## QUANTITATIVE HELLY-TYPE THEOREMS VIA SPARSE APPROXIMATION

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ABSTRACT. We prove the following sparse approximation result for polytopes. Assume that Q is a polytope in John's position. Then there exist at most 2d vertices of Q whose convex hull Q' satisfies  $Q \subseteq -2d^2 Q'$ . As a consequence, we retrieve the best bound for the quantitative Helly-type result for the volume, achieved by Brazitikos, and improve on the strongest bound for the quantitative Helly-type theorem for the diameter, shown by Ivanov and Naszódi: We prove that given a finite family  $\mathcal{F}$  of convex bodies in  $\mathbb{R}^d$  with intersection K, we may select at most 2d members of  $\mathcal{F}$  such that their intersection has volume at most  $(cd)^{3d/2}$  vol K, and it has diameter at most  $2d^2$  diam K, for some absolute constant c > 0.

### 1. HISTORY AND RESULTS

Helly's theorem, dated from 1923 [H23], is a cornerstone result in convex geometry. Its finitary version states that the intersection of a finite family of convex sets is empty if and only if there exists a subfamily of d + 1 sets such that its intersection is empty. In 1982, Bárány, Katchalski and Pach [BKP82] introduced the following quantitative versions of Helly's theorem: there exist positive constants  $v(d), \delta(d)$  such that for a finite family  $\mathcal{F}$  of convex bodies, one may select 2d members such that their intersection has volume at most  $v(d) \operatorname{vol}(\bigcap \mathcal{F})$ , or has diameter at most  $\delta(d) \operatorname{diam}(\bigcap \mathcal{F})$ .

The problem of finding the optimal values of  $\delta(d)$  and v(d) has enjoyed special interest in recent years (see e.g. the excellent survey article [BK21]). In [BKP82] (see also [BKP84]) the authors proved that  $v(d) \leq d^{2d^2}$  and  $\delta(d) \leq d^{2d}$ , and they conjectured that  $v(d) \approx d^{c_1d}$ and  $\delta(d) \approx c_2 d^{1/2}$  for some positive constants  $c_1, c_2 > 0$ . For the volume problem, in a breakthrough paper, Naszódi [N16] proved that  $v(d) \leq$ 

For the volume problem, in a breakthrough paper, Naszódi [N16] proved that  $v(d) \leq e^{d+1}d^{2d+\frac{1}{2}}$ , while  $v(d) \geq d^{d/2}$  must hold. Improving upon his ideas, Brazitikos [B17] found the current best upper bound for volume:  $v(d) \leq (cd)^{3d/2}$  for a constant c > 0.

For the diameter question, Brazitikos [B18] proved the first polynomial bound on  $\delta(d)$  by showing that  $\delta(d) \leq cd^{11/2}$  for some c > 0. In 2021, Ivanov and Naszódi [IN21] found the best known upper bound,  $\delta(d) \leq (2d)^3$ , and also proved that  $\delta(d) \geq cd^{1/2}$ . Thus, the value conjectured in [BKP82] for  $\delta(d)$  would be asymptotically sharp.

In the present note, we show that given a finite family  $\mathcal{F}$  of closed convex sets, one can select at most 2*d* members such that their intersection sits inside a scaled version of  $\bigcap \mathcal{F}$  for

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a suitable location of the origin. Clearly, it suffices to prove this statement for the special case when  $\mathcal{F}$  consists of closed halfspaces intersecting in a convex body. As an application, we obtain an improvement on the diameter bound,  $\delta(d) \leq 2d^2$ , and retrieve the best known bound for v(d). The crux of the argument is the following sparse approximation result for polytopes, which is a strengthening of Theorem 2 in [IN21].

**Theorem 1.** Let  $\lambda > 0$  and  $Q \subset \mathbb{R}^d$  be a convex polytope such that  $Q \subseteq -\lambda Q$ . Then there exist at most 2d vertices of Q whose convex hull Q' satisfies

$$Q \subseteq -(\lambda + 2)dQ'.$$

We immediately obtain the following corollary.

**Corollary 2.** Assume that Q = -Q is a symmetric convex polytope in  $\mathbb{R}^d$ . Then we may select a set of at most 2d vertices of Q with convex hull Q' such that

$$Q \subseteq 3d Q'.$$

As usual, let  $B^d$  denote the unit ball of  $\mathbb{R}^d$  and let  $S^{d-1}$  be the unit sphere of  $\mathbb{R}^d$ . A standard consequence of Fritz John's theorem [J48] states that if  $K \subset \mathbb{R}^d$  is a convex body in John's position, that is, the largest volume ellipsoid inscribed in K is  $B^d$ , then  $B^d \subseteq K \subseteq dB^d \subseteq -dK$  (see e.g. [B97]). Thus, we derive

**Corollary 3.** Assume that  $Q \subset \mathbb{R}^d$  is a convex polytope in John's position. Then there exists a subset of at most 2d vertices of Q whose convex hull Q' satisfies

$$Q \subseteq -2d^2 Q'.$$

For a family of sets  $\{K_1, \ldots, K_n\} \subset \mathbb{R}^d$  and for a subset  $\sigma \subset [n] = \{1, \ldots, n\}$ , we will use the notation

$$K_{\sigma} = \bigcap_{i \in \sigma} K_i,$$

as in [IN21]. Also,  $\binom{[n]}{\leq k}$  stands for the set of all subsets of [n] with cardinality at most k. Using this terminology, we are ready to state our quantitative Helly-type result.

**Theorem 4.** Let  $\{K_1, \ldots, K_n\}$  be a family of closed convex sets in  $\mathbb{R}^d$  with  $d \ge 2$  such that their intersection  $K = K_1 \cap \cdots \cap K_n$  is a convex body. Then there exists a  $\sigma \in {\binom{[n]}{\leq 2d}}$  such that

$$\operatorname{vol}_d K_{\sigma} \leq (cd)^{3d/2} \operatorname{vol}_d K$$
 and  $\operatorname{diam} K_{\sigma} \leq 2d^2 \operatorname{diam} K$ 

for some constant c > 0.

To conclude the section we formulate the following conjecture, which was essentially stated already in [BKP82]. This would imply the asymptotically sharp bound for v(d).

**Conjecture 5.** Assume that  $\{u_1, \ldots, u_n\} \subset S^{d-1}$  is a set of unit vectors satisfying the conditions of Fritz John's theorem. That is, there exist positive numbers  $\alpha_1, \ldots, \alpha_n$  for which  $\sum_{i=1}^n \alpha_i u_i = 0$  and  $\sum_{i=1}^n \alpha_i u_i \otimes u_i = I_d$ , the identity operator on  $\mathbb{R}^d$ . Then there exists a subset  $\sigma \subset [n]$  with cardinality at most 2d so that

$$B^d \subset c \, d \operatorname{conv} \{ u_i : i \in \sigma \}$$

with an absolute constant c > 0.

That the above estimate would be asymptotically sharp is shown by taking n = d + 1and letting  $\{u_1, \ldots, u_n\}$  to be the set of vertices of a regular simplex inscribed in  $S^{d-1}$ .

#### 2. Proofs

Proof of Theorem 1. The condition  $Q \subseteq -\lambda Q$  ensures that  $0 \in \text{int } Q$ . Among all simplices with d vertices from the vertices of Q and one vertex at the origin, consider a simplex  $S = \text{conv}\{0, v_1, \ldots, v_d\}$  with maximal volume. We write S in the form

(1) 
$$S = \left\{ x \in \mathbb{R}^d : x = \alpha_1 v_1 + \ldots + \alpha_d v_d \text{ for } \alpha_i \ge 0 \text{ and } \sum_{i=1}^d \alpha_i \le 1 \right\}.$$

For every i = 1, ..., d, let  $H_i$  be the hyperplane spanned by  $\{0, v_1, ..., v_d\} \setminus \{v_i\}$ , and let  $L_i$  be the strip between the hyperplanes  $v_i + H_i$  and  $-v_i + H_i$ . Define  $P = \bigcap_{i \in [d]} L_i$  (see Figure 1).

Note that

(2) 
$$P = \{x \in \mathbb{R}^d : \operatorname{vol}_d(\operatorname{conv}(\{0, x, v_1, \dots, v_d\} \setminus \{v_i\}) \le \operatorname{vol}_d(S) \text{ for all } i = 1, \dots, d\}.$$

This follows from the volume formula

$$\operatorname{vol}_d(\operatorname{conv}\{0, w_1, \dots, w_d\}) = \frac{1}{d!} \left| \det(w_1 \, w_2 \, \cdots \, w_d) \right|$$

for arbitrary  $w_1, \ldots, w_d \in \mathbb{R}^d$ , which implies that for all  $x \in \mathbb{R}^d$  of the form  $x = cv_i + w$ with  $w \in H_i$ ,  $i = 1, \ldots, d$ ,

$$\operatorname{vol}_d(\operatorname{conv}(\{0, x, v_1, \dots, v_d\} \setminus \{v_i\}) = |c| \operatorname{vol}_d(S).$$

Next, we show that

(3) 
$$P = \{ x \in \mathbb{R}^d : x = \beta_1 v_1 + \ldots + \beta_d v_d \text{ for } \beta_i \in [-1, 1] \}$$

Indeed, since  $v_1, \ldots, v_d$  are linearly independent, we may consider the linear transformation A with  $A(v_i) = e_i$  for  $i = 1, \ldots, d$ . Note that

$$A(P) = A\left(\bigcap_{i \in [d]} L_i\right) = \bigcap_{i \in [d]} A(L_i) = \{x \in \mathbb{R}^d : x = \beta_1 e_1 + \dots + \beta_d e_d \text{ for } \beta_i \in [-1, 1]\}.$$

Thus, (3) holds.

Since S is chosen maximally, equation (2) shows that for any vertex w of  $Q, w \in P$ . By convexity,

Let 
$$S' = -2dS + (v_1 + \ldots + v_d)$$
. By (1),

(5) 
$$S' = \left\{ x \in \mathbb{R}^d : x = \gamma_1 v_1 + \ldots + \gamma_d v_d \text{ for } \gamma_i \le 1 \text{ and } \sum_{i=1}^d \gamma_i \ge -d \right\}.$$

Then, from (3) and (5),

$$(6) P \subseteq S'$$

Let  $u = \frac{1}{d}(v_1 + \ldots + v_d)$  be the centroid of the facet  $\operatorname{conv}\{v_1, \ldots, v_d\}$  of S. Let y be the intersection of the ray from 0 through -u and the boundary of Q. By Carathéodory's theorem, we can choose  $k \leq d$  vertices  $\{v'_1, \ldots, v'_k\}$  of Q such that  $y \in \operatorname{conv}\{v'_1, \ldots, v'_k\}$ . Set  $Q' = \operatorname{conv}\{v_1, \ldots, v_d, v'_1, \ldots, v'_k\}$ .

Note that  $[y, u] \subseteq Q'$ , which implies  $0 \in Q'$ . Thus,

$$(7) S \subseteq Q'.$$





Since  $Q \subseteq -\lambda Q$ , we have that  $-u \in \lambda Q$ . Since  $\lambda y$  is on the boundary of  $\lambda Q$ , we also have that  $-u \in [0, \lambda y]$ . We know that  $0, \lambda y \in \lambda Q'$ , so

(8) 
$$u \in -\lambda Q'$$

Combining (4), (6), (7), and (8):

(9) 
$$Q \subseteq P \subseteq S' = -2dS + du \subseteq -2dQ' - \lambda dQ' = -(\lambda + 2)dQ'.$$

Proof of Theorem 4. As shown in [BKP82], we may assume that  $\{K_1, \ldots, K_n\}$  consists of closed halfspaces such that  $K = \bigcap K_i$  is a *d*-dimensional polytope. Let *T* be the affine transformation sending *K* to John's position. Let  $\widetilde{K}_i = TK_i$  for  $i \in [n]$ ,  $\widetilde{K} = TK$ , and for some  $\sigma \subset [n]$ , let  $\widetilde{K}_{\sigma} = \bigcap_{i \in \sigma} \widetilde{K}_i$ . We claim that there exists  $\sigma \in {[n] \choose \leq 2d}$  such that the following two properties hold:

(10) 
$$\widetilde{K}_{\sigma} \subseteq -2d^2 \widetilde{K}$$
, and

(11) 
$$\operatorname{vol}_d \widetilde{K}_\sigma \le (cd)^{3d/2} \operatorname{vol}_d \widetilde{K}$$

for some constant c > 0. Statements (10) and (11) are affine invariant, so this will suffice to prove Theorem 4.

Recall that since  $\widetilde{K}$  is in John's position,  $B^d \subseteq \widetilde{K} \subseteq dB^d$  (see [B97] or [GLMP04, Theorem 5.1]). Setting  $Q = (\widetilde{K})^\circ$ , this yields that  $\frac{1}{d}B^d \subseteq Q \subseteq B^d$ . In particular,  $Q \subseteq -dQ$ . Hence, we may apply Theorem 1 to Q with  $\lambda = d$ , we obtain a subset of at most 2d vertices of Q such that their convex hull Q' satisfies

(12) 
$$Q \subseteq -(d+2)dQ' \subseteq -2d^2Q'.$$

The family of closed halfspaces supporting the facets of  $(Q')^{\circ}$  is a subset of  $\{\widetilde{K}_1, \ldots, \widetilde{K}_n\}$  with at most 2*d* elements. Thus, we can choose  $\sigma \in {[n] \choose \leq 2d}$  such that  $\widetilde{K}_{\sigma} = (Q')^{\circ}$ . Taking the polar of (12), we obtain

$$\widetilde{K}_{\sigma} \subseteq -(d+2)d\widetilde{K} \subseteq -2d^2\widetilde{K},$$

which shows (10).

Let P be the parallelotope enclosing Q from the proof of Theorem 1 and set  $P' = -\frac{1}{2d^2}P$ . Statement (9) implies

$$Q' \supseteq P'$$

Since S is chosen maximally, the volume of S is at least the volume of the simplex obtained from the Dvoretzky-Rogers lemma [DR50] (see also [N16, Lemma 1.4]):

(13) 
$$\operatorname{vol}_d(S) \ge \frac{1}{\sqrt{d!} d^{d/2}}.$$

Using (13),

(14) 
$$\operatorname{vol}_d(P') = (2d^2)^{-d} \operatorname{vol}_d(P) = (2d^2)^{-d} \cdot 2^d d! \operatorname{vol}_d(S) \ge d^{-5d/2} (d!)^{1/2}$$

Note that P' is centrally symmetric, so we can use the Blaschke-Santaló inequality (see [AGM15, Theorem 1.5.10]) for P':

(15) 
$$\operatorname{vol}_d(P') \cdot \operatorname{vol}_d((P')^\circ) \le \operatorname{vol}_d(B_2^d)^2.$$

Using the inclusions  $\widetilde{K} \supseteq B_2^d$  and  $\widetilde{K}_{\sigma} = (Q')^{\circ} \subseteq (P')^{\circ}$ , as well as (14) and (15):

$$\frac{\operatorname{vol}_d \widetilde{K}_{\sigma}}{\operatorname{vol}_d \widetilde{K}} \le \frac{\operatorname{vol}_d((P')^{\circ})}{\operatorname{vol}_d(B_2^d)} \le \frac{\operatorname{vol}_d(B_2^d)}{\operatorname{vol}_d(P')} \le \frac{\pi^{d/2} d^{5d/2} (d!)^{-1/2}}{\Gamma((d/2)+1)} \le (cd)^{3d/2}$$

for some absolute constant c > 0. This shows (11) and concludes the proof.

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### 6 QUANTITATIVE HELLY-TYPE THEOREMS VIA SPARSE APPROXIMATION

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