## Is CYP2D6 phenotype predictable from CYP2D6 genotype?

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## Highlights

- *CYP2D6* genotype-based phenotype estimation is of particular importance to personalized medication strategy.
- The non-sequencing genotyping platform identified the most frequent *CYP2D6* allelic variants (in 67% of the donors).
- The gain-of-function mutation (-1584C>G) could explain the underestimation of *CYP2D6* genotype-based prediction.
- Some rare loss-of-function mutations that were not captured, could result in overestimation of CYP2D6 activity prediction.
- CYP2D6 phenotype overestimation may also come from external factors modifying CYP2D6 activity or altering hepatic function.
- A comprehensive genotyping and consideration of phenoconversion can improve the genotype-based CYP2D6 phenotype prediction.

#### Abstract

Genetic polymorphism of cytochrome P450s results in clinically significant modifications in patients' drug metabolizing capacities. CYP2D6 has a crucial role in the elimination of several clinically important drugs (antiarrhythmics, beta-adrenergic blockers, psychopharmacons and analgesics); however, the prediction of the phenotypic appearance of CYP2D6 is a challenge. Since single nucleotide polymorphisms and gene copy number variations (gene deletion and multiplication) frequently occur in *CYP2D6* gene, CYP2D6 activity particularly depends on the genetic factors.

Microsomal CYP2D6 activities (dextromethorphan O-demethylation) and CYP2D6 genotypes for the most frequent allelic variants (*CYP2D6\*3, \*4, \*5, \*6, \*10, \*41* and duplication) were determined in 128 human liver samples derived from Hungarian organ donors. Substantial inter-individual variations were observed in CYP2D6 metabolic activities that were successfully predicted from the *CYP2D6* genotypes in 67% of the donors. The underestimation of CYP2D6 phenotypes in 12.5% of the donors was assumed to be originated from the overlapping ranges of CYP2D6 activity among similar diplotypes or from the presence of -1584C>G in the promoter region evoking increased transcription of the wild-type *CYP2D6* allele. In an appreciable number of donors (20.3%), the genotype-based CYP2D6 phenotype prediction was overestimated because of the rare *CYP2D6* allelic variants which were not included in our genotyping platform or some external factors that could alter CYP2D6 activity (medication with CYP2D6 substrate/inhibitor) and hepatic function (Augmentin therapy, chronic alcohol consumption).

In conclusion, *CYP2D6* genotyping for the most frequent allelic variants was able to reliably predict CYP2D6 phenotypes in most donors; however, the external factors modifying the phenotypic appearance of CYP2D6 had to be taken into account. Personalized medication strategy should include monitoring of *CYP2D6* genotype in a more comprehensive manner

and should take external factors into consideration for an appropriate prediction of CYP2D6 metabolizing capacity.

**Keywords**: CYP2D6 genotype, genetic polymorphism, phenotype prediction, personalized medication

Abbreviations: CNV, copy number variation; CYP, cytochrome P450; EM, extensive metabolizer; IM, intermediate metabolizer; PCR, polymerase chain reaction; PM, poor metabolizer; SNP, single nucleotide polymorphism; UM, ultra-rapid metabolizer

#### 1. Introduction

Most drugs show inter-individual differences in their responses and efficacy due to the substantial variability of the capacity of drug metabolizing enzymes between individuals. The primary drug metabolizing enzymes belong to the cytochrome P450 (CYP) superfamily, which are responsible for the metabolism of more than 90 percent of the drugs on the market. In mammalian species, CYP enzymes are present in most tissues (e.g. gut wall, kidney, brain, lung); however, they are mainly expressed in the liver. Most of them are highly polymorphic resulting in clinically significant modifications in drug metabolizing capacities. The major genetic polymorphisms influencing drug metabolizing activity are related to the metabolism by CYP2D6. Although CYP2D6 presents only a small proportion of hepatic CYP enzymes (2%), it is one of the most important drug metabolizing enzymes, catalysing the metabolism of approximately 25% of the drugs on the market. CYP2D6 is involved in the biotransformation of numerous clinically used drugs, such as beta-blockers (metoprolol, bufuralol, propranolol), opioids (codeine, tramadol), antidepressants (amitriptyline, imipramine, fluoxetine, mianserin, venlafaxine), antipsychotics (aripiprazole, haloperidol, olanzapine, risperidone), antitussives (dextromethorphan) and anticancer drugs (tamoxifen) [1].

The CYP2D6 gene is located on chromosome 22q13.1 nearby two homologous, non-functional pseudogenes, CYP2D7P and CYP2D8P [2]. CYP2D6 gene is highly polymorphic; hitherto more than one hundred allelic variants were identified, a number of that them containing mutations clinically relevant have impact (http://www.cypalleles.ki.se/cyp2d6.htm) [34]. Both single nucleotide polymorphisms (SNP) number variations (CNV) (such deletion and gene copy as gene and duplication/multiplication) frequently occur. Among the allelic variants, there are fully functional alleles (e.g. \*1, \*2), alleles with reduced function (e.g. \*9, \*10, \*41) and null (non-

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functional) alleles (e.g. \*3, \*4, \*5, \*6). Duplication of the functional allele leads to increased gene expression and enzyme activity [3, 4]. Due to the wide range of CYP2D6 enzyme activity within the population, the patients can be divided into four metabolizer groups: poor (PM), intermediate (IM), extensive (EM) and ultra-rapid metabolizers (UM) [5]. Since *CYP2D6* gene expression is not inducible by xenobiotics, genetic factors are thought to play a substantial role in the phenotypic appearance of CYP2D6.

Typically, subjects considered to be PMs carry two non-functional alleles which do not encode a functional protein product; thus, they do not display detectable enzyme activity. Several studies established clinical risks in the case of PM patients treated with CYP2D6 substrate drugs [5-7]. The most frequent non-functional allelic variant is CYP2D6\*4 in Caucasians (European white population) with an allele frequency of 18-23% [8]. CYP2D6\*3 and \*6 allelic variants, which occur at allele frequency of about 1% in Caucasians, contain one nucleotide deletion causing frame-shift mutation and the lack of functional CYP2D6 protein. CYP2D6\*5, which occurs in 2-5% of Caucasians, means the deletion of the entire gene and the lack of CYP2D6 enzyme expression [9]. The alleles CYP2D6\*10 and \*41 give rise to significantly decreased enzyme activity. However, the allele frequency of CYP2D6\*10 is 1-2% in Caucasians, this allele variant is typical in the Asian population with an allele frequency of 33-43% [10]. CYP2D6\*10 has a 100C>T SNP leading to the instability of the enzyme protein [11]. CYP2D6\*41 contains an intronic 2988G>A SNP causing increased levels of a non-functional splice variant and accordingly lower CYP2D6 metabolic activity [12]. CYP2D6\*41 frequently occurs in Caucasians (allele frequency: 7-10%) [13]. UM phenotype has also clinical relevance, since high enzyme activity can be responsible for adverse drug effects or for therapeutic failure depending on the used drug. Primarily, duplication or multiplication of the functional CYP2D6 gene accounts for UM phenotype; however, copy number increase does not explain all cases of UMs [14].

Up to now, several *in vivo* and *in vitro* studies were implemented to investigate an applicable formula with which certain *CYP2D6* genotype could be translated to the corresponding phenotype. For example, Gaedigk et al. [15] introduced an activity score system, which assigns a number for each allelic variant depending on the functionality of the allele. Although more investigations were achieved at *in vivo* conditions to evaluate the effect of *CYP2D6* polymorphism directly on the enzyme activity, human derived systems, such as human liver microsomes, are recommended to be used. Incubation of the microsomes with CYP-specific substrates provides direct information about the specific CYP enzyme activity.

Due to the clinical significance of the medications metabolized by CYP2D6, it would be important to obtain accurate estimation of CYP2D6 activity based on a fast and simple genotyping method. The aim of the present work was to investigate the accuracy of CYP2D6 phenotype prediction from genotype and the reliability of *CYP2D6* genotype interpretation. Human liver microsomes were used to evaluate CYP2D6 metabolic activity, and the samples were genotyped for the most frequent allelic variants in the Caucasian population.

## 2. Materials and methods

### 2.1 Human liver microsomes

Human liver tissues (N=128) were obtained from organ transplant donors at the Department of Transplantation and Surgery, Semmelweis University (Budapest, Hungary). Permission of the Hungarian Committee of Science and Research Ethics was obtained to use human tissues. Clinical histories of the donors are shown in Table 1. Human livers were perfused with Euro-Collin's solution (Fresenius AG, Bad Homburg vdH, Germany) and excised. The tissues were homogenized in 0.1 M Tris-HCl buffer (pH 7.4) containing 1 mM EDTA and 154 mM KCl. Microsomes were prepared by differential centrifugation as described by van der Hoeven and Coon [16]. All procedures of preparation were performed at 4°C. Microsomal protein content was determined by the method of Lowry et al. [17] with bovine serum albumin as the standard.

#### 2.2 CYP2D6 enzyme assay

Published method was followed to determine dextromethorphan O-demethylation selective for CYP2D6 enzyme [18]. The incubation mixture contained NADPH-generating system (1 mM NADPH, 10 mM glucose 6-phosphate, 5 mM MgCl<sub>2</sub> and 2 units/ml glucose 6-phosphate dehydrogenase), human liver microsomes (0.8 mg/ml) and the CYP2D6 selective substrate, dextromethorphan (1 mM). After a 20-min incubation, the reaction was terminated by ice-cold methanol and the incubation mixture was centrifuged for 10 min at 10.000×g. The supernatant was analysed for the concentration of dextromethorphan and its metabolite dextrorphan by HPLC-UV using a LiChroSpher C18 column (125 x 4 mm, 5µm) (Merck, Darmstadt, Germany). The mobile phase consisted of 1 mM Na-perchlorate (pH 2.6) and acetonitrile (71:29 v/v). The rates of enzyme activity were linearly dependent upon the amount of microsomal protein added for the incubation period. CYP2D6 enzyme assay for each donor was performed in triplicate and median (min, max) was calculated.

## 2.3 *CYP2D6* genotyping

Hydrolysis single nucleotide polymorphism (SNP) analysis for *CYP2D6\*3*, *CYP2D6\*4*, *CYP2D6\*6*, *CYP2D6\*10* and *CYP2D6\*41* was performed by polymerase chain reaction (PCR) with TaqMan probes (Metabion, Planegg/Steinkirchen, Germany) using a CFX96 real-time detection system (Bio-Rad Laboratories). Primers and probes (Table 2) were designed based on the reference SNP sequences in the National Center for Biotechnology Information reference assembly. Genomic DNA was isolated from human liver samples by Quick-DNA<sup>™</sup> Universal Kit (Zymo Research, Irvine, CA). PCR was carried out with 30 ng

of genomic DNA by using Luminaris Color Probe qPCR Master Mix (Thermo Fisher Scientific, Waltham, MA). Allelic discrimination was based on the design of two TaqMan probes, specific for the wild type allele and the mutant allele labelled with different fluorescent tags (FAM, CalRed610 or HEX). The corresponding *CYP2D6* genotypes were distinguished by plotting the relative fluorescent values for wild type and mutant alleles, hereby three allelic clusters were determined: homozygous wild type, homozygous mutant and heterozygous genotype. To confirm the results of *CYP2D6* genotyping, a sequence analysis was also performed. One hundred nanograms of DNA were amplified by using the primers designed for the hydrolysis SNP analysis and the Luminaris Color Probe qPCR Master Mix. The PCR products were sequenced directly in an ABI PRISM 3100 Genetic Analyzer (Applied Biosystems, Foster City, CA) by the Sequencing Service of Biomi Ltd. (Gödöllő, Hungary).

To access *CYP2D6* gene copy number, TaqMan® Copy Number Assay (assay id: Hs00010001\_cn) was purchased from Thermo Fisher Scientific (Waltham, MA). To distinguish duplication of *CYP2D6\*1* allele and *CYP2D6\*4* allele, a real-time PCR method was developed combining quantitative PCR and genotyping PCR with TaqMan probes. Human *RNase P* was applied as the reference gene using TaqMan® Copy Number Reference Assay (Thermo Fisher Scientific, Waltham, MA). *CYP2D6\*4* genotyping and *RNase P* reference assay were performed parallel, then relative copies of the wild type (*CYP2D6\*1*) and *CYP2D6\*4* alleles were obtained based on the relative quantity of each alleles compared to a control sample carrying exactly one wild type allele and one *CYP2D6\*4* allele. 20 ng of genomic DNA was used in a finale volume of 20 µl reaction and the PCR conditions were as follows: 50 °C for 2 min, 95°C for 10 min, then 40 cycles of 95°C for 15 s and 55°C for 60 s. Each sample was run in triplicate. Relative quantification of copy numbers was performed using CFX Manager Software Version 3.1 (Bio-Rad Laboratories).

#### 2.4 Data analysis

Hepatic CYP2D6 activities were determined individually in each donor, the frequency distribution of the CYP2D6 activities were recorded for 128 donors, and four categories (low, intermediate, high, ultra-high) were distinguished for poor, intermediate, extensive and ultra-rapid metabolizers. Approximately 10-15% of the donors displaying low CYP2D6 activity (<95-100 pmol/[mg protein\*min]) were designated as poor metabolizers, whereas 10-15% of the donors with ultra-high activities (>720 pmol/[mg protein\*min]) were designated as ultra-rapid metabolizers. The donors displaying CYP2D6 activities between 100 and 720 pmol/(mg protein\*min) were considered to be intermediate and extensive metabolizers. The cutoff value between intermediate and extensive metabolizers was the median of CYP2D6 activities (290 pmol/[mg protein\*min]). The donors' CYP2D6 phenotypes were also predicted from their CYP2D6 genotypes, and the accuracy of prediction was evaluated on the basis of the activity-based CYP2D6 categories. The donors carrying two loss-of-function or reduced-function alleles (\*3, \*4, \*5, \*6, \*10, \*41) were considered to be poor metabolizers, those with one functional (\*1) and one non-functional alleles were designated as intermediate metabolizers, the subjects with two functional alleles (CYP2D6\*1/\*1) were extensive metabolizers, whereas the donors carrying duplicated or multiplicated functional alleles (CYP2D6\*1x2 or CYP2D6\*1xN) were ultra-rapid metabolizers.

## 3. Results

#### 3.1 Hepatic CYP2D6 activities

CYP2D6 metabolic activities were determined in hepatic microsomal fractions of 128 Hungarian deceased donors. Dextromethorphan was used as a substrate selective for CYP2D6, and the formation of dextrorphan was quantified based on "per mg of microsomal protein and per minute". The frequency distribution of CYP2D6 activities in the Hungarian organ donors is shown on Figure 1. Inter-individual variations of CYP2D6 activities ranged from non-detectable to rather high values and the activity values did not show a Gaussian distribution. The cutoff values (CI=95%) between the categories of poor, intermediate, extensive and ultra-rapid metabolizers were 95-100, 290 and 720 pmol/(mg protein\*min), respectively (see 2.4).

The inter-individual variations of CYP2D6 activity were not influenced by the donors' demographic parameters, such as sex or age (data not shown). In most cases, the death of the donors was caused by cerebral hemorrhage/hematoma (62/128) or accident (30/128); however, the incidence of stroke and tumour was much less (7/128 and 16/128, respectively). Comparing the groups of donors categorized according to the cause of death, we found no significant differences in CYP2D6 metabolic activities among the groups (data not shown). Chronic alcohol consumption was diagnosed at 11 donors as well as four and two of the 128 subjects received CYP2D6-substrates/inhibitors (beta-adrenergic blockers, metoprolol, haloperidol) and Augmentin (amoxicillin and clavulanic acid), respectively.

#### 3.2 The donors' CYP2D6 genotypes

*CYP2D6* genotype-based phenotype prediction was performed for each donor by determining the allelic variants most frequently occurring in Caucasian populations. In Hungarian organ donors, the most frequent non-functional allele was *CYP2D6\*4*, whereas *CYP2D6\*3*, *\*5* and *\*6* occurred only in 2, 2 and 7 of 128 donors, respectively (Table 3). Particularly, the prevalence of the reduced function *CYP2D6\*41* allele was 7.8%, whereas *CYP2D6\*10* allele had lower occurrence in our cohort (3.5%). Interestingly, the duplication/multiplication of the *CYP2D6* gene in 128 donors was extremely frequent (19.9%), in contrast to the duplication frequencies previously reported in Caucasians (2-5%). Rideg et al. [19] have reported

*CYP2D6* gene duplication with 1.8% frequency in Hungarian population (N=112), similarly to the findings in other European cohorts [8, 15, 20, 33]. Wild-type allele (*CYP2D6\*1*) was identified when none of the allelic variants (*CYP2D6\*3, \*4, \*5, \*6, \*10, \*41* or duplication) was detected. -*1584C*>*G* SNP contributing to increased expression of *CYP2D6* gene (Dorado et al. [21], Llerena et al. [22]), was also assayed in donors who carried *CYP2D6\*1/\*1* genotype to find associations between the mutation in the promoter region of *CYP2D6* gene and UM phenotype.

Duplication of the non-functional alleles, including the highly frequent *CYP2D6\*4* allele can also occur; however, such arrangements do not increase CYP2D6 activity. Copy number determination by TaqMan Copy Number Assay (Thermo Fisher Scientific) gives insufficient information about the copy number of different allelic variants in case of a heterozygous CYP2D6\*1/\*4 individual, since this assay cannot distinguish the duplication of the wild-type alleles (\*1x2/\*4) and non-functional alleles (\*1/\*4x2). We developed a novel fast and simple method combining quantitative PCR and genotyping PCR with TaqMan probes (see 2.3), whereby allele-specific copy number determination was successfully implemented on donors who were heterozygous for *CYP2D6\*4* allele.

3.3 Association between dextromethorphan O-demethylase activity and CYP2D6 genotype

CYP2D6 phenotypes of the 128 organ donors were predicted from their *CYP2D6* genotypes categorizing them as poor, intermediate, extensive and ultra-rapid metabolizers according to the presence or absence of allelic variants with altered functionality. *CYP2D6* genotype groups with the corresponding metabolic activities are shown in Figure 2. All the donors who had no wild type allele (*CYP2D6\*1*) showed low CYP2D6 activity; however, we did not find differences in dextromethorphan O-demethylation activity between the donors with two non-functional alleles and those with one non-functional (\*3, \*4, \*5 or \*6) and one allele associated with reduced CYP2D6 function (\*10 or \*41). The donors with only one wild type

allele were considered to be IMs; however, due to the reduced activity attributed to CYP2D6\*10 or CYP2D6\*41 alleles, we were unable to define a strict border-line between IM and EM phenotype groups. Duplication of non-functional alleles has no effect on CYP2D6 activity, thus CYP2D6\*1/\*4x2 and CYP2D6\*1/\*4 genotypes were considered to be identical in respect of the CYP2D6 activity. Two CYP2D6 genotype groups were considered to be EMs: 1) donors carrying CYP2D6\*1/\*1 and 2) subjects with duplicated wild type allele and one non-functional allele or allele variant with decreased function. These EM individuals with two functional alleles occurred in 45% of the organ donors. Although only two functional alleles were identified, seven donors displayed UM phenotype (dextromethorphan O-demethylation >720 pmol/[mg protein\*min]). Two individuals with CYP2D6\*1/\*1 genotype had extremely high CYP2D6 activity (1242 and 1461 pmol/[mg protein\*min]), which was attributed to the heterozygous (CG) and the homozygous (GG) genotypes at the position of -1584. On the other hand, we found several donors (12/128) carrying two wild type alleles (CYP2D6\*1/\*1) whose hepatic microsomes displayed significantly lower activity than it could be predicted from the corresponding CYP2D6 genotype. Among these individuals, the anamnesis of four of them indicated chronic alcohol consumption, two were under CYP2D6 substrate or inhibitor therapy (beta adrenergic blockers, haloperidol), and one subject received Augmentin. The combination of amoxicillin and clavulanic acid in Augmentin has been reported to evoke liver dysfunction including reduced CYP activities [23]. UM phenotype is primarily attributed to CYP2D6 gene duplication/multiplication; however, of 13 subjects with ultra-rapid CYP2D6 activity (>720 pmol/[mg protein\*min]), we found only 4 donors who carried more than two functional alleles (CYP2D6\*1/\*1x2).

In conclusion, of 128 organ donors, the CYP2D6 phenotypes of 86 were successfully predicted from the genotypes. This means that the accuracy of prediction was 67%. CYP2D6 phenotypes of 16 individuals were underestimated, and the elevated CYP2D6 activities in 5

donors could be explained with -1584C>G SNP, resulting in increased transcription of *CYP2D6\*1* allele [21, 22]. In 26 subjects, the phenotype was overestimated. Several individuals had PM phenotype (dextromethorphan O-demethylation activity lower than 100 pmol/[mg protein\*min]), despite the presence of two or more wild type alleles. External factors, such as CYP2D6 substrate or inhibitor therapy, chronic alcohol consumption and Augmentin therapy were observed in 17 of the 128 donors, which resulted in overestimation of CYP2D6 activity.

## 4. Discussion

CYP2D6 has a crucial role in the metabolism of several clinically important drugs; thus, any changes in CYP2D6 activity influence the patient's response to a drug primarily metabolized by CYP2D6. According to the present knowledge, the expression of CYP2D6 gene is not inducible by any known xenobiotics in contrast to other drug metabolizing CYP enzymes [24, 25]. Since CYP2D6 gene is remarkably polymorphic, the main factor that determines the enzyme activity is thought to be the genetic variations. Personalized medication requires a reliable method to predict CYP2D6 activity from patients' genotype for a long while. Due to the numerous allelic variants, it is a challenge to elaborate an applicable method for CYP2D6 phenotype prediction. Human liver cellular and subcellular systems, such as hepatocytes and microsomes, seem to be a good platform to investigate CYP2D6 genotype-phenotype associations. In this study, CYP2D6 metabolic activities were determined in human liver microsomes derived from Hungarian organ donors using dextromethorphan selective for CYP2D6. The liver samples were CYP2D6-genotyped for the most frequent allelic variants occurring in Caucasian populations. The allele frequencies for CYP2D6\*3, \*4, \*5, \*6, \*10 and \*41 were concordant with previously reported data except for the prevalence of gene duplications (Table 3) [9, 24], which was substantially higher (19.9%) than it was reported in Caucasian populations (2-5%). We were unable to correlate the elevated frequency of *CYP2D6* duplication to any available clinical information about the donors. An association between *CYP2D6* duplication and the cause of donors' death may be assumed. Interestingly, the outstanding frequency of duplication was unequivocally observed in donors died because of cerebral hemorrhage (26%) or accident (33%). It should be emphasized that the most frequent causes of death were cerebral hemorrhage and accident (92/128). Nevertheless, elevated frequency of duplication was not observed among donors died owing to stroke (6%) or tumour (9%). Regarding to the location of the hemorrhage, the cerebral hemorrhage was mostly diagnosed as subarachnoidal hemorrhage/hematoma. Unfortunately, in terms of donors who died in accident, we had limited information about the circumstances; most of them were involved in car, motor or bike accident, however, some suggestive facts, such as suicide, asphyxia and seizure, were also listed as causes of fatal injuries.

CYP2D6 phenotype prediction was based on the determination of the most frequent allelic variants occurring in Caucasians. The donors with two non-functional alleles displayed low CYP2D6 metabolic activity; albeit in some cases the formation rate of the metabolite dextrorphan was in the activity range of IM. The donors with one allele associated with reduced activity (*CYP2D6\*10* or *\*41*) and one non-functional allele (*CYP2D6\*3, \*4, \*5* or *\*6*) appear to display some activities resulting in poor or intermediate metabolizer phenotypes. In agreement with the preceding interpretation by Hicks et al. [26] and Gaedigk [27], the range of metabolic activity among similar CYP2D6 diplotypes can cover even two phenotype categories. Therefore making distinction between the subjects carrying two non-functional alleles and those with one non-functional and one reduced-function alleles is unnecessary. Since both genotypes result in low CYP2D6 activities, the strategy of personalized medication for such patients should take the dose reduction of CYP2D6 substrates into consideration.

The presence of one functional (*CYP2D6\*1*) and one non-functional alleles is considered to be associated with IM phenotype, and the genotype-based prediction for donors' phenotype was correct in most subjects (17/22). Although the microsomal CYP2D6 activities of three donors were in EM activity range despite one functional allele, each of them carried the *-1584C>G* SNP, which was reported to evoke increased CYP2D6 expression [21, 22]. The presence of one functional (*CYP2D6\*1*) and one reduced-function (*CYP2D6\*10* or \*41) alleles can also be predicted to be translated to IM phenotype; however, *CYP2D6\*1/\*10* or *CYP2D6\*1/\*41* genotypes resulted in slightly increased CYP2D6 activities, reassigning these donors to EM activity group. It could be explained by the reduced function of *CYP2D6\*10* and \*41 allele variants, which entails a broader range of CYP2D6 activity spanning IM and EM phenotype categories [26, 27].

*CYP2D6\*1/\*1* genotype, predicted to lead to EM phenotype, was identified in 36 donors; however, only 20 displayed dextromethorphan O-demethylation activity in the EM activity range and 16 were out of this range. In two of the *CYP2D6\*1/\*1* donors, exhibiting the highest CYP2D6 activities, C>G SNP was detected at the position of -1584 (one was homozygous *G/G*, the other was *C/G* heterozygous), reassigning them to UM category. Twelve individuals showed significantly lower activities than it would be predicted from the *CYP2D6\*1/\*1* genotype. More than half of the donors with *CYP2D6\*1/\*1x2* genotype were also demonstrated to belong to the PM, IM or EM activity-based categories, although these individuals had more than two copies of the wild type allele that would designate UM phenotype.

*CYP2D6* genotype-based phenotype prediction overestimated CYP2D6 activity of 26 donors which can be explained by 1) the non-sequencing genotype platform we applied or 2) by some external factors that can modify the enzyme activity. Our non-sequencing genotyping approaches focused on some key polymorphisms that frequently occur in Caucasian

populations; thus, some rare loss-of-function or reduced-function variants were not captured. The phenotype overestimation due to some external factors influencing CYP2D6 enzyme activity has also been indicated by several authors [28-30]. The impact of CYP2D6 substrates or inhibitors, such as beta adrenergic blockers or antipsychotics (haloperidol, risperidone, aripiprazole) on CYP2D6 activity is obvious. The anamnesis of some donors indicated chronic treatment with beta adrenergic blockers or haloperidol, thus, our results could confirm that the genotype-predicted UM and EM donors were simply converted into IMs or PMs by these substrates/inhibitors. Phenotype conversion can also be attributed to some aspecific agents, such as Augmentin treatment or chronic alcohol consumption. Augmentin is an antibiotic drug containing the combination of amoxycillin and clavulanic acid. The hepatotoxic effect of both Augmentin and alcohol has been well described [23, 31, 32]; however, their impact on CYP2D6 is hardly investigated. Our results suggested that Augmentin or chronic alcohol exposure of the donors might contribute to the reduction of CYP2D6 activity, leading to the inconsequence of the CYP2D6 genotype-based phenotype prediction. Because of the hepatotoxic exposure, eleven subjects were found to be PMs or IMs despite the presence of two or more CYP2D6\*1 alleles. In addition, differences in CYP3A4 expression and activity among the donors could have a minor role in the observed disparities between genotype and phenotype, since at a milimolar substrate concentration, the contribution of CYP3A4 to the catalysis of dextromethorphan O-demethylation increases [33].

In conclusion, the phenotype prediction from *CYP2D6* genotype was acceptable for 67% of the donors (86/128). The CYP2D6 activity of some donors (12.5%) was found to be somewhat higher than it would be predicted from their *CYP2D6* genotypes. The underestimation was assumed to be originated from 1) the overlapping ranges of CYP2D6 activity among similar diplotypes or 2) the presence of C>G at the position of -1584 evoking

increased transcription of certain *CYP2D6* alleles. Although the -1584C>G SNP may account for the underestimation of CYP2D6 phenotype for some donors, the association between the -1584G allele and increased CYP2D6 activity requires further investigation. In an appreciable number of donors (20.3%), the genotype-based CYP2D6 phenotype prediction was overestimated because of the rare *CYP2D6* allelic variants which were not included in our genotyping platform or because of the possible external factors that could alter CYP2D6 activity and hepatic function. These findings suggested that although *CYP2D6* genotyping for the most frequent allelic variants successfully predicted the phenotype in more than two thirds of the donors, some external factors could modify the phenotypic appearance of CYP2D6.

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Demographic data				
Donor number		128		
Age (year)	median (min; max)	45 (13; 74)		
Gender	Male/female	67/61		
Cause of death				
Cerebral her	62			
hemato	oma	40		
	Subarachnoid hemorrhage	42		
	Subdural hemorrhage	5		
	Epidural hematoma	1		
	Intraventricular hemorrhage	5		
	Ruptured cerebral aneurysm	4		
	Unknown	5		
Stroke		7		
	Ischemic stroke	6		
	Hemorrhagic stroke	1		
Tumour		16		
Accident		30		
	Car/motor/bike accident	12		
	Seizure induced cerebral injury	1		
	Suicide	4		
	Asphyxia	1		
	Unknown cerebral injury	12		
Unknown		13		
Anamnesis				
	Alcohol consumption	11		
	Medication with CYP2D6 substrate/inhibitor	4		
	Medication with agent which cause potential liver dysfunction	2		

Table 1. Demographic data of the human organ donors

Table 2. Sequences	of PCR prime	ers and probes for	or CYP2D6 genotyping
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	Primer	Sequence	Probe	Sequence
CYP2D6*3	Forward	5'-TGGCAAGGTCCTACGC-3'	Wild	FAM-CACAGGATGACCTGGGACC-BHQ1
	Reverse	5'-TCCATCTCTGCCAGGAAG-3'	Mutant	CalRed610-CACGGATGACCTGGGACC-BHQ2
CYP2D6*4	Forward	5'-CTTCGCCAACCACTCC-3'	Wild	FAM-CCCCAAGACGCCC-BHQ1
	Reverse	5'-GATCACGTTGCTCACG-3'	Mutant	CalRed610-CCCCA <u>G</u> GACGCCC-BHQ2
CYP2D6*6	Forward	5'-TCTCCGTGTCCACCTTG-3'	Wild	FAM-GCTGGAGCAGTGGGTGAC-BHQ1
	Reverse	5'-GCGAAGGCGGCACA-3'	Mutant	CalRed610-GCTGGAGCAGGGGTGAC-BHQ2
CYP2D6*10	Forward	5'-TGAGGCAGGTATGGGGCTA-3'	Wild	FAM-GCACGCTACCCACCAGGC-BHQ1
	Reverse	5'-CAGGTTGCCCAGCCC-3'	Mutant	CalRed610-GCACGCTACTCACCAGGC-BHQ2
CYP2D6*41	Forward	5'-TGGCTGACCTGTTCTCTGC-3'	Wild	FAM-GCCGAGGGAGGAGGAAGGGTACAG-BHQ1
	Reverse	5'-CCTGGTCAAGCCTGTGCT-3'	Mutant	CalRed610-GCCGAGGGAGAGAAAGGGTACAG-BHQ2

FAM, CalRed610 fluorescent labelling; BHQ, black hole quencher

CYP2D6	Number	Allele frequency (%)		
allele		Donors	Caucasians <sup>#</sup>	
*3	2	0.8	2	
*4	56	21.9	20-25	
*5	2	0.8	2-4	
*6	7	2.7	1	
*10	9	3.5	1-2	
*41	20	7.8	7-10	
Duplication	51	19.9	2-5	

Table 3. CYP2D6 allele frequencies in Hungarian organ donors (n=128) and in Caucasian populations

#Based on allele frequencies reported by Sachse et al. [9], Ingelman-Sundberg [24] and www.cypalleles.ki.se/cyp2d6.htm [34]

# **Figure legends**

Figure 1. Frequency distribution of hepatic dextromethorphan O-demethylase activity selective for CYP2D6 in human organ donors

Figure 2. Hepatic CYP2D6 activity (dextromethorphan O-demethylase) in subjects carrying

various CYP2D6 genotypes

▲ acceptable prediction from genotype,  $\nabla$  underestimated phenotype from genotype,  $\Box$  overestimated phenotype from genotype, × chronic alcohol consumption, + subjects under CYP2D6 substrate drug therapy,  $\triangle$  subjects under Augmentin therapy

nf non-functional allele, red reduced-function allele

Figure 1.



Figure 2.

