

MAST CELL, THE PECULIAR MEMBER OF THE IMMUNE SYSTEM: A HOMEOSTATIC ASPECT

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The mast cell is a member of the immune system having a basic role in allergic (anaphylactic) reactions. However, it contains, synthesizes, stores and secretes lots of substances, which initiates other reactions or participates in them. These are in connection with the deterioration of tissue correlation, as malignant tumors, angiogenesis, wound healing, pregnancy and different pathological conditions. In addition – as other members of the immune system – mast cells can synthesize, store and secrete hormones characteristic to the endocrine glands and can transport them to the site of requirement (packed transport), or produce and employ them locally. The effect of mast cells is controversial and frequently dual, stimulatory or inhibitory to the same organ or process. This is likely due to the heterogeneity of the mast cells, in morphology and cell content alike and dependent on the actual condition of the targeted tissue. The cells are transported in an unmaturing form by the blood circulation and are exposed to microenvironmental effects, which influence their maturation. Their enrichment around tumors suggested using them as targets for tumor therapy more than fifty years ago (by the author), however, this idea lives its renaissance now. The review discusses the facts and ideas critically.

Keywords: mast cells, pineal, regulation, homeostasis, therapy

Introduction

The mast cells had been recognized one and a half century ago by von Recklinghausen as granular cells in the mesentery of the frog, however later, in 1878 Paul Ehrlich, who stained them with aniline-dyes, gave the mast cell name, as these cells were filled with metachromatically stained granules. At present, still these stains are used for histological demonstration or the alcian blue-safranin method [1] which can give also information on the degree of maturation

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[2–4]. The cells have a haemopoietic origin, as other members of the immune system however, the mast cells are transported in unmaturing state to the mucosal or connective tissue places of different organs, where the process of maturation is taking place [5, 6].

The numerous substances settled in the granules and intergranularly were discovered gradually and at least the mast cells were classified as immune cells, a special member of the immune network. Today the cells are registered as a main factor of allergic reaction, having receptors and reacting to IgE, synthesizing and secreting histamine. However, only a portion of biologically active molecules contained by them are used in allergic or anaphylactic reactions and the cells are enriched particularly in such locations which are in close contact with the external environment (skin, lung, intestines) [7] as well, as in the area of different pathophysiological processes. In addition, now the other – not directly immunological – functions of the whole immune system are in the front line of investigations [8]. This can explain why the others, non-immunological functions of mast cells are also studied lately.

Mast cells and tumors

Already at the end of the nineteenth century Paul Ehrlich, the “father of immunology” observed and described in his Doctor Theses [9], that mast cells are accumulated around and sometimes inside malignant tumors. Since this time this observation has been verified many times [10] and the role of tumor derived growth factors [11, 12], stem cell factor, tumor necrosis factor (TNF) and CXL12 [13], in the attraction of mast cells also has been cleared [14]. Mast cells arrive very early to the site of tumorous proliferation and stay there – regulating the growth process – up to the end-phase [12]. However, though more than a century passed, the exact role of mast cells seems not to be clear and it is multifaceted. There are some cases when mast cells stimulate [15], in other cases inhibit the growth of tumors [14, 16]. This dual role can be explained to some extent by the huge number of materials contained (produced) and secreted by mast cells as well, as the differences between mast cells in morphology and function [10] and the differences between tumors.

The tumor-influencing biologically active components of mast cells

The granules of mast cells contain heparin, histamine and serotonin and various proteases. In addition other molecules are also present inside and extragranularly, as cytokines, leukotrienes, chemokines, prostaglandins and many

growth factors [16, 17]. Parts of the molecules are releasing during degranulation together, however, there is a possibility of secretion by individual granules without complete degranulation and also intra- or extragranular mediators selectively (peacemeal degranulation) [16–19]. It is believed that for the tumor promoting effects the secretion of molecules is needed without degranulation [16].

While heparan sulphate which has a polysaccharide backbone identical to heparin is present in practically all cells of mammals, **heparin** is synthesized solely in mast cells [20]. In the medical practice heparin is an anticoagulant. However, during degranulation of mast cells it enriches around the cells influencing the microenvironment as well, as the coagulation ability of the blood. Heparin (or heparan sulphate) influences cell division, influencing the number and velocity of mitoses as well, as the appearance of atypical forms [21, 22]. It inhibits histamine release from mast cells [23], stimulates migration of capillary endothelial cells [24, 25] and proliferation of intestinal epithelial cells [26]. It also influences the angiogenesis and the immune system [27, 28]. It is needed for the storage of histamine and proteases in the mast cell granules [29].

It was demonstrated in some studies that heparin either inhibits [17] or enhances (15, 30) the tumorous proliferation [28]. In this latter case it assists in promoting blood-borne metastasis [31, 32], which is inhibited by anticoagulants [33]. It is justified that the components of heparin, glucuronic acid and glucosamine stimulate the growth of tumors [34, 35] and shorten the lifespan of the animals, without acting to the non-tumorous controls. The extreme accumulation of mast cells around the tumors sometimes means a poor prognosis [15, 17]. This was expressed in the negativity of the diagnostic agar binding reaction at the end stage of tumor bearing patients [36–39], caused by the extreme degranulation of mast cells and consequently the enrichment of heparin in blood. However, in other experiments the higher number of mast cells around the tumor was a favorable prognostic factor [40, 41].

The other main component of the granule, **histamine** is known at first in connection with allergic and inflammatory reactions. However, based on many data, it has important positive or negative influence to mitosis of healthy cells [42–45] depending on the cell type and experimental conditions. Histamine is present and secreted by each mast cell-type (MC_{TC} , MC_T and MC_C). Data show that histamine, and the other components, serotonin and heparin are packed in the same granules [46]. However, there are two types of serotonin storage proteins, one is membrane associated, the other is free [47]. Histamine can influence the behavior of tumors. This role is also dual, as tumor cells have H1, H2 and H4 receptors and histamine enhances tumor growth acting to the H1 receptors and suppresses it through H2 and H4 [16]. In addition, histamine has a local immunosuppressive effect [48]. Studying hepatoma cell lines, in HuH-6 cell viability and

proliferation were hampered by it, while in HA22T/VGH cell proliferation increased [49]. When lung cancer has been induced, histamine inhibited this, while it was tumorigenic in case of lung tumor cell lines [50]. In case of melanoma, histamine can effect positively or negatively, depending on its local concentration and the type of receptors present [51–53]. In case of colon cancer cells enhancement of growth and proangiogenic effect was observed through H2 and H4 receptors and cyclooxygenase (COX-2) was involved in the process [49, 54]. When protumorigenic effect is manifested (caused by the collaboration of histamine and heparin), this favors the formation of metastases [12, 55].

In addition to heparin and histamine, **acid hydrolases** are present in the mast cell granules which are secreted by or without degranulation. These are chymase, tryptase, beta-hexosaminidase beta-glucuronidase, beta-D-galactosidase, and aryl sulphatase, ionically bound to heparin [56]. The heparin protein complex is bound to histamine [57]. Because of the presence of acid hydrolases, the granule is believed to be a modified lysosome. In rodents the mucosal type mast cell can be differentiated histochemically (morphologically) from connective tissue mast cells. In human beings the basis of differentiation is the chymase or tryptase content [58]. Although about 50% of the total protein content in mast cells is the mass of proteases, their function is dubious in general and unknown in case of tumors [59, 60]. However, the flood of hydrolases is poured in a fully active form during degranulation and this must effect the microenvironment. Tryptase is not only a proteinase, but a specific growth factor for fibroblasts [61]. In addition metalloproteases are also present in mast cells and their secretion helps tumor cell proliferation, migration and metastasis formation, by the destruction of the tumor-controlling environment [62]. Tumor cells also have a collagenolytic activity, which is stimulated by mast cells [63].

Cytokines and growth factors are also synthesized by mast cells, which has positive or negative effects on the tumorous proliferation depending on the state of tumor. The cytokines which have antitumor activity are IL-1, IL-2, IL-4, IL-6, IL-10 and IFN-gamma, while the tumor promoting growth factors are TNF-alpha, TGF-beta 1, FGF-2, VEGF, PDGF, IL-8, NGF and osteopontin [64–66]. The mast cells also have membrane receptors for numerous cytokines and chemokines which help or inhibit the accumulation of cells [67].

Chemokines are also cytokines, with cell migration and attraction influencing effects. Mast cells are producing chemokines, as IL-8, CXCL1/GRO alpha, CXCL8, CXCL10/IP10, MCP-1 and RANTES [68–70]. They also have receptors for chemokines [71]. As tumors also secrete chemokines, their secretion attracts mast cells which accumulate in the environment of tumors.

Angiogenic functions of mast cells

The tumor cells can proliferate at first without vascularization, however, after exceeding 5 mm they require the ingrowth of vessels. This process is stimulated or inhibited by substances secreted by the mast cells [72], which are the earliest cells infiltrating the developing tumor [73]. The stimulators (pro angiogenic factors) are the growth factors, CSF, NGF, PDGF, SCF, VEGF, IL-8, bFGF, TGF-beta, VPF, osteopontin, angiogenin and histamine [74–76], the inhibitor is protamin [77, 78]. Heparin has a dual role: in some cases it has stimulatory, in other cases inhibitory effects [24, 78–81]. The experimental results are sometimes contradictory, for example VEGF is one of the most potent angiogenic growth factor [31, 82], however, in lung cancer the number of mast cells correlate in the grade of angiogenesis independently of VEGF expression [81]. All of the anti-angiogenic factors act through the inhibition of mast cell products [83]. When mast cells influence tumor angiogenesis, remodelling blood vessels [84], it also determines the further fate of the tumor, helping or suppressing the migration of the tumor cells and by this, metastasis formation [85].

Mast cells and wound healing

Mast cells have an important role in wound healing [86], secreting growth factors and histamine alike [87]. However, excess or deficit of mediators released could cause abnormal repair (of skin), with keloid or hypertrophic scar formation [88]. The results are contradictory, as some experiments demonstrate that mast cells are needed for wound tissue granulation, blood vessel formation and collagen maturation [89, 90], while other experiments show that mast cells do not exert major influence to the proliferation of cells during healing [91]. In fetal life mast cells positively influence the scarless repair [92]. An increased number of mast cells can be found in fibrotic diseases – in contrast to normal healing – around blood vessels [93]. Mast cells have a role in remodelling the tissues: cell breakdown, repair and regeneration [94, 95]. In this process IL-33, released by the necrotic cells and recognized by the receptors of mast cells, has an important role [96]. Mast cell proteases have a role in tissue repair, promoting healing however, and mast cell overweight could be detrimental [97].

Endocrine function of mast cells

Hormones produced and secreted by mast cells

In addition to the main granule components, the biogenic amine histamine and serotonin (which also have hormonal function), other signal molecules are present in mast cells. These are the hormones produced mainly by endocrine glands, however, mast cells – similarly to other immune cells – can produce, store and secrete them [8, 98]. Triiodothyronine (T3), adrenocorticotrophic hormone (ACTH), chorionic gonadotropin (hCG), vascular endothelial growth factor (VEGF) [99] and endorphin were demonstrated immunohistochemically in rat mast cells [100–103]. At the same time the demonstration of insulin and epidermal growth factor was unsuccessful. The amount of the hormones was gender-dependent, in most of cases higher in females [101]. Corticotropin releasing hormone (CRH) and its relative, urocortin were also found in human mast cells [104]. The atrial natriuretic peptide (ANP) is produced, stored and secreted during degranulation by rat peritoneal mast cells [105] and prostaglandins were also found [106–107]. A rat mast cell line synthesizes and releases melatonin [108]. Histamin and serotonin can be demonstrated not only in the granules, but also in the nucleus of mast cells as well, as ACTH and growth hormone [100, 109].

For the synthesis of histamine, histidine as basic molecule is needed. For the maturation of granule also histamine synthesis is required, this means that the action of Hdc gene must be present for granule maturation [110]. Hdc-knockout mice have less mast cells and altered morphology of mast cell granules [111]. This seems to be clear. However, in these animals the production of ACTH, T3 and endorphin is also touched [112]. A similar role of mast cell histamine was observed in the case of parathyroid gland [113].

The hormone production, storage and secretion can be influenced by hormonal imprinting, when the effect of neonatal treatment with the hormone is manifested later in adults, changing the endocrine function of the mast cells [114]. Neonatal imprinting with a single dose of endorphin significantly diminished the endorphin, serotonin and hCG content of adult's mast cells [102] and imprinting at weaning also decreased the endorphin and serotonin content in adults [115].

Hormone receptors and hormonal regulation of mast cells

Not only hormones, but hormone receptors are present in mast cells. Using the transmission by these receptors, the hormone production, storage and secre-

tion of mast cell hormones can be regulated. Thyrotropic hormone (TSH) influences T3 concentration of mast cells similarly to the regulation of the same process in the thyroid gland [116]. This can be explained by the presence of T3 receptors in the cytoplasm and nucleus of mast cells [117]. In the thyroid gland the exocytosis (degranulation) of mast cells is synchronized with thyroid activity [118].

MT1 and MT2 melatonin receptors are also present in the plasma membrane of mast cells [108]. By the transmission of them, the pineal gland can influence the development and function of mast cells [119–121]. Mast cells can influence the calcification of the pineal gland [122].

The cells do not contain glucocorticoids, however, these hormones have inhibitory effects on degranulation and other forms of secretion [123], while suppress mast cell survival [123,124], reduce mast cell number in diabetic rats [125] and influence mast cell development [126]. Exogeneously given corticosterone is able to build into the components of mast cells [127,128]. The cells have estrogen, androgen and progesterone receptors alike [129–131] and the hormones, by the transmission of these receptors influence the maturation of mast cells and secretion of the molecules [126, 132–134]. They also react to the hormones of the pineal–thyroid–thymus system [135, 136]. Corticotropin releasing hormone (CRH) receptors are also present and VEGF secretion is promoted by CRH in mast cells [137]. In the ovarian complex 17-beta estradiol was the strongest degranulator of mast cells, however, luteinizing hormone (LH), follicle stimulating hormone (FSH) and TSH also showed this effect [138]. ACTH is a strong degranulator, too [139, 140].

The hormone of the parathyroid gland, parathormone (PTH) *in vitro* and *in vivo* stimulates mast cell degranulation [141]. It seems likely that the cells have a role in bone turnover and the increased number of mast cells is in connection with accelerated bone loss and the deficiency with stimulated osteoblastic function [142]. PTH excess causes the increase of mast cells at the bone–bone marrow interface in case of elevated PTH level (hyperparathyreosis) [143].

Insulin influences (inhibits) mast cell degranulation and histamine release during diabetes [144] and it is hypothesized that mast cells are involved in insulin resistance and type 2 diabetes [145].

Stress is a general activator of the endocrine system and has a dual role to the immune system. By this, it activates the CRH–mast cell–histamine axis [146]. A perinatal stress – causing hormonal imprinting – durably elevates the ACTH level in mast cells of adult male rats [147].

The sentinel function of mast cells

Mast cells have a sentinel function in innate and adaptive immunity, however they have similar role in pregnancy and pathophysiological conditions [148]. As the earliest defense cell, which contains and secretes a mass of biologically active materials during tumor formation or pregnancy, it also has a sentinel function [72]. Located under the epithelial surfaces, it is a sentinel in the case of bacterial or parasitic infections as well, as sensing cell injury [96, 149].

Mast cells and pregnancy

A huge amount of mast cells are present in the uterus and the placenta. It was measured that the placenta contains 7.6×10^5 mast cells/g wet weight tissue [150] and these cells release histamine during degranulation. During pregnancy mast cell density is higher than in non-pregnant state [151]. The histamine (and serotonin) liberated from the uterine mast cells control cervical function [152] and influences the contractility of myometrium [153]. This latter is supported by *in vitro* experiments, when myometrial strips were studied [154]. It is suggested that mast cell histamine is important in normal ovulation and blastocyst implantation [155], acting through histamine H1 receptors [156]. Mast cells also influence early abortions, justified by the enormous increase of mast cells of decidua (from 36.27 to 448.7/mm²) in this case [157]. It seems likely that this effect is controlled by secretion of cytokines. The mast cells could have a dual role in the reproductive system, as the early [157, 158] stage of pregnancy helps blastocyst implantation and blood flow regulation [155], however, later they can activate preterm delivery [159]. Their angiogenic effect is also important in case of the cervix [160].

Metabolic syndrome and other – non-immune – diseases

Mast cells have a significant role in such metabolic syndromes as obesity and type 2 diabetes, as well as in insulin resistance [144, 145]. The white adipose tissue contains a large amount of mast cell precursor hemopoietic cells [161], in physiological and pathological conditions alike. The prostaglandins produced and secreted by mast cells induce adipocyte differentiation and can cause obesity [106]. The preadipocyte–adipocyte transformation is helped by mast cells [162]. In leptin-deficiency induced obesity the epididymal fat showed a 20-fold increase and a 13-fold decrease of subcutaneous fat mast cell number and also a mast cell

increase in the lymph nodes [163]. Mast cell proteases, chymase and tryptase are risk factors for diabetes and the stabilization of mast cells decreases the chance to diabetes [164]. Mast cell function inhibitors can be a promising treatment of obesity in the future [165].

Cardiovascular diseases are or can be promoted by mast cells [166, 167]. The mast cell-specific proteases have a role (in animal experiments) in the development of atherosclerosis and aneurisms [168] and selective chymase and tryptase inhibitors have beneficial effects in these cases. Mast cell stabilizers (anti-allergy medications) also decrease cardiovascular complications [169]. Not only the proteinases have a role in the formation of atherosclerosis plaques, but some growth factors, histamine and chemokines [170]. Alzheimer disease is among the pathological states which are also influenced by mast cells [107, 171]. It is supposed that the protease of them generates the production of perivascular beta protein which aggregates into beta-amyloid deposits. In the gastrointestinal (GI) area mast cells are involved in increased gastric secretion, polyp formation and irritable bowel syndrome [172]. It seems to be likely that the central nervous system influences GI mast cells and *vica versa* [173, 174].

Conclusions

The immune system contains different cells which can differentiate between self and non-self and after recognition it destroys the non-self, either this penetrates into the organism from outside (bacteria, viruses and parasites) or develops inside it. However, the cells of the immune system (lymphocytes, monocyte-macrophage cells and mast cells) synthesize, store and secrete hormones, characteristic to the endocrine glands. Nevertheless, the cells of the endocrine glands are monoproducers, synthesizing one hormone, while the cells of the immune system are polyproducers, synthesizing almost all amino-acid or polypeptide hormones, which were searched at all. The mast cell is an outstanding member of this immunoendocrine system, as rich in hormones and hormone-like molecules (e.g. growth hormones, osteopontin, etc.) and in addition it also synthesizes and secretes other biologically active and important substances, as heparin and proteolytic enzymes (chymase, tryptase), which are bound to each other in the granules and can be secreted together, or separately. This factory of biologically active molecules is mobile and can transport the molecules ready for secretion to different places of the organism, where there is a requirement to them (packed transport) [8, 175]. The requirement is sensed by receptors present in the plasma membrane of mast cells, which are in a close contact with blood vessels. It seems likely that this is the reason why mast cells are among the first cells,

which reach the developing tumors. The ability of packed transport (of hormones) is also a property of all immune cells, however, the mast cell is the largest factory, which transports the most molecules and which can fabricate the most active molecules locally. Although it was not tested that the locally secreted hormones influence the proliferation of tumors or not, this is theoretically not precluded. T3 e.g. can influence cell proliferation [176, 177] and it is synthesized and secreted by mast cells.

At the lowest level of eukaryotic phylogeny the unicellular eukaryotes, as *Tetrahymena*, synthesize hormones, characteristic to mammals and able to communicate by the help of them [178, 179]. The cell is a polyproducer and also poly-receiver, having receptors for the hormones, which are strengthened after imprinting [180]. While the primitive cells which accumulate to form the endocrine glands during the evolution, lose this multifaceted capacity, the immune cells (up to the mammals) keep this property, and first of all the mast cells [181], which produce the flood of signal molecules and express a huge number of receptors, as it is in *Tetrahymena* [178]. These cells are very ancient, their ancestors can be found in *Ciona intestinalis* or *Styela plicata*, the origin of which can be deduced to at least 500 million years ago [182, 183].

Although mast cell is a member of the immun system, its functions are different from the other members. It does not participate directly in the recognition of non-self and does not destroy it, as it is done by lymphocytes and macrophages. As an immune cell, it is participating first of all in the allergic reactions, however, it sustains the tissue homeostasis, the healing processes after injury and helps in the remodelling of the destroyed tissue patterns. Considering that in our most present knowledge the immune system in general serves not only the recognition and destruction of non-self, the prominent homeostatical role of mast cells is not surprising. However, if the first recognized function of mast cell would have been this homeostatic one, it would be recorded as a special homeostasis controlling cell, which has also immune function, as one of its numerous properties.

Another speciality of mast cells is the presence of hormones in the nucleus. However, not all of the hormones produced by the mast cells themselves can be found, but histamine and serotonin, the main components of granules and ACTH as well, as growth hormone, are present, while T3, insulin and endorphin were not found. Other immune cell nucleus did not show this phenomenon, in these cells at most around the nucleus were hormones found [184]. It is not known whether the intranuclear hormones are the self-products of mast cells or they were taken up from the blood circulation. However, cytoplasmic or intranuclear receptors for these hormones are unknown. Also unknown is the function of the hormones in the nucleus.

As it was told, the mast cells have a bone marrow origin [185], however, their maturation takes place in different lymphoid organs (at first in the thymus) [186, 187] as well, as in different places of the organism, to where they are transported by the blood circulation [188, 189], which is not a passive transporter, as the serum helps the maturation of the cells [190]. The microenvironment also has a determining effect to them. KIT ligand, acting on the KIT receptor is the most important factor in the development of the cell [185], however, it seems likely that the environment evokes different types of mast cells, which is manifested e.g. in the chymase or tryptase overweight and in the different staining of the connective tissue mast cells (CTMC) and peritoneal mast cells [191]. CTMCs keep their proliferation potential after maturation, while mucosal mast cells lose it [185]. CTMCs and mucosal mast cells are located in different places, after transplanted together. However, in case of peritoneal mast cells, the large granule-stuffed cells are inactive, while the small (young) and medium-sized cells are active and can contact other cells (e.g. lymphocytes), which influences their behavior [192]. There are also differences in the receptivity and answer to hormones depending on the location, maturity and type of mast cells [137–139]. Considering the heterogeneity of the mast cell population [193, 194], it is very difficult to develop a uniform opinion about the functions of mast cells, without mentioning their type or localization. However, as the mast cells are mainly characterized by the metachromatic staining of granules, theoretically also imaginable that the different members of the population in an organism are different cell types (containing heparin) with different functions. Due to it, the dual roles, which are present frequently in connection of mast cell functions, can be explained.

As it was clearly seen that mast cells produce numerous substances, the question is, what is the primary, which induces the synthesis of others, or what is the organizer of granule formation. In experimental conditions histamine or serotonin induces heparin formation, whilst heparin is not able to induce the formation of them [195]. Also, in cell-free model granule formation only takes place, if all components are present in a suitable ratio [196]. *In vivo* histamine synthesis is needed for the granule formation [110]. This means that histamine is the primary, which initiates heparin synthesis. In addition, as histamine can be released from the granule without degranulation something is needed to bind the heparin after that. This “something” is histone [197, 198], which also present in the granule and being a basic protein, can bind the acidic heparin. These scarce data show that there is a self-regulation inside the cell, in addition to the regulating function of microenvironment.

There is always a problem, whether the above listed properties are the specificities of mast cells, or other cells also have them, however, they were studied less, while mast cells were in the front of interest. When the hormones were

studied in the immune cells, practically all of them were found (except steroids) and from this point of view there was no difference among the different cells. There is a possibility that other members of the immune system contain the majority of materials found in mast cells, however, this was not studied or the results were not published. So, it must be cautious to declare their speciality in all of the functions or contents, however, some materials are characteristic to them. These are heparin (the molecule by which it can be found histochemically), histamine, and the protease enzymes. Considering the heterogeneity of the cells, we call mast cells all of the cells, which contain these components, and in the cytoplasm have metachromatically stained granular structures.

Most of the biologically active components of the mast cells are peptides and amino acid-like materials except heparin, which is a stranger, a polysaccharide. It is composed of glucosamine and glucuronic acid. It is not known whether these two components of heparin are synthesized by the cell itself or are taken up from the milieu [199]. However, the tumor growth promoting effect of these molecules has been demonstrated [10, 34]. When the development of a malignant tumor started, mast cells accumulated around it, attracted by the factors secreted by the tumorous cells. It is likely that not specifically the tumor attracts the mast cells, but the breaking down of tissue correlation (harmony), as the mast cells are accumulating also in other places, where the tissue correlation is destroyed [200], e.g. in wound healing or pregnancy. The surrounding mast cells have a dual role on the development of the tumor, promoting or inhibiting it. Considering the huge number of materials present in mast cells, this controversial effect can be done by different substances secreted, or the same substance secreted in different periods of tumor development. If mast cells in the neighborhood of the tumor take up heparin or its components, concurring with the tumor, which also require them for the proliferation, this causes inhibition. In opposite, the degranulation of mast cells presents heparinoids for use.

It is an interesting question, why tumors secrete such substances, which attract mast cells, if these cells can be harmful to the organism, stimulating the growth and development of the tumor. One of the explanations could be that the malignant tumor is autonomous and by this activity it helps the propagation of malignancy. Another – and most likely – explanation is, that the accumulation of mast cells is provoked by the disturbance of local homeostasis, independent on its malignancy or benevolency. They “want” to restore the normal state, while such substances are also released which promote the tumorous proliferation. The situation is similar to the spontaneous action of immune cells, which offend the useful transplanted tissue because of its nonselfness.

It is not dubious that mast cells have negative or positive influence on tumor development, however, there are no data on their effect on tumor formation. The

suppression of immunity promotes tumor formation, nevertheless, the role of mast cells in the process is unknown. Considering the role of mast cells in the restoration of tissue homeostasis, the effect of their blockade (e.g by psychosocial depression) to this process can be suspected, however, it was not studied.

More attention would be needed for the dual role also in other cases. Not only the tumorous proliferation destroys the normal local homeostasis, but pregnancy too. It seems likely that this attracts a huge number of mast cells there. Considering the importance of this physiological process, relatively scarce data are at our disposal on the role of mast cells in the maintenance or rejection of the half-strange embryo. However, the present data point to this problem and call attention to the possibility of prevention or treatment by influencing the behavior of mast cells.

At present, authors of numerous papers propose an attack against tumors by targeting the mast cells around or inside it [14, 41, 201–203]. It is mentioned as a new field of treatment. However, this kind of therapy was proposed more than 50 years ago and there were experiments which supported this possibility. The author of this paper proposed 1) the binding of cytostatics to a heparinoid transporter which could help the accumulation of it around tumors, or 2) the binding of cytostatics to metachromatic dyes. Both methods were executed in animal experiments and resulted in very effective tumor destruction and life prolongation of tumor bearing animals [204–209]. Some of them were studied on human beings, with positive results [210]. In that time less was known on the role of mast cells in general. However, this line of tumor treatment or similar ones can be continued.

When I am writing this review paper, PubMed lists about 37,000, and Google shows 182,000 papers in which “mast cell” is found. This review contains 210 citations. It was very difficult to select those papers which really represent the important functions of mast cells, or show exactly what diseases in which mast cells have decisive non-immune roles. There could be functions which are more important, than those of presently known, however, they were not studied in the absence of intention, or tools for doing it. Nevertheless, the paper shows what the main non-immune functions are of mast cells at present, and what the directions of research are. It also points to some almost forgotten data and ideas, which seem to be timely.

Considering the above mentioned facts and ideas, it can be accepted that mast cells are members of the immune system with strong heterogeneity and other – non-immune – functions. These functions seem to be as important, as the immune one. Although almost month after month new functions are recognized, sometimes the old functions are still uncertain and frequently controversial, except their key role in allergy and anaphylaxis. As the study of non-immune func-

tions of mast cells is in progress, also the therapeutic application of the new knowledge is hopeful.

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