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An Encounter with a Kyrgyz Dervish in the Talas Valley

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I have been doing research on the spiritual traditions of Kazakh and Kyrgyz peoples since 1994. The Kazakh and Kyrgyz are two traditionally nomadic groups that emerged from among the Turkic-speaking nomadic tribes of the Mongol Empire (Jochi Ulus/Golden Horde and Chagatai Ulus/Mogulistan). After the acceptance of Islam by the local ruling elite in the fourteenth century, Islamization of the nomadic peoples also started. In the result, pre-Islamic spirituality was replaced by Muslim traditions, especially by Sūfī practices (e.g. the *dhikr* and *djahr* rituals). Only some remnants of pre-Islamic beliefs can be detected in their nomadic spirituality, e.g. Umay (women's protecting spirit) and *kut* (spirit of luck). There were various spiritual specialists in nomadic societies, like the *baqšī* (sorcerer) or *balger* (fortune-teller), but the Kyrgyz *dubana* or Kazakh *diywana* (dervish) was one of them that had the strongest links with Ṣūfī practices.

During the Soviet times these dervishes almost disappeared from Soviet Central Asia, so I was quite surprised when during my fieldwork in October, 2008 in the Talas Valley of Kyrgyzstan I had the opportunity to meet a real *dubana*. Atamkul Ismailov (born 1940) from the Bagysh clan was 68 years old at the time of our meeting. I visited him at his house in the village of Chong Kara-Buura (Kara-Buura district, former Kirov) not far from Sheker, where the famous Kyrgyz writer Chingiz Aitmatov was born. He performed his spirit-chasing song and showed me his magic staff (*asa*) too.

The Kyrgyz word *dubana* (Baialieva 1972: 121; Basilov 1992: 242) comes from the Persian word *dewāna* (Steingass 1892: 555; the Persian word itself is a derivative from *dew*, *dīw* 'devil; demon' (Steingass 1892: 554). The original meaning in Persian is 'a person possessed by a demon'. In Central Asia, people usually believe that mental illnesses

are caused by demons. The Arabic equivalent of this word is jinnī (possessed by a demon; made crazy by a dzinn). The dzinns are evil spirits that some people believe to be part of Šaytān, so Muslims usually reject them, but the Iranian dew is quite different (Basilov 1992: 238-42). It is not obviously a malicious spirit, but more ambivalent. It can cause harm, but can also help human beings similar to the spiritual being parī (fairy). That is the reason that people use the compound dew-parī for these ambivalent spirits (Divaev 1899: 324). In Central Asia it is quite common that certain religious specialists are possessed or helped by demons. Some Sūfī ascetics are called darweš 'poor, indigent' (Steingass 1892: 516) in Persian, especially those practiced their ascetic rituals while travelling from place to place (Brown 1868). When people saw these rituals with religious ecstasy they thought that the dervishes were possessed by these spirits. Even though dzinnī and dewāna has the same etymology the latter was used in the context of dervishes, members of the Sūfī order (tarīga).

Because dervishes (dewāna) used to travel a lot, wandering across regions and countries, they usually carried a big staff, called asa in Kyrgyz, being a loanword from Arabic 'asā (Baialieva 1972: 58; Basilov 1992: 76). They had their special robes too with big hats. People believed that their rituals (dhikr) helped them to chase away evil spirits (Snesarëv 1969: 41) similar to other spirit-invoking specialists, like the Kyrgyz bagši, the Uzbek and Uighur baxši, or the Persian parīxān, the Karakalpak and the Türkmen porxan. So some religious specialists in Central Asia started to legitimize their activity by copying these dervishes dervishes. Their main activity was not performing dhikr rituals, but visiting places and houses cursed or possessed by demons and driving them away. They were similar to the demon chasers (Kyrgyz kuuču or Kazakh kuwginši, see Baialieva 1972: 96). The dewāna (Kyrgyz dubana or dumana, Kazakh diywana) specialists wandered around villages (kišlag) and nomadic camps (Kazakh awil, Kyrgyz ayil) with their magic stick and performed spirit-chasing rituals. They received food and other gifts for their services. These wandering dervishes quite often appear in photographs taken at the turn of the nineteenth and twentieth centuries in bazars and at places of pilgrimage (Almásy 1903: 271, fig. 1) in Central Asia.

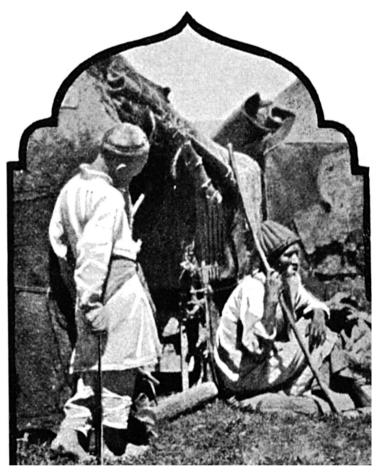


Fig. 1. A Kazakh dervish in the bazar of Karkara (Almaty province, Kazakhstan) in a picture taken by György Almásy in 1900.

But, let us get back to my encounter with the Kyrgyz dervish in the Talas Valley. Before the ritual Atamkul put on his light yellow coat (ay sarï ton) to which six rattles (šildïrak) were attached. He went outside his house which he built specially for himself (fig. 2). The house was round like a felt house which he used to perform rituals. He was dancing around the house singing his song and shaking his staff (fig. 3). As he was shaking his staff the rattles were making a sound that accompanied his singing. Atamkul explained that the sound of the rattle invokes his helping spirits that are mentioned in the song. Atamkul

learned his profession from his grandfather who, despite the prosecution of the communist authorities, performed some demon-chasing rituals in villages in his childhood in the 1950s. In the 1970s Atamkul had some mental problems and started to wander around singing the songs he learned from his grandfather. He said he could feel the evil spirits who possessed some of the houses and caused illnesses and bad luck to the people who lived there. When he realized that he could chase them away by his song he made a staff (asa-tayak) to accompany himself. By the 1980s local authorities began to apply a milder policy towards local folk healers so he could start to perform some spirit chasing rituals openly in the villages. People do not call the dervish to chase away the evil spirits. He feels an urge to leave his house and starts to wander around. His helping spirits lead him to the houses that are possessed by the demons. The owner of the house is sometimes unaware of the fact that the house is possessed by demons. The dervish approaches the house singing his song and shaking his magic staff. When he enters the house the demons flee from there (this is expressed in his song, lines 9–10).¹

The Song of Atamkul dubana

(1) Tögöröktün tört burčun tört aylangan dubana Dubana özü bir adam. atin satkan ming adam (5) ming adamdan bir adam čigat eken dubana Asa tayak šar kuru, ay saridan ton kiygen Dubana kelding ešikten, (10) baleket čiksin tešikten Alda iy dep sayragan dubananın salti eken Ilgerten kalgan nark eken, Ata-baba nark-nuska, (15) aytpay koysok bolo-bu, Kayda jürsö jol ačik,

Baabedindin közü ačik. La illahu illalaa, Baadedinim kayrulla (20) Allah iy, Allah iy.

Özön tolgon tali bar
Oysul-ata piri bar,
oluyasi dagi bar
Čalkalgan jeri bar,
(25) aynalayin Čak mazar
Kabilan, jolbors, šeri bar
Arasinan karasang
jalgiz ayak jolu bar.
Nari betin karasang,
(30) kelin taši dagi bar
Keng jayloo, Čong mazar
idiragan baskan jol,

kïdïrïp nečen ötkön jol

La illahu illalaa.

Musaka öttü, kim kalat? Čar dünüyö amanat, (40) Čaldïyar öttü, kim kalat? Sizip akkan suu kalat, sïdïrap ötkön tal kalat. Aram menen adaldan jiynagan düynö mal kalat. (45) Azabina, agayin, bir čiminday jan kalat Ayal kalsa bay tabat, bala kalsa mal tabat Azabïna agayïn (50) bir čiminday jan kalat Karï da bol, jaš ta bol, kadirlaškan tirüüdö Kalat go bir kün altïndar Kazïlgan kördün tübündö, (55) kirkka čikkan tal kalar Kiyamdap akkan suu kalar, Kil köpürö Kiyamat Tar jay ötsö kim kalar? *Šakasi* jok, jengi jok (60) uzun köynök kiyersing Ešigi jok, törü jok karanggi üygö kirersing O dünüyö beybapaa ötörsüng da ketersing (65) Üngkür-Mangkir surasa bašing salip turarsing La illahu Illalaa, Baadedinim kayrulla Allah iy, Allah iy.

(70) Dünüyögö berilgen, özümmün dep kerilgen Künü-tünü aldanggan insan anda kalbagan Kapa kilip koygonu, (75) diline kaygï tolgonu ľakin kelse ajali kalbay kalat amalï Malingdi berseng iylaba Jaratkangga jalinsang da (80) janing aman kala-bi? Almaday bašing šalk etip, jüröktön janing bilk etip Aldadan kelse bir buyruk keterbiz bir kün šilk etib (85) Ak söök bolot kabirgam, al jerde kalat tabilgan Kök söök bolot kabirgam, köp jerde kalat tabilgan Engkeviške barganda (90) nečen pirim koldosun! Oykoylošup sayrasa, Oysul pirim koldosun! Šamal kubat eselep, jaan jaayt sebelep (95) Dubana kirse ešikten balaketti tebelep La illahu Illalaa, Baadedinim kayrulla Allah iy, Allah iy.

(100) Paygambar öttü, sap öttü baykalbay nečen jil öttü Oluyang öttü, pir öttü Doomattuu dalay jil öttü jilang aylak, jilang baš (105) Baabedin sayrap bul öttü jübüt kizi Bulkaaki jügünüp jürüp bul öttü

⁽³⁵⁾ Baadedinim kayrulla Allah iy, Allah iy. Bu dünüyö amanat,

¹ Aitpaeva (2007: 321), also published a short extract from Atamkul's song.

Dubandan čikkan Duldulday Uyadan učkan bulbulday (110) Alistan kelip sayrayt ko Dubana baykuš bulbulday Bozorup atkan tang menen Boz torgoy sayrayt šang menen Boz torgoy sayrap til katar (115) Boz Dubana til katar Kökölöp turup sayrasa Kanatï talïp konboy-bu? Kündö kakšap sayrasa Dubana baykuš talbay-bï? (120) Boz torgoy učat jel üčün Boljolu jok jel üčün Kündö kakšap sayrayt ko Dubana baykuš el üčün La illahu Illalaa, (125) Baadedinim kayrulla Allah iy, Allah iy.

Kün čigišta jatkamin Kündö kakšap baskamin Oozum ačsam jel čigat (130) Ördök učsa köl kalat Dubana mïna keldi dep Agayin tuugan el kütöt Kündö kakšap sayrasam Kaygï menen zar bütöt (135) Karagan beleng, tal beleng? Kaygi menen zar beleng? Kündö kakšap sayrasam Tügönbögön ken belem Kündö tokup minerge (140) Duldulu bolsom beyištin Kündö kakšap sayragan Bulbulu bolsom beyištin Ajidar taš baskanim Aradan ötüp ketkenče

(145) Atagingdi dangktadim La illahu Illalaa, Baadedinim kayrulla Allah iy, Allah iy.

Zamana akir, jer takir

(150) Kolunda jok el jakïr

Zamanam keldi zakindap Ay menen künggö jakindap Körüp kelgen kiši Özöndöp akkan suu okšop (155) Ömürüng ötör zakindap Kim bilet kimdin armanin Tarazi bilet salmagin Kïl köpörü kïyamat Tar jay bilet ar jagin (160) Barip körgön kiši jok Bayligi menen iši jok Körüp kelgen kiši jok Al jakta kanday jašarin Ötkön adam kele-bi? (165) Ömürüngdö kördüng-bü Ošol jaktan kelgendi? Bakit menen iriski Birge jüröt turbaybï Biri kelse biri jok (170) Bilinbey ötöt turbay-bï Salamat bolsun janingiz Salamat esen turunguz Bakit konsun üyünggö Baktïluu bolup turunguz! (175) Sandalïp turgan dubana Sayrap keldi debengiz! Aldanın külgan jumusun Atkarip keldim agayin La illahu illalaa, (180) Baabedinim kayrulla, Allah iy, Allah iy.

Üyüng üyüng üy eken Üyüng tokov čirpigi Malim, malim deersing (185) Maling tokoy čirpigi Čirpigi üyüng biyerde, činigi üyüng tiyerde Čirpiging sinsa tal bolboyt Čindap ajal kelgen song (190) Tim koyboyt bizdi bul jerge Üyüng üyüng üy eken.

(1) The four corners of world Four times orbited by the dervish The dervish is a man, Thousands claim to be one (5) But only one out of a thousand Can become a dervish With his staff, tight belt He wears a light yellow coat The dervish came to the door, (10) Calamity should leave from holes Allah, hey, singing is The custom of the dervish A gift given long time ago, The teaching of forefathers (15) Can we stop singing it? Wherever he goes the way is clear, Bahā-addīn's eyes are open. There is no god but Allah, Bahā-addīn is the gift of Allah (20) Allah hey, Allah hey.

Üyüng čiydin tübü eken Kündö kakšap sayragan Duhananın ünü eken (195) Jergem tal menen kubargan Čirpigi sinip mungaygan Adamday pende bar beken? Armanın aytıp mungdanggan La illahu Illalaa, (200) Baabedinim kayrulla Allah iy, allah iy, Hakk.

The valley is full of willow trees Oysul-ata is their helping spirit It has other helping spirits It is always swaying (25) Dear Chak Mazar² There are spirits of heroes, panthers, tigers and lions If you look around There is a narrow road If you look from the other side (30) There is a wives' stone A wide pasture, Big Mazar There are many tracks around, Tracks of people walking by There is no god but Allah, (35) Bahā-addīn is the gift of Allah Allah hey, Allah hey.

This life is a gift from God, Musaka³ passed, who will remain? The whole world is a gift, (40) Chaldiyar⁴ passed, who will remain?

² Chak Mazar is one of the holy sites visited by the dervish (the *mazar* is a Muslim saint's tomb, a site of pilgrimage).

³ Musaka was a local Muslim saint.

⁴ Chaldïyar was a local Muslim saint.

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willow⁷

The fast flowing water remains, And the shaking willow trees remain

By *barām* and *balāl*⁵ ways Gathered Livestock will remain (45) In the suffering, my relatives, Just the leaving soul⁶ remains If wife remains she remarries, The children take the livestock In the suffering, my relatives, (50) Just the leaving soul remains Whether you are old or young, Be happy that you are alive! You will lose the gold you have At the bottom of the tomb, (55) There will be a forty-year-old

The noisy flowing water will remain Through the narrow bridge of Judgment Day8 Who will pass? No collar and no sleeves, (60) You will wear a long shirt9 No door and no main place, You will enter a dark room To the unavoidable other world You will encounter (65) When Mangkir and Üngkür¹⁰

Judge, you will bow your head.

There is no god but Allah, Bahā-addīn is the gift of Allah Allah hey, Allah hey.

(70) Anyone who lives Says it is me proudly None of the people could avoid the deception [of Šaytan]. He was offended (75) His heart is full of sorrow. If his death comes, he cannot do anything. If you sacrifice your livestock Do not cry about it! Even if you worship God, (80) One day you lose your life! Your small head falls, And your soul leaves your heart. If Allah makes his order, One day we leave from here (85) My ribs will be white bones, They will be found there My ribs will be blue bones, They will be found everywhere When I will go down (90) All my spirits should help me! When they are crying, Oysul pir should help me!

(100) There were prophets and

So many years have passed unnoticed There were *oluya* and *pir* saints So many years of trouble have passed

Bare feet and uncovered head (105) Baha-eddin used to sing [dhikr]

Ĭübüt's daughter, Bulkaakï¹¹ She used to bow her head Like the Duldul horse¹² from that region

Like a nightingale flying from the nest

(110) Coming from afar he sings Poor dervish like a nightingale When the dawn is lighting up The grey lark sings in a nice voice The grey lark sings using it tongue (115) The poor dervish also uses his tongue

If the bird sings flying in the sky Will its wings get tired and will it land? If he sings all the time every day The poor dervish also gets tired (120) The grey lark flies with the winds

With the unpredicted wind Everyday all the time he sings Poor dervish also sings for the people

There is no god but Allah, (125) Bahā-addīn is the gift of Allah Allah hey, Allah hey.

I was living in the East Singing all the time I was walking If I open my mouth wind comes out (130) When the duck flies the lake remains The dervish is coming!

The relatives are waiting If I am singing all the time every day Sorrow and pain will disappear

(135) Were you a pine or a willow tree?

Were you in sorrow and pain? If I am singing all the time every day I am an endless source of good Every day wearing a saddle

Wind blow strongly, It rains gently (95) The dervish enters the door And tramples the bad spirits There is no god but Allah, Bahā-addīn is the gift of Allah Allah hey, Allah hey.

⁵ The words *aram* (Arabic *barām*) and *adal* (Arabic *balāl*) and are terms in Islam meaning allowed and prohibited by Islamic law.

⁶ The expression *ciminday jan* is a term for the soul that leaves the body when a person dies.

⁷ He suggests that the coffin will be made of a forty-year-old willow tree.

⁸ Qiyāmat is the Muslim term for the Judgment Day symbolized by passing a narrow bridge.

⁹ He talks about the shirt that is put on a dead person before the burial.

¹⁰ Üngkür and Mangkir are the corrupt form of the Arabic names for angels (malā'ika) of Munkar and Nakīr.

 $^{^{11}}$ Bulkaakï is a Jewish peri (spirit), \Breve{yubut} is from Arabic $yab\bar{u}d\bar{\imath}$ 'Jewish'. There are different types of peri spirits, Muslim, Christian, Jewish and pagan (Kyrgyz

¹² In the Kyrgyz tradition, Duldul is a swift horse, or a stallion, but originally it was the name of Caliph 'Alī's grey mule.

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(140) I am like the Duldul horse from heaven Singing all the time every day I am like a bulbul from heaven The dragon steps on the stone Before I leave this world (145) I am praising your name There is no god but Allah, Bahā-addīn is the gift of Allah Allah hey, Allah hey.

During the last days the World will be empty (150) People will be poor, they will have nothing My time has come like a mirage Getting closer to the Moon and the Sun One who travelled there and returned Is like a flooding river (155) Your life passes like a mirage Who knows what other people want Scale knows the weight of things Judgment Day is like a narrow bridge

(160) Nobody ever returned from there.

further

That narrow place decides what lies

No one knows what riches it has Nobody ever saw that place How people live over there

Anybody who died will he return? (165) Did you see in your life Anyone who returned from there? Luck and blessing are Related to each other. Sometimes one of them is lacking (170) It passes without noticing, May your soul be safe. May you be healthy always, The luck should descend on your house¹³

May you be lucky always! (175) The wandering dervish Do not say that he is just singing! The order by Allah I am fulfilling now, my relatives There is no god but Allah, (180) Bahā-addīn is the gift of Allah Allah hey, Allah hey.

Your house really worth nothing [like twigs] You are worried about your livestock. (185) Your livestock really worth nothing [like twigs] You have a twig house here, your real one is there [afterlife] If your twigs are broken, your tree dies [life ends]

Your house is indeed a house.

When death really comes

(190) It will not leave us in this life

¹³ The expression baxt gon-'luck descends' comes from Persian and it means that luck can descend from heaven as a bird. Its Turkic counterpart qut 'spirit of luck and happiness' in pre-Islamic belief was sort of spirit or soul that could leave a person's body. In Central Asia *qut* is just a synonym of the Persian word *baxt*.

Your house is indeed a house. Your house is covered with needle Singing every day all the time The sound of the dervish (195) My place is full of dry trees Their branches are sadly broken All humans are sinners,14 And they tell about their grief. There is no god but Allah, (200) Bahā-addīn is the gift of Allah Allah hev, Allah hev.

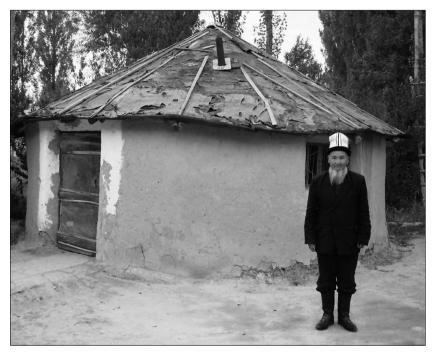


Fig. 2. Atamkul in front of his round-shaped house (Chong Kara-buura village, Kara-Bura district, Talas, Kyrgyzstan). Photo: Dávid Somfai Kara, 2008.

Atamkul refers to Baabedin many times in his song, which is the Kyrgyz form of the name of Khwādia Bahā' al-Dīn Nakshband (1318-89), a famous Muslim scholar and Sūfī from the fourteenth century. He lived in Bukhara and founded the famous and very influential Nakshbandiyya

¹⁴ Kyrgyz pende, from Persian panda 'slave'.

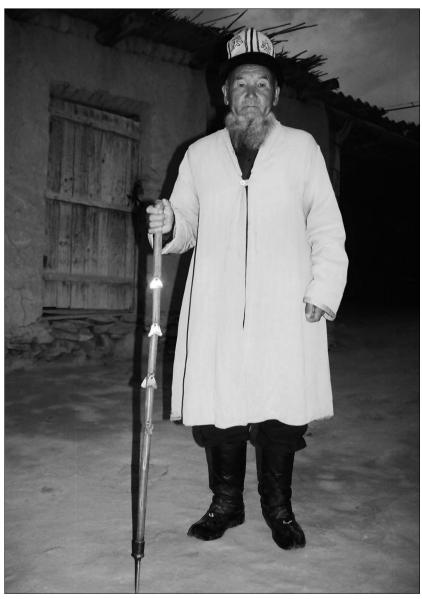


Fig. 3. Atamkul in front of his house (Chong Kara-buura village, Kara-Bura district, Talas, Kyrgyzstan). Photo: Dávid Somfai Kara, 2008.

Ṣūfī order (ṭarīḳa). His tomb is the most famous pilgrimage site in Central Asia 12 kms from Bukhara in his native village of Ḥasr-i Hinduwān (now in Kāgān District).

Actually all of Atamkul's song testifies a strong link to Islam mythology and Ṣūfī philosophy. He talks about the vanity and idleness of this temporal world. He also talks about the Judgment Day (qiyāmat) and that all souls will be judged by Allah. He mentions the two Angels (Üngkür and Mangkir, from Arabic Munkur and Nakīr), who question the dead person's soul that lies in his grave about his faith. If the dead gives the right answer the soul will live a nice life until qiyāmat and their body might be resurrected. Atamkul also mentions his helping spirits as oluya and pir. These are Muslim terms also denoting Ṣūfī and other Muslim saints. Kyrgyz oluya comes from Arabic awliyā plural for walī (friend of Allah). The word pīr in Persian simply means 'old'. It was used among Ṣūfī followers as a respectful title for their leaders or masters.

He also mentions the *mazār* tombs or holy places that some people visit during a pilgrimage (*ziyārat*). Wandering dervishes also spent a lot of time visiting these holy sites and asking the help of the spirits of those tombs.

The only character that is not well known in Ṣūfī practice is Oysul pir, a mythological Muslim saint. The Muslim nomads believe that all four types of livestock (*tört tülük mal*) are protected by a Muslim saint (*pir*): the horses by Kambar-ata, the sheep by Čolpan-ata, the cattle by Zenggi-baba and the camels by Oysul-kara or Oysul pir. By invoking the pir of the camels the dervish expresses the popular belief of the nomads that some spirits of the Muslim saints appear in the form of a camel.

Nowadays the Ṣūfī orders have lost their influence in Central Asia and the dervishes have nearly disappeared from the region. Atamkul must be one of their last representatives. But some of their attributes, like his magic staff, is used by other types of spiritual specialists (e.g. bakši, bübü and balger) and certain beliefs linked to their activity are also preserved in the modern spiritual life of the Kyrgyz and Kazakh (e.g. the veneration of Muslim saints). Modern religious movements nowadays unfortunately are against the veneration of saints and invocation of their spirits. As a result traditional spirituality is gradually disappearing in the region and it is replaced by fundamentalist Muslim ideology. In the meantime many popular beliefs are being adopted by esoteric healers and practitioners who mix various ideologies and spirituality.

Although the dervish is a religious specialist coming from the Sūfī Muslim tradition, modern fundamentalist Muslim movements look at it as a

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sort of shaman, as that was suggested by Soviet scholars (Basilov 1992; Baialieva 1972). These scholars argued that many of the religious and spiritual tradition practiced by the nomad Kyrgyz and Kazakh were the remnants of pre-Islamic beliefs, although nobody really knows what those beliefs were or when the Islamization of these nomadic societies occurred.

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