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Article CopyRight	Springer Science+Business Media New York (This will be the copyright line in the final PDF)	
Journal Name	Discrete & Computational Geometry	
Corresponding Author	Family Name	<b>Naszódi</b>
	Particle	
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Schedule	Received	25 March 2015
	Revised	26 October 2015
	Accepted	10 November 2015
Abstract	Bárány, Katchalski and Pach (Proc Am Math Soc 86(1):109–114, 1982) (see also Bárány et al., Am Math Mon 91(6):362–365, 1984) proved the following quantitative form of Helly’s theorem. If the intersection of a family of convex sets in $\mathbb{R}^d$ is of volume one, then the intersection of some subfamily of at most $2d$ members is of volume at most some constant $v(d)$ . In Bárány et al. (Am Math Mon 91(6):362–365, 1984), the bound $v(d) \leq d^{2d^2}$ was proved and $v(d) \leq d^{cd}$ was conjectured. We confirm it.	
Keywords (separated by '-')	Helly’s theorem - Quantitative Helly theorem - Intersection of convex sets - Dvoretzky–Rogers lemma - John’s ellipsoid - Volume	
Mathematics Subject Classification (separated by '-')	52A35	
Footnote Information	Editor in Charge: János Pach	

# Proof of a Conjecture of Bárány, Katchalski and Pach

Márton Naszódi<sup>1</sup> 

Received: 25 March 2015 / Revised: 26 October 2015 / Accepted: 10 November 2015  
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**Abstract** Bárány, Katchalski and Pach (Proc Am Math Soc 86(1):109–114, 1982) (see also Bárány et al., Am Math Mon 91(6):362–365, 1984) proved the following quantitative form of Helly’s theorem. If the intersection of a family of convex sets in  $\mathbb{R}^d$  is of volume one, then the intersection of some subfamily of at most  $2d$  members is of volume at most some constant  $v(d)$ . In Bárány et al. (Am Math Mon 91(6):362–365, 1984), the bound  $v(d) \leq d^{2d^2}$  was proved and  $v(d) \leq d^{cd}$  was conjectured. We confirm it.

**Keywords** Helly’s theorem · Quantitative Helly theorem · Intersection of convex sets · Dvoretzky–Rogers lemma · John’s ellipsoid · Volume

**Mathematics Subject Classification** 52A35

## 1 Introduction and Preliminaries

**Theorem 1.1** *Let  $\mathcal{F}$  be a family of convex sets in  $\mathbb{R}^d$  such that the volume of its intersection is  $\text{vol}(\cap \mathcal{F}) > 0$ . Then there is a subfamily  $\mathcal{G}$  of  $\mathcal{F}$  with  $|\mathcal{G}| \leq 2d$  and  $\text{vol}(\cap \mathcal{G}) \leq e^{d+1} d^{2d+\frac{1}{2}} \text{vol}(\cap \mathcal{F})$ .*

We recall the note from [2] (see also [3]) that the number  $2d$  is optimal, as shown by the  $2d$  half-spaces supporting the facets of the cube.

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17 The order of magnitude  $d^{cd}$  in the Theorem (and in the conjecture in [2]) is sharp  
18 as shown in Sect. 3.

19 Recently, other quantitative Helly type results have been obtained by De Loera et  
20 al. [5].

21 We introduce notations and tools that we will use in the proof. We denote the closed  
22 unit ball centered at the origin  $o$  in the  $d$ -dimensional Euclidean space  $\mathbb{R}^d$  by  $\mathbf{B}$ . For  
23 the scalar product of  $u, v \in \mathbb{R}^d$ , we use  $\langle u, v \rangle$ , and the length of  $u$  is  $|u| = \sqrt{\langle u, u \rangle}$ .  
24 The tensor product  $u \otimes u$  is the rank one linear operator that maps any  $x \in \mathbb{R}^d$  to  
25 the vector  $(u \otimes u)x = \langle u, x \rangle u \in \mathbb{R}^d$ . For a set  $A \subset \mathbb{R}^d$ , we denote its polar by  
26  $A^* = \{y \in \mathbb{R}^d : \langle x, y \rangle \leq 1 \text{ for all } x \in A\}$ . The volume of a set is denoted by  $\text{vol}(\cdot)$ .

27 **Definition 1.2** We say that a set of vectors  $w_1, \dots, w_m \in \mathbb{R}^d$  with weights  
28  $c_1, \dots, c_m > 0$  form a *John's decomposition of the identity*, if

$$29 \quad \sum_{i=1}^m c_i w_i = o \quad \text{and} \quad \sum_{i=1}^m c_i w_i \otimes w_i = I, \quad (1)$$

30 where  $I$  is the identity operator on  $\mathbb{R}^d$ .

31 A *convex body* is a compact convex set in  $\mathbb{R}^d$  with non-empty interior. We recall  
32 John's theorem [8] (see also [1]).

33 **Lemma 1.3** (John's theorem) *For any convex body  $K$  in  $\mathbb{R}^d$ , there is a unique ellipsoid*  
34 *of maximal volume in  $K$ . Furthermore, this ellipsoid is  $\mathbf{B}$  if, and only if, there are*  
35 *points  $w_1, \dots, w_m \in \text{bd } \mathbf{B} \cap \text{bd } K$  (called contact points) and corresponding weights*  
36  *$c_1, \dots, c_m > 0$  that form a John's decomposition of the identity.*

37 It is not difficult to see that if  $w_1, \dots, w_m \in \text{bd } \mathbf{B}$  and corresponding weights  
38  $c_1, \dots, c_m > 0$  form a John's decomposition of the identity, then  $\{w_1, \dots, w_m\}^* \subset$   
39  $d\mathbf{B}$ , cf. [1] or [7, Thm. 5.1]. By polarity, we also obtain that  $\frac{1}{d}\mathbf{B} \subset \text{conv}(\{w_1, \dots, w_m\})$ .

40 One can verify that if  $\Delta$  is a regular simplex in  $\mathbb{R}^d$  such that the ball  $\mathbf{B}$  is the largest  
41 volume ellipsoid in  $\Delta$ , then

$$42 \quad \text{vol}(\Delta) = \frac{d^{d/2}(d+1)^{(d+1)/2}}{d!}. \quad (2)$$

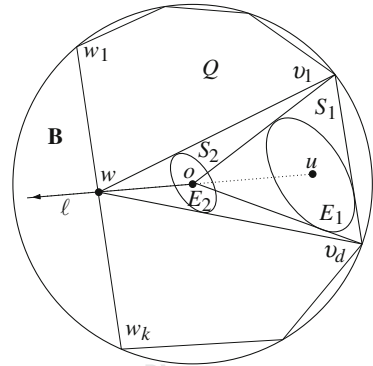
43 We will use the following form of the Dvoretzky–Rogers lemma [6].

44 **Lemma 1.4** (Dvoretzky–Rogers lemma) *Assume that  $w_1, \dots, w_m \in \text{bd } \mathbf{B}$  and*  
45  *$c_1, \dots, c_m > 0$  form a John's decomposition of the identity. Then there is an ortho-*  
46 *normal basis  $z_1, \dots, z_d$  of  $\mathbb{R}^d$ , and a subset  $\{v_1, \dots, v_d\}$  of  $\{w_1, \dots, w_m\}$  such that*

$$47 \quad v_i \in \text{span}\{z_1, \dots, z_i\} \quad \text{and} \quad \sqrt{\frac{d-i+1}{d}} \leq \langle v_i, z_i \rangle \leq 1 \quad \text{for all } i = 1, \dots, d. \quad (3)$$

48 This lemma is usually stated in the setting of John's theorem, that is, when the vectors  
49 are contact points of a convex body  $K$  with its maximal volume ellipsoid, which is  $\mathbf{B}$ .

Fig. 1 .



50 And often, it is assumed in the statement that  $K$  is symmetric about the origin, see for  
 51 example [4]. Since we make no such assumption (in fact, we make no reference to  $K$   
 52 in the statement of Lemma 1.4), we give a proof in Sect. 4.

53 **2 Proof of Theorem 1.1**

54 Without loss of generality, we may assume that  $\mathcal{F}$  consists of closed half-spaces,  
 55 and also that  $\text{vol}(\cap \mathcal{F}) < \infty$ , that is,  $\cap \mathcal{F}$  is a convex body in  $\mathbb{R}^d$ . As shown in [3],  
 56 by continuity, we may also assume that  $\mathcal{F}$  is a finite family, that is  $P = \cap \mathcal{F}$  is a  
 57  $d$ -dimensional polyhedron.

58 The problem is clearly affine invariant, so we may assume that  $\mathbf{B} \subset P$  is the  
 59 ellipsoid of maximal volume in  $P$ .

60 By Lemma 1.3, there are contact points  $w_1, \dots, w_m \in \text{bd } \mathbf{B} \cap \text{bd } P$  (and weights  
 61  $c_1, \dots, c_m > 0$ ) that form a John's decomposition of the identity. We denote their  
 62 convex hull by  $Q = \text{conv}\{w_1, \dots, w_m\}$ . Lemma 1.4 yields that there is an orthonormal  
 63 basis  $z_1, \dots, z_d$  of  $\mathbb{R}^d$ , and a subset  $\{v_1, \dots, v_d\}$  of the contact points  $\{w_1, \dots, w_m\}$   
 64 such that (3) holds.

65 Let  $S_1 = \text{conv}\{o, v_1, v_2, \dots, v_d\}$  be the simplex spanned by these contact points,  
 66 and let  $E_1$  be the largest volume ellipsoid contained in  $S_1$ . We denote the center of  
 67  $E_1$  by  $u$ . Let  $\ell$  be the ray emanating from the origin in the direction of the vector  $-u$ .  
 68 Clearly, the origin is in the interior of  $Q$ . In fact, by the remark following Lemma 1.3,  
 69  $\frac{1}{d}\mathbf{B} \subset Q$ . Let  $w$  be the point of intersection of the ray  $\ell$  with  $\text{bd } Q$ . Then  $|w| \geq 1/d$ .  
 70 Let  $S_2$  denote the simplex  $S_2 = \text{conv}\{w, v_1, v_2, \dots, v_d\}$ . See Fig. 1. □

71 We apply a contraction with center  $w$  and ratio  $\lambda = \frac{|w|}{|w-u|}$  on  $E_1$  to obtain the  
 72 ellipsoid  $E_2$ . Clearly,  $E_2$  is centered at the origin and is contained in  $S_2$ . Furthermore,

73 
$$\lambda = \frac{|w|}{|u| + |w|} \geq \frac{|w|}{1 + |w|} \geq \frac{1}{d + 1}. \tag{4}$$

74 Since  $w$  is on  $\text{bd } Q$ , by Caratheodory's theorem,  $w$  is in the convex hull of some  
 75 set of at most  $d$  vertices of  $Q$ . By re-indexing the vertices, we may assume that  
 76  $w \in \text{conv}\{w_1, \dots, w_k\}$  with  $k \leq d$ . Now,

$$E_2 \subset S_2 \subset \text{conv}\{w_1, \dots, w_k, v_1, \dots, v_d\}. \quad (5)$$

Let  $X = \{w_1, \dots, w_k, v_1, \dots, v_d\}$  be the set of these unit vectors, and let  $\mathcal{G}$  denote the family of those half-spaces which support  $\mathbf{B}$  at the points of  $X$ . Clearly,  $|\mathcal{G}| \leq 2d$ . Since the points of  $X$  are contact points of  $P$  and  $\mathbf{B}$ , we have that  $\mathcal{G} \subseteq \mathcal{F}$ . By (5),

$$\cap \mathcal{G} = X^* \subset E_2^*. \quad (6)$$

By (3),

$$\text{vol}(S_1) \geq \frac{1}{d!} \cdot \frac{\sqrt{d!}}{d^{d/2}} = \frac{1}{\sqrt{d!} d^{d/2}}. \quad (7)$$

Since  $\mathbf{B} \subset \cap \mathcal{F}$ , by (6) and (4), (2), (7) we have

$$\begin{aligned} \frac{\text{vol}(\cap \mathcal{G})}{\text{vol}(\cap \mathcal{F})} &\leq \frac{\text{vol}(E_2^*)}{\text{vol}(\mathbf{B})} = \frac{\text{vol}(\mathbf{B})}{\text{vol}(E_2)} \leq (d+1)^d \frac{\text{vol}(\mathbf{B})}{\text{vol}(E_1)} = (d+1)^d \frac{\text{vol}(\Delta)}{\text{vol}(S_1)} \\ &= \frac{d^{d/2} (d+1)^{(3d+1)/2}}{d! \text{vol}(S_1)} = \frac{d^d d^{3d/2} e^{3/2} (d+1)^{1/2}}{(d!)^{1/2}} \leq e^{d+1} d^{2d+\frac{1}{2}}, \end{aligned} \quad (8)$$

where  $\Delta$  is as defined above (2). This completes the proof of Theorem 1.1.

*Remark 2.1* In the proof, in place of the Dvoretzky–Rogers lemma, we could select the  $d$  vectors  $v_1, \dots, v_d$  from the contact points randomly: picking  $w_i$  with probability  $c_i/d$  for  $i = 1, \dots, m$ , and repeating this picking independently  $d$  times. Pivovarov proved (cf. [9, Lem. 3]) that the expected volume of the random simplex  $S_1$  obtained this way is the same as the right hand side in (7).

### 3 A Simple Lower Bound for $v(d)$

We outline a simple proof that one cannot hope a better bound in Theorem 1.1 than  $d^{d/2}$  in place of  $d^{2d+1/2}$ . Indeed, consider the Euclidean ball  $\mathbf{B}$ , and a family  $\mathcal{F}$  of (very many) supporting closed half space of  $\mathbf{B}$  whose intersection is very close to  $\mathbf{B}$ . Suppose that  $\mathcal{G}$  is a subfamily of  $\mathcal{F}$  of  $2d$  members. Denote by  $\sigma$  the Haar probability measure on the sphere  $RS^{d-1}$ , where  $R = (d/(2 \ln d))^{1/2}$ . Let  $H \in \mathcal{G}$  be one of the half spaces. Then

$$\sigma(RS^{d-1} \setminus H) \leq \exp\left(\frac{-d}{2R^2}\right) \leq 1/(4d).$$

It follows that

$$\text{vol}(\cap \mathcal{G}) \geq R^d \text{vol}(\mathbf{B}) \sigma(RS^{d-1} \setminus (\cup \mathcal{G})) \geq \frac{1}{2} R^d \text{vol}(\mathbf{B}) \geq d^{\frac{d}{2}-\varepsilon} \text{vol}(\cap \mathcal{F})$$

for any  $\varepsilon > 0$  if  $d$  is large enough.

104 **4 Proof of Lemma 1.4**

105 We follow the proof in [4].

106 **Claim 4.1** Assume that  $w_1, \dots, w_m \in \text{bd } \mathbf{B}$  and  $c_1, \dots, c_m > 0$  form a John's  
 107 decomposition of the identity. Then for any linear map  $T : \mathbb{R}^d \rightarrow \mathbb{R}^d$  there is an  
 108  $\ell \in \{1, \dots, m\}$  such that

$$109 \quad \langle w_\ell, T w_\ell \rangle \geq \frac{\text{tr } T}{d}, \quad (9)$$

110 where  $\text{tr } T$  denotes the trace of  $T$ .

111 For matrices  $A, B \in \mathfrak{N}^{d \times d}$  we use  $\langle A, B \rangle = \text{tr}(AB^T)$  to denote their Frobenius  
 112 product.

113 To prove the claim, we observe that

$$114 \quad \frac{\text{tr } T}{d} = \frac{1}{d} \langle T, I \rangle = \frac{1}{d} \sum_{i=1}^m c_i \langle T, w_i \otimes w_i \rangle = \frac{1}{d} \sum_{i=1}^m c_i \langle T w_i, w_i \rangle.$$

115 Since  $\sum_{i=1}^m c_i = d$ , the right hand side is a weighted average of the values  
 116  $\langle T w_i, w_i \rangle$ . Clearly, some value is at least the average, yielding Claim 4.1.

117 We define  $z_i$  and  $v_i$  inductively. First, let  $z_1 = v_1 = w_1$ . Assume that, for some  
 118  $k < d$ , we have found  $z_i$  and  $v_i$  for all  $i = 1, \dots, k$ . Let  $F = \text{span}\{z_1, \dots, z_k\}$ , and  
 119 let  $T$  be the orthogonal projection onto the orthogonal complement  $F^\perp$  of  $F$ . Clearly,  
 120  $\text{tr } T = \dim F^\perp = d - k$ . By Claim 4.1, for some  $\ell \in \{1, \dots, m\}$  we have

$$121 \quad |T w_\ell|^2 = \langle T w_\ell, w_\ell \rangle \geq \frac{d - k}{d}.$$

122 Let  $v_{k+1} = w_\ell$  and  $z_{k+1} = \frac{T w_\ell}{|T w_\ell|}$ . Clearly,  $v_{k+1} \in \text{span}\{z_1, \dots, z_{k+1}\}$ . Moreover,

$$123 \quad \langle v_{k+1}, z_{k+1} \rangle = \frac{\langle T w_\ell, w_\ell \rangle}{|T w_\ell|} = \frac{|T w_\ell|^2}{|T w_\ell|} = |T w_\ell| \geq \sqrt{\frac{d - k}{d}},$$

124 finishing the proof of Lemma 1.4.

125 Note that in this proof, we did not use the fact that, in a John's decomposition of  
 126 the identity, the vectors are balanced, that is  $\sum_{i=1}^m c_i w_i = 0$ .

127 **Acknowledgments** I am grateful for János Pach for the many conversations that we had on the subject and  
 128 for the inspiring atmosphere that he creates in his DCG group at EPFL. I also thank the referee for helping to  
 129 make the presentation more clear. The support of the János Bolyai Research Scholarship of the Hungarian  
 130 Academy of Sciences, and the Hung. Nat. Sci. Found. (OTKA) Grant PD104744 is acknowledged.

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