Analysis of 1060 Cases of Drug-Induced Acute Pancreatitis

Ágnes Meczker, Lilla Hanák, Andrea Párniczky, Andrea Szentesi, Bálint Erőss, Péter Hegyi, on behalf of the Hungarian Pancreatic Study Group

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Meczker Á, Hanák L, and Hegyi P conceptualized and designed the study in cooperation with Erőss B; Meczker Á, Pethő G, Hanák L, and Hegyi P constructed the search query. Meczker Á, Dobszai D, and Hanák L carried out the search process. Meczker Á and Hanák L screened the articles for eligibility. Meczker Á, Erdősi D, and Hanák L performed the data extraction; Meczker Á, Szapáry L and Erőss B conducted the quality assessment. Szentesi A, Vincze Á and Párniczky A analysed the HPSG acute pancreatitis cases. Meczker Á, Hanák L and Erőss B wrote the article. Hanák L carried out the statistical analysis, whereas Pethő G gave valuable advice concerning the drug categories. Matuz M, Mikó A, Szakács Z, Csupor D, Bajor J,
Pethő G, Szentesi A, Vincze Á, Párczy A and Hegyi P provided valuable feedback after critically reviewing the first drafts of the manuscript. All authors contributed and approved the final manuscript for publication. Meczker Á and Hanák L, in addition, Erőss B and Hegyi P contributed equally.

**Guarantor of the article:**

Péter Hegyi

**Keywords:**

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**Conflict of interest statement:**

The authors declare no competing interests.
INTRODUCTION

Acute pancreatitis (AP) has a mortality of around 3% (1). Its reported incidence is variable across countries (10–100/100,000 inhabitants), and in the USA, AP is a significant cause of acute hospitalization for gastrointestinal disorders (2). Drug-induced AP (DIAP) is regarded as a rare and mild entity, yet, it is estimated to account for about 2–5% of AP episodes worldwide (3, 4). Since DIAP has no unique features, rechallenge with the offending drug would be the only way to provide the most robust evidence to confirm the etiology. However, giving back the drug only for understanding the etiology of index AP is ethically unacceptable. (3) Therefore, unsurprisingly DIAP often remains a speculative diagnosis. A more detailed introduction of DIAP can be found in Supplementary document 1 (SD1).

We aimed to systematically search the medical literature, analyze the outcomes of all reported cases of DIAP, and compare them to a general cohort of AP.

METHODS

We comprehensively searched the literature for reported cases of proven DIAP and extracted detailed data of each case on both first episodes and rechallenges. We compared DIAP to the large cohort of AP cases collected by the Hungarian Pancreatic Study Group. Details of the methods are in SD1.

RESULTS

As a result of the comprehensive search and selection, we identified and analyzed 1060 eligible cases in 856 reports (details of the articles can be found in SD2).
Epidemiology and outcome parameters of the first episodes of DIAP

In a large proportion of the cases, antineoplastic 179/1060 (16.89%), antibiotic 128/1060 (12.08%), and anticonvulsant 103/1060 (9.72%) drugs caused DIAP. A combination of drugs caused 78/1060 (7.36%) of the DIAP episodes (Figure 1A). In approximately half of all cases, drugs were given to manage the diseases of the gastrointestinal tract 214/1060 (20.19%), 158/1060 (14.91%) neurologic and 155/1060 (14.62%) hematologic conditions (Figure 1B). The ten most common drugs resulting in AP are shown in Figure 1C. The male ratio of patients affected by DIAP was 536/1054 (50.85%) (Figure 1D). Interestingly, slightly more than the fifth of the cases were reported in children (under 18 years of age) 228/1054 (21.63%), and cases were seen at a younger age than in AP of other common etiologies (Figure 1E). DIAP was severe in 213/1060 (20.09%), moderately severe in 118/1060 (11.13%), and mild in 729/1060 (68.77%) of the cases if the first episodes were analyzed (Figure 1F). DIAP had a mortality of 90/1033 (8.71%) for all severities (Figure 1G). There was a significant difference in the LOH between mild and moderately severe (7 days (IQR: 4-11.5) vs. 16 days (IQR: 7-25), P<0.001), and between mild and severe DIAP (7 days (IQR: 4-11.5) vs. 18 days (IQR: 6.5-42), P<0.001). There was no difference in the LOH between moderately severe and severe DIAP (Figure 1H). Out of all 1060 patients in our analysis, we found information on rechallenge in 960. Epidemiology (indication, gender, and age) and outcome parameters (severity, mortality, and LOH) of the rechallenge episodes of DIAP can be found in Figure 2A-F. The association of the drug categories and primary conditions with the severity and mortality rates of DIAP can be found in SD1/Supplementary Table 1-2 (ST1-2).
The effect of dose on the outcome of DIAP after rechallenge

In 147/241 (70.00%) cases, there was no data available on the dose for rechallenge. Rechallenge was performed in 49/241 (20.33%) with the same dose as given in the first DIAP episode. In 33/241 (13.69%) cases, the dose was decreased, and in 12/241 (4.98%) cases, the dose was increased compared to the drug dose given in the first episode. If the same dose was given, which provoked the first episode, DIAP was severe in 2/41 (4.88%) cases, moderate in 3/41 (7.32%) cases, and mild in 36/41 (87.80%) cases. If decreased doses were given, we found no moderately severe cases. Rechallenge caused 1/28 (3.57%) severe case and 27/28 (96.43%) mild cases of DIAP (Figure 2G).

Analysis of DIAP vs. the general AP cohort

The descriptive statistics of the general AP cohort is shown in SD1/SF1. Our data showed that severity and mortality were increased in all DIAP compared to cases with AP of other etiologies by 18.41% vs. 5.63% (p<0.001), and 7.30% vs. 2.20% (p<0.001). DIAP had the second highest mortality rate of all etiologies (8.49%) (SD1/SF1).
DISCUSSION

One of the most critical findings of our study is that in comparison to AP of other etiologies, reported cases of DIAP to have a more severe disease course. Most medications causing severe DIAP are given to treat significant preexisting pathologies and primary diseases such as cancers and autoimmune disorders. These patients will have a higher risk of organ failure. In some patients, organ failure is present at the introduction of the offending drug, before the DIAP event. We hypothesize that this accounts for the increased proportion of moderately severe and severe cases of AP in the DIAP cohort. A primary disease is comorbidity itself and often has other comorbidities. We believe that the more severe the primary disease was, the higher doses of the offending drugs were used, leading to more severe courses of the DIAP cases. The offending drugs likely cause the DIAP in a dose-dependent way. In our recent meta-analysis, older age lead to a more severe disease course (5), and our recent cohort analysis proved that comorbidities are more critical in AP than age (6). These conclusions are in line with the findings of the present study and support our above-detailed hypothesis. Besides the negative effect of comorbidities on the outcome of pancreatitis, culprit drugs have direct toxic effects on acinar cells as well. For example, asparaginase was shown to cause cellular necrosis (7). Importantly, here we report for the first time that when rechallenge was done with a decreased dose of the offending drug, it resulted in less severe outcomes.

The main strength and limitations of this study are in SD1.
Here we conclude that reported cases of DIAP have worse outcomes than AP of other etiologies and seem to be dose-dependent. If rechallenge is necessary, we recommend that patients are closely monitored and receive reduced drug dose. Evidence-based guidelines on DIAP and rechallenge should be developed.
Figure legends:

**Figure 1.** Epidemiology and outcome parameters of the first episodes of drug-induced acute pancreatitis (DIAP; 1060 cases). **A:** Culprit drugs reported, subgrouped according to their mechanism of action. **B:** Primary diseases, which were the reason for the drug intake, subgrouped according to the affected organ. **C:** The top 10 culprit drugs. **D:** Gender ratio of patients. **E:** Age distribution of patients. **F:** Rate of the severities of cases. **G:** Mortality. **H:** Length of hospitalization (LOH) in the three different severities.

**Figure 2.** Characterization of rechallenge events (241 cases). **A:** Reason of rechallenge. **B:** Gender distribution of cases. **C:** Age distribution of cases. **D:** Severities of cases. **E:** Mortality. **F:** Length of hospitalization (LOH) in the three severities. (ns: no significant difference). **G:** Correlation of drug doses and severity of drug-induced acute pancreatitis in rechallenge. If drug dose was the same during a rechallenge, the rate of mild and moderately severe AP cases was 3.42 times more frequent compared to the cases where rechallenge was performed with decreased doses.
References

Epidemiology and Outcome Parameters of Drug Induced AP

A: Drug Groups

B: Primary Diseases

C: Specific Drugs

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<th>Drug name</th>
<th>n</th>
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<tr>
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<td>68</td>
<td>6.42%</td>
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<tr>
<td>Isoniazid</td>
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<td>1.32%</td>
</tr>
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</table>

D: Gender

Female 49.15%
Male 50.85%

E: Age

Male
Female

F: Severity

Severe 20.09%
Moderate 11.13%
Mild 68.77%

G: Mortality

Death 8.71%
Survival 91.29%

H: LOH

Mild
Moderate
Severe

LOH (days)

p < 0.001
p < 0.001
p = 1.000

n = 1060
### A: INDICATION

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<th>Drug was indicated for treating</th>
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<th>confirming the drug induced etiology</th>
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<tr>
<td>I.</td>
<td>+</td>
<td>+</td>
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<td>III.</td>
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</tr>
<tr>
<td>IV.</td>
<td>-</td>
<td>+</td>
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</table>

### B: GENDER

- Male 45.56%
- Female 54.45%

### C: AGE

### D: SEVERITY

- Severe 8.09%
- Moderate 8.87%
- Mild 83.24%

### E: MORTALITY

- Death 2.07%
- Survival 97.93%

### F: LOH

#### Dose compared to original attack

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<tr>
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#### Decreased

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<tr>
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#### Increased

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#### No data

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<tr>
<td>no data</td>
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</table>

### G: DOSES OF RECHALLENGE

- Same 20.33%
- Increased 4.98%
- Decreased 13.69%
- No data 61.00%
DETAILED INTRODUCTION

Drug-induced AP (DIAP) is regarded as a rare entity, yet, it is estimated to account for about 2–5% of AP episodes worldwide (1-5). However, estimates vary due to the challenging diagnosis and the difficulties of causality assessment (6-8). Since DIAP has no unique features, which would help in distinguishing a case of DIAP from other etiologies, a rechallenge with the offending drug resulting a relapse of DIAP still means the most reliable evidence in confirming the etiology (3, 9). In most cases, intentional rechallenge is considered unethical due to the potentially life-threatening complications of AP; therefore, DIAP remains a speculative diagnosis of exclusion.

The subject of past reviews is usually the categorization of the drugs based on their reported frequency of provoking DIAP (4, 10) and the analysis of the strength of the causal relationship between the drug intake and the AP episode (11-13). According to the literature, most cases of DIAP are mild, self-limited, dose-independent, with a rapid resolution upon discontinuation of the offending drug (14, 15). However, in our previous study on 5-ASA-induced DIAP, we found that DIAP might not be dose-independent, and we saw more moderately severe cases than expected (16).

DETAILED METHODS

Systematic search

We performed a systematic literature search according to PRISMA guideline (17). The review was registered on PROSPERO under the ID number CRD42017079196. The following PECO items were used: P=patients with AP; E=DIAP; C=AP caused
by other etiologies; and O=severity, mortality, length of hospitalization (LOH), imaging alterations, symptoms, and time to resolution of AP. The search was performed in May 2019 on PubMed, EMBASE, and Cochrane Library with the search terms “acute pancreatitis” AND drug and was limited to English-language and human studies (if applicable) regardless of the date of publication. Study selection was performed by two independent researchers parallel. Studies that contained pooled statistical data of DIAP were excluded because they did not provide relevant data for our analysis.

Inclusion and exclusion criteria

Records which contained relevant data on cases of DIAP were eligible for our study irrespective of study design (case reports included as well). Cases reported as DIAP in which alcoholic or gallstone or different obvious etiology could be suspected were not included.

Risk of bias

We developed an assessment tool for the reporting quality of the identified articles to exclude poorly reported cases, which would threaten data quality and the analysis.

We identified three categories of reporting quality, based on the reported symptoms and signs of AP (abdominal pain, pancreatic enzyme elevation, imaging changes) and their causality with the offending drug.

Strong evidence: The report contained data sufficient to re-evaluate the event as DIAP.
Moderate evidence: The report described the event as DIAP, but data only partially confirmed it (could not be re-evaluated as AP).

Weak evidence: The report described the event as DIAP, but there was no detailed data for re-evaluation.

In our analysis, we included in the statistical analysis only cases with strong evidence levels.

**Definition of AP**

We re-evaluated all events documented by the authors as AP. Each was considered as AP if they met the criteria detailed in the evidence-based guidelines for the management of AP (18, 19).

To assess severity any organ failure reported by the authors was accepted, even if there was no supporting data. Persistent organ failure was defined that lasted longer than 48 hours or described as persistent by the original authors themselves, transient organ failure was defined that resolved within 48 hours, or described as transient by the authors.

We accepted the pancreatic enzyme level elevation as higher than triple the upper limit of normal if i. the exact enzyme level and the upper limit of normal were described, and the enzyme level exceeded more than three times, ii. the precise extent of elevation compared to the upper limit of normal was provided and was more than threelfold iii. the exact pancreatic enzyme levels were given without their references,
but they were higher than 300 U/L in the case of amylase and 180 U/L in the case of lipase.

**Rechallenge**

We considered the result of rechallenge positive if a trial with the suspected offending drug resulted in the increase of the pancreatic enzyme levels with or without abdominal pain, nausea, or vomiting.

**Severity of DIAP**

To determine the severity of DIAP, we performed an evaluation using the data provided by the authors. We screened each case for the description of local and systemic complications and organ failure. If the detailed clinical data were available, the severity of DIAP was determined by the modified Atlanta criteria, irrespective of the classification by the original authors. If the lack of clinical data did not allow us to determine the severity of DIAP, we used the severity grade reported by the authors.

**Primary disease and drug categorization**

The offending drugs were given to manage specific disorders. We defined these as the primary diseases.

**Acute pancreatitis cohort**

For the comparative statistical analysis of the DIAP cases to analyze them against AP of other etiologies, we used the detailed clinical data of the AP cohort of the Hungarian Pancreatic Study Group, as described in our previous studies (20-23).

**Interpretation of data**
We used descriptive statistical tools to characterize the population: relative frequency and median and interquartile range (IQR) were calculated. To analyze the differences between the severity groups for the LOH and the time of enzyme level and symptoms normalized, we applied the Kruskal-Wallis test with the Mann-Whitney U test as post hoc test. Differences between drug and disease categories and differences for DIAP against other etiologies of AP were examined using \( \chi^2 \)-test. We regarded a p-value of <0.05 statistically significant. The available-case analysis was used for missing data. Statistical analyses were performed using IBM - Statistical Package for the Social Sciences (SPSS) for Windows software version 25 (IBM Corporation, Armonk, NY).

**ADDITIONAL RESULTS**

**Outcomes of DIAP compared to AP with other etiologies**

We compared the severity and mortality rates of DIAP to AP caused by the more common aetiologies like biliary diseases, idiopathic etiology, alcohol consumption, lipid metabolism disorder, post-ERCP status, and the combinations of these. The detailed descriptive statistics of the AP cohort are shown in **Supplementary Figure 1**. We found that DIAP showed the most severe episodes if only the first episodes were analyzed 213/1060 (20.09%), **Supplementary Figure 1**. If the severe cases of first and rechallenged events were pooled, the rate of severe cases was slightly, but not significantly lower, 227/1301 (18.41%). Significant differences were seen between the rate of severe and mortality rates of DIAP cases if the first episodes are compared to rechallenges, 20.09% vs. 8.09% (p<0.001) and 8.49% vs. 2.07% (p < 0.001). Severity and mortality were increased in all DIAP compared to cases with all other etiologies.
18.41% vs. 5.63% (p < 0.001), and 7.30% vs. 2.20% (p < 0.001). DIAP had the second highest mortality rate of all etiologies (8.49%). Only AP of combined alcoholic and biliary etiology had a similarly high mortality rate (8.7%) (Supplementary Figure 1).

Supplementary Figure 1. The general cohort of acute pancreatitis (AP), A: sex ratio, B: age distribution, C: severity of acute pancreatitis, D: mortality, E: length of hospital stay (LOH), n: number of cases F: Severity and mortality rates of drug-induced acute pancreatitis (DIAP) compared to the other etiologies of acute pancreatitis. (a: drug induced first episodes vs drug induced rechallenges, p < 0.001; b: all DIAP vs all AP of other etiologies, p < 0.001; ***: p < 0.001; **: p < 0.01; *: p < 0.05). Further significant differences are marked with stars.
for other etiology vs first episodes of drug induced AP (**: p < 0.01, *: p < 0.05).
The association of the drug categories with the severity and mortality rates of DIAP

Antiprotozoal drugs, corticosteroids and antiretrovirals were responsible for the most severe cases of DIAP in 12/26 (46.15%), 13/30 (43.33%), and 7/19 (36.84%) respectively. Corticosteroids, antiprotozoal drugs and antiretrovirals had the highest mortality rates 12/30 (40.00%), 8/26 (30.77%), and 5/19 (26.32%) respectively. Antiprotozoals 46.15% (p<0.01), corticosteroids 43.33% (p<0.01), antihypertensives 29.51% (p<0.05) and antineoplastic 24.58% (p<0.001) had a higher chance of severe disease than patients taking other drugs. In contrast to this, patients taking anti-inflammatory drugs for IBD 10.53% (p<0.5), antibiotics 7.03% (p<0.001), or other drugs than the other specified ones 14.29% (p<0.05) had a lower chance of a severe episode than patients taking other drugs. Anticonvulsants had a significantly higher chance of moderately severe DIAP 24.27% (p < 0.001) than patients taking other drugs. Corticosteroids 40.00% (p<0.001), antiprotozoals 30.77% (p<0.01), antiretrovirals 26.32% (p<0.05), antihypertensives 21.31% (p<0.01) and patients on multiple medications 15.58% (p<0.05) had a higher chance of mortality than other drugs. On the opposite, patients on antibiotics have a smaller chance of mortality than patients taking other drugs 3.15% (p < 0.05). (Supplementary Table 1).
## RANKING BASED ON SEVERITY (CLASS OF DRUGS)

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**Total**

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Supplementary Table 1. The association of the drug categories with the severity and mortality rates of drug-induced acute pancreatitis (***, p < 0.001, **, p < 0.01, *, p < 0.05).
The association of the primary conditions with the severity and mortality rates of DIAP

The severity of DIAP was analyzed for subgroups of primary diseases, which showed that patients with breast cancer, hematological conditions, and cardiovascular failure had the highest rates of severe DIAP, 6/19 (31.58%); 45/155 (29.03%) and 20/77 (25.97%) respectively. Underlying gastrointestinal tract disease had a lower chance of severe DIAP 12.15% (p<0.001) than other diseases. Hematologic disorders had a higher rate of a severe DIAP episode 29.03% (p<0.001) than in other conditions. Neurologic conditions have a significantly higher chance for a moderately severe DIAP 20.89% (p<0.001), than in other diseases. Mortality was lower among patients with GI tract disease 3.38% (p<0.01), and higher in multiple diseases 19.61% (p<0.05), heart and circulatory diseases 19.48% (p<0.001) and systemic diseases 17.65% (p<0.05), than in other diseases (Supplementary Table 2).
### RANKING BASED ON SEVERITY (ORGAN SYSTEMS AFFECTED BY THE PRIMARY DISEASES)

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<th>Organ System</th>
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Supplementary Table 2. The association of the primary conditions with the severity and mortality rates of drug-induced acute pancreatitis (**: p < 0.001, *: p < 0.05).
STRENGTHS

To our knowledge, this is the only study which comprehensively searched and identified all DIAP cases in the literature.

We followed a rigorous methodology, including data extraction and quality analysis of each individual article, to generate an extensive database of reported cases of DIAP. We used this broad database to analyze the natural history of DIAP.

Our systematic and comprehensive search identified and resulted in a very detailed data of 1060 cases of DIAP. To date, this is the largest and most comprehensive analysis of all reported cases of DIAP. As we collected data on the first episodes of DIAP and on rechallenges, we could compare the two entities.

LIMITATIONS

This study is based on data extracted from case reports and case series, which introduces all of the limitations of the genre, most importantly recall and publication bias (24). The publication bias was increased by the English language filter, which we had to use due to a large number of records identified by the preliminary search. Case reports and series publications, which are almost always written in retrospect, may contain insufficient data, which is a concern.

The latency period between drug exposure and the start of the pancreatitis episode was not defined, and this is a limitation of our study. Due to the lack of data, Naranjo score could not be used (25), which is another significant limitation of the interpretation of the results.
The definition of DIAP after rechallenge needs careful consideration. The fluctuation of pancreatic enzyme levels and incomplete resolution of morphological changes after an episode of acute pancreatitis make the clinical assessment of recurrent pancreatitis difficult, following the rechallenge with the suspected drug.

REFERENCES