1	Laying date and polygyny as determinants of annual reproductive success in male collared
2	flycatchers (Ficedula albicollis): a long-term study

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19 Abstract

20 Annual reproductive success (ARS) is one of the main components of lifetime reproductive success, a reliable measure of individual fitness. Previous studies often dealt with ARS and 21 variables potentially affecting it, but the majority of them treated only one or two factors at 22 the same time and long-term studies are scarce. Here we used an 18-year dataset to quantify 23 ARS of male collared flycatchers (Ficedula albicollis) on the basis of recruited offspring. We 24 simultaneously assessed the effect of start of breeding, age, polygyny, body size and the 25 expression of forehead patch (a sexually selected trait). Males that bred around the yearly 26 median breeding date had the highest ARS, while both early and late birds were 27 disadvantaged. Polygynous males were more successful in years with good food supply, while 28 in years with low food availability they did not have more recruits than monogamous males. 29 The age of males, their forehead patch size and body size did not affect the number of 30 31 recruits. Our findings support the importance of breeding date, and suggest stabilizing selection on it in the long term. We also show that polygyny is not always advantageous for 32 males, and its fitness payoff may depend on environmental quality. 33

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36 Key-words

37 timing of reproduction, fecundity, life-history, mating status, year-quality

38 Introduction

Annual reproductive success (ARS) is one of the most important variables in the life-history of individuals, as, beside lifespan, it is the main determinant of lifetime reproductive success. It is difficult to select the most important among the factors presumably influencing the rate of annual offspring production, but the morphological characteristics of individuals, their age, timing of reproduction and mating status (polygynous or monogamous) may often play important roles.

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Age is a frequent subject of ecological studies (Clutton-Brock 1988; Newton 1989; Forslund 46 47 and Pärt 1995). Most studies suggest that reproductive performance increases with age early in life (Forslund and Pärt 1995; Pärt 2001). However, in some species the reproductive 48 performance of old and young individuals did not differ (Wendeln and Becker 1999) or young 49 50 individuals reached an even higher success (Lamprecht 1990; Descamps et al. 2006). The latter can mainly occur in species in which there is a significant variance in age of first 51 reproduction, and only individuals of high quality are able to reproduce at a younger age 52 (Descamps et al. 2006). 53

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55 In seasonal habitats, breeding conditions change during the reproductive season, so the appropriate timing of breeding can increase reproductive success. This is especially widely 56 known in birds. Several studies have focused on the seasonal decline of reproductive success 57 and interpreted this pattern as the outcome of decreasing food supply during the breeding 58 season or differences in quality between early and late breeders or their territories (reviewed 59 by Verhulst and Nilsson 2008). However, breeding too early may not be favourable either, as 60 in early spring the amount of available food is still quite low. In this case we expect that 61 breeding success will increase first and then decrease later in the breeding season, showing a 62

polynomial curve overall. Such non-linearity, however, has been investigated in only a few studies (e.g. Brinkhof et al. 1993). Moreover, studies dealing with the seasonal decline estimated reproductive success predominantly as fledging success, and reproductive success estimated by recruitment has been used mainly in resident species (Verhulst and Nilsson 2008). However, the seasonal pattern of recruitment can be different between resident and migratory birds, as migration strongly constrains arrival at the breeding site and the initiation of breeding (Both and Visser 2001).

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ARS can be affected by individual characteristics such as body size (Grant and Grant 2000) as well as sexually selected traits (Gustafsson et al. 1995; Hasselquist et al. 1996) that can reflect individual quality. Individuals with more elaborate sexual traits often perform better (Møller 1994; Hasselquist et al. 1996) and females may often choose more ornamented males to acquire benefits for themselves and for their offspring. Hence, males with more elaborated traits usually realize higher mating and reproductive success (Gustafsson et al. 1995; Kruuk et al. 2002).

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In facultatively polygynous species, males can also increase their reproductive output by 79 acquiring a second female. However, in birds, the advantage of polygynous males is not so 80 obvious when considering the recruitment rate of offspring to the breeding population 81 (Lubjuhn et al. 2000; Pribil 2000; Herényi et al. 2012). Males cannot feed two broods at the 82 same intensity as only one brood, which results in lower fledging condition at least in the 83 secondary brood of polygynous males. This reduces the chance of fledglings to return in 84 following years (Lindén et al. 1992; Both et al. 1999). It may occur that polygynous males 85 become more successful than monogamous males only in certain years. Environmental 86 conditions such as food availability can considerably influence the success of polygyny, since 87

in the case of rich food supply nestlings will suffer less from reduced paternal care. If
environmental conditions are strongly variable among years, then the reproductive success of
monogamous and polygynous males may be similar in the long-term, despite the situationspecific advantages of the polygynous strategy.

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Although individuals' reproductive success is one of the main subjects of life-history 93 94 research, long-term studies are scarce (Clutton-Brock and Sheldon 2010). In most cases, data of one or two years have been analysed (e.g. Siikamäki 1998; Daunt et al. 1999), but 95 conclusions based on such datasets are not entirely reliable, since environmental conditions 96 97 may strongly differ among years. One of the main disadvantages of short-term studies is that reproductive success can only be determined by clutch size or the number of fledged young. 98 However, the number of recruits gives a much more accurate estimate of individuals' 99 100 reproductive success as it also considers the period between reaching independence and the first reproduction. 101

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103 In this long-term study we simultaneously investigated the effect of age, breeding date and mating status, as well as body size and the size of the sexually selected forehead patch on the 104 ARS of male collared flycatchers (Ficedula albicollis). We estimated ARS as the number of 105 recruits. The independent variables we used are rarely investigated simultaneously, and our 106 aim was to assess their relative contributions to variation of reproductive success. In addition, 107 as a previous study showed that environmental conditions are highly variable in our study 108 area (Török et al. 2004), we also studied the effect of year-quality as determined by food 109 availability. 110

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113 Materials and methods

114 Study species and field methods

The collared flycatcher is a small, long-distance migratory, hole-nesting, insectivorous 115 passerine breeding in deciduous woodlands of Central Europe and wintering in sub-Saharan 116 Africa. This species is ideal for long-term studies of reproductive success as it prefers 117 nestboxes, can be captured easily, and has high breeding site fidelity (Pärt and Gustafsson 118 119 1989; Könczey et al. 1992; Hegyi et al. 2002) and considerable local recruitment rates (Pärt 1990; Török et al. 2004). Our data were collected between 1988 and 2005 in Pilis Mountains, 120 Hungary (47°43' N, 19°01' E), in an oak-dominated forest, where more than 750 nestboxes 121 122 were placed. Collared flycatcher males arrive at our nestbox plots in early or mid April and females a few days later. Nestboxes were checked multiple times a week during the whole 123 nesting period, so breeding attempts were followed from nest building to fledging. Most 124 125 parents were captured and ringed when feeding young. Capture effort was high throughout. The size of males' white forehead patch was estimated as a product of maximum height and 126 maximum width. Forehead patch dimensions and tarsus length (to estimate body size) were 127 measured with a calliper to the nearest 0.1 mm. Systematic differences among measurers were 128 corrected for based on mean tarsus and forehead patch values taken in the same seasons. The 129 130 age of males was determined based on ringing data or by plumage colour (Török et al. 2003). Start of breeding was defined as the day when the first egg of a clutch was laid. Nestlings 131 were ringed after the age of eight days. The collared flycatcher is predominantly 132 monogamous, but a fraction of males successfully attract two females and become 133 polygynous. During the study period, we observed 117 polygynous individuals out of 2055 134 breeding males (5.7 %). 135

Year-quality was determined by the availability of lepidopteran larvae, an important component of the nestling diet of collared flycatchers (Török 1986), estimated on the basis of caterpillar frass mass (Zandt et al. 1990). Caterpillar frass was collected in fifteen 0.25 m² trays, which were emptied at three to six day intervals. Rains and other accidents resulted in a varying number of samples per collection period. Year-quality was determined using the amount of caterpillar frass production at the study plot in the 15 days with the highest frass mass in each year divided by the number of collectors.

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145 Statistical analyses

146 For analysing ARS an 18-year dataset was used. Individuals that were subject to experiments that could have influenced their breeding success were excluded. Breeding attempts in which 147 data of males were not complete were also excluded from the analyses. After these omissions 148 149 our dataset contained data of 1061 breeding attempts of 796 male flycatchers. Of those 1061 breeding attempts males simultaneously fathered two broods in 41 cases. If there was more 150 than one measurement from an individual in a given year, one of them was selected randomly. 151 There was a significant relationship between age and forehead patch size, so to avoid 152 multicollinearity, age-standardized forehead patch size was used in the analyses. Age was 153 used as a four-level categorical factor with category 4 comprising all males older than three 154 years. 155

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The ARS of males was characterized by the number of recruits (offspring that became members of the reproductive population). As a significant proportion of recruits return only at the age of two or three, males that bred after the year 2002 were excluded from the analyses, as their recruits may have returned after 2005, the end of the study period. A male was considered polygynous if it was caught in two nestboxes while feeding nestlings. It was possible that in some cases polygyny could not be detected, so the observed rate of polygyny is an underestimate. Given the high capture effort, polygynous males caught at only one nest probably allocated nearly all of their care to this nest (included here as a monogamous nest) while neglecting the other nest (not used here due to the lack of the male). A secondary brood without the male caring for the offspring presumably produces little reproductive output, so the misclassification of these birds as monogamous is likely to bias estimated polygynous ARS upwards.

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Laying date was entered in the models as a deviation from the annual median within each agecategory, thereby controlling for age differences and environmental variation between years. As this year- and age-standardized laying date was not normally distributed, $\log (x + \min(x) +$ 1) transformation was performed on laying date data, where $\min(x)$ is the smallest relative value in the whole dataset. For including both linear and squared terms of laying date in the models, this variable was centred (by subtracting the sample mean from all values) before fitting the models as suggested recently (Schielzeth 2010).

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For analysing data generalized linear mixed models with restricted maximum likelihood 178 179 parameter estimation and Poisson error were used as implemented in the GLIMMIX macro of SAS 9.1 (SAS Institute, Cary, NC). Patterns of ARS were analysed using the number of 180 recruits a male produced in the given year as a dependent variable, age and mating status as 181 factors, year-quality, tarsus length, forehead patch size, laying date and squared laying date as 182 covariates and year and male identity as random factors. All two-way interactions with year 183 type were also calculated. Patterns of ARS were also estimated separately in good years and 184 in bad years (when caterpillar frass mass was above or below the average, respectively). 185 Using clutch size correction did not change the results. In all models, a backward stepwise 186

model selection procedure was used and results reported here for nonsignificant terms reflect
their reintroduction to the final model one by one.

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191 **Results**

Male collared flycatchers produced at least one recruit in one third of yearly breeding 192 attempts (33.8 %). The maximum number of recruits of a male produced in a year was five. 193 Correlates of ARS are presented on Table 1. The ARS of males was significantly related to 194 breeding date. Both linear and squared terms had a negative effect on the number of recruits, 195 with nests close to the median laying date being the most successful (Fig. 1). The age of 196 males was not associated with their reproductive success. Morphological variables did not 197 seem to influence ARS, as there was no relationship between the number of recruits and 198 199 tarsus length or the size of the forehead patch. With respect to the mating status of birds, a significant interaction was detected between year-quality and polygyny. Other interactions 200 were non-significant. 201

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As year-quality-interactions were found with mating status, data were also analysed for good 203 and bad years separately. The number of recruits was influenced by mating status in years 204 with high food supply, with polygynous males having more recruits than monogamous males 205 (Table 2, Fig. 2). In years with low food availability, however, there was no significant effect 206 of polygyny on ARS (Table 2, Fig. 2). It seems that the success of polygynous males was 207 reduced in bad years (Fig. 2, but the difference is not significant), whereas that of 208 monogamous males practically did not change (Mann–Whitney U-test for polygynous males: 209 adjusted Z = -1.665, p = 0.096, $n_{good} = 25$, $n_{bad} = 16$; for monogamous males: adjusted Z = 210 0.113, p = 0.910, n_{good} = 605, n_{bad} = 415). 211

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214 **Discussion**

The reproductive success of early breeders is often higher than that of late breeders. This is a 215 generally accepted pattern that has been found in numerous studies. Reasons for this include 216 seasonally decreasing food supply (Perrins 1970; Siikamäki 1998), decreasing territory 217 218 quality (Potti and Montalvo 1991a), better chance to breed twice when starting early in the season (Saino et al. 2004), seasonally increasing probability of being cuckolded (Johnson et 219 al. 2002), increasing density of already fledged young (Tinbergen et al. 1985), decreasing 220 221 time for fledglings before migration (Dawson and Clark 2000) or increasing moult-breeding overlap (Svensson and Nilsson 1997; Siikamäki 1998). Finally, predation pressure may also 222 increase with breeding date (Götmark 2002; but see Hartley and Shepherd 1994; Burger et al. 223 224 1996). The disadvantages of breeding too early have received much less attention than those of breeding too late, though harsh weather early in the season may be costly for breeding 225 birds and may limit food availability for egg production (Perrins 1970; Nilsson 1994; Brown 226 and Brown 2000). 227

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229 Our data suggest that birds starting late in the breeding season produced no or very few recruits, but the reproductive success of individuals breeding too early was also low, and birds 230 that generally bred near the yearly median had the highest number of recruited offspring. A 231 polynomial seasonal trend in reproductive success has been revealed in only a few studies 232 (Brinkhof et al. 1993; Lepage et al. 2000). Such a pattern can evolve for various reasons. 233 First, we can suppose that there is an optimal time window when starting breeding is 234 profitable. The majority of birds lay at this period, but there are always individuals that breed 235 earlier or later. The reason for this can be that they cannot estimate the optimal initiation time 236

well, arrive too late from the wintering ground, or cannot mate in time e.g. because they are 237 inferior males. Second, if the environmental conditions vary between years (as in our 238 population, see Török et al. 2004) this may result alternating selection on laying date, that is, 239 in one year it is advantageous to breed early, while in another year, breeding late is more 240 rewarding (Brown and Brown 2000). Flycatchers have little opportunity to optimize the 241 timing of breeding, as migration and the date of arrival are also very important constraints for 242 them (Both and Visser 2001). Finally, a polynomial trend can evolve if individuals breed in 243 synchrony with conspecifics. The advantages of synchronous breeding can be improved 244 defence, dilution of predation pressure (Hatchwell 1991), or more opportunity for proper mate 245 246 choice as the more birds breed together, the larger is the subset of potential mates they can sample. However, in our case, synchronous breeding may be an unlikely reason, as an earlier 247 study suggested that higher density in the breeding area negatively influenced the hatching 248 249 and fledging success of collared flycatchers (Török and Tóth 1988).

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Age of male collared flycatchers did not explain their number of recruits. This finding is in 251 contrast to the usually revealed relationship that reproductive success increases with age 252 (Forslund and Pärt 1995; Catry and Furness 1999; Daunt et al. 1999; Pärt 2001). In many 253 cases the major difference in age-specific reproductive success occurs between the youngest 254 and the older breeders (Daunt et al. 1999; Pärt 2001). However, some studies found similarly 255 no association between male age and reproductive success (Wendeln and Becker 1999; 256 Robertson and Rendell 2001). It is possible that despite all individuals trying to start breeding 257 at younger ages, only high-quality individuals succeed in doing so (Harvey et al. 1985; Pärt 258 1995). Indeed, in certain species, including flycatchers, some yearling individuals skip 259 breeding, while others rear offspring at this age (Potti and Montalvo 1991b; Robertson and 260 Rendell 2001; Cooper et al. 2009), and this could also be true for our collared flycatcher 261

population as a significant proportion of males (60.9 %) breed first when they are two years
old. The higher quality of yearling breeders could counterbalance the higher breeding
experience of older breeders, and yearlings could reach similar (or even higher) reproductive
success than older individuals.

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The lack of age effect on ARS could also be explained if females compensate the inexperience of their mates when mate with a yearling male. This can appear as laying fewer eggs (Pyle et al. 1991; our unpublished data), which results in fewer fledglings but in better condition (Gustafsson and Sutherland 1988). Another possibility if they allocate higher amounts of some beneficial compounds (e.g. testosterone) to the eggs (Schwabl 1996; Eising et al. 2001), which has indeed been found in our population (Michl et al. 2005).

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274 The size of the white forehead patch of male collared flycatchers did not influence the number of recruits. This is surprising considering that forehead patch size is a sexually selected trait in 275 our population: males with a larger patch acquire a female earlier, even relative to their own 276 arrival date (Hegyi et al. 2010). On the other hand, our results are in agreement with those of 277 earlier studies performed in this population, suggesting that this trait is a poor indicator of 278 genetic or phenotypic quality in our birds (Garamszegi et al. 2006; Hegyi et al. 2002, 2006, 279 2007; Hargitai et al. 2012; but see Hegyi et al. 2011, Markó et al. 2011). Furthermore, in a 280 recent long-term study we showed that forehead patch size did not predict lifetime offspring 281 recruitment (Herényi et al. 2012). We can assume that the advantages of large forehead patch 282 may appear in other processes of sexual selection, such as extra-pair paternity. However, 283 previous studies investigating the relationship between forehead patch size and extra-pair 284 paternity found contradictory results (Michl et al. 2002; Rosivall et al. 2009). Therefore, the 285 exact advantages of wearing a large forehead patch have not been entirely clarified yet, and 286

long-term data on within- and extra-brood paternity would be helpful to further illuminate therole of this trait.

289

In species with infrequent polygyny, polygynous males may gain considerable advantages 290 over monogamous males, as shown by many studies (Davies and Houston 1986; Soukup and 291 Thompson 1998). The disadvantages of polygyny, however, have been mainly investigated 292 from the females' viewpoint (Slagsvold and Lifjeld 1994; Huk and Winkel 2006), though the 293 difference between the reproductive success of polygynous and monogamous males may not 294 be very large in cases when reduced male help impairs the success of secondary or both 295 296 females (Slagsvold and Lifjeld 1994; Garamszegi et al. 2004). Here we found that there was no difference between monogamous and polygynous collared flycatcher males in the number 297 of recruits, but the interaction between year-quality and mating status was significant. 298 299 Polygyny was advantageous in years with high food supply, while in years with low food availability the advantage of polygynous males diminished and their success became similar 300 301 to that of monogamous males. This is in agreement with our previous result that polygyny did not affect the lifetime reproductive success of male collared flycatchers (Herényi et al. 2012). 302 These findings raise the fundamental question of whether it is adaptive for males to build 303 304 polygynous partnerships. Based on the strength of the observed pattern we can suppose that polygynous males produce more recruits only in years with high food availability, but males 305 may try to become polygynous every year, because they cannot predict food abundance early 306 in the breeding season (Lubjuhn et al. 2000). This explanation may easily apply to our 307 population, where the unpredictable fluctuations of food availability prevent even the 308 individual optimization of clutch size (Török et al. 2004). Certainly, polygynous males may 309 have gained some advantage that we could not measure, and which may even be independent 310 of year-quality, such as achieving extra-pair copulations (see next paragraph below). Fitness 311

benefits to polygynous males may also appear in the attractiveness of their offspring (Gwinner and Schwabl 2005; Huk and Winkel 2006), which will increase the number of grandoffspring. Although in this study we did not assess this variable, data from a Swedish population of collared flycatchers suggest no reproductive advantage for the offspring of polygynous males (Gustafsson and Qvarnström 2006).

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318 Extra-pair paternity plays an important role in influencing the reproductive success of males in many bird species. Unfortunately, we could not assess this component of reproduction 319 because we did not have blood samples from individuals for most years of the study period. 320 321 Given that paternity in the own nest is apparently not related to male ornaments, body size or breeding time in our population (Rosivall et al. 2009; but see Michl et al. 2002) a directional 322 effect of extra-pair paternity on our results is unlikely in this respect. This may be true for 323 324 male age as well (see Krist et al. 2005). However, the relationship between paternity and polygyny could be negative (Pilastro et al. 2002), very weak (Pearson et al. 2006) or positive 325 (Soukup and Thompson 1998) and data on flycatchers are scarce. Therefore, our data on 326 polygyny must be treated with caution. Studies conducted in different populations of the 327 sibling species pied flycatcher (Ficedula hypoleuca) consistently showed that polygynous 328 329 males had extra-pair young in their broods more frequently than monogamous males (Brün et al. 1996; Lubjuhn et al. 2000; Drevon and Slagsvold 2005). These findings suggest that 330 considering extra-pair paternity would even further reduce the advantage of polygynous over 331 monogamous males. So, in an extreme case it would remove the benefit of polygyny even in 332 years with high food availability. 333

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In conclusion, breeding date showed a polynomial relationship with offspring recruitment, which emphasizes that the disadvantages of early breeding should also be considered when

studying the effect of timing. The age of collared flycatcher males did not influence their 337 ARS. Nor did the morphological characteristics of males (body size and forehead patch size), 338 which is in line with our earlier findings concerning lifetime reproductive success (Herényi et 339 al. 2012). In years with low food availability, there was no relationship between polygyny and 340 reproductive success, however, in years when food availability was high, polygynous males 341 produced more recruits than monogamous ones. These results show that several years should 342 be take into account when investigating the effect of mating status on reproductive success, 343 and one should consider food supply. 344

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357 Ethical standards

All capture and handling procedure complied with the current laws of Hungary, and wereapproved by the appropriate authority.

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362	Conflict	of in	terest

363 The authors declare that they have no conflict of interest.

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620	Fig.	1
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621 The number of recruits in relation to laying date (mean \pm SE)

622

- 623 **Fig. 2**
- ARS in relation to mating status in years with high (good years) and with low food supply
- (bad years) respectively (mean \pm SE). Monogamous males: solid circles; polygynous males:
- 626 open circles. Sample sizes are given

628 Table 1

629 Correlates of annual reproductive success of male collared flycatchers as estimated by the 630 number of recruits.

Generalized linear mixed models with restricted maximum likelihood parameter estimation, Poisson error and backward stepwise model selection (results for nonsignificant terms reflect their reintroduction to the final model one by one). n = 1061 (monogamous 1020, polygynous 41)

635

	df	F	р
Laying date	1, 211	42.95	< 0.001
Squared laying date	1, 211	13.40	< 0.001
Year-quality (YQ)	1, 211	3.40	0.067
Age	3, 208	0.83	0.481
Mating status	1, 211	2.87	0.092
Forehead patch size	1, 210	0.72	0.397
Tarsus length	1, 210	0.12	0.732
YQ x mating status	1, 211	8.07	0.005
YQ x age	3, 205	1.80	0.148
YQ x forehead patch size	1, 209	0.44	0.507
YQ x tarsus length	1, 209	0.40	0.529
YQ x laying date	1, 210	1.13	0.289
YQ x squared laying date	1, 210	0.07	0.792

637 Table 2

Variables relating to annual reproductive success of male collared flycatchers in years with
high and with low caterpillar food availability (good and bad years, respectively).

640 Generalized linear mixed models with restricted maximum likelihood parameter estimation,

641 Poisson error and backward stepwise model selection (results for nonsignificant terms reflect

their reintroduction to the final model one by one). n = 431 (monogamous 415, polygynous

643 16) for good years and n = 630 (monogamous 605, polygynous 25) for bad years

644

	Good years			Bad years		
-	df	F	р	df	F	р
Mating status	1, 58	6.86	0.011	1, 58	2.48	0.121
Laying date	1, 58	35.25	< 0.001	1, 59	16.21	< 0.001
Squared laying date	1, 56	2.72	0.105	1, 59	9.76	0.003