

1 **EQUINE MULTINODULAR PULMONARY FIBROSIS (EMPF) IN 5 HORSES**

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Abstract

21 Equine multinodular pulmonary fibrosis (EMPF), a progressive fibrosing interstitial lung
22 disease has been associated with γ -herpesviruses. This case series describes five horses
23 with EMPF. Three horses were diagnosed with EMPF *ante mortem* with the typical
24 clinical presentation including dyspnoea and weight loss. All died or had to be euthanised
25 despite treatment with corticosteroids. Two horses were diagnosed with EMPF *post*
26 *mortem*. They not only had EMPF but also concurrent other diseases. EHV-5 DNA was
27 identified in all horses by PCR.

28

29 **Keywords:** Horse, EMPF, γ -herpesvirus, immunosuppression

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Introduction

32 Since 2007, when the pathology of equine multinodular pulmonary fibrosis (EMPF) was
33 first described by Williams et al. (2007) multiple cases have been reported (Hart et al.,
34 2008, Wong et al., 2008, Poth et al., 2009, Niedermayer et al., 2010, Verryken et al.,
35 2010, Lehmbecker et al., 2011, Marenzoni et al., 2011, Schwarz et al., in press, Soare et
36 al., 2011). All of these cases have been associated with the equine γ -herpesvirus EHV-5
37 and in some cases additionally EHV-2 was present (Williams et al., 2007). Wong et al.
38 (2009) have been the first to describe the typical history and predominant clinical signs of
39 horses with EMPF. All of the reported cases had a history of either lethargy, weight loss,
40 fever, cough, tachypnoea, respiratory distress or a combination of these symptoms

41 (Kubiski et al., 2008, Wong et al., 2008, Niedermayer et al., 2010, Verryken et al., 2010,
42 Marenzoni et al., 2011, Soare et al., 2011, Schwarz et al., in press). The main clinical
43 signs are tachycardia, tachypnoea, increased respiratory effort, lethargy, fever and nasal
44 discharge (Kubiski et al., 2008, Wong et al., 2008, Niedermayer et al., 2010, Verryken et
45 al., 2010). However, Niedermayer et al. (2010) reported two cases, in which additionally
46 ulcerative keratopathy and oral ulcers, potentially γ -herpesvirus related symptoms were
47 observed. Furthermore, cases, where EHV-5 seems to induce bone marrow pathology are
48 described. Hart et al. (2008) report a case with pancytopenia and two cases have been
49 described linking EMPF with leukaemia/lymphoma via EHV-5 (Schwarz et al., in press,
50 Van der Werf et al., 2011). An induction of lymphoproliferative disease by EHV-5 in
51 horses might occur similar to what is reported for Epstein-Barr Virus (EBV) in humans
52 (Kawa, 2000). Main laboratory changes described with EMPF are hypoxaemia,
53 leukocytosis due to mature neutrophilia, lymphopenia, anaemia and
54 hyperfibrinogenaemia (Wong et al., 2008). Some horses also showed hypoalbuminaemia
55 (Wong et al., 2008, Niedermayer et al., 2010). Typical lesions on thoracic radiographs
56 and ultrasound compass a nodular interstitial pattern and a general roughening of the
57 pleura with nodular lesions, respectively (Hart et al., 2008, Kubiski et al., 2008, Wong et
58 al., 2008, Niedermayer et al., 2010, Verryken et al., 2010, Marenzoni et al., 2011, Soare
59 et al., 2011). Ante mortem diagnosis is based on these results in combination with a
60 positive EHV-5 PCR (from BALF) and exclusion of other pathological agents (Wong et
61 al., 2008, Verryken et al., 2010) and can be proven by molecular and histopathological
62 investigations of lung biopsies (Wong et al., 2008, Niedermayer et al., 2010).
63 Macroscopically the discrete nodular form can be differentiated from the diffuse nodular

64 form, which is reported to be the most common (Williams et al., 2007, Poth et al., 2009).
65 In the diffuse nodular form the tan-white and firm nodules are small (< 5cm), but
66 numerous and coalescing with discrete borders to generally rare unaffected lung tissue
67 (Williams et al., 2007). The discrete nodular form is dominated by several similarly large
68 nodules (up to 10 cm), embedded in grossly not affected lung parenchyma (Williams et
69 al., 2007, Poth et al., 2009). In some horses enlargement of lung lymph nodes was found
70 additionally (Williams et al., 2007, Poth et al., 2009), however generally pathological
71 lesions are restricted to the lung (Williams et al., 2007).

72 Histologically the disease is characterised by different stages of interstitial fibrosis and
73 inflammation (Williams et al., 2007, Poth et al., 2009). Mature collagen deposition can be
74 found in the interstitium (Williams et al., 2007, Poth et al., 2009). Alveoli are destroyed
75 and replaced by alveolar-like structures lined by cuboidal cells (honeycombing)
76 (Williams et al., 2007, Poth et al., 2009), which contain numerous inflammatory cells,
77 predominantly neutrophils and macrophages (Williams et al., 2007). In some of these
78 macrophages eosinophilic intranuclear inclusion bodies (Cowdry Type A) can be found
79 (Williams et al., 2007, Poth et al., 2009). Furthermore, hypertrophy of type II
80 pneumocytes is apparent (Williams et al., 2007, Poth et al., 2009). Rarely there is a
81 deposition of immature collagen only causing destruction of the alveolar architecture,
82 without the typical “honeycomb-formation” (Williams et al., 2007, Poth et al., 2009).
83 Inflammatory components in the interstitium consist of lymphocytes, plasma cells, and
84 neutrophils (Williams et al., 2007, Poth et al., 2009) but also multinucleated giant cells
85 can be seen (Poth et al., 2009, Marenzoni et al., 2011). PCR for EHV-5 revealed positive
86 results in 100 % of reported cases (Williams et al., 2007, Wong et al., 2008, Hart et al.,

87 2008, Poth et al., 2009, Verryken et al., 2010, Marenzoni et al., 2011, Soare et al., 2011,
88 Schwarz et al., in press). Williams et al. (2007) observed 33.3 % of horses additionally to
89 be positive for EHV-2 by PCR.

90 This case series describes three cases with the typical clinical presentation of EMPF
91 described in the literature: dyspnoea and weight loss (Wong et al., 2008, Niedermayer et
92 al., 2010, Verryken et al., 2010). All three were treated with corticosteroids but did not
93 survive. Furthermore two cases were diagnosed with EMPF *post mortem* after they were
94 euthanized/died due to an other than respiratory disease.

95

Case reports

96 Between November 2008 and August 2011 the three Equine Hospitals of the University
97 of Veterinary Medicine Vienna (Austria), the University of Veterinary and
98 Pharmaceutical Sciences, Brno (Czech Republic) and the Szent István University
99 (Hungary) diagnosed seven cases with EMPF, five of which are presented in this case
100 series.

101

102 EMPF cases with typical clinical presentation

103

104 Case 1

105 **History:** An 8-year old Holsteiner mare which was used for show jumping started to
106 show dyspnoea and nasal discharge and was treated with clenbuterol (Ventipulmin)¹
107 (0.008 µg/kg bwt *per os*, q. 12 h) and mucolytic medication with bromhexidine
108 (Bisolvon)¹ (0.025 mg/kg bwt *per os*, q. 12 h) for suspected bronchitis. The horse seemed
109 to improve but started to be mildly pyrexic (38.5°C) after 2 weeks. Oxytetracyclin
110 (Engemycine)² (10 mg/kg bwt i.v. q. 24 h) and gentamicin (Vetrigent 5)³ (6.6 mg/kg bwt
111 i.v. q. 24 h) were added to the treatment regime. But over the next 3 weeks further
112 symptoms, such as anorexia, weight loss, tachypnoe and dyspnoea were noted and the
113 horse was referred.

114 **Clinical examination:** At admission the horse was in a poor body condition with normal
115 temperature (37.8°C), a heart rate of 40 beats/min and tachypnoea with 32 breaths/min

116 (see Fig. 1). Furthermore the horse showed a mild expiratory dyspnoea and was mildly
117 dehydrated with pale mucous membranes and a CRT of 3 sec. Slight mucous, bilateral
118 nasal discharge was observed. Thoracic auscultation revealed increased lung sounds and
119 on the right side wheezes could be heard ventrally.

120 **Further examinations:** Arterial blood gas analysis revealed hypoxaemia (pO_2 75
121 mmHg, rr 95-105 mmHg). Haematology and blood biochemistry showed a leucocytosis
122 ($23.1 \times 10^9/l$, rr $5.0-10.0 \times 10^9/l$) with mature neutrophilia ($21.8 \times 10^9/l$, rr $3.0-7.0 \times 10^9/l$)
123 and lymphopenia ($0.73 \times 10^9/l$, rr $1.0-4.5 \times 10^9/l$) and hyperfibrinogenaemia (3.74 g/l, rr
124 1.50-2.20 g/l). Endoscopy revealed moderate amounts of brownish mucus in the trachea,
125 mildly injected mucous membranes and a mildly thickened septum. Tracheal wash
126 cytology showed neutrophilic inflammation (85% neutrophils) and bacterial culture
127 revealed *Actinobacillus equuli*. Therefore, a diagnosis of bacterial bronchitis was made
128 and the horse treated with penicillin-streptomycin (Tardomyocel Comp. III.)⁴ (22,000
129 IU/kg bwt bwt q. 48 h) and enrofloxacin (Baytril 10%)⁴ (5 mg/kg bwt i.v. q. 24 h) for 13
130 days. Additionally, the horse received sucralphate (Alusulin tabl.)⁵ (1 g/kg bwt *per os* q. 6
131 h), Vitamin C (Acidum ascorbicum)⁶ (10 g *per os* q. 24 h) and different NSAIDs
132 (flunixin-meglumine, phenylbutazone, ibuprofen) as needed. As no improvement was
133 noticed treatment was changed to trimethoprim-sulfadiazine (Equibactin vet.)⁷ (30 mg/kg
134 bwt *per os* q. 12 h) and metronidazole (Supplin)⁸ (20 mg/kg bwt *per os* q. 12 h) for ten
135 days.

136 **Clinical outcome:** After 23 days of treatment the horse remained hypoxaemic (pO_2 77
137 mmHg, rr 95-105 mmHg). Leucocytosis ($12.4 \times 10^9/l$, rr $5.0-10.0 \times 10^9/l$) had improved
138 but the horse still showed a mature neutrophilia ($11.1 \times 10^9/l$, rr $3.0-7.0 \times 10^9/l$). Bacterial

139 and fungal culture of a repeat tracheal wash was negative as was a PCR for *Mycoplasma*
140 *spp.* Bronchoalveolar lavage was performed and showed 62% neutrophils. Erythrocytes
141 and haemosiderophages indicated both, fresh and old bleeding. Furthermore, reactive
142 macrophages were noted. Radiographs of the thorax showed a mixed bronchointerstitial
143 pattern with 5-6 nodular densities with a diameter of up to 1.5 cm (see Fig. 2).
144 Ultrasonography of the thorax showed a generalised pleural roughening with multiple
145 comet tails and one subpleural hypoechogenic nodule with a diameter of 3.5 cm. An
146 ultrasound-assisted Tru-cut lung biopsy was taken and confirmed the diagnosis of EMPF.
147 Furthermore, EHV-5 PCR of BALF and lung biopsy was positive. The treatment regime
148 was changed to acyclovir (Telviran)⁹ (20 mg/kg bwt *per os* q. 8 h) and pentoxifylline
149 (Pentoxyl-EP)¹⁰ (8 mg/kg bwt *per os* q. 8 h) for 14 days. For the first four days the horse
150 also received dexamethasone (CP-Dexamethason)¹¹ (0.1 mg/kg bwt i.v. q. 24 h). After
151 one week of antiviral therapy euthanasia was advised due to total anorexia and severe
152 dyspnoea. The horse was fed via nasogastric tube and received oxygen supplementation
153 intranasally, but over the next seven days the horse's condition worsened until it died.

154

155 **Case 2**

156 **History:** A 6 year old Oldenburg stallion, used for show jumping started to show the first
157 symptoms directly after a competition and 4 weeks before admission. The horse was
158 anorexic and rapidly lost weight (approx. 100-150 kg). The last 2 weeks before admission
159 he also had intermittent cough.

160 **Clinical examination:** On presentation the stallion was in a poor body condition (410
161 kg) and was depressed. The heart rate was 44 beats/min, respiratory rate was 24
162 breaths/min and rectal temperature 38.7°C. The horse showed bilateral serous nasal
163 discharge, cough and a mild mixed dyspnoea. Thoracic auscultation revealed moderately
164 increased lung sounds, but no wheezes or crackles.

165 **Further examinations:** Arterial blood gas analysis showed a mild hypoxaemia with a
166 pO₂ of 94 mmHg (rr 95-105 mmHg). Haematology revealed a leucocytosis (16.6 x 10⁹/l,
167 rr 5.0-10.0 x 10⁹/l) with mature neutrophilia (12.6 x 10⁹/l, rr 3.0-7.0 x 10⁹/l). Blood
168 biochemistry showed a hypoalbuminaemia (23 g/l, rr 25-40 g/l) and
169 hyperfibrinogenaemia (5.49 g/l, rr: 0.5 – 4 g/l). Endoscopy of upper and lower airways
170 showed moderate amounts of mucus in the trachea, injected mucus membranes and a
171 mildly thickened tracheal septum. Tracheal wash cytology showed a neutrophilic
172 inflammation. Bacterial and fungal culture was negative. Cytological evaluation of BALF
173 revealed 24% mainly non-degenerate neutrophils, 74% mononuclear cells, some mast
174 cells (2%) and very few eosinophils. Erythrophagocytosis and haemosiderophages
175 indicated pulmonary haemorrhage. EHV5 PCR was positive, mycoplasma PCR negative.
176 Thoracic radiographs showed a nodular interstitial pattern. Ultrasonography of the thorax
177 revealed a generalised roughening of the pleura with multiple comet tail artefacts and
178 multiple small nodular hypoechoic subpleural lesions.

179 **Clinical outcome:** During hospitalisation the horse had no appetite and had to be fed via
180 nasogastric tube. For seven days the horse was treated with flunixin-meglumine
181 (Flunixin)¹² (1,1mg/kg bwt i.v. q. 24 h), acetylcystein (ACC200 granulatium)⁸ (10 mg/kg
182 bwt *per os* q. 12 h) and trimethoprim-sulfadiazine (Equibactin vet.)⁷ (30mg/kg bwt *per os*

183 q. 12 h). Clinically no significant changes were noted and the horse remained
184 intermittently pyrexia up to 38.9°C. Additional thorax radiographs two days after
185 admission and another 10 days later showed a change of the initially nodular interstitial
186 pattern to a rather diffuse interstitial pattern. Haematology at that point still showed a
187 mild leucocytosis ($14.6 \times 10^9/l$, rr $5.0-10.0 \times 10^9/l$) with mature neutrophils ($11.0 \times 10^9/l$,
188 rr $3.0-7.0 \times 10^9/l$). Fibrinogen had returned to normal, but the horse remained
189 hypoalbuminaemic (22 g/l, rr 25-40 g/l). When the results of bacteriological culture from
190 the tracheal wash fluid and the positive EHV-5 PCR result from the BALF were received
191 a suspected diagnosis of EMPF was made and the horse treated with acyclovir (Telviran)⁹
192 (20 mg/kg bwt *per os* q. 8 h) and dexamethasone (CP-dexamethason)¹¹ (0.05mg/kg bwt
193 i.v. q. 24 h). But 2 days after the start of acyclovir therapy the horse was euthanized on
194 the owner`s request.

195

196 **Case 3**

197 **History:** A 16-year old Furioso mare from Slovakia used for pleasure riding had shown
198 intermittent chronic cough and dyspnoea with an increased abdominal effort for at least
199 four years, which was suspected to be an RAO. Two weeks before admission the horse
200 acutely showed severe dyspnoea with tachycardia (60/min) and tachypnoea (60/min) and
201 fever (39.8°C) and was treated with dexamethasone (Colvasone)¹² (0.1 mg/kg bwt i.v.
202 once) and potentiated sulphonamides (Trimazine)¹³ (25 mg/kg bwt *per os* q. 12 h) for
203 seven days. The horse`s condition only temporarily improved and it was therefore
204 referred.

205 **Clinical examination:** At admission the horse was in a poor body condition (463 kg).
206 Temperature was 37.5°C, heart rate and respiratory rate were 60 beats/min and 66
207 breaths/min, respectively. The horse was in severe respiratory distress with nasal
208 discharge. Markedly increased lung sounds with crackles and wheezes were auscultated
209 on both sides of the thorax.

210 **Further examinations:** Oxygen saturation on the standing, non-sedated horse measured
211 by pulse oxymetry was 60%. Haematology revealed leucocytosis ($18.9 \times 10^9/l$, rr 5.0-
212 $10.0 \times 10^9/l$) due to mature neutrophilia ($14.3 \times 10^9/l$, rr $3.0-7.0 \times 10^9/l$). The horse was
213 dehydrated with a haematocrit of 50%. Blood biochemistry showed an elevated
214 fibrinogen concentration (5.56 g/l, rr 0.5 – 4 g/l). On endoscopic examination large
215 amounts of viscous white mucus could be found in the entire airways, especially in the
216 trachea. The tracheal septum was markedly thickened. Cytological evaluation of tracheal
217 wash fluid predominantly showed neutrophils. Thoracic radiographs showed a marked
218 bronchointerstitial pattern with many peribronchial cuffings. Ultrasonographic
219 examination of the thorax revealed diffuse irregularities of the pleura and one
220 hypoechogenic nodule (1.5 cm diameter) and echocardiographic findings consistent with
221 a *cor pulmonale*. Differential diagnoses were acute exacerbation of RAO or severe lung
222 disease of unknown aetiology. Due to the findings on blood work, ultrasound and
223 radiography EMPF was considered likely.

224 **Clinical outcome:** The horse received emergency treatment with dexamethasone
225 (Dexadreson a.u.v. inj.)¹⁴ (0.1 mg/kg bwt i.v.), clenbuterol (Ventipulmin)¹ (0.8 mg/kg
226 bwt *per os*), bromhexin (Eres)¹⁵ (40 mg/kg bwt *per os*), continuous intranasal oxygen (9
227 l/min) and finally atropine (Atropin Biotika)¹⁶ (2.5 mg i.v.). During the non-invasive

228 examination the status of the horse progressively worsened and approximately 90
229 minutes after atropine administration the horse died.

230

231 **EMPF diagnosed at post mortem**

232

233 **Case 4**

234 A 14 month old Arabian filly was admitted for evaluation of lethargy and severe
235 anaemia, but died on the way to the clinic. The owner did not report any respiratory
236 signs.

237

238 **Case 5**

239 A 2 year old Warmblood filly was admitted as an emergency case with neurological
240 signs. The horse had no history of previous medical problems and was found recumbent
241 in the field. After transport to the clinic in sternal recumbency the filly was not able to
242 stand at admission and was placed in an Anderson sling. Neurological examination
243 revealed an abnormal mentation and severe ataxia (5/5). Due to financial restraint no
244 further examinations were performed. A traumatic brain injury was suspected and
245 treatment started with fluid therapy, DMSO (1 g/kg bwt i.v. as 10% solution in 0.9%
246 saline) and dexamethasone (Dexavana)¹⁷ (0.1 mg/kg bwt i.v.). After approximately 6
247 hours the filly lost the menace response bilaterally and developed bilateral mydriasis, not
248 responding to light. The filly was euthanized on the owner`s request.

249

250 **Post mortem of all cases**

251 Gross pathology showed the discrete form of EMPF in three horses (cases 1, 4, 5). The
252 lungs showed numerous, variably sized, homogeneously, grey-white coloured, dense,
253 sharply demarcated nodules up to 6.5 cm and lungs did not collapse on opening of the
254 thoracic cavity. Mediastinal and tracheobronchial lymph nodes were diffusely enlarged.
255 Case 1 also showed signs of diffuse chronic pleuritis on the visceral pleura with short
256 fibrinous tags in some areas and small amounts of purulent exsudate were present in
257 some of the small airways. Furthermore the heart showed signs of right ventricular
258 hypertrophy.

259 Histopathologically the lung areas affected with interstitial fibrosis were sharply
260 demarcated from unaffected parenchyma. Examination of the nodules revealed an
261 extensive thickening and fibrosis of the interstitial tissue due to deposition of diffuse
262 mature collagen and infiltrations by inflammatory cells, predominantly lymphocytes,
263 which were most prominent in perivascular and interlobular spaces (see Fig. 4).
264 “Alveolar-like” structures (“honeycombing”), lined by flat to cuboidal epithelial cells,
265 contained a mixed inflammatory infiltrate. Within airways abundant detritus with
266 numerous macrophages and neutrophil granulocytes, some multinucleated giant cells and
267 rarely cells with intranuclear eosinophilic inclusion bodies (see Fig. 5) could be found
268 additionally, except in case 1. In some areas a proliferation of type II pneumocytes was
269 prominent within alveoli. EHV-5 PCR was positive in lung specimen of all three cases.

270 In case 1 pathological lesions were restricted to the lung and regional lymph nodes,
271 whereas in the other two horses (case 4 and 5) additional pathology was found.

272 In case 4 a severe anaemia was evident beside a haemorrhagic diathesis with petechial
273 bleedings and subcutaneous oedema. Lymphatic organs such as lymph nodes, GALT,
274 bone marrow and spleen revealed severe depletion of lymphocytes. Additionally larval
275 cyathostominosis could be diagnosed and both parotid glands showed disseminated
276 necrotic lesions. Necropsy of the spleen revealed abscesses up to 10 mm diameter and
277 with bacteriological culture *Streptococcus equi subsp. zooepidemicus* could be isolated
278 besides other bacteria. Furthermore two chondroids up to 10 mm within the guttural
279 pouches were suggestive for strangles infection in the past. A severe combined
280 immunodeficiency seemed rather unlikely with regard to the age of the filly, but an
281 immune-mediated process, responsible for multifactorial disease, could not be ruled out
282 and seemed likely. Equine infectious anaemia was excluded by Coggins test and PCR.
283 EHV-5 could not be detected in bone marrow by PCR.

284 Case 5 revealed a lymphoplasmohistiocytic panencephalomyelitis with accompanying
285 leptomeningitis and foci of demyelination in the cerebellar white matter. Focal bleedings
286 could be found oligofocally within medulla oblongata and lumbar spinal cord.
287 Immunohistochemical examination of paraffin-embedded brain tissue against
288 Rabiesvirus-, Suid Herpes-Virus-1, Borna-Disease-Virus, West-Nile-Virus-, Equine
289 Herpes-Virus-1- and Tick-borne Encephalitis-Virus-antigen revealed negative results and
290 aetiology of the panencephalomyelitis remained unclear.

291 In two horses (case 2 and 3) the diffuse form of EMPF was found with confluent areas of
292 smaller nodules. In both cases an EHV-5 PCR of the lung tissue was positive, but
293 inclusion bodies were not found in case 3.

294

295 **Discussion**

296 This case series describes five cases with EMPF, which occurred in Austria, Hungary and
297 Slovakia. EMPF therefore has to be included as differential diagnosis for horses with
298 respiratory symptoms but also in cases with weight loss in this area.

299 Horses with EMPF, which survived have been treated with steroids and acyclovir (Wong
300 et al., 2008). Therefore in cases 1 and 2 the treatment regime was changed to acyclovir
301 and corticosteroids once a diagnosis of EMPF was made. Case 1 finally was euthanized
302 after the horse was not-responding to antiviral therapy after one week of medication.
303 There are different possible reasons why this horse was not responding to antiviral
304 therapy. First of all the pulmonary fibrosis probably already was in an advanced stage.
305 Treatment might have been not effective due to the reported poor bioavailability of
306 acyclovir (3-8%) (Wilkins et al., 2005, Bentz et al., 2006, Garré et al. 2007). Furthermore
307 it is still not known if EHV-5 is susceptible to acyclovir.

308 Although case 2 seemed to be quite early in the course of disease the owner opted for
309 euthanasia, because of the poor prognosis of EMPF, high costs of antiviral medication
310 and parenteral feeding due to complete anorexia. In cases like this a poor prognosis might
311 therefore lead to a self-fulfilling prophecy.

312 Case 3 presented with acute respiratory distress and cardiovascular decompensation due
313 to severe lung disease. Decompensated pulmonary hypertension with *cor pulmonale* is
314 the end stage of disease and seems to be a poor prognostic indicator (Hart et al., 2008,
315 Wong et al., 2008). This horse had a history of suspected RAO. Likely respiratory
316 symptoms in the early stages of EMPF were attributed to RAO as reported in other cases
317 with EMPF (Lehmbecker et al., 2011). A further difficulty diagnosing EMPF early might
318 be the diagnosis of a bacterial bronchitis as in case 2 or other cases in the past (Wong et
319 al., 2002, Marenzoni et al., 2011, Schwarz et al., in press). The horses are treated for what
320 is thought the reason for the respiratory problems but in fact is a secondary bacterial
321 infection. In the meantime progression of EMPF leads to worsening of clinical signs and
322 therefore reevaluation of the patient with further diagnostics, like ultrasound,
323 radiographs, bronchoalveolar lavage, EHV-5 PCR, etc. Once a diagnosis is made the
324 disease might be already in an advanced stage and more difficult to treat successfully.

325 Corticosteroids have been used to treat EMPF given their anti-inflammatory and anti-
326 fibrotic effect. But their immunosuppressive properties and hence possible promotion of
327 viral replication are controversially discussed (Hart et al., 2008, Wong et al., 2008,
328 Marenzoni et al., 2011). In idiopathic pulmonary fibrosis (IPF), a human disease
329 associated with Epstein-Barr Virus (also a γ -herpesvirus), treatment with corticosteroids
330 does not seem to have an advantage (Doran and Egan, 2005).

331 Interestingly cases 4 and 5, even in an advanced stage of disease did not show respiratory
332 symptoms noticed by the owners. Case 4 predominantly showed depression and anaemia,
333 which led to spontaneous death. Case 5 was euthanized with acute neurological
334 symptoms due to an idiopathic panencephalitis. Therefore even in cases where clear

335 respiratory signs are lacking EMPF could be an ongoing problem. It is questionable if the
336 other diseases in these horses developed concurrently with EMPF or EHV-5 infection as
337 a result of immunosuppression. Immunosuppression or an immunological predisposition
338 with a different host response have been discussed in the aetiopathogenesis of EMPF
339 (Hart et al., 2008) and in some cases – as case 5 – an association between EMPF and
340 immunosuppression seems to be obvious.

341 EHV-5 appears to induce pathology in the bone marrow (Hart et al., 2008, Schwarz et al.,
342 in press). Case 4 died of anaemia and haemorrhagic diathesis (thrombocytopenia) and
343 lymphoid organs were noticed to be depleted of lymphocytes (lymphopenia). Although
344 EHV-5 PCR in the bone marrow was negative in this horse, it seems to resemble the case
345 described by Hart et al. (2008). However in that case bone marrow was EHV-5 PCR
346 positive and viral inclusion bodies were found in the bone marrow. Similar to EBV
347 inducing lymphoproliferative disease in humans, EHV-5 might be responsible for cases
348 of leukaemia and lymphoma in horses (Schwarz et al., in press, van der Werf et al.,
349 2011).

350 Similar to EBV, EHV-5 is also found in healthy individuals (Torfason et al., 2008) and
351 therefore further research is needed to clarify the role of EHV-5 in both,
352 lymphoproliferative diseases and EMPF.

353

354 **Conclusions**

355 EMPF also should be considered as a differential diagnosis for respiratory symptoms and
356 weight loss in Eastern European countries. Further research on the role of

357 immunosuppression in the pathogenesis of EHV-5 infection and EMPF is necessary to
358 assess the benefit of corticosteroids in treatment of the disease.

359

360

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364

365

366 **Manufacturers` addresses**

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371 ⁵Teva, Debrecen, Hungary

372 ⁶Hungaropharma, Budapest, Hungary

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374 ⁸Sandoz Pharma GmbH, Barleben, Germany

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- 379 ¹³Kela Lab, Belgium
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456

457 **Figure legends**

458 **Fig. 1:** 8 year old Holsteiner mare with EMPF (case 1).

459 **Fig. 2:** Lateral radiographs of caudodorsal lung field of case 1. The radiograph displays a
460 severe diffuse interstitial pattern of increased pulmonary density and nodular opacities.

461 **Fig. 3:** Gross pathology of case 2: diffuse form of EMPF with small nodular areas of
462 fibrosis

463 **Fig. 4:** Histology of lung tissue: thickening of alveolar interstitial tissue due to fibrosis.
464 Large amounts of detritus in airways.

465 **Fig. 5:** Histology of lung tissue: intranuclear eosinophilic inclusion body.