Using iron oxide nanoparticles to diagnose CNS inflammatory diseases and PCNSL


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ABSTRACT
Objective: The study goal was to assess the benefits and potential limitations in the use of ultrasmall superparamagnetic iron oxide (USPIO) nanoparticles in the MRI diagnosis of CNS inflammatory diseases and primary CNS lymphoma.

Methods: Twenty patients with presumptive or known CNS lesions underwent MRI study. Eighteen patients received both gadolinium-based contrast agents (GBCAs) and 1 of 2 USPIO contrast agents (ferumoxytol and ferumoxtran-10) 24 hours apart, which allowed direct comparative analysis. The remaining 2 patients had only USPIO-enhanced MRI because of a renal contraindication to GBCA. Conventional T1- and T2-weighted MRI were acquired before and after contrast administration in all patients, and perfusion MRI for relative cerebral blood volume (rCBV) assessment was obtained in all 9 patients receiving ferumoxytol.

Results: USPIO-enhanced MRI showed an equal number of enhancing brain lesions in 9 of 18 patients (50%), more enhancing lesions in 2 of 18 patients (11%), and fewer enhancing lesions in 3 of 18 patients (17%) compared with GBCA-enhanced MRI. Four of 18 patients (22%) showed no MRI enhancement. Dynamic susceptibility-weighted contrast-enhanced perfusion MRI using ferumoxytol showed low rCBV (ratio <1.0) in 3 cases of demyelination or inflammation, modestly elevated rCBV (range: 1.3–4.1) in 5 cases of CNS lymphoma or lymphoproliferative disorder, and no measurable disease in one case.

Conclusions: This study showed that USPIO-enhanced brain MRI can be useful in the diagnosis of CNS inflammatory disorders and lymphoma, and is also useful for patients with renal compromise at risk of nephrogenic systemic fibrosis who are unable to receive GBCA, Neurology 2013;81:256-263

GLOSSARY
CNSL = primary CNS lymphoma; DSC = dynamic susceptibility-weighted contrast-enhanced; GBCA = gadolinium-based contrast agent; NSF = nephrogenic systemic fibrosis; PCNSL = primary CNS lymphoma; PTLD = posttransplant lymphoproliferative disorder; PWI = perfusion-weighted imaging; rCBV = relative cerebral blood volume; USPIO = ultrasmall superparamagnetic iron oxide.

CNS lymphoma (CNSL) presents a diagnostic challenge.1-9 Brain MRI typically reveals a single nodule or multiple nodules in the deep parenchyma that enhance with IV contrast.5,9-11 Unfortunately, CNSL mimics other diseases on routine neuroimaging, including CNS metastasis of systemic cancer, glioma, and demyelination, often leading to aggressive surgical approaches and/or delay in tissue diagnosis and treatment.12-14 Obtaining a tissue diagnosis in the least-invasive manner possible is critically important because CNSL is typically chemosensitive, infiltrative, and often in a deep location within the brain parenchyma.15,16

Use of a gadolinium-based contrast agent (GBCA) enables contrast-enhanced T1-weighted MRI as the GBCA permeates an incompetent blood-brain barrier. Unlike GBCA, ultrasmall superparamagnetic iron oxide (USPIO) nanoparticles act as blood pool agents immediately after administration, but they are later taken up by inflammatory cells (e.g., macrophages), acting as an intracellular contrast agent, with abnormal parenchymal enhancement that peaks 24 hours after administration.17 In this study, we assessed both the benefits and limitations regarding the use of USPIO...
nanoparticles as contrast agents for anatomical and perfusion MRI in the diagnosis of CNS inflammatory diseases and primary CNSL. We propose that these agents may improve MRI visualization of CNSL and CNS inflammatory disease and help to establish the most informative target for biopsy. Unlike GBCA, USPIO may also be used safely in patients with renal failure.

METHODS Standard protocol approvals, registrations, and patient consents. The study was registered with and approved by the Oregon Health & Science University Institutional Review Board (eIRB no. 1562). The study was sponsored by the NIH, and all participants provided written informed consent.

Study population. Twenty patients with CNSL or CNS inflammatory disease were enrolled as part of an ongoing prospective study. Between November 2002 and May 2011, eligible patients with suspected CNS tumors, demyelinating disease, or any CNS lesion with an inflammatory component underwent MRI after USPIO administration. Diagnoses were confirmed histologically (n = 19) or by characteristic clinical and radiographic findings and subsequent improvement on surveillance (n = 1). Exclusion criteria have been reported previously.18-19 Patients who were HIV positive receiving combination antiretroviral therapy were ineligible because of the potential for pharmacokinetic interactions with USPIO agents.

MRI examination. All MRI scans were performed on a 3-tesla whole-body MRI system (TIM TRIO; Siemens, Erlangen, Germany) with a body radiofrequency coil transmitter and a 12-channel matrix head coil signal receiver. Specific MRI acquisition parameters are provided in table e-1 on the Neurology® Web site at www.neurology.org. The imaging protocol consisted of 3 consecutive days of MRI scans. On the first day, T1- and T2-weighted pre- and postcontrast sequences were acquired using gadoteridol gadolinium (III) chelate (ProHance; Bracco Diagnostics Inc., Princeton, NJ), with the exception of 2 subjects with renal insufficiency (estimated glomerular filtration rate <30 mL/min/1.73 m²) who did not receive gadoteridol and instead underwent only a 2-day MRI protocol with USPIO as the contrast agent. Gadoteridol was injected as an IV bolus at a dose of 0.1 mmol/kg body weight. On the following day, the same MRI sequences were obtained using ferumoxytol (n = 9) (AMAG Pharmaceuticals, Inc., Cambridge, MA) or ferumoxtran-10 (n = 11) (AMAG Pharmaceuticals, Inc.). Ferumoxtran-10 preceded ferumoxytol, with similar MRI properties. Manufacturing of ferumoxtran-10 was discontinued when ferumoxytol became available. Ferumoxtran-10 (2.6 mg/kg) was diluted in 90 mL of saline and infused at 4 mL/min. All contrast dosages have been used in previous human and preclinical studies.

Patients who received ferumoxytol also underwent dynamic susceptibility-weighted contrast-enhanced (DSC) perfusion MRI (n = 9) because ferumoxytol can be administered via rapid IV bolus injection. The 11 patients who received ferumoxtran-10 were unable to have perfusion-weighted imaging (PWI) since this contrast agent cannot be given via rapid IV bolus because of the risk of anaphylactoid reactions. The total ferumoxytol dose (510 mg) was diluted in 17 mL of saline. First, 75 mg of ferumoxytol was administered as an IV bolus during DSC-MRI acquisition. Then, patients received the remainder of the dose (435 mg) over 15 minutes. After USPIO administration, all patients were monitored closely for 2 hours. On the third day, at least 22 hours after USPIO agent administration, T1- and T2-weighted imaging sequences were repeated to detect delayed USPIO-induced signal changes. All patients were followed for 1 month to note possible adverse reactions.

Image analysis. All images from each patient were evaluated in a matched-pair fashion by the same neuroradiologist. Image assessment consisted of the following steps: 1) quantification of the total number of enhancing brain lesions on the T1-weighted gadoteridol-enhanced scan compared with the noncontrast T1-weighted scan; 2) quantification of brain lesions on T1- and T2-weighted scans 24 hours after USPIO administration compared with noncontrast T1- and T2-weighted scans; and 3) evaluation of postcontrast USPIO and GBCA scans for leptomeningeal disease.

All first-pass DSC-MRI data were processed using Lupe (Lund University Perfusion Evaluation, Sweden) perfusion image analysis software and the simple singular value decomposition-based calculation method as described by Ostergaard et al.,20 uncorrected for contrast leakage. Arterial input function was determined from the middle cerebral artery contralateral to the enhancing lesion. Color-coded relative cerebral blood volume (rCBV) maps were created on a voxel-wise basis. Normal white matter within the contralateral hemisphere was used as the internal reference standard; rCBV values were calculated by dividing the maximal rCBV in the enhancing lesion by that of contralateral normal-appearing white matter.

RESULTS The summary data (table 1) show the comparative results of MRI with USPIO and with GBCA. Two patients with renal insufficiency were given only USPIO-based contrast because of the known risk of nephrogenic systemic fibrosis (NSF) with GBCA.17 Nine of 18 patients (50%) who received both contrast agents showed equal numbers of enhancing lesions on T1-weighted postcontrast images when comparing GBCA- with USPIO-based MRI contrast. Two of 18 patients (11%) who received USPIO-based contrast showed additional enhancement not visible with GBCA. Three of 18 patients (17%) demonstrated areas of enhancement when given GBCA that were not apparent on USPIO-enhanced scans. Four of 18 patients (22%) showed no enhancement with either agent.

Postcontrast MRIs from 15 patients with CNS lymphoid malignancies, either posttransplant lymphoproliferative disorder (PTLD) or CNSL, were also reviewed for leptomeningeal disease. Two patients showed localized leptomeningeal enhancement on post-USPIO imaging around the primary tumor site, but only one of these showed comparable leptomeningeal enhancement with GBCA. We did not see diffuse leptomeningeal enhancement in any case.

Nine patients who received ferumoxytol were able to undergo perfusion MRI, and rCBV values were determined. Eight of those 9 patients had enhancing lesions amenable for rCBV calculation, whereas one posttherapy patient did not. The rCBV values in CNSL and PTLD were variable and ranged from 1.3 to 4.1, whereas demyelinating lesions demonstrated low rCBV values less than 1.0.
Several observations highlight the potential use of USPIO-based contrast studies. **Scenario 1: Improved targeting of surgical biopsy.**

**Case 1.** As an example of intense iron labeling using USPIO-based contrast compared with GBCA, we evaluated a 59-year-old woman who presented with progressive memory loss and confusion (table 1, patient 1). An initial MRI with GBCA showed multifocal, avidly enhancing, deep white matter lesions consistent with demyelinating disease or primary CNSL (figure 1B). Nondiagnostic cytologic studies prompted USPIO-based MRI. The T1-weighted images showed similar patterns of contrast enhancement between GBCA- and USPIO-enhanced images (figure 1, B and C). The T2-weighted images (figure 1, D and E) highlight key differences between USPIO-based contrast and GBCA. After USPIO administration, iron uptake by inflammatory cells appears profoundly hypointense in the centers of lesions (figure 1E) that are otherwise hyperintense on nonenhanced T2-weighted MRI (figure 1D). The patient underwent stereotactic needle biopsy of the right frontal T2-hypointense lesion seen on the post-ferumoxytol scan, which confirmed the suspected diagnosis of diffuse large B-cell lymphoma.

**Case 2.** A 30-year-old woman presenting with several weeks of fatigue and confusion was referred with a provisional diagnosis of CNSL (table 1, patient 2). Neurologic examination showed gait instability. MRI showed an area of T2 signal abnormality and enhancement in the right deep frontal white matter and basal ganglia extending into the hypothalamus on post-GBCA T1-weighted images (figure 2, A and B). After nondiagnostic lumbar puncture, a stereotactic needle biopsy was performed, targeting the enhancement on the post-GBCA T1-weighted scan. Histologic evaluation showed only gliosis. The patient subsequently underwent USPIO-enhanced MRI. Ferumoxytol-enhanced T1-weighted images showed a similar enhancement pattern compared with GBCA. However, the USPIO images revealed a hypointense focus on T2-weighted images that was not visible on the GBCA-enhanced scan (figure 2C). She underwent repeat stereotactic needle biopsy targeting the area of T2-weighted hypointense signal, which revealed demyelination with intact axons, suggesting a diagnosis of multiple sclerosis.

**Scenario 2: Avoidance of NSF.** NSF is an idiopathic and potentially fatal complication that may occur after administration of ferumoxytol contrast.

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<th>No. of study MRIs</th>
<th>Enhancing lesions + GBCA</th>
<th>Enhancing lesions + USPIO</th>
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Abbreviations: CNSL = CNS lymphoma; GBCA = gadolinium-based contrast agent; MS = multiple sclerosis; PCNSL = primary CNSL; PTLD = posttransplant lymphoproliferative disorder; Tx = treatment; USPIO = ultrasmall superparamagnetic iron oxide.

<sup>a</sup>Twenty patients with CNS inflammatory disease underwent imaging studies. There were no significant toxicities observed in any patient treated with USPIO. Numbers separated by commas represent the number of enhancing lesions followed on serial MRI scans. The last column shows relative cerebral blood volume values for patients who underwent perfusion imaging after administration of ferumoxytol contrast.

<sup>b</sup>Patient with a history of systemic lymphoma.
intense USPIO uptake (arrows). CNSL in white matter. (E) T2-weighted MRI 24 hours after ferumoxytol shows multiple areas of enhancement because of phagocytic cellular uptake (arrows) than the GBCA-enhanced scan. T1-weighted MRI 24 hours after administration of USPIO contrast shows more extensive lesion extent and incomplete enhancing rims are more typical of demyelinating disease. (C) (arrows) suggesting primary CNSL. Note, however, that the relatively minimal mass effect for immediately after administration of GBCA shows multifocal, enhancing, deep white matter lesions (figure 2D) showed a left occipital enhancing mass that was evaluated with USPIO-based perfusion imaging and planned for resection of the lesion. Before surgery, she was evaluated with USPIO-based perfusion imaging and this showed low blood volume (rCBV = 0.4; figure 2I). Because the GBCA-based imaging suggested that the enhancing mass was high-grade neoplasm but low blood volume was noted upon perfusion imaging, the decision was made to instead perform a needle biopsy. The biopsy revealed destruction of myelin with intact axons, and CSF studies showed oligoclonal bands with an increased immunoglobulin G synthesis rate. The neurology team then managed her tumefactive demyelination.

Case 3. A 30-year-old man with end-stage renal disease due to uncontrolled type 1 diabetes (serum creatinine = 3.0 mg/dL) presented with episodic headaches and altered mental status, but he was neurologically intact at presentation (table 1, patient 4). Noncontrast MRI revealed an expansile lesion in the pons. GBCA MRI was contraindicated because of the risk of NSF. He underwent imaging before and 24 hours after the administration of ferumoxytol (figure 3, A and B); USPIO contrast images showed intense USPIO uptake in the pons, which correlated with hyperintense T2-weighted signal abnormality on precontrast imaging (figure 3C). T2-weighted images after USPIO contrast showed hypointense foci (figure 3D). USPIO-based perfusion MRI demonstrated low blood volume (rCBV = 0.9) (figure 3E), which we interpreted to favor non-neoplastic pathology. Rather than proceed with a potentially morbid biopsy, follow-up MRI at 6 weeks and 6 months were obtained, and showed that the lesion had regressed. A presumptive diagnosis of acute demyelinating encephalomyelitis was made by neurologic consultants.

Scenario 3: Correlating cerebral blood volume and CNS inflammation. Case 4. A 23-year-old woman presented with a right homonymous hemianopsia and a rapidly expanding left occipital lesion on standard MRI with GBCA (table 1, patient 5; figure 2G). A craniotomy was planned for resection of the lesion. Before surgery, she was evaluated with USPIO-based perfusion imaging and this showed low blood volume (rCBV = 0.9) (figure 3E), which we interpreted to favor non-neoplastic pathology. Rather than proceed with a potentially morbid biopsy, follow-up MRI at 6 weeks and 6 months were obtained, and showed that the lesion had regressed. A presumptive diagnosis of acute demyelinating encephalomyelitis was made by neurologic consultants.

Scenario 4: Potential limitations in imaging after USPIO administration—CNSL and venous thromboembolism. Case 6. A 63-year-old woman underwent USPIO-based MRI as part of evaluation of brainstem PTLD (table 1, patient 6). T2-weighted images 24 hours after USPIO administration showed a markedly hypointense signal suggesting intense iron uptake by lymphoid cells (figure 4B) and the diagnosis was confirmed with biopsy. The patient tolerated PTLD treatment well and was neurologically stable. One month after treatment, she developed a deep vein thrombosis; MRI (without contrast) was performed before initiation of anticoagulation. T2-weighted MRI showed focal gadolinium administration in patients with renal insufficiency. The proposed mechanism for development of such fibrosis involves decreased renal clearance of GBCA resulting in deposition in the skin and other organs. The end result is multiorgan fibrosis causing skin contractures, intense pruritus, and potential cardiac and respiratory failure.27 The risk of NSF led the US Food and Drug Administration to recommend that no GBCA be given to any patient with an estimated glomerular filtration rate less than 30 mL/min/1.73 m², or to any renal transplant patient—a policy that is strictly adhered to by most practicing radiologists and adopted by the American College of Radiology.21 Therefore, USPIOs, which are already used as iron replacement in dialysis patients, are an attractive alternative to GBCAs in such patients.

Case 5. A 30-year-old man with end-stage renal disease due to uncontrolled type 1 diabetes (serum creatinine = 3.0 mg/dL) presented with episodic headaches and altered mental status, but he was neurologically intact at presentation (table 1, patient 4). Noncontrast MRI revealed an expansile lesion in the pons. GBCA MRI was contraindicated because of the risk of NSF. He underwent imaging before and 24 hours after the administration of ferumoxytol (figure 3, A and B); USPIO contrast images showed intense USPIO uptake in the pons, which correlated with hyperintense T2-weighted signal abnormality on precontrast imaging (figure 3C). T2-weighted images after USPIO contrast showed hypointense foci (figure 3D). USPIO-based perfusion MRI demonstrated low blood volume (rCBV = 0.9) (figure 3E), which we interpreted to favor non-neoplastic pathology. Rather than proceed with a potentially morbid biopsy, follow-up MRI at 6 weeks and 6 months were obtained, and showed that the lesion had regressed. A presumptive diagnosis of acute demyelinating encephalomyelitis was made by neurologic consultants.

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hypointensity (figure 4C) concerning for brainstem hemorrhage. This resulted in placement of an IV filter instead of anticoagulation therapy. However, it is important to recognize that acute brainstem hemorrhage was highly unlikely given the patient’s stable neurologic examination. The findings were thought to represent residual USPIO contrast, given relatively diminished similar pattern of signal abnormality to prior ferumoxytol-enhanced MRI with overall decreased mass effect. Noncontrast head CT performed within 24 hours confirmed no hyperdensity in the brainstem to suggest recent hemorrhage. Surveillance MRI scans (without contrast) at 3 months showed continued decrease in T2 signal hypointensity (figure 4D).

**DISCUSSION** USPIO-enhanced MRI offers a number of potential advantages over conventional GBCA-enhanced MRI in the diagnostic workup of CNSL and inflammatory intracranial neoplastic mimics. First, USPIO-enhanced MRI may offer different or additional areas of enhancement that may offer improved
surgical targeting opportunities. This may be particularly true for T2-weighted enhanced scans with USPIO, which may offer an alternative sampling site for biopsy to conventional postcontrast T1-weighted scans with GBCA. Second, ferumoxytol-based DSC PWI may offer discrimination of inflammatory diseases such as demyelination from neoplastic disorders. Third, USPIO can be safely used in patients with renal failure who cannot receive GBCA.

Based on our prior work, immediate post-USPIO MRI shows intravascular, not abnormal parenchymal enhancement.22–24 The second day of imaging at 24 hours is a relatively intracellular-weighted (and/or interstitial-weighted) rather than intravascular-weighted MRI given that ferumoxytol has an intravascular half-life of approximately 14 to 20 hours.25 This proved helpful in one patient in this series who underwent a second diagnostic biopsy in which a different surgical target was selected based on the T2-weighted USPIO-enhanced MRI.

Preclinical studies in animal models have shown via histologic analysis that hypointense foci on delayed (24 hours) T2-weighted MRI in the brain correspond with iron staining of phagocytic cells (such as macrophages), and efforts to confirm these findings in human biopsy specimens are ongoing.25,26 Abnormal parenchymal enhancement with GBCA, by contrast, is due to increased vascular permeability from blood-brain barrier breakdown.25 Future studies are needed to confirm the localization of ferumoxytol in human tissues. Determining whether localization is primarily within inflammatory phagocytic cells (intracellular) or interstitial (due to slower extravascular leakage compared with GBCA) remains an ongoing project.

DSC-based perfusion studies in this series were based only on ferumoxytol because it can be given via IV bolus injection without the risk of anaphylactoid reactions due to mast cell degranulation that were relatively common with earlier iron oxide nanoparticle preparations such as ferumoxtran-10. In the literature, DSC-based PWI of CNSL has shown variable results using GBCA, with values overlapping with respect to malignant glioma in published studies.14 Our results are consistent with reported findings in which demyelinating or inflammatory lesions show low rCBV27 whereas CNSL demonstrates modestly elevated rCBV values that do not permit reliable differentiation from high-grade glioma.12 Our experience with ferumoxytol-based DSC perfusion in malignant gliomas...
has shown higher reliability than GBCA-based DSC PWI. USPIO-based DSC perfusion requires neither expensive leakage correlation software algorithms nor pre-loading with additional doses of USPIO, as is necessary with GBCA.24 Our limited number of PWIs in CNSL cases in this series do not allow generalization, but will be a subject of future study.

Figure 4 T2-weighted MRIs of patient with PTLD showing prolonged duration of iron labeling

MRIs from case 6. (A) Pretreatment image without contrast shows increased T2 signal abnormality and mild mass effect in the pons and right cerebellum. (B) T2-weighted image 24 hours after initial ferumoxytol imaging shows intense iron uptake (arrow). Reprinted with permission from the American Journal of Roentgenology.19 (C) After 1 month, the patient underwent noncontrast MRI after diagnosis of deep vein thrombosis. T2 hypointense areas (arrow) were initially misinterpreted as asymptomatic brainstem hemorrhage but likely represented residual iron-labeled inflammatory cells because a noncontrast CT showed no hyperdensity in the brainstem (not shown). (D) Punctate T2 hypointense signal remained (arrow), but was diminished 3 months after ferumoxytol administration. PTLD = posttransplant lymphoproliferative disorder.

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DISCLOSURE

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