of the estimated outcomes (PS vs. ET) by each method are presented in **Supplementary Table 1**.

The automatically determined specific uptake ratios showed strong correlation with the manually determined ones in all 4 regions ("lower" putamen: $p=0.931$; P<0.001; "higher" putamen: ρ=0.897; P<0.001; "lower" caudate: ρ=0.814; P<0.001; "higher" caudate: ρ=0.821; P<0.001). Visual ratings showed strong negative correlation with both manually and automatically determined specific uptake ratios, which was more remarkable in the putamen (**TABLE 3**). The best correlation with visual scores was obtained for the "lower" putaminal uptake ratio derived from automated method.

We could build a significant ordinal regression model between the automated results and the visual grades determined by the observers. Our model showed that the "lower" putaminal uptake ratio derived from automated method was inversely associated with visual scores (P<0.001; Nagelkerke's R^2 =0.839). The obtained Nagelkerke's R^2 value was considerably high, suggesting a very good fit of the model. The subsequent Kappa analysis

indicated substantial (κ =0.635) agreement between the predicted visual scores by the ordinal regression model and the actual visual scores by the observers. Complete agreement was found in ~74% of the cases and only one grade difference was observed in the discrepant cases.

Concerning the correlation between uptake parameters and the severity of PS (**TABLE 4**), all of the examined uptake measures were moderately correlated ($|p| > 0.5$; P<0.001) with disease duration. Hoehn-Yahr score was also significantly correlated with all uptake measures, except the "higher" putaminal uptake ratio derived from the manual method. Scores on MDS-UPDRS Part I did not correlate with any uptake measures, while the other MDS-UPDRS scores showed trends or even significant correlations with most of the uptake parameters. Correlation coefficients were negative between clinical severity and the uptake ratios and positive between clinical severity and the visual scores.

4. DISCUSSION

Visual assessment of DAT binding is an effective tool in the differential diagnosis between PS and ET [2]. However, an objective DAT quantification technique is warranted for both clinical and research applicability (e.g. monitoring subtle changes during the progression of PS). DAT quantification based on conventional manual ROI delineation is still subjective, therefore more complicated methods were proposed to provide objective information on tracer binding [6-9]. While the objectivity is improved by these methods, the accuracy may be biased by the fact that striatal ROIs are delineated by using DAT SPECT images rather than incorporating relevant morphological information (CT or MRI images).

In this study, we tested a novel automated morphological MRI-based evaluation of DAT binding – as applied to the differentiation of PS from ET – and compared it with the gold-standard visual grading and conventional manual ROI delineation techniques.

Our results showed almost perfect interobserver agreement between the two observers in visually interpreting ¹²³I-FP-CIT SPECT images, which is consistent with an earlier study using the same 4-point visual rating scale [21]. Other studies are also reported a high interobserver agreement for visual analysis when using only a dichotomous division of normal versus abnormal SPECT images [22, 23]. All of the patients with the clinical diagnosis of PS were visually classified as abnormal by both observers, therefore none of our patients could be considered as so-called SWEDD (Scans Without Evidence of Dopaminergic Deficit) patient; a small specific entity of patients clinically diagnosed with Parkinson's disease but having normal DAT imaging [22].

The ROC analysis suggests that the automated MRI-based evaluation of the putaminal region is appropriate for the differentiation of PS from ET with similarly high discriminatory ability as the visual grading technique or the manual evaluation of the putaminal region (for AUCs see **TABLE 2**). Actually, the best general discriminability of PS and ET was observed

for the "lower" putaminal uptake ratio derived from the automated method (AUC=0.988). The high sensitivity (97.0%) and specificity values (93.3%) observed for the automated evaluation of the putaminal region were also comparable to those observed for the validated visual grading or the manual evaluation of the putaminal region, but please note that these values are highly dependent on the actual cutoff points used. Uptake ratios derived from the caudal region showed lower diagnostic performance for both the automated and the manual evaluation techniques, which is consistent with earlier studies [6, 24]. The lower diagnostic accuracy for caudate could be due to partial volume effect and anatomical variability between subjects [10], or due to the pattern of Parkinson disease degeneration (i.e. the putamen is more affected than the caudate nucleus) [25].

Uptake scores obtained from the three different methods were strongly intercorrelated. Additionally, when the "lower" putaminal uptake ratio derived from the automated method was regraded into predicted visual scores, substantial agreement was observed with the actual visual scores by the observers. Because in our automated method the "lower" putaminal uptake ratio can be reliably transformed into the visual grading scores by an ordinal regression model, our automated evaluation technique seems to be valid, reliable and congruent with the gold-standard visual evaluation.

In patients with PS, the automated method showed decreased striatal DAT binding with increased disease duration in accordance with the other two evaluation techniques and earlier studies [26, 27]. The "lower" putaminal uptake ratio derived from the automated method was inversely correlated with clinical measures such as Hoehn-Yahr score, MDS-UPDRS Total and MDS-UPDRS Parts II, III and IV scores, suggesting that the automated evaluation may be effective not only in the diagnosis of PS, but also in the assessment of disease severity. Most of the other uptake parameters examined in this study also showed trends or even significant correlations with clinical severity, consistently with previous studies

[7, 27]. Scores on MDS-UPDRS Part I did not correlate with any uptake measures, which is not surprising because MDS-UPDRS Part I describes the disability mainly caused by nonmotor symptoms [17, 28].

Our study has some inherent limitations. The clinical diagnosis used as a reference standard in the ROC analyses may be imperfect [29, 30]. Although in the absence of postmortem confirmation of the diagnosis this uncertainty cannot be totally eliminated, but to minimize the possibility of any misdiagnosis, all of our patients were examined by the same neurologist specialized in movement disorders. Moreover, we tried to reduce chance of diagnostic inaccuracy of ET by having patients with disease duration \geq 5 years. Another potential limitation is that the AUC, sensitivity, specificity, positive and negative predictive values may be affected by both the size and the composition of our sample. However, since all the three evaluation techniques were tested on the same sample, our results still provide a fair representation of their relative performance.

In conclusion, observer-independent automated DAT quantification methods are preferable, at least in research. We developed and validated a novel MRI-based evaluation technique of ¹²³I-FP-CIT SPECT images that was useful for the differentiation of PS from ET. Main advantages of this technique are that it is fully objective and that the ROIs used for the evaluation are delineated based on individual morphology rather than using generic templatebased ROIs or the DAT binding itself. Our new approach showed strong correlation with the gold-standard visual and conventional manual evaluation techniques and its diagnostic accuracy was also similarly good. Additionally, the uptake parameters derived from this new method showed correlation with the clinical severity of parkinsonism. The promising nature of our results should be further investigated in larger samples and in follow-up studies.

5. Author roles

1) A. Conception and design of the study, B. Acquisition of data, C. Analysis and interpretation of data

2) A. Drafting the article, B. Revising it critically for important intellectual content

3) Final approval of the version to be submitted

GP: 1A, 1B, 1C, 2A, 2B, 3

SS: 1A, 1B, 1C, 2A, 2B, 3

GO: 1B, 2B, 3

LP: 1A, 1C, 2B, 3

BS: 1C, 2A, 3

SAN: 1B, 2B, 3

TD: 1A, 2B, 3

JJ: 1A, 2B, 3

KZ: 1A, 1B, 1C, 2A, 2B, 3

NK: 1A, 1B, 1C, 2A, 2B, 3

6. ACKNOWLEDGMENTS

Our study was supported by the Hungarian Brain Research Program (KTIA_13_NAP-A-II/10) government-based fund. N.K., G.P. and G.O. were supported by the Bolyai Scholarship of the Hungarian Academy of Science. N.K. was supported by the OTKA PD103964. S.A.N. was supported by the Hungarian Brain Research Program "B" (KTIA_NAP_13-2-2014- 0019). The present scientific contribution is dedicated to the 650th anniversary of the foundation of the University of Pecs, Hungary.

7. DISCLOSURE OF POTENTIAL CONFLICTS OF INTEREST

J.J. received a research grant from Hungarian Brain Research Program (KTIA_13_NAP-A-II/9) and honoraria from UCB Magyarorszag and Valeant Pharma Magyarorszag. N.K. received a research grant from Hungarian Brain Research Program (KTIA_13_NAP-A-II/10) and consultation fees from Hungarian subsidiaries of Medtronic, Boehringer Ingelheim, Novartis, GlaxoSmithKline, UCB, Krka and Abbvie.

Regarding this study the authors did not receive any corporate funding.

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9. FIGURE LEGENDS

Supplementary Fig. 1. Figure illustrating the coregistration process of the automated evaluation in a patient with normal (**a**) and in a patient with abnormal grade II (**b**) tracer uptake as graded by both observers. The pink, light blue and yellow indicate the automatically segmented masks of the putamen, caudate and occipital cortex, respectively. The masks were generated in the native space of the acquired T1-weighted MR images (shown on the left), and were aligned to the space of DAT SPECT images based on the 6 degrees-of-freedom (DOF) rigid body transformation between MR and CT images. The aligned masks and MR images overlaid with DAT SPECT images are shown on the right.

Table 1. Demographic and clinical data of patients

Data are presented as mean \pm standard deviation [range]; PS=parkinsonian syndrome; ET=essential tremor; M=male; F=female; H&Y=Hoehn-Yahr score; MDS-UPDRS= Movement Disorder Societysponsored revision of the Unified Parkinson's Disease Rating Scale; n.a.=not available

Analysis method	Region	AUC	Sensitivity $(\%)$	Specificity $(\%)$	PPV $(\%)$	NPV $(\%)$
Automated	PUT _{lower}	0.988	97.0 (84.2-99.9)	93.3 (68.1-99.8)	97.0 (84.2-99.9)	93.3 (68.1-99.8)
	PUT_{higher}	0.978	97.0 (84.2-99.9)	93.3 (68.1-99.8)	97.0 (84.2-99.9)	93.3 (68.1-99.8)
	CADD _{lower}	0.871	78.8 (61.1-91.0)	86.7 (59.5-98.3)	92.9 (76.5-99.1)	$65.0(40.8-84.6)$
	$\mathrm{CAUD}_{\text{higher}}$	0.859	78.8 (61.1-91.0)	86.7 (59.5-98.3)	92.9 (76.5-99.1)	$65.0(40.8-84.6)$
Manual	PUT _{lower}	0.984	97.0 (84.2-99.9)	93.3 (68.1-99.8)	97.0 (84.2-99.9)	93.3 (68.1-99.8)
	PUT _{hieher}	0.986	93.9 (79.8-99.3)	$100(78.2-100)$	$100(88.8-100)$	88.2 (63.6-98.5)
	CAUD _{lower}	0.931	81.8 (64.5-93.0)	$100(78.2-100)$	$100(87.2-100)$	71.4 (47.8-88.7)
	$\mathrm{CAUD}_{\mathrm{higher}}$	0.893	75.8 (57.7-88.9)	$100(78.2-100)$	$100(86.3-100)$	$65.2(42.7-83.6)$
$Visual_1$		0.961	$100(89.4-100)$	$80.0(51.9-95.7)$	91.7 (77.5-98.3)	$100(73.5-100)$
Visual ₂	$\overline{}$	0.980	$100(89.4-100)$	86.7 (59.5-98.3)	94.3 (80.8-99.3)	$100(75.3-100)$

Table 2. Diagnostic accuracy for the various methods of ¹²³I-FP-CIT uptake analysis

AUC= area under the curve; PPV= positive predictive value; NPV= negative predictive value; PUT=putamen; CAUD=caudate; *lower* means the more affected side with lower specific uptake ratio; *higher* means the less affected side with higher specific uptake ratio; sensitivity, specificity, PPV and NPV values at the optimal cutoff point (closest to the upper left corner of the ROC space) are given for the diagnosis of Parkinsonian syndrome; values in parentheses represent 95% confidence intervals; Visual₁=visual grades by Observer₁; Visual₂=visual grades by Observer₂

Analysis method		Visual ₁		Visual ₂	
	Region		P		P
Automated	PUT _{lower}	-0.889	< 0.001	-0.887	< 0.001
	PUT _{higher}	-0.833	< 0.001	-0.853	< 0.001
	CAUD _{lower}	-0.760	< 0.001	-0.781	< 0.001
	$\mathrm{CAUD}_{\mathrm{higher}}$	-0.721	< 0.001	-0.731	< 0.001
Manual	PUT _{lower}	-0.839	< 0.001	-0.846	< 0.001
	PUT _{higher}	-0.810	< 0.001	-0.829	< 0.001
	CAUD _{lower}	-0.791	< 0.001	-0.808	< 0.001
	$\mathrm{CAUD}_{\mathrm{higher}}$	-0.743	< 0.001	-0.770	< 0.001

Table 3. Correlations of visual scores with specific uptake ratios

PUT=putamen; CAUD=caudate; *lower* means the more affected side with lower specific uptake ratio; *higher* means the less affected side with higher specific uptake ratio; ρ=Spearman's correlation coefficient; P=statistical P-value; Visual₁=visual grades by Observer₁; Visual₂=visual grades by Observer₂

Table 4. Correlations between uptake parameters and the severity of Parkinsonian syndrome

H&Y=Hoehn-Yahr score; MDS-UPDRS= Movement Disorder Society-sponsored revision of the Unified Parkinson's Disease Rating Scale; ρ=Spearman's correlation coefficient; P=statistical P-value; PUT=putamen; CAUD=caudate; *lower* means the more affected side with lower specific uptake ratio; *higher* means the less affected side with higher specific uptake ratio; Visual_{mean}=the visual grades averaged between the two observers