

Supplementary Table 1a. Exploratory factor analysis for measurement of academic stress

Measure	Factor 1	Factor 2
Item 1	.18	.60
Item 2	.07	.92
Item 3	.08	.90
Item 4	.87	.10
Item 5	.83	.15
Item 6	.79	.11
<i>Eigenvalues</i>	2.63	1.54
<i>Variance explained</i>	43.7%	25.7%

Supplementary Table 1b. Exploratory factor analysis for measurement of Internet gaming disorder

Measure	Factor 1	Factor 2
Item 1	.78	-.09
Item 2	.54	.25
Item 3	.78	-.08
Item 4	.47	.27
Item 5	.24	.49
Item 6	.41	.34
Item 7	-.06	.78
Item 8	.60	-.05
Item 9	-.07	.82
<i>Eigenvalues</i>	3.26	1.05
<i>Variance explained</i>	36.3%	11.6%