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Human coronavirus OC43 and other respiratory viruses from acute respiratory infections of Egyptian children

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ORIGINAL ARTICLE



ABSTRACT

Respiratory infections have a significant impact on health worldwide. Viruses are major causes of acute respiratory infections among children. Limited information regarding its prevalence in Egypt is available. This study investigated prevalence of 10 respiratory viruses; Adenovirus, influenza A, B, respiratory syncytial virus (RSV), Parainfluenza virus (PIV)type 1-4, enterovirus, and human coronavirus OC43 (HCoV-OC43) among children in Alexandria, Egypt presenting with acute lower respiratory tract infections. The study was conducted on children <14 years of age selected from ElShatby Pediatric Hospital, Alexandria University, Egypt. One hundred children presenting during winter season with influenza-like illness were eligible for the study. Oropharyngeal swabs were collected and subjected to viral RNA and DNA extraction followed by polymerase chain reaction. Viral infections were detected in 44% of cases. Adenovirus was the most common, it was found in 19% of the patients. Prevalence of PIV (3 and 4) and enterovirus was 7% each. Prevalence of RSV and HCoV-OC43 was 5% and 3% respectively. Two percentage were Influenza A positive and 1% positive for influenza B. Mixed viral infection was observed in 7%.To the best of our knowledge, this is the first report of the isolation of HCoV-OC43 from respiratory infections in Alexandria, Egypt.

KEYWORDS

human coronavirus OC43, acute respiratory infections, respiratory viruses, PCR

INTRODUCTION

Acute respiratory infections (ARIs) are a significant cause of acute illness and a leading cause of morbidity and mortality in children and elderly people worldwide [1]. Viruses have already been recognized as the most common cause of ARI in young children [2]. Approximately one-third of children will develop lower respiratory tract infections (LRTI) within the first year of life [3]. Viral ARIs present the second most common cause of morbidity and mortality in children under the age of 5 [2]. Unfortunately, more than half of this mortality is recorded among developing countries as low social level and malnutrition double the burden [4–6].

Determining ARIs etiology solely based on symptoms, clinical findings, and biochemical tests without adequate laboratory testing is not possible as pathogen-specific clinical symptoms are lacking. The introduction of molecular-based detection methods such as polymerase chain reaction (PCR) and real-time PCR assays that are sensitive and specific tools for virus detection has made diagnosis quicker and cheaper and increased the ability to detect more than one virus simultaneously [7] rather than the use of viral cultures or direct immunofluorescence assay (DFA) and rapid antigen test. Accurate diagnosis of viral

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ARIs has been shown to reduce the misuse of antibiotics and shorten the duration of hospital stay [8].

Viral etiology of ARIs is complex and diverse. In developed countries, the major causes of ARI in children and adults are influenza A and B viruses, parainfluenza virus types 1-3 (PIV1-3), respiratory syncytial virus (RSV), adenovirus (ADV) and rhinovirus [9]. Mixed viral infections were also described [8].

The burden of several respiratory viruses in Middle East countries has been described in several studies [10-16]. In Egypt, few studies have tackled the viral etiology of ARIs in children [17-20]. Nevertheless, little information is known regarding the viral etiology of respiratory tract infections in pediatric patients in Egypt particularly emerging viral pathogens.

Therefore, this study aimed to detect the prevalence of different respiratory viruses and their contribution in ARIs among children in Alexandria, Egypt.

MATERIALS AND METHODS

Patients and respiratory samples

Pediatric patients less than 14 years of age presenting with influenza-like illness, including fever (more than 37.5 \degree C) and at least one general symptom (headache, malaise, myalgia, sweats, retrosternal pain, asthenia) and one respiratory symptom (cough, sore throat, nasal congestion or runny nose) selected from El-Shatby Pediatric Hospital, Alexandria University were eligible for the study. All samples were collected in winter season. A written consent was taken from each child guardian prior to sample taking.

All relevant information was collected from each patient including personal and demographic data (age, sex, residence) as well as medical data (onset of symptoms, use of antibiotics and presence or absence of chronic diseases or immunosuppressive diseases). Clinical examination was carried out prior to sample collection, focusing on respiratory system examination.

Oropharyngeal samples were taken by Virocult $(\sum$ -Virocult®) swabs and placed into the supplied transport buffer. On arrival to the laboratory, samples were divided into aliquots and stored at -80 °C for subsequent DNA or RNA extraction.

Viral diagnosis

This study detected the presence of one DNA virus; Adenovirus and nine RNA viruses, influenza A, B viruses, RSV, PIV type 1-4, enteroviruses, and human coronaviruses OC 43 (HCoV-OC43). All primers used are listed in Table 1 [21–23].

For detection of Adenovirus, viral DNA was extracted using Quick-DNA^m Miniprep Kit (Zymo Research, UK) according to manufacturer's instructions. The extracted DNA was used as a template for PCR amplification. PCR reactions were performed in 25 µL total volume containing 12.5 (2×) Hot start MyTaq PCR master mix (Thermoscientific), 10 pmol of forward and reverse primers and 10 µL of extracted DNA.

Virus	Forward primer	Reverse primer	Annealing temperature, °C	Amplicon size	Reference
Adenovirus Influenza A virus	5'CCTACGCACGATGTGTGACCACAGACCG'3 5'CAG AGA CTT GAA GAT GTC TTT GCT GG3'	5'GTGTTGTAGGCAGTGCCGGAGTAGGG'3 5'GCT CTG TCC ATG TTA TTT G3'	65 55	217bp 212bp	21 22
Influenza B virus	5'AAA ATT ACA CTG TTG GTT CGG TG3' 5'CCC GTA ATT TCT CAT ACC TAT C3'	5'AGC GTT CCT AGT TTTACT TG3' 5'CCT TCC AGC CCA CTT CTT AAC3'	55 55	362bp 317bn	22
Para influenza virus 1 Para influenza virus 2	5'AAC AAT CTG CTG CAGCAT TT3'	5'ATG TCA GAC AAT GGG CAA AT3'	55	507bp	22
Para influenza virus 3	5'-CTC GAG GTT GTC AGG AT A T AG-3'	5'-CTT TGG GAG TTG AAC ACA GTT-3'	55	189bp	22
Para influenza virus 4	5'-CTG AAC GGT TGC ATT CAG GT-3'	5'-TTG CAT CAA GAA TGA GTC CT-3'	55	451bp	22
Human corona virus OC43 (HCoV-OC43)	5'-GGC TTA TGT GGC CCC TTA CT-3'	5'-GGC AAA TCT GCC CAA GAA TA-3'	55	335bp	22
Respiratory syncytial virus (RSV)	5'-GGA ACA AGT TGT TGA GGT TTA TGA ATA TGC-3'	5'-TTC TGC TGT CAA GTC TAG TAC ACT GTA GT-3'	55	279bp	22
Human enterovirus	5'-CAA GCA CTT CTG TTT CCC CGG-3'	5'-ATT GTC ACC ATA AGC AGC CA-3'	50	155bp	23

for PCR assay

pairs used

Table 1. Sequence of primer

Table 2. Prevalence of respiratory viruses according to age of the patient

	Children <1 year	Children 1-4 years	Children >4-8 years	Children >8 years	Total
	n = 15	n = 44	n = 18	n = 23	n = 100
Virus	n (%)	n (%)	n (%)	n (%)	n (%)
Adenovirus	7(46.7)	5(11.4)	5(27.8)	2(8.7)	19(19)
Enterovirus	1(6.7)	0(0)	4(22.2)	2(8.7)	7(7)
PIV-4	0(0)	1(2.3)	2(11.1)	3(13)	6(6)
RSV	1(6.7)	2(4.5)	1(5.5)	1(4.3)	5(5)
HCoV-OC43	0(0)	1(2.3)	1(5.5)	1(4.3)	3(3)
Influenza A	0(0)	2(4.5)	0(0)	0(0)	2(2)
Influenza B	0(0)	0(0)	1(5.5)	0(0)	1(1)
PIV-3	0(0)	1(2.3)	0(0)	0(0)	1(1)
Total	9(60)	12(27.27)	14(77.77)	9(39.1)	44(44)

Table 3. Clinical manifestation of the patients with viral etiology

					Viruses				
									Total
	Adenovirus	Enterovirus	PIV-4	RSV	HCoV-OC43	Influenza A	Influenza B	PIV-3	n =
	n = 19	n = 7	n = 6	n = 5	n = 3	n = 2	n = 1	n = 1	44
Clinical manifestations	n (%)	n (%)	n (%)	n (%)	n (%)	n (%)	n (%)	n (%)	n (%)
Fever	19(100)	7(100)	6(100)	5(100)	3(100)	2(100)	1(100)	1(100)	44(100)
Cough	10(52.6)	6(85.7)	4(66.6)	3(60)	2(66.6)	2(100)	1(100)	0	28(63.6)
Sore throat	17(89.5)	4(57.1)	3(50)	4(80)	2(66.6)	2(100)	1(100)	1(100)	34(77.3)
Wheezes	6(31.6)	1(14.3)	2(33.3)	0	3(100)	1(50)	0	0	13(29.5)
Rhinorrhea	17(89.5)	7(100)	1(16.7)	2(40)	3(100)	1(50)	0	0	31(70.5)
Tachypnea	10(52.6)	4(57.1)	3(50)	3(60)	1(33.3)	2(100)	1(100)	1(100)	25(56.8)
Chest pain	3(15.8)	2(28.6)	0	1(20)	0	1(50)	1(100)	0	8(18.2)
Nausea and vomiting	6(31.6)	4(57.1)	0	2(40)	0	1(50)	1(100)	0	14(31.8)

The reaction was performed on Veriti thermal cycler (Applied Biosystems, USA).

For detection of RNA viruses, viral RNA was extracted using QIAamp viral RNA mini spin Kit (Qiagen, Germany) according to manufacturer's instructions. The extracted RNA was reverse transcribed into cDNA using "SensiFASTTM cDNA Synthesis Kit" (Zymo Research, UK) and random hexamer primers. PCR reactions were performed in 25 μ L total volume containing 12.5 (2×) Hot start MyTaq PCR master mix (Thermo scientific), 10 pmol of forward and reverse primers and 3 μ L of cDNA. The reaction was performed on Veriti thermal cycler (Applied Biosystems, USA).

RESULTS

The present study included 100 pediatric patients. Males represented 41% of patients while females were 59%. Children were categorized into 4 age groups, children younger than 1 year old (60%), children between 1 and 4 years old (27.27%), children between 4 and 8 years old (77.77%) and children older than 8 years old (39.1%). Viral infections were detected in 44% out of the 100 children included in this study with the highest prevalence (77.7%) in the age group between 4 and 8 years.

Adenovirus was the most common, it was found in 19% of the patients. Interestingly, HCoV-OC43 was detected in

3% of samples which up to our knowledge was not documented previously in Egypt.

PIV 3 and 4 were detected in 7% while PIV1 and PIV 2 were not detected in all samples. Enterovirus was also detected in 7%. Prevalence of RSV was 5%. Only 2% were positive for Influenza A and 1% was positive for influenza B (Table 2).

As regards the respiratory symptoms, all children having respiratory viral infections had fever. Respiratory illness caused by Adenovirus in 6(31.6%), influenza virus in 1(50%) and PIV in 2(33.3%) had wheezes, while all 3 children with HCoV-OC43 infection had wheezes. Rhinorrhea was a major symptom (85.7–100%) in children infected with Coronavirus, Adenovirus and Enterovirus. Also, sore throat was a major symptom with most viruses. No hospitalization was needed among patients included (Table 3).

Mixed viral infection was observed in 7 (15.9%) out of the 44 infected children. PIV4 was the most common virus associated with mixed infection (71.4%). PIV4 and enterovirus were the most common viruses associated together (Fig. 1).

DISCUSSION

ARI is one of the most common human diseases, and the heaviest burden of viral respiratory illness is carried by children. Determining the etiology of LRTIs in children has long been a point of interest to researchers. Viruses have

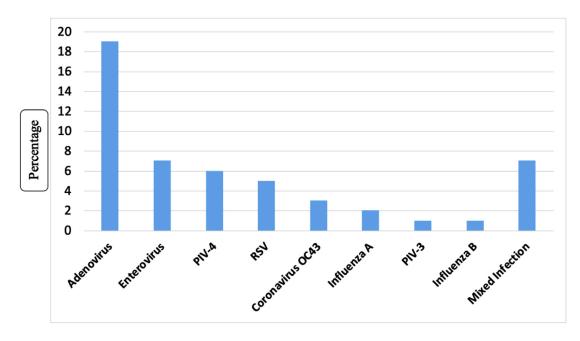


Figure 1. Prevalence of respiratory viruses detected among 100 children presenting with respiratory symptoms

been shown to be the causative agent in 36–85% of LRTIs among children [24–28].

Several laboratory techniques ranging from enzyme immunoassay, direct fluorescent antibody staining, cell culture, and nucleic acid amplification tests are available for diagnosis of viral infections. The PCR technique is considered an easy technique that provides higher sensitivity and specificity [29]. Nevertheless, different sampling methods and different geographical areas affect greatly the observed burden from each virus [19].

In this study, PCR and RT-PCR techniques were used to detect Adenovirus, a DNA virus, and 9 RNA viruses; influenza A, B viruses, RSV, PIV type 1-4, enteroviruses, and HCoV-OC43. One hundred oropharyngeal swabs were obtained from Egyptian pediatric patients in Alexandria presenting with ARIs symptoms during winter season. Viral infection was confirmed in 44% of children.

In developing countries, viruses represent a considerable proportion of the pathogens associated with ARIs, varying from 40 to 90% across studies [30–34]. This wide differences in detection rates in the literature was accused to heterogeneity in study populations, differences in presenting respiratory symptoms, number of respiratory pathogens tested, method used for detection and genetic variability between populations [30, 35].

In a study in Saudi Arabia in 2014, the frequency of respiratory virus detection in 135 children with ARIs was 80.7% [36]. A study in Egypt in 2018 reported the detection of respiratory viruses in 59.09% cases out of 132 patients [37]. A study in Turkey in 2011 reported a viral etiology in 36.7% out of 147 children [38]. In addition, a study in Amman, Jordan in 2010 reported 88% out of 728 suffered from viral infection [39].

It has been previously reported that the prevalence and severity of viral ARIs in male children is higher than females. This was explained by the impact of sex hormones on Thelper 1/T-helper 2 cytokine balance [40]. In this study, 41% of the children enrolled were males and 59% were females. Viral infections were confirmed in 58.5% and 33.9% of the males and females respectively with male to female ratio of 1.4:1. Similar ratio was reported by Ljubin-Sternak et al. [41], who detected ARI in 109 out of 134 patients with a male to female ratio of 1.5: 1. Liu et al. [42] examined 4,242 pediatric patients in southern China for respiratory viruses and reported even a higher male to female ratio of 1.92:1.

In the present study, the highest prevalence of viral infection was in the age group >4–8 years (77.77%) followed by the age group <1 year (60%). A significantly lower prevalence of 39.1% and 27.27% was observed in age group of >8 years and 1–4 years respectively. The higher prevalence in the age groups >4–8 years and >8 years than in the age group 1–4 years could be explained by close contact with infected children in kindergarten and school respectively.

On the other hand, infection rate is still high in the age group less than 1 year old which could be attributed to a higher infection rate, lower viral clearance rate due to underdeveloped immune system, and higher load of the infectious agent associated with living conditions such as crowding. Furthermore, parents of younger children may seek healthcare earlier in the course of disease due to parental anxiety [30, 31, 35].

Thomazelli et al. [43] showed that the largest number of positive cases occurred in infants aged less than 1 year. Moreover, Anders et al. [44] found that the incidence of ARI was higher in infants ≥ 6 months of age than in those <6 months. Tsai et al. [45], on the other hand reported that the



highest prevalence of viral infection was in children between 1 and 3 years old.

Adenovirus is the most common cause of pharyngitis and coryza in young children and causes 5–10% of all febrile illnesses in infants and young children. Of all young children who contract Adenovirus, 10% will develop pneumonia [46].

In the present study, the most commonly isolated virus was Adenovirus with a prevalence of 19%. The highest prevalence being 46.6% among the age group <1 year followed by 27.7% in the age group >4-8 years old with a higher exposure of males (29.2%) than females (11.8%).

Previous studies in Egypt showed that prevalence of Adenovirus infection ranged from 4.5% to 16.7% [19, 20, 37, 47]. Kajon et al. [46] investigated 165 respiratory Adenovirus in Argentina, Chile and Uruguay, they reported that the highest prevalence 48.3% was in the age group 0–5 months followed by the age group 6–11 months 34.2% while the least prevalence was in the age group 2–5 years 4.7% with a higher exposure of males 67.5.2% than females 32.5%.

Giamberardin et al. [48] reported that Adenoviruses, which are generally associated with severe infections in hospitalized patients were detected in 12.6% out of their 492 pediatric patients in southern Brazil. The distribution of the frequency of the virus according to the age group showed that most of them were detected in children aged between 24 and 36 months.

It was estimated that 90 million cases of influenza occur each year in children aged <5 years around the world; of these, 20 million are associated with acute LRTI [49]. Influenza virus type A is the most virulent and is associated with seasonal (winter) epidemics in temperate regions [50].

In the present study, influenza A virus was detected in only 2% in the age group 1-4 years. On the other hand, only 1% in the age group >4-8 years was positive for influenza B.

El Baroudy et al. [37], detected influenza B virus in 2.3% of his cases and influenza A was not detected among the samples. Shafik et al. [19]detected influenza A in 3.5% and influenza B in 1.1% cases in Cairo, Egypt. Thomazelli et al. [43] detected influenza A virus in 5% of their 336 Brazilian samples, while influenza B virus was not detected. Choi et al. [51] detected influenza A virus in 4.7%, and influenza B virus in 1.7% of their cases.

Type 4 PIV is very difficult to culture in-vitro and immunofluorescence assay has only been possible for a short while since the production of a first monoclonal anti-PIV-4 antibody [52]. For these reasons' PIV-4 was practically never sought in virology laboratories. But it has been shown that it can cause bronchiolitis or pneumonia in young children and its prevalence appears to be higher than originally thought [53].

In the present study, 7% of cases were positive for PIV 3 and 4.6 (85.7%) out of the 7 positive PIV cases belonged to PIV-4 while PIV-1 and PIV-2 were not detected in this study. However, Shafik et al. [19] detected PIV-1 in 23 cases, PIV-2 in only 1 case and PIV-3 in 22 cases. Also, Thomazelli et al. [43] found that the most common PIV type among their 336 samples was type 3 (8.3%). On the other hand, type 1 was detected in two samples and type 2 was not detected. RSV is the most common respiratory agent in infants and young children worldwide. It is the most common agent that leads to acute bronchiolitis and viral pneumonia, and the second most common cause of infant deaths after the neonatal period [54]. In the present study, RSV was detected in only 5% of cases.

Similar results were reported by Tsai et al. [45] who detected RSV infection in 4.4% among their cases. However, Bonzel et al. [55] reported that RSV was the most frequently detected pathogen 44.1%. Liu et al. [42] as well reported that RSV was the most frequently isolated virus 32.5% among their 2,361 children occurring mainly among children less than 2 years old. Moreover, Shafik et al. [19] reported that RSV was the most commonly isolated virus in 23.8%.

Respiratory enteroviruses have been extensively studied during the past years and development of molecular tools has allowed better detection of enteroviruses which had remained undetected due to their inability to grow in standard cell culture [2]. Ljubin-Sternak et al. [41] detected enteroviruses in 13.2% of their cases preceded only by RSV. Liu et al. [42] using real-time polymerase chain detected enterovirus in, 13.3% out of their 2,361 children. In the present study, enterovirus was detected in 7 (7%) cases.

In a large Egyptian surveillance study that addressed the epidemiological patterns of severe ARI due to viruses and atypical bacteria in both children and adult population conducted over a 4 year-period Hatem et al. reported that no coronavirus was detected among their studied group [47].

Interestingly, in the present study, 1 male in the age group >4–8 years and 2 females in the age group 1-4 and >8 years were positive for HCoV-OC43. Al-Ayed et al. [36] from Saudi Arabia, detected human coronavirus (hCoV NL63 and hCoV OC43) in 3.7% of their patients including 2 cases with bronchiolitis and 2 cases with pneumonia.

Jean et al. [56] in 2013 detected HCoV-OC43 in 1.8% of their specimens. Higher prevalence was reported by Kristoffersen et al. [57] who detected HCoV-OC43 in 44 (8.2%) naspopharyngeal swabs collected from 536 episodes of RTI in 452 Norwegian children. Isaacs et al. [58] found that HCoVs were present in 30% of 108 acute respiratory infections. Liu et al. [42] also detected HCoVs in only 5.8% of their 2,361 cases. Similarly, Ljubin-Sternak et al. [41] detected HCoVs in 4.2% of their cases.

In September 2012, a novel human coronavirus, called the Middle East respiratory syndrome coronavirus (MERS-CoV), was first identified in Saudi Arabia [59]. Strains of MERS-CoV that are identical to human strains have been isolated from dromedaries in several countries, including Egypt, Oman, Qatar, and Saudi Arabia. The WHO reported largest outbreaks of MERS-CoV seen in Saudi Arabia, United Arab Emirates, and the Republic of Korea. The virus does not pass easily from person to person unless there is close contact, such as providing unprotected care to an infected patient [60].

To the best of our knowledge, this is the first report of the isolation of HCoV-OC43 as an etiological agent of respiratory infections in Alexandria, Egypt. This finding urges the need to pursue the detection of all human Coronaviruses including MERS-Cov in order to detect and report novel respiratory viral pathogens ahead of time in our country.

Mixed viral infection was observed in 7(15.9%) out of the 44 infected children, PIV-4 and enterovirus were the most common viruses associated with mixed infection (71.4%). Dual infection and infection with more than 2 viruses was reported in Egyptian children by Shafik et al. [19] and concluded that with the development of the PCR scientists were able to detect co-infections at a level not previously possible. A study by Cui and his team mentioned that co-infection is reportedly related to the time of year when circulations of multiple viruses occur, and that there could be interplay between climatic, environmental and immunity level that contribute to viral co-infection [8].

Liu et al. [42] reported mixed viral infection in 21.3% of positive samples. They suggested the hypothesis that the proportion of the specific pathogen, rather than the pathogen itself, is relevant for co-infections. The discrepancy in proportion of viral agents may be due to differences in pathogen epidemiology, study populations, and/or the time the study was conducted due to seasonal variation. Some studies [8, 61, 62] showed significant association between severity of infection and the detection of mixed viral etiologies. Some studies went further to suggest that single infection resulted in more severe outcomes [63, 64]. In the present study, the respiratory virus profile differed from other studies since the most commonly isolated virus was adenovirus followed by enteroviruses, also PIV-4 was the commonly detected PIV with absence of PIV1 and 2. Respiratory virus profiles in the other studies showed that RSV was the most commonly detected virus followed by Influenza A and PIV [42, 54, 55]. Additionally, HCoV-OC43 was never reported before in human respiratory samples in Egypt.

The results of the current study did not confirm viral etiology of RTIs in 56% of patients. Bacterial pathogens or viruses other than ones investigated may be involved in such finding. Nevertheless, these results are a good representative of viruses circulating in children in Alexandria, Egypt.

In summary, respiratory infections in children are mostly due to viral etiologies. Therefore, antibiotic therapy in these cases may be unnecessary. This data is helpful for guiding the antiviral therapy among children. HCoV-OC43 is present in Egypt and further studies should be conducted to detect other coronaviruses. This study provides baseline data against which to compare future levels of disease and the impact of future interventions.

Conflicts of interest: All contributing authors declare no conflicts of interest.

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