

## Heart performance of lambs and its relation to muscle volume and body surface

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### Abstract

ECG gated dynamic magnetic resonance imaging (MRI) methodology was developed for in vivo examination of the sheep heart characteristics combining non- invasive determination of skeletal muscle mass, to study the relationship between total body skeletal muscle content and heart performance. Measurements were carried out in merino type male lambs using a 1.5 T field-strength equipment. During post processing of the images average left ventricular volumes were determined and stroke volume (SV) was estimated. Ejection fraction was calculated ( $73 \pm 1.8\%$ ) and the cardiac output (CO) value was estimated ( $2.75 \pm 0.16$  L/min). After measuring left ventricular wall thickness, contraction values were determined at the septum (62%), at the anterior (69%), the lateral (54 %) and the posterior (58%) walls and the ventricular mass were calculated. Immediately after the MRI examination, body composition measurement was performed by computerized tomography (CT) during the same narcosis. From the interpretation of the functional MRI and

volumetric CT results, relative CO value was developed, expressing the relationship between heart performance and total body skeletal muscle volume. Finally, CO value related to body surface was estimated ( $18.3 \pm 3.1 \text{ dm}^2/(\text{L} * \text{min}^{-1})$ ) to characterize the metabolic rate.

**Key words:** Lamb, Magnetic Resonance Imaging, Computerized Tomography, Cardiac performance

## 1. Introduction

The use of electromagnetic waves is gaining more and more space in different areas of animal sciences from meat quality determination (1,2) to in vivo evaluation of body composition applied as a possible mean for genetic improvement of a wide variety of species (3-5).

Moreover, using animal models (mouse, rat, rabbit, canine, swine, and sheep) in human cardiac research give invaluable opportunity to develop new diagnostic and therapeutic methods (6,7).

Magnetic resonance imaging (MRI) was firstly utilized as an in vivo technique for the determination of body composition of animals by Kallweit et al. (1994). A study in sheep indicates that the quantification of lean and fat tissue by means of prediction equations is highly accurate (9). The description of the ECG-gated MRI for the in vivo measurement of heart performance in pigs has been presented by Petrás et al. (2001), and an ovine medical model was first published by Pilla et al. (2003). Recently the sheep is used as a model of

cardiac MR imaging of different heart failures such dilated cardiomyopathy based on T1mapping sequence (12). In an ovine model end-systolic volume were measured after myocardial infarction with and without micro pump based partial mechanical circulatory support using MRI method (13). The cardiac MRI method, together with computerized tomography (CT) was applied to measure the functional heart performance of the pig and heavy type turkey, in connection with body tissue composition determination (14,15). In addition, as a further quantitative method for the determination of ovine cardiac characteristics the real-time 3D echocardiography, as applied by Schmidt et al. (2001), also may provide opportunity (16). Moreover, Segers et al. (2001) developed an indirect prediction method for the heart performance characterization of sheep (17).

The results achieved in intensive pigs and turkeys indicate disadvantageous changes in heart performance caused by the continuous selection for increasing skeletal muscle volume. From this aspect the sheep seems to be less affected at present however the situation may change in the future if selection for increased muscle building capacity continues.

The goal of this experiment was to develop an appropriate in vivo method for the quantitative measurement of the sheep heart performance and to determine basic heart performance data jointly with skeletal muscle volume and body surface estimation.

## **2. Materials and methods**

Methodological measurements were carried out on three merino type male lambs at the live weight of 20 kg ( $60 \pm 4$  days of age). Investigations were performed at the Health Center of Kaposvár University using its Siemens Magnetom Vision Plus type, magnetic resonance tomograph equipment of 1.5 T magnetic field-strength and a Siemens Somatom S40 spiral

CT scanner. The lambs were pre medicated intramuscularly with Rometar (Xylazin 2%) (Spofa; 0.2 mg/body weight kg). Following inhalation anesthesia was introduced through a narcotic mask, using 3 vol% Isoflurane (Abbott Lab.) until reaching the total relaxation, when the animals were intubated, and attached to a narcotic unit (Penlon evaporator, Ohmeda flow-meter). Continuous deep narcosis was obtained using 1.5-2 vol% Isoflurane and 2 vol% oxygen as carrier gas, similarly to the recommendation of Hikasa et al. (2000).

The MR examination was conducted using ECG-gated sequences (19). To obtain the proper signal strength from the electrocardiograph, a special active electrode (Bruker Medical) was used. The electrode attached to the signal cable was fixed 10 cm from the sternum, left, between the third and sixth ribs, the other two directed to the left olecranon between the third and sixth ribs. During the imaging process the animals were placed into a MR compatible special plastic container into ventral position with extended limbs and were fixed with belts. At first, quick images were taken to locate the heart according to the coordinate system of the body. Following in the sagittal, coronal and transversal planes localization images were taken to allocate the longitudinal axis of the heart. Then multislice - multiphase images were taken orthogonal to the longitudinal axis of the heart from the apex to the base, performing prospective data acquisition (10). The total data acquisition took ca. 10-12 minutes. Altogether 9 slices and in each slice 9 images (phase) were acquired according to one heart cycle (singleslice - multiphase). From the 9 transversal slices representing the total heart volume 6 covered the ventricles. The phases applied were characterized by the following data: echo time: 6.8 ms, repetition time: 60.0 ms,  $\theta$ : 30°, field of view: 400-500 mm, matrix size: 256×256 pixels, slice thickness: 8 mm, slice gap: 1

mm. Moreover, the left ventricular volumes were measured and the stroke volume (SV) was also computed as the difference between the end-diastolic and end-systolic data. The calculated ejection fraction (EF) is given as the percentage of the ratio of the SV to end-diastolic volume. The left ventricular mass was calculated from the regions epicardium – endocardium + papillary 1 + papillary 2 (marked in Figure 3.) times 1.05 (g/cm<sup>3</sup>). The cardiac output (CO) value was estimated as a product of the SV and heart rate. The wall thickness was measured by the septum, and by the anterior, lateral and posterior walls, 9 mm beneath the atrioventricular valve. Images were evaluated using the software MASS 4.1 (20).

Serial CT images were taken continuously from the neck (atlas) until the hock with 10 mm slice thickness. The total body skeletal muscle volume and the body surface were measured. The image analysis performed is described in detail by Romvári et al. (2004).

### 3. Results

The heart rate was monitored before and during the MRI examination. The pulse registered during the total time was that according to the relaxed state (89±3 b/min). The electrocardiogram attained from the foregoing time of examination gave accurate information about the overall conditions and the anesthetic possibilities concerning each animal.

115 The MR examination was conducted using ECG-gated sequences. Dynamic images were  
116 taken orthogonal to the longitudinal heart axis, leading from the apex to the base, covering  
117 all ventricles and atria, performing prospective data acquisition (Figure 1).

118 *Figure 1*

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120 In Figure 2 six multislice-multiphase images are shown between the end diastolic- and the  
121 end systolic phase.

122 *Figure 2*

123 During the post processing of the MR images the contour of the ventricular epicardium and  
124 endocardium, the outline of the left ventricular papillaries was defined (Figure 3).

*Figure 3* 125

126 The changes of volumetric and wall thickness data of the heart cycle in time are depicted in  
127 Figure 4.

*Figure 4* 128

129 The first phase is synchronic with the ECG R-wave, being the beginning of the isometric  
130 contraction. Ventricular volume is at the maximum at this point. As the ventricular diastole  
131 ends (5th to 6th phase), the phase of isometric relaxation begins. From methodological  
132 point of view to characterize the heart function, it is not necessary to follow the whole heart  
133 cycle, covering the phase from the end-diastole to the end-systole is sufficient.

134

135 Characteristic data concerning lamb heart performance shown in Table 1 are mean values  
136 determined during the heart cycle.

137

Immediately after the MRI examination of the lambs, CT scanning was performed during the same narcosis. First the total body muscle volume, than the body surface was measured from the consecutive cross-sectional images. Resulting from the joint interpretation of MRI and CT data the CO related to body surface value ( $\text{dm}^2 / (\text{L} * \text{min}^{-1})$ ) was estimated and the so called relative CO value (expressing the relationship between heart performance and skeletal muscle volume in sedentary conditions ( $\text{dm}^3 / (\text{L} * \text{min}^{-1})$ )) was developed (Table 2).

Table 2

#### 4. Discussion

When comparing our results with available data from the literature results obtained by echocardiography also have to be considered taking the paucity of such results into account. However it must be stressed that no echocardiography based cardiac data of sheep with normal physiological state are available in the literature. The accessible data concerning in vivo model arise from experiments aiming medical purposes where surgically operated animals were used. Findings of Qin et al. (2000) are originated exactly from that kind of experiment. They found that the LVEDV, LVESV and LVSV values were  $65 \pm 24$ ,  $30 \pm 11$  and  $35 \pm 11$  ml respectively in case of sheep's with an average body weight of 40 kg (21). It was concluded also by them that the accuracy of the method can be verified by cardiac MR imaging as the gold standard method. Slightly higher LVESV ( $37.1 \pm 8.8$  ml) was measured and a CO value of 3.8 L/min ( $\pm 0.6$ ) was estimated by Psaltis et al. (2008) applying cardiac MRI on merino sheep ( $51 \pm 8.1$  kg) (22). These results are in good accordance with our data taken the live weight difference (20 vs. 40 kg) into account.

The average 73 % ejection fraction value is remarkably higher than the corresponding data of the Mangalica pig (57%), the intensive meat type pig (53%) (14) or the giant turkey (51%) (15). Lower ejection fraction refers to unfavorable hemodynamic characteristics of

the heart. The contraction values (septal, anterior, lateral and posterior: 62%, 69%, 54% and 58%, respectively) calculated from the measured wall thickness data are characteristic to the condition of the myocardium. Cardiomyopathy or local circulatory failures cause a functional anomaly of muscle fibers, and decrease the contraction values. The deviation from normal in case of the ventricular volume and contraction data is of high diagnostic value.

The average heart rate of 89 bpm can be interpreted as a normal physiological condition (23). The estimated CO value – arising of the stroke volume and heart rate - is one of the most important measures of heart performance in human medical practice. In a sedentary state, some 16 % of the cardiac output is needed to supply the skeletal musculature in humans (24). According to Meyns et al. (2000), the perfusion of the sheep muscle is  $6 \pm 3$  ml/g of tissue (25). Considering the measured average of  $6.4 \text{ dm}^3$  muscle tissue and the estimated 2.75 L/min CO value, altogether 14% of the total CO supplies the musculature of the examined lambs under narcosis. The estimated CO value is in good accordance with the corresponding data (3.4 L/min) of Geens et al. (13). Cardiac output redistribution was studied in a basic experiment carried out by Hales et al. (1984) on a merino model (26). According the authors the competition between skin and muscle for blood flow during exercise results a lower skin perfusion which could be critical in case of heat stress.

In the human medicine the cardiac output value related to body surface is widely used to characterize the metabolic rate. In our study the respective data were  $18.4 \text{ dm}^2 / (\text{L} \cdot \text{min}^{-1})$



which is considerably lower than the corresponding value of the BUT Big 6 turkey at the same 20 kg live weight (15).

The developed “relative cardiac output value” expresses the relationship between the lamb heart performance and skeletal muscle volume in sedentary conditions. In general, the physical load and/or stress-induced movements of animals lead to significant changes of their blood flow distribution. An example of this phenomenon was studied by Animut and Chandler (1996) in ewes describing a 25 % decrease on the mammary blood flow during treadmill exercise (27). In contrast, Segers et al. (2001) developed a purely mathematical model, for the estimation of stroke volume during strongly differing hemodynamic conditions in sheep. At maximum  $O_2$  consumption, 87 % of the cardiac output supplies the skeletal muscles in miniature pigs (28). The measured average relative cardiac output values ( $2.3 \text{ dm}^3 / (\text{L} * \text{min}^{-1})$ ) are similar to the corresponding data of the native slow growing Mangalica pig ( $2.8 \text{ dm}^3 / (\text{L} * \text{min}^{-1})$  at 30 kg live weight) (14). This favorably low value refers to a well-balanced cardiovascular system characteristic for this semi-intensive sheep breed.

A dynamic MR imaging protocol of the sheep heart was developed in our methodological experiment. The preconditioning, the specific details of ECG measurement and MR imaging were elaborated. The method combined with CT imaging process of the total body gives the unique opportunity to study the skeletal musculature quantitatively together with the heart performance in a non-invasive manner.

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**Table 1 Some characteristic data concerning lamb heart performance**

	LVEDV	LVESV	LVSV	LVEF	LVMass	HR	CO	Septum	Anterior	Lateral	Posterior
	ml	ml	ml	%	g	b/min	L/min	mm	mm	mm	mm
<b>Average</b>	43	11.2	31.8	77.9	63.5	89	2.75	13.6	11.7	11.7	14.2
<b>SD</b>	5.6	1.8	3.8	1.8	5.6	12	0.16	0.0	0.1	0.3	0.1

Where: LVEDV = left ventricular end-diastolic volume, LVESV = left ventricular end-systolic volume, LVSV = left ventricular stroke volume, LVEF = left ventricular ejection fraction, LVMass = left ventricular mass, HR = heart rate, CO = cardiac output

**Table 2 Related cardiac output data**

	Muscle volume (dm <sup>3</sup> )	Body surface (BS) (dm <sup>2</sup> )	CO related to BS dm <sup>2</sup> / (L * min <sup>-1</sup> )	Relative CO dm <sup>3</sup> / (L * min <sup>-1</sup> )
Average	6.4	50.3	18.3	2.3
SD	0.79	5.5	3.1	0.26