

Endozoochory of the same community of plants lacking fleshy fruits by storks and gulls

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Abstract

Aims: Research into the dispersal of plants lacking a fleshy fruit by avian endozoochory remains limited, particularly regarding the different roles of specific vectors in the same habitat.

Methods: We compared plants dispersed by endozoochory between two migratory waterbirds differing in body size: the lesser black-backed gull *Larus fuscus*, and the white stork *Ciconia ciconia*. We collected faeces and pellets from roosting flocks on dykes in rice fields in Doñana, SW Spain, and extracted intact seeds.

Results: We recovered 424 intact seeds from excreta, representing 21 plant taxa, 11 of which germinated under laboratory conditions. Eight plant species are considered weeds, four of them as alien species, and only two have a fleshy fruit. Seed abundance and species richness per sample did not differ between storks and gulls. Toadrush (*Juncus bufonius*) was the dominant species, accounting for 49% of seeds recovered. PERMANOVA and *mvabund* analyses revealed no differences in the proportions of each plant species dispersed by the two vectors, and seasonal variation in abundance was absent. Overall, germinability was 19%, and declined with increasing delay between sample collection and processing. Transects along dykes identified 52 plant taxa, only 18 of which were recorded in excreta.

Conclusions: Overlap in the communities of non-fleshy-fruited plants dispersed by two unrelated birds of different size suggests that waterbird plant dispersal networks are different from frugivore networks. Unlike for frugivores, decoupling between seed production and ingestion reduces seasonal variation in endozoochory rates. For *Juncus bufonius* and other plants, these avian vectors provide maximum dispersal distances several orders of magnitude greater than predicted from their dispersal syndromes. Endozoochory by migratory waterbirds has major implications for plant distributions in a rapidly changing world, and more research is required before we can predict which plants disperse regularly via this mechanism.

KEYWORDS

Ciconia ciconia, dispersal syndromes, faeces, *Juncus bufonius*, *Larus fuscus*, pellets, rice fields, seeds, weeds

1 | INTRODUCTION

Dispersal is a crucial determinant of plant distribution, demography and genetic structure (Vekemans and Hardy, 2004; Caughlin et al., 2014), and therefore of plant responses to environmental perturbations, including anthropogenic land use change and climate change (Thuiller et al., 2008; Corlett and Westcott, 2013; Tamme et al., 2014). Moreover, dispersal ecology is central to the spread and potential control of alien plants and weeds (Gosper et al., 2005).

There are still knowledge gaps in our understanding of plant dispersal, including a need for a better characterization of dispersal vectors (Bullock et al., 2017). Many studies have relied on the classifications of plant species into syndromes based on seed morphology to make predictions about vectors, and about dispersal distance (Thomson et al., 2010; Tamme et al., 2014). Animal vectors generally provide the longest dispersal distances for angiosperms (Bullock et al., 2017), yet dispersal syndromes assume that only plants with a fleshy fruit are dispersed by endozoochory (i.e. gut passage). However, repeated empirical studies have shown that this assumption is invalid (Costea et al., 2019; van Leeuwen et al., 2020).

Migratory waterbirds act as dispersal vectors for a broad variety of angiosperms (Green et al., 2016; Costea et al., 2019). In Europe, hundreds of non-fleshy-fruited angiosperm species previously assigned to other syndromes have now been shown to be dispersed regularly by ducks and shorebirds via endozoochory (Soons et al., 2016; Lovas-Kiss et al., 2018a, 2019). Nevertheless, only a handful of detailed studies of waterbird endozoochory exist, compared to the extensive literature on plant dispersal by frugivorous birds (Wenny et al., 2016).

Consequently, basic questions remain unanswered, such as whether there are specialised dispersal relationships between specific waterbird and plant species, or how the considerable range of body size and morphology amongst waterbird groups influences plant dispersal. It is well established that larger frugivores disperse plants with larger fruits (Jordano, 1995; Falcón et al., 2020) and that different bird species have different roles in plant–frugivore interactions (Tsunamoto et al., 2020). In contrast, for non-fleshy-fruited plants at a global scale, larger animals tend to ingest smaller seeds, and a higher number of plant species (Chen and Moles, 2015).

Over the past century, the extent of natural wetlands across the globe has been greatly reduced, whereas that of artificial environments such as rice fields has greatly increased (Davidson et al., 2018). Many waterbird species have shifted their habitat use and movement patterns to take advantage of agricultural environments such as rice fields, which are now important for waterbirds across the world (Rendón et al., 2008; Toral and Figuerola, 2010; Sesser et al., 2018). During the harvest period, food availability peaks and rice fields can support high numbers and diversities of waterbirds (Rendón et al., 2008; Toral et al., 2011; Sesser et al., 2018), which can disperse plants from the seed bank (Powers et al., 1978), which is particularly diverse for weeds (Chauhan et al., 2010). Within rice fields, it is therefore possible to investigate the essential differences

in seed dispersal between different plant vectors feeding in the same habitat.

Studies regarding the role of waterbirds as plant vectors within rice fields are scarce (Powers et al., 1978; Brochet et al., 2010). Waterbirds feed on the alien red swamp crayfish (*Procambarus clarkii*) in Iberian rice fields, and there is evidence for secondary dispersal of seeds carried on the outside of the crayfish by lesser black-backed gulls (*Larus fuscus*) (Lovas-Kiss et al., 2018b). The white stork (*Ciconia ciconia*) is a much larger waterbird also known to feed on crayfish within rice fields (Tablado et al., 2010), but its role in endozoochory is unknown. Both these species are benefitting from the expansion of artificial habitats, and can show high functional connectivity between different habitat types (Bécares et al., 2019; Martín-Vélez et al., 2020), increasing their potential as plant vectors.

In this study, we compared endozoochory by these two omnivorous waterbirds in rice fields. We identified and quantified intact seeds through faecal and pellet analyses, and evaluated their germinability. Our specific objectives were: (a) to establish how plant dispersal interactions differ between these two different birds, and determine the roles of diet and seasonal variation; (b) to evaluate the traits and life history strategies of the plants dispersed, including whether they were alien species or agricultural weeds; and (c) to compare the plant species dispersed by these birds with the vegetation where seeds are egested, by carrying out transects along rice field borders, and comparing traits between plants recorded and those dispersed.

2 | METHODS

2.1 | Study area and study species

The rice fields of the Guadalquivir delta (37°7'50" N, 6°9'54" W, SW Spain, Figure 1), flooded from May to January, are the largest rice field complex (37,000 ha) in Spain and an important part of the Doñana wetland complex (Green et al., 2018). These rice fields support a diverse avifauna (Rendón et al., 2008; Toral and Figuerola, 2010). We selected two model bird species owing to their high abundance, major difference in morphology, and the ease with which their excreta could be collected.

The lesser black-backed gull (LBBG) is a wintering migratory waterbird breeding in northern Europe (Baert et al., 2018). LBBG typically arrive in SW Spain in September and migrate back to their breeding grounds in March (Rendón et al., 2008; Klaassen et al., 2012). The white stork breeds from northern Europe to West Africa with major differences in migration patterns between populations, and the Doñana rice fields hold a mixture of residents and winter migrants (Flack et al., 2016; Bécares et al., 2019). Both species have increased across Europe and in the study area in recent decades (Rendón et al., 2008; Ramo et al., 2013; Wetlands International, 2020). The increases in numbers are related with increased food availability, largely from landfills and rice fields (Massemin-Challet et al., 2006; Ramo et al., 2013; Martín-Vélez et al., 2020). Over 10,000 LBBG and over 1,000 white storks were present in the

FIGURE 1 Location of sites within the rice fields of Doñana Biosphere Reserve where gull and stork samples (including pellets and faeces) were collected, and vegetation transects were monitored, in 2016 and 2017

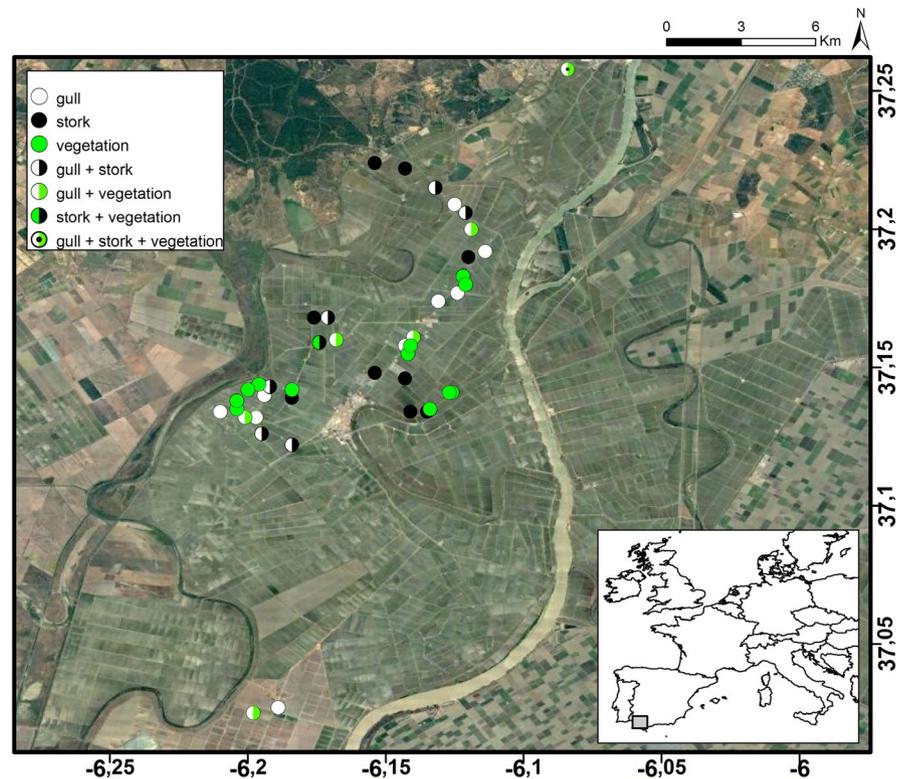


TABLE 1 Numbers and fresh mass in grams [reported median values and interquartile range (IQR) in parentheses] of samples collected in rice fields from white stork and lesser black-backed gull (LBBG)

Species	Sample type	Median mass (IQR)	Nov. 2016	Sept. 2017	Oct. 2017	Nov. 2017	Total
White stork	Faeces	2.55 (0.54)	51	32	23	30	136
	Pellets	8.0 (0.01)	22	–	14	11	47
LBBG	Faeces	2.0 (0.55)	53	42	47	41	183
	Pellets	8.2 (0.06)	25	15	27	30	97

Doñana rice fields during our study. Mean body mass is 762 g for LBBG and 3,345 g for white stork (Wilman et al., 2014).

2.2 | Excreta collection

A total of 463 excreta samples were collected in 36 different locations around the rice fields to the northeast of Doñana National Park (Figure 1). In all, 183 samples (136 faeces and 47 regurgitated pellets) were collected from white stork and 280 (183 faeces and 97 pellets) from LBBG during two consecutive winters: (a) November 2016 and (b) September, October and November 2017 (Table 1). Fresh faeces and pellets were collected from dykes that serve as field borders and public access routes, where monospecific flocks were resting after feeding in the fields (no feeding was observed on dykes). Samples were taken from points separated by at least 1 m to ensure they were from different individuals. To avoid contamination, we removed the surface in contact with the soil with a knife before storing the samples in separate zip bags. We preserved the samples in the fridge at 4°C until analysis. Average storage time was 35 days (range 4 to 80).

2.3 | Description of local flora along the dykes

Twenty vegetation transects were selected opportunistically to determine the most representative flora of the dykes in the rice field complex (Figure 1). Ten transects were carried out during February 2017 and ten in September–October 2017 in order to account for seasonal differences. We identified all taxa present in the transects along a straight line of 100 m along the dykes, including moist soil and aquatic plants along the rice field borders. We did not sample vegetation within the rice fields, where gulls and storks were feeding, because we were unable to get permission to do so.

2.4 | Sample processing

The fresh mass of pellet and faecal samples was first measured on a balance (Sartorius MSE225P) (Sartorius Lab Instruments, Goettingen, Germany). Diet composition based on the main food

items present was categorized as: (a) crayfish-based; (b) rice-based; or (c) mixed (presence of both rice and crayfish). Samples were then sieved (100 μm mesh) and inspected under a stereomicroscope in Petri dishes. Plant diaspores (seeds and oogonia; “seeds” from hereon) were then retrieved, counted, photographed and measured (with ZEN 2-2.0 software) (Carl-Zeiss, Oberkochen, Germany). We identified them to the lowest taxonomic level by comparing the shape, size and seed coat pattern with available literature (Benedí and Orell, 1992; Castroviejo, 1998; Bojnanský and Fargašová, 2007; Cappars et al., 2012). When it was not possible to assign a morphotype to species level with certainty, genus or family level was reported. We did not include rice grains (*Oryza sativa*) as seeds dispersed because they were unlikely to be viable (Cummings et al., 2008). Immediately after retrieval, intact seeds were placed in Petri dishes that contained bacteriological agar, and placed in germination chambers with a 12/12 photoperiod and 22°C/18°C temperature conditions. Germination tests lasted for three months and seeds were checked every day for germination. Once germinated, seeds were counted and removed from the Petri dish. Seeds infected with fungi were also removed and considered not germinated.

2.5 | Statistical analyses

To evaluate the sampling effect on taxon richness within the samples, we carried out rarefaction analyses for each study species and sample type (Sanders, 1968), using the R package *iNEXT* for rarefaction analyses (Hsieh et al., 2016). We applied non-metric multidimensional scaling (NMDS) and PERMANOVA analyses (applying Bray–Curtis for distance matrices) to identify differences in community composition between samples using the *metaNMDS* and *adonis* functions in the *vegan* R package (Oksanen et al., 2010).

Abundance and richness (per sample) of seeds were compared between sample types (faeces or pellets), species (LBBG or white stork), period (November 2016, September 2017, October 2017 and November 2017) and diet (crayfish-based, rice-based or mixed) as fixed factors, using sample weight as a continuous variable and sampling location as a random factor. We used Generalized Mixed Models (GLMM) with negative binomial error distribution and log-link function in the *glmmTMB* package (Magnusson et al., 2017) to account for the many samples with zero values, and overdispersion. For the dominant species *Juncus bufonius*, we carried out similar GLMM analyses for abundance, but results were the same as for total seed abundance (details not shown). For *Juncus bufonius*, we also tested the effect of bird species, sample type, diet, period and storage time on germinability (binomial model) and time (days) until germination (linear model) with the package *lme4* (Bates et al., 2014).

We carried out multivariate negative binomial tests for abundance of the remaining taxa, which was much lower than for *Juncus bufonius*. These tests included the variables species, sample type, period and diet and were performed with the *manyglm* function in the *mvabund* package (Wang et al., 2012). All analyses were performed with R (v3.3.4 R Core Team, 2018).

We calculated the Jaccard Index (JI) to compare similarities in species composition between excreta samples and vegetation transects (details in Appendix S1 of the supplementary material). We assigned to each taxon found in excreta and/or transects a mean seed weight (from the LEDA traitbase; Kleyer et al., 2008), a dispersal syndrome (from *baseflor*, Julve, 1998) and an Ellenberg *F* value (Julve, 1998; Hill et al., 1999). *F* indicates plant soil moisture preference, and varies from 1 to 12 (e.g. a value of 1 indicates extremely dry soils, whereas 9 indicates wet soils). Finally, to evaluate potential determinants of relative abundance of different taxa within excreta, we tested if abundance was related to seed length or mass (through correlations) and dispersal syndrome (via a Kruskal–Wallis test, with a Dunn test for post-hoc; *dunn.test* R package, Dinno and Dinno, 2017), or related to the frequency of plants along dykes by correlating with percentage occurrence within transects.

3 | RESULTS

3.1 | Mass and general content of bird excreta

On average, excreta samples from storks were heavier than those from gulls (Table 1). These differences were significant for faeces ($U = 15,015$, $P = 0.002$), but not for pellets ($U = 2,145$, $P = 0.568$).

Crayfish remains were recorded in 79% of stork and 70% of gull pellets, compared to 93% of stork and 78% of gull faecal samples. Rice grains were the next most prevalent food item, and were often combined with crayfish remains. Rice was present in 28% of stork and 43% of gull pellets, compared to 24% of stork and 28% of gull faecal samples.

3.2 | Plant seeds recovered from bird excreta

Overall, 35% (165 of 464) of excreta samples contained at least one intact seed, and 424 intact seeds from 21 different plant taxa were recorded (Table 2). These included a range of terrestrial, moist soil, and aquatic species, assigned to six different dispersal syndromes and 11 Ellenberg moisture categories (Appendix S2, Figure 2). Eight (38%) of these 21 taxa are agricultural weeds, and four (18%) are alien species in Spain (Table 2).

More specifically, 59% of stork pellets and 45% of stork faeces contained at least one intact seed, compared to 23% of gull pellets and 29% of faeces (Table 2). Nineteen taxa were recorded in stork samples and only 12 in gulls, with 10 taxa (48% of the total) recorded in both vector species, nine only in storks and two only in gulls (Table 2). The plant community dispersed did not differ significantly between vector species for either pellets (PERMANOVA; $F_{21} = 1.18$; $P = 0.310$) or faeces (PERMANOVA; $F_{21} = 0.83$, $P = 0.405$; Table 2, Figure 3). *Juncus bufonius* was the most abundant taxon in all sample types, representing 49% of all intact seeds (Table 2). Mean seed length per taxon ranged from 0.4 mm (*Juncus*

TABLE 2 Details of intact seeds found in white stork and LBBG excreta samples from the winters of 2016–2017. Shown are whether or not a taxon was recorded within dyke transects (Dyke Occur), total number of seeds found in excreta, the number of samples in which each taxon was recorded (NST), the combined number of seeds in those samples (N seeds) and the maximum number of seeds recorded in a single sample (Max. sample)

Family	Taxa	Dyke Occur	Total	<i>Larus fuscus</i>				<i>Ciconia ciconia</i>						
				Pellets (N = 97)		Faeces (N = 183)		Pellets (N = 47)		Faeces (N = 136)				
				NST	N seed	Max. sample	N seed	NST	Max. sample	NST	N seed	NST	N seed	Max. sample
Amaranthaceae	<i>Amaranthus albus</i> ^{a,b,c}	Yes	10	1	1	1	3	3	4	4	1	1	2	2
	<i>Amaranthus retroflexus</i> ^{a,b,c}	No	1	-	-	-	-	-	1	1	1	-	-	-
Araceae	<i>Chenopodium cf. album</i>	-	2	-	-	-	-	-	-	-	-	1	2	2
	<i>Lemna minor</i>	Yes	3	1	1	-	-	-	-	-	-	1	2	2
	<i>Lemna gibba</i>	Yes	2	-	-	-	-	-	1	1	1	1	1	1
Caryophyllaceae	<i>Spergularia marina</i>	Yes	27	-	-	-	-	-	1	24	24	1	1	1
Characeae	<i>Chara sp.</i>	-	35	3	3	1	9	3	3	12	9	8	9	2
Cyperaceae	<i>Cyperus difformis</i> ^{b,c}	No	38	2	1	1	8	3	7	10	4	10	15	4
Elatinaceae	<i>Bergia capensis</i> ^a	No	1	-	-	1	1	1	-	-	-	-	-	-
Fabaceae	<i>Trifolium repens</i>	Yes	1	-	-	-	-	-	1	1	1	-	-	-
Juncaceae	<i>Juncus subnodulosus</i>	Yes	15	1	1	1	3	1	4	5	2	5	6	2
	<i>Juncus bufonius</i> ^b	Yes	210	14	20	4	35	4	20	42	10	45	96	9
Poaceae	<i>Polygomon monspeliensis</i> ^{b,c}	Yes	2	-	-	-	-	-	-	-	-	2	2	1
	<i>Sorghum cf. halepense</i> ^{a,b,c}	No	2	-	-	-	-	-	1	2	2	-	-	-
	<i>Panicum cf. miliaceum</i>	No	1	-	-	-	-	-	1	1	1	-	-	-
	Unidentified	-	2	-	-	-	1	1	1	1	1	-	-	-
Portulacaceae	<i>Portulaca oleracea</i> ^{b,c}	Yes	4	1	1	1	-	-	1	1	1	1	2	2
Ranunculaceae	<i>Ranunculus sceleratus</i>	Yes	34	1	1	1	8	2	4	5	2	9	19	6
	<i>Ranunculus repens</i>	Yes	1	-	-	-	-	-	1	1	1	-	-	-
Solanaceae	<i>Solanum nigrum</i> ^{b,c}	Yes	14	1	5	5	2	3	-	-	-	-	-	-
	<i>Solanum dulcamara</i>	Yes	19	1	1	1	2	8	1	1	1	3	3	3
Total			424	26	36	5	70	8	52	111	10	88	158	9

^aTaxa alien to Spain according to Afonin et al. (2008), <http://agroAtlas.ru>.

^bConsidered an agricultural weed.

^cKnown to have herbicide resistant populations according to Heap (2009).

Bold values represent total number of seeds per category.

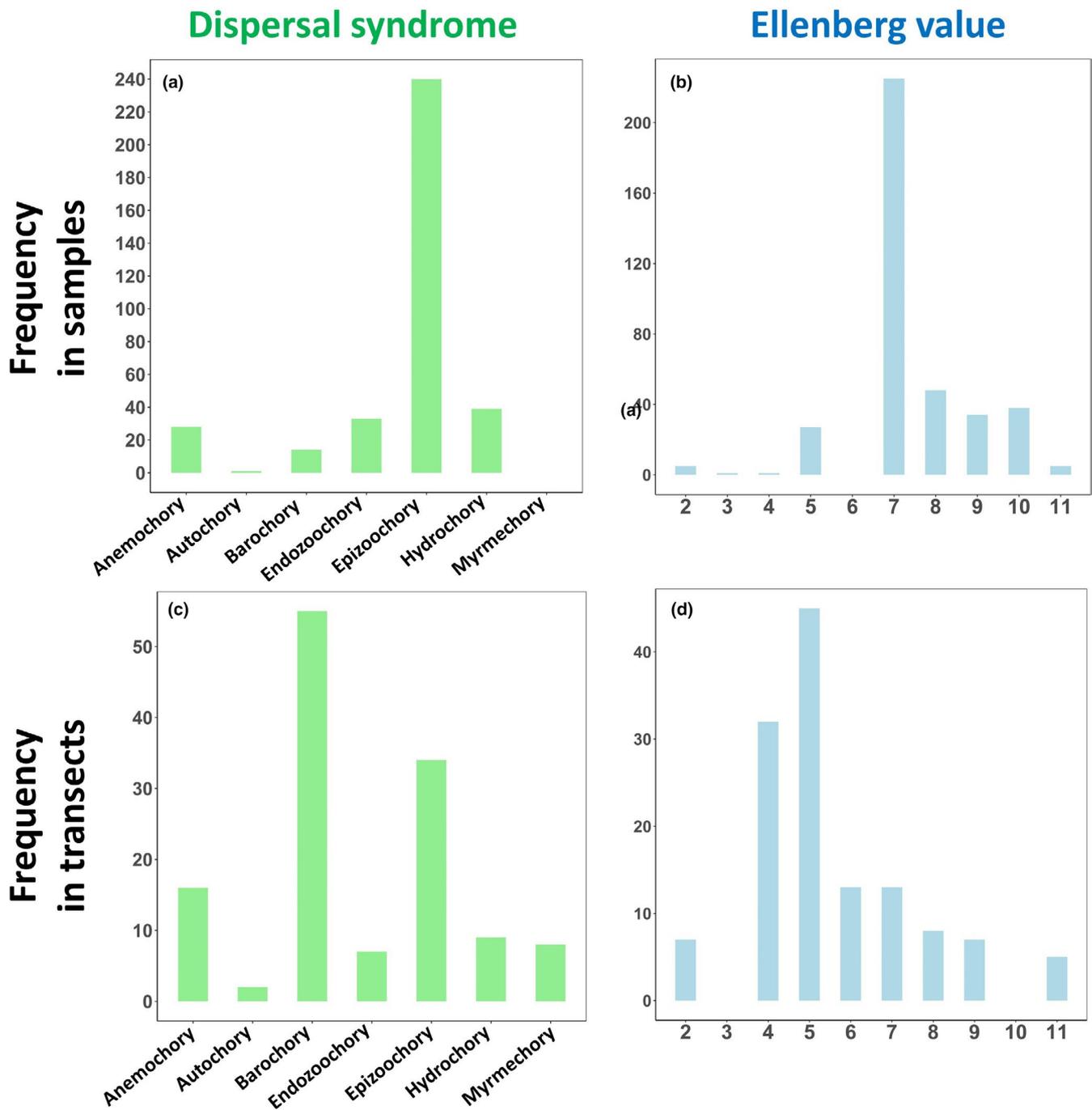


FIGURE 2 Frequency distributions of dispersal syndromes and Ellenberg moisture values based on the abundance of different species. (a, b) Seeds from gull and stork excreta; (c, d) based on the frequency of occurrence in 20 vegetation transects. *Juncus bufonius* (the dominant taxon in excreta) has an epizoochory syndrome and an Ellenberg value of 7

subnodulosus) to 1.85 mm (*Solanum nigrum*). Mean seed length per sample did not vary significantly between bird species ($U = 3,239$, $P = 0.819$) or sample type ($U = 2,631$, $P = 0.826$). Mean seed mass and mean length for a given taxon were significantly correlated ($n = 14$, $r_s = 0.79$; $P < 0.001$). Total abundance of seeds of a given taxon within all excreta samples was significantly correlated with mean mass ($n = 14$, $r_s = -0.73$, $P = 0.003$) but not mean length ($n = 21$, $r_s = -0.26$, $P = 0.253$). There were significant differences in the

number of seeds from each dispersal syndrome in a given sample ($H = 350.22$, $df = 5,463$, $P < 0.001$). This was due to significantly greater abundance for epizoochory (to which *Juncus bufonius* was assigned) than for other syndromes (Figure 2).

Mixed models showed that bird species, sample type and sample mass all had significant partial effects on the total abundance of seeds in samples, as well as on the species richness (Table 3). Neither abundance nor species richness were significantly influenced by

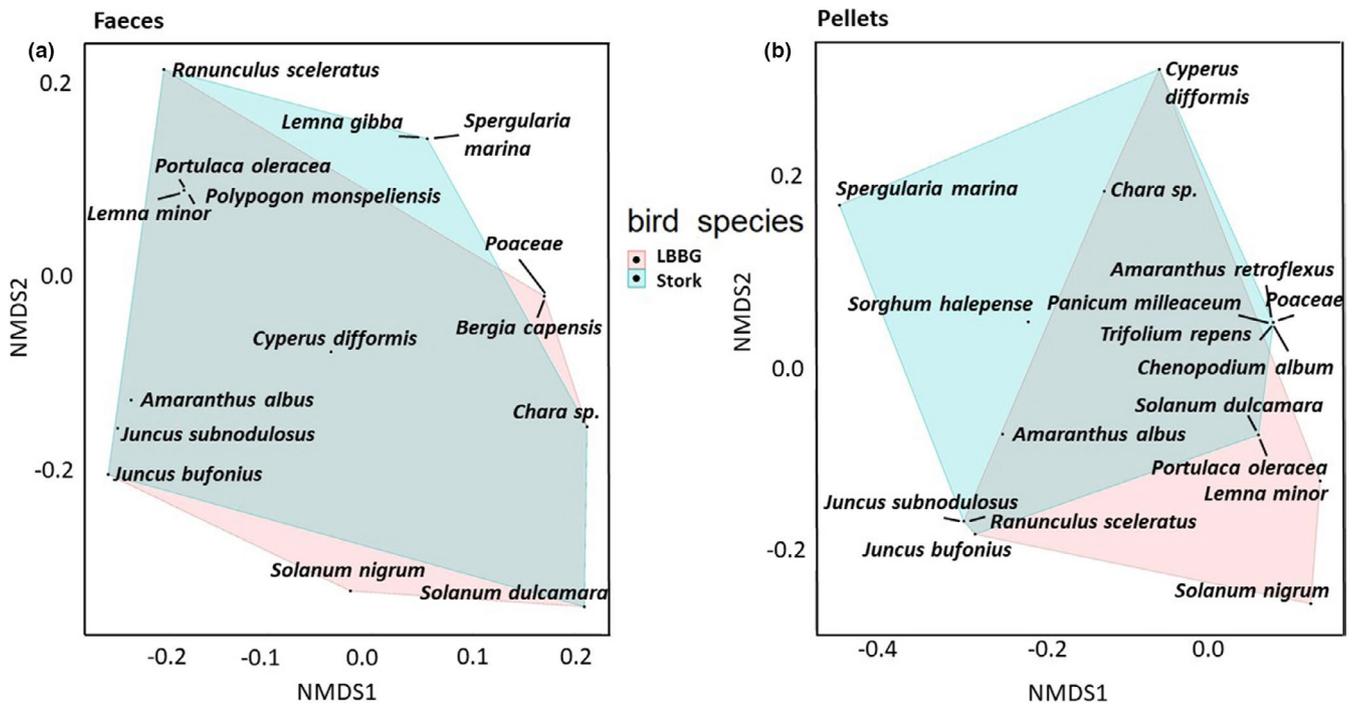


FIGURE 3 Non-metric multidimensional scaling (NMDS) plot showing the relationship between seeds dispersed by lesser black-backed gull (LBBG) and white stork in faeces (a) and pellets (b) in rice fields

TABLE 3 Effects of bird species, period, diet, sample type and weight on (A) total abundance of seeds and (B) taxon richness per sample, from negative binomial mixed models

(A)						
Seed abundance	Level of effect	β	SE	χ^2	P	
Species	LBBG	-0.726	0.183	15.738	<0.001	
Period	Sept. 2017	0.110	0.322	4.127	0.248	
	Oct. 2017	-0.048	0.327			
	Nov. 2017	0.546	0.310			
Diet	Mixed	0.733	0.252	2.069	0.355	
	Rice	0.338	0.238			
Sample mass		0.076	0.014	30.31	<0.001	
Sample type	Pellets	-0.594	0.219	7.393	0.007	
Random contribution (variance): location = 0.156						
(B)						
Plant richness	Level of effect	β	SE	χ^2	P	
Species	LBBG	-0.647	0.168	14.784	<0.001	
Period	Sep. 17	0.016	0.281	4.751	0.191	
	Oct. 17	-0.167	0.286			
	Nov. 17	0.444	0.264			
Diet	Mixed	0.096	0.233	0.586	0.746	
	Rice	0.164	0.220			
Sample mass		0.069	0.012	30.312	<0.001	
Sample type	Pellets	-0.459	0.203	5.108	0.024	
Random contribution (variance): location = 0.0908						

Note: White stork, faecal samples, November 2016, and a diet of crayfish are absent from the table because these levels of the respective factors were aliased, and so effectively had estimates of zero. Sampling location (Figure 1) was included as a random factor. Shown for each term are the parameter estimates (β) and their standard errors, and the main effects for each predictor variable. LBBG, lesser black-backed gull.

Bold values represent total number of seeds per category.

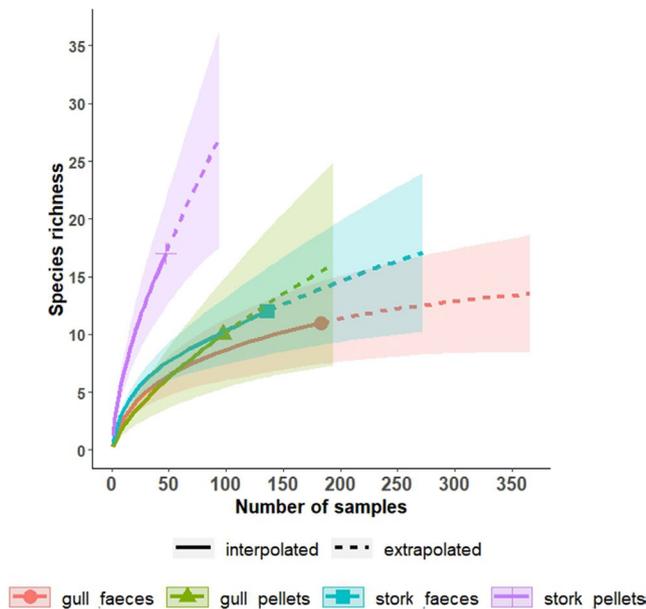


FIGURE 4 Rarefaction analyses showing the accumulated number of plant taxa recorded in pellets and faeces of white stork and lesser black-backed gull (LBBG), in relation to the number of samples. Error bars represent 95% confidence intervals

sampling period or the relative content of rice and crayfish in samples (Table 3). Gulls and pellets had significantly fewer seeds and fewer plant taxa per gram of excreta than storks and faeces, respectively (Table 3). When sample mass was removed as a predictor from the models, there was no longer a significant difference in the number of seeds ($\chi^2 = 0.085$, $P = 0.77$) or taxa ($\chi^2 = 0.254$, $P = 0.61$) between pellets and faecal samples. However, storks still had significantly more seeds and plant taxa per sample than gulls ($\chi^2 = 19.6$, $\chi^2 = 20.9$, respectively; $P < 0.001$).

Rarefaction curves revealed steeper slopes for species richness against sample size for storks than for gulls, particularly for pellets, suggesting that stork pellets contained a higher diversity of seeds (Figure 4). Nevertheless, seed composition analyses with *mvabund* showed that no plant species was significantly associated with one vector, nor with faeces or pellets (Appendix S3). The only significant effects were seasonal, the probability of finding *Ranunculus sceleratus* and *Cyperus difformis* seeds being particularly high in November 2017 (Appendix S3).

3.3 | Germinability of diaspores from excreta

Overall, germination was recorded for 11 (52%) of taxa, with an overall germination rate of 18.9% (Table 4). For the dominant *Juncus bufonius*, 19.5% of seeds germinated, and germinability was significantly affected both by sampling period and the time that excreta samples were stored in the refrigerator before processing (Table 5). Germinability was significantly lower in October 2017 than in November 2016 (post-hoc test, $Z = -2.076$, $P = 0.038$). The time taken for *Juncus bufonius* to

germinate was also significantly affected by sampling period (Table 5). Germination time was significantly longer in September 2017 than in November 2016 ($Z = 2.436$, $P = 0.022$).

3.4 | Relationship with vegetation along dykes

A total of 52 plant taxa were recorded in 20 vegetation transects (Appendix S3). Overall, 13 of these taxa (26%) were recorded in excreta (Table 2). Jaccard Index values showed limited similarity between species recorded in transects and excreta (0.19 for LBBG and 0.25 for storks). *Juncus bufonius* and *Conyza canadensis* were the taxa recorded most often within transects, and the latter was absent from excreta (Appendix S3). Five species present in excreta were not detected in dyke transects (Table 2 and Appendix S3), including *Cyperus difformis*, a tall weed abundant within rice stands. There was no correlation between total abundance of seeds per taxon in excreta samples and its frequency of occurrence within transects ($n = 48$, $r_s = -0.15$, $P = 0.298$), nor was there any difference in seed mass between taxa unique to transects, unique to excreta, or found in both ($H = 4.95$, $df = 2$, $P = 0.08$).

Comparisons of syndromes between seeds in excreta and plants in transects (Figure 2) show that the epizoochory syndrome is over-represented in excreta (representing 68% of seeds), due to the dominance of *Juncus bufonius*. In contrast, the barochory syndrome (4% of seeds) is underrepresented in excreta, and only 9% of seeds had an endozoochory syndrome. Comparing Ellenberg moisture values between excreta and transects (Figure 2) suggests that 7 (moist soils) is overrepresented in excreta, again due to the dominance of *Juncus bufonius*. Transects are dominated by dry-soil plants with an Ellenberg value of 2 to 6 (77% of all plant records), uncommon values in excreta (19.5% of all seeds).

4 | DISCUSSION

We studied the plant taxa dispersed by a gull and a stork species through endozoochory in an agricultural landscape during three months of the migration and overwintering period. The seeds quantified were dispersed from feeding sites within rice fields to dykes where birds roosted. Most seeds dispersed lacked the fleshy fruit classically linked to avian endozoochory. Our findings add to growing evidence that endozoochory of non-fleshy-fruited plants ("non-classical endozoochory"; Costea et al., 2019) by migratory birds is a widespread ecological process, which is highly important due to its provision of longer dispersal distances than abiotic mechanisms (Viana et al., 2016; Kleyheeg et al., 2019). Our results for storks extend the list of waterbird groups shown to be important vectors for endozoochory, adding to shorebirds, Anatidae and others (Green et al., 2016). The consistency between our results and those for gulls in previous studies (Calvino-Cancela, 2011; Lovas-Kiss et al., 2018b) illustrates how "non-classical endozoochory" can be a predictable process comparable to endozoochory

TABLE 4 Germination of seeds found in lesser black-backed gull (LBBG) and white stork pellets and faeces

Plant family	Plant taxa	<i>Larus fuscus</i>						<i>Ciconia ciconia</i>								
		Total			Faeces			Pellets			Faeces			Pellets		
		diaspores	germinated	n	n diaspores	germinated	n	n diaspores	germinated	n	n diaspores	germinated	n	n diaspores	germinated	n
Amaranthaceae	<i>Amaranthus albus</i>	9	6	1	-	3	3	3	1	1	2	2	2	2	2	2
	<i>Amaranthus retroflexus</i> a,b,c	1	1	-	-	-	-	-	-	1	1	-	-	-	-	-
Araceae	<i>Chenopodium cf. album</i> ^{a,c}	3	3	-	-	-	-	-	-	1	1	2	2	2	2	2
	<i>Lemna minor</i>	3	0	1	-	-	-	-	-	-	-	2	2	2	2	-
	<i>Lemna gibba</i>	2	0	-	-	-	-	-	-	1	-	1	1	1	1	-
Caryophyllaceae	<i>Spergularia marina</i>	27	11	-	-	-	-	-	-	24	11	1	1	1	1	-
Characeae	<i>Chara sp.</i>	35	0	3	-	11	-	-	-	12	-	9	9	9	9	-
Cyperaceae	<i>Cyperus difformis</i> ^a	38	4	2	1	11	-	-	-	10	2	15	15	15	1	1
Elatinaceae	<i>Bergia capensis</i>	1	0	-	-	1	-	-	-	-	-	-	-	-	-	-
Fabaceae	<i>Trifolium repens</i> ^{a,c}	1	1	-	-	-	-	-	-	1	1	-	-	-	-	-
Juncaceae	<i>Juncus subnodulosus</i> ^a	15	1	-	-	-	-	-	-	1	-	-	-	-	-	1
	<i>Juncus bufonius</i> ^{a,b,c}	210	39	20	4	52	12	42	4	42	4	96	19	19	19	19
Poaceae	<i>Polygomon monspeliensis</i> ^a	2	0	-	-	-	-	-	-	-	-	2	2	2	2	-
	<i>Sorghum cf. halepense</i>	2	0	-	-	-	-	2	-	2	-	-	-	-	-	-
	<i>Panicum cf. milleannum</i>	1	0	-	-	-	-	1	-	1	-	-	-	-	-	-
	Unidentified	2	0	-	-	1	-	1	-	1	-	-	-	-	-	-
Portulacaceae	<i>Portulaca oleraceae</i>	4	2	1	-	-	-	1	-	1	1	2	1	1	1	1
Ranunculaceae	<i>Ranunculus sceleratus</i> ^{a,b}	34	0	1	-	9	-	5	-	5	-	19	19	19	19	-
	<i>Ranunculus repens</i> ^c	1	0	-	-	-	-	1	-	1	-	-	-	-	-	-
Solanaceae	<i>Solanum nigrum</i> ^a	14	2	5	-	6	2	-	-	-	-	-	-	-	-	-
	<i>Solanum dulcamara</i> ^a	19	10	1	-	15	10	1	-	108	22	3	3	3	3	-
	Total	424	80	35	5	110	27	108	22	154	26	154	26	26	26	26

^aEndozoochory previously reported for intact seeds in gulls (Calvino-Cancela, 2011; Lovas-Kiss et al., 2018b).^bGermination after gut passage confirmed in Lovas-Kiss et al., 2018b.^cSeed dispersal previously reported within white stork nest material (Czarnecka and Kitowski, 2013).



TABLE 5 Effects of species, period, sample type, diet and storage time on germinability (A) and germination time (B) of *Juncus bufonius* based on binomial and linear models respectively

(A)						
Germinability <i>Juncus bufonius</i>	Level of effect	β	SE	χ^2	P	
Species	White stork	-0.493	0.443	0.074	0.786	
Period	Sept. 2017	-0.213	0.560	8.416	0.038	
	Oct. 2017	-2.304	1.110			
	Nov. 2017	-0.226	0.548			
Diet	Mixed	-0.434	0.703	1.319	0.517	
	Rice	-0.167	0.564			
Sample type	Pellets	-0.528	0.4644	2.405	0.121	
Storage time		-0.024	0.013	3.893	0.048	
(B)						
Germination time <i>Juncus bufonius</i>	Level of effect	β	SE	χ^2	P	
Species	<i>Ciconia ciconia</i>	-0.196	1.114	0.098	0.756	
Period	Sep. 2017	3.4923	1.434	3.522	0.028	
	Oct. 2017	-1.621	3.204			
	Nov. 2017	2.325	1.587			
Diet	Mixed	-2.262	2.118	1.002	0.380	
	Rice	-1.487	1.512			
Sample type	Pellets	0.672	1.428	0.048	0.827	
Storage time		-0.001	0.043	0.006	0.938	
Adj. $R^2 = 0.119$.						

Note: Lesser black-backed gull (LBBG), faecal samples, November 2016, and a diet of crayfish were aliased. See Table 3 for further explanation. Bold values represent total number of seeds per category.

by frugivores (e.g. dominance of *Juncus bufonius* among seeds dispersed in rice fields).

On the other hand, we recorded seed dispersal of eight species not previously recorded in gulls or storks, including three alien species, *Amaranthus albus*, *Bergia capensis*, and *Sorghum halepense*. Many of these new taxa were recorded in small numbers, and their detection was subject to sampling error, as illustrated by rarefaction (Figure 4). Therefore, the apparent differences we recorded in the species dispersed by each vector may be purely a result of sampling error, and the number of plant taxa dispersed by the stork and gull populations may be much higher than that detected. We confirmed that 52% of the plant taxa found can germinate after gut passage, an underestimate given the small sample size ($n \leq 3$) of the angiosperm species that failed to germinate (Table 4; *Ranunculus sceleratus* was an exception).

Lovas-Kiss et al. (2018b) found evidence that seeds dispersed by LBBG within rice fields were ingested involuntarily when feeding on crayfish, which have small seeds stuck on the outside. Given the small size of the seeds we recorded and the negative correlation between abundance and seed mass, it seems unlikely that gulls or storks would be actively foraging on them. However, diet content (rice vs. crayfish) did not influence the abundance and richness of

seeds in our samples, suggesting that birds also ingest seeds when feeding on rice within the mud of harvested fields. The *Solanum* spp. we recorded are likely to be an exception, as these plants grow along the dykes and have berries that may be ingested actively, especially by gulls (Calvino-Cancela, 2011).

Egestion via faeces represents the main form of endozoochory in our study system. Storks produce four times more faeces than pellets in dry mass per day (Kwieciński et al., 2006). Faeces are also egested in a greater diversity of microhabitats, including feeding sites as well as during flight, whereas pellets may only be egested in roosting sites.

4.1 | Differences between storks and gulls as vectors

Plant community analyses did not detect overall differences between the two bird species. This suggests a high degree of functional redundancy in their role as vectors, although there are differences in their movement and migration patterns (e.g. storks breed in SW Spain). In our case, in contrast to frugivore studies, avian body mass was not a trait determining dispersal interactions (Chen and Moles, 2015; Costa-Pereira et al., 2018; see also Sebastián-González et al.,

2020). Storks weigh four times more than gulls and have a much wider gape, yet we found no difference in the size of seeds dispersed. Mean seed length of the plant taxa dispersed was 0.86 mm (± 0.08 SE, range = 0.4–1.85 mm), showing a strong representation of small seeds. Taxa with relatively smaller and relatively harder seeds are more likely to survive passage through the avian gut (Reynolds and Cumming, 2016; Lovas-Kiss et al., 2020). Although harder and/or large food items (including large seeds) are more likely to be egested in pellets than in faeces (Sánchez et al., 2005; Lovas-Kiss et al., 2019), we found no difference in seed size between these two forms of excreta, presumably owing to the generally small and similar size of all seeds.

Per individual, the larger storks ingest more, egest more, and disperse more seeds a day than gulls. However, LBBGs are about ten times more abundant than white storks within the rice fields (Rendón et al., 2008). Bearing in mind the peak numbers of gulls and storks counted (Estación Biológica de Doñana monitoring data), and estimates for daily production of excreta (Martín-Vélez et al., 2019), in the order of 10^5 intact seeds per day are dispersed within the rice field complex (including both fields and dykes) by these two bird species alone at peak periods. In the case of LBBG, about 8% of seeds are dispersed beyond the rice field complex into other habitats over distances of up to 150 km (Martín-Vélez, 2021).

The lack of a difference between storks and gulls in plants dispersed suggests that other birds of an intermediate size (e.g., herons, egrets, glossy ibis, other gulls) that are abundant in rice fields and feed in a similar manner on crayfish (Tablado et al., 2010) may be vectors for the same plant species. On the other hand, other birds such as ducks, shorebirds and greater flamingos have different feeding strategies, and may disperse plants represented in rice field seed banks in different proportions.

4.2 | Comparison between seeds dispersed and vegetation transects

Endozoochory by storks or gulls was only recorded for 26% of the plant taxa from transects along dykes. Most of the plant taxa in excreta have high water requirements (Figure 2) and occur within rice stands, but not along the dykes. Vegetation transects were conducted along the dyke habitats where birds roosted, and thus recorded plants with low moisture requirements (e.g. *Conyza canadensis*, absent from excreta) on the top of dykes (Figure 2) and generalist plants occurring at field edges. However, 73% of seeds from excreta were from taxa recorded in transects, therefore seeds dispersed to dykes by birds may become established. Some species recorded in excreta have low moisture requirements yet were not recorded in dyke transects (e.g. *Sorghum halepense* Appendix S2), possibly because they grow in rice fields in their dry phase before they are flooded sometime in May. The vegetation growing in fields during this period, and the composition of the seed bank, should be studied in future to clarify which plant species are preferentially dispersed by waterbirds.

4.3 | Seasonality

Different management practices (e.g. harvesting, tilling) may change the availability of different species in the seed bank and of food resources for birds in rice fields (Chauhan et al., 2006; Toral et al., 2011; Li et al., 2012), but we recorded no variation in the species richness and abundance of seeds dispersed by birds over a three-month period. The only seasonal effects were for *Ranunculus sceleratus* and *Cyperus difformis*, which showed less abundance in September and October respectively. Both species grow within the rice stands, and perhaps their seed dispersal may be favoured by tilling practices in November. Since storks and gulls are generally dispersing seeds after they have left the mother plant and have entered the seed bank, this decoupling between seed maturity and endozoochory means that differences in phenology between plant species dispersed do not readily translate into differences in the timing of dispersal. Similarly, Brochet et al., (2010) found no seasonal changes in the frequency of endozoochory in teal *Anas crecca* wintering in the Camargue and feeding partly in rice fields. In contrast, frugivorous birds can show major temporal differences in the proportions of different plants dispersed (Carnicer et al., 2009; Vázquez et al., 2009).

Possibly, much greater variation between months and bird species in plants dispersed would be recorded if excreta were sampled within natural wetlands. Rice fields are more predictable in their flooding patterns and food resources than natural wetlands in Doñana, and there are important differences in the bird communities they hold (Rendón et al., 2008). Likewise, storks resident in Doñana are likely to disperse different plants in different parts of the annual cycle, when they mainly feed in other habitats (Ramo et al., 2013).

4.4 | Importance of endozoochory for long-distance dispersal

Storks, gulls and other birds in rice fields regularly move into natural wetlands as well as into different agricultural habitats, facilitating the dispersal of alien species, weeds and other plants between habitats (Ramo et al., 2013; Bécares et al., 2019; Martín-Vélez et al., 2020). The plant species dispersed in our study are found in many other natural and anthropogenic habitats apart from rice fields. For example, *Juncus bufonius* occurs in various terrestrial habitats such as grasslands (Milotic and Hoffmann, 2016), is a new arrival in Antarctica (Cuba-Diaz et al., 2013), and may provide an interesting model for the study of how zoochory influences genetic patterns at different spatial scales. Many of the plants we recorded in excreta samples are agricultural weeds, some of which have herbicide-resistant populations (Table 2), and waterbirds may facilitate their effective dispersal to other habitats beyond rice fields (Farmer et al., 2017; Martín-Vélez, 2021). Interestingly, five species dispersed in our study were previously reported in Polish agricultural landscapes during seed dispersal by storks into their nests (Table 4, the mechanism could be transfer in the beak as nest material, or via excreta) in a region lacking rice fields. This suggests there is a class of non-fleshy-fruited

plants (e.g. *Juncus bufonius*, *Amaranthus retroflexus*), with an extreme ability to disperse via birds, which is worthy of future research.

Tamme et al. (2014) considered *Juncus bufonius*, *Ranunculus sceleratus* and *Spergularia marina* to have a maximum dispersal distance of 100, 35 and 340 m, respectively (via wind dispersal). All three species are dispersed by storks and gulls over much longer distances, illustrating how studies that make macroecological predictions about plant dispersal based on syndromes ignoring non-classical endozoochory (e.g. Thomson et al., 2010; Tamme et al., 2014) are likely to be unreliable. *Juncus bufonius* is also dispersed by endozoochory by shorebirds (Lovas-Kiss et al., 2019), at least five species of Anatidae (Lovas-Kiss et al., unpublished) and ungulates (Milotic and Hoffmann, 2016). Different authors assigned this taxon to anemochory, hydrochory and epizoochory syndromes (Löve, 1963; Cope and Stace, 1978; Julve, 1998), exemplifying the subjectivity when syndromes are assigned based on seed morphology.

Increasing numbers of both storks and LBBG in SW Spain in recent decades may have facilitated range expansions of plant species and genotypes. LBBG and white stork move at three spatial scales, enabling seed dispersal into a range of habitats: (a) daily movements of up to 20 km between different feeding and roost sites within the extensive rice field complex, where they often stay for several days at a time (Bouten et al., 2013; Martín-Vélez et al., 2020); (b) between rice fields and other habitats in Andalusia, including other agricultural lands and natural wetlands such as coastal marshes and inland shallow lakes, with direct flights concentrated within a radius of 150 km (Sanz-Aguilar et al., 2015; Martín-Vélez et al., 2020; Martín-Vélez, 2021); and (c) long-distance migratory flights over hundreds of km to other parts of Europe or Africa. From September to November, many gulls and storks are on passage to Africa (Flack et al., 2016; Baert et al., 2018). Gut retention times for seeds easily allow endozoochory over such distances (Green et al., 2016).

4.5 | Conclusions and future work

Even though 92% of European angiosperms in continental Europe lack a fleshy fruit (Heleno and Vargas, 2015), avian endozoochory studies to date have concentrated on the remaining 8% (i.e. on frugivores). Our study illustrates the importance of avian endozoochory for other angiosperms within and beyond a wetland landscape. Waterbirds provide maximum dispersal distances for many angiosperms that greatly exceed those predicted from their dispersal syndromes, with major implications for how plants respond to climate change, land use transformation or introductions of alien species.

Studying waterbird-plant dispersal interactions can improve our understanding of community structure, connectivity and distributions of plant species. Effective dispersal also requires that seedlings become established in new habitats, and the potential for such establishment should be investigated. Detailed studies of *Juncus bufonius* are required to establish how endozoochory influences population genetics and phylogeography. More research is vital to

address plant-bird dispersal networks involving larger numbers of waterbird species and families, and in natural habitats (Sebastián-González et al., 2020).

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AUTHOR CONTRIBUTIONS

VMV collected and analysed the samples, performed data analyses and figures and wrote the first draft; ÁLK identified the plant taxa and reviewed several drafts; MIS reviewed several drafts; AJG contributed with sampling design, and co-wrote advanced drafts. All authors gave their final approval of the document and declare no conflict of interests.

DATA AVAILABILITY STATEMENT

Datasets used for statistical analyses can be found in the Digital CSIC repository: <http://hdl.handle.net/10261/221014>

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SUPPORTING INFORMATION

Additional supporting information may be found online in the Supporting Information section.

Appendix S1. Information regarding Jaccard Index calculation

Appendix S2. Complete plant list found in vegetation transects and samples analysed

Appendix S3. Statistical results from mvabund package for every single plant species

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