

LRH: *C. Sinkovics et al.*

RRH: *Estimating the Size on Insect Prey*

**Obtaining accurate measurements of the size and volume of insects fed to nestlings from
video-recordings**

Csenge Sinkovics^{1,3}, Gábor Seress², Virág Fábán², Krisztina Sándor², and András Liker^{1,2}

¹*MTA-PE Evolutionary Ecology Research Group, University of Pannonia, P. O. Box 156,
8200 Veszprém, Hungary*

²*Department of Limnology, University of Pannonia, P. O. Box 156, 8200 Veszprém, Hungary*

³Corresponding author. Email: csenge.sinkovics@gmail.com

1 **ABSTRACT.** Video-recordings are commonly used to study the types, amount, and size of
2 food items provided to nestling birds. However, the accuracy and repeatability of estimates of
3 the size of food items from video-recordings has not been examined. We assessed three
4 aspects of the reliability of measuring prey size from video-recordings of Great Tits (*Parus*
5 *major*) provisioning nestlings. To test the accuracy of measurements of prey size (length and
6 width) used to determine prey volume, we molded artificial plasticine caterpillars and
7 compared their size and volume as determined using measurements of length and width on
8 screenshots of video-recordings (using the vertical diameter of nest-box entrance holes as a
9 size reference) to their actual size and volume. We also examined within- and among-
10 observer repeatability of measurements of the size and volume of actual prey items delivered
11 to nestlings by adult Great Tits. We found that observers were able to accurately measure prey
12 size and determine volume, with high agreement between the actual size and volume of
13 plasticine caterpillars and the size and volume as determined from measurements made on
14 screenshots from video-recordings ($r_{ICC} = 0.99$), and, in addition, within- and among-observer
15 repeatability were also high ($r_{ICC} = 0.98$ and 0.93 , respectively). Overall, our results suggest
16 that the size of prey items delivered to nestlings by adults in video-recordings can be
17 accurately measured and those measurements, in turn, can be used to accurately determine the
18 volume of those insect prey.

19

20 *Key words:* nestling food, insectivorous bird, method, *Parus major*, caterpillar

21

22 The number and condition of nestlings is an important component of reproductive success for
23 birds, and critically depend on the quality and amount of food provided by the parents (Naef-
24 Daenzer and Keller 1999). Food quality is usually studied by identifying components of
25 nestling diet, whereas the quantity of food is most commonly described by feeding rates.
26 However, feeding rate is not always a reliable proxy for the amount of food provided to
27 nestlings because the size of prey items may vary. For example, studies of House Sparrows
28 (*Passer domesticus*) have revealed that the rate at which particularly large food items were
29 delivered was the best predictor of nestling mass (Schwagmeyer and Mock 2008) and survival
30 (Seress et al. 2012) prior to fledging.

31 Several methods have been used to investigate composition and quantity of nestling
32 food, including direct behavioral observations (Schwagmeyer and Mock 2008, Seress et al.
33 2012), neck-collars (Barba and Gil-Delgado 1990, Pagani-Núñez et al. 2011), artificial
34 nestling gape (Gibb and Betts 1963), and fecal analysis (Deagle et al. 2010, Orłowski et al.
35 2015). Video-cameras placed near or inside nest-boxes have also been used by many
36 investigators, allowing researchers to collect data without disturbing birds (Seress et al. 2017).
37 Another advantage of video-recordings is that they allow researchers to estimate the size of
38 food items. In general, however, size estimation requires something to which the size of food
39 items can be compared. Some investigators have used the length of adult bills as a reference
40 (e.g., Navalpotro et al. 2016), whereas others have placed a scale bar above the entrance holes
41 of nest boxes (García-Navas and Sanz 2010). Investigators have also determined prey size in
42 different ways, e.g., some have only used broad size categories (Seress et al. 2012), others
43 estimated prey length (Banbura et al. 2001, García-Navas and Sanz 2010), and still others
44 have estimated the length and width of food items and calculated prey volume (Slagsvold and
45 Wiebe 2007, Wiebe and Slagsvold 2014).

[RG1] megjegyzést írt: I'm not sure what this is. Clarify.

46 Although analysis of video-recordings can provide useful information about both the
 47 composition and size of food items provided to nestlings, the repeatability and reliability of
 48 this method has not been tested. Our objectives, therefore, were to 1) determine how often
 49 observers can identify prey items and determine their size from video-recordings of Great Tits
 50 (*Parus major*) provisioning their young, 2) test the accuracy of prey size measurements by
 51 comparing the actual sizes of known-sized artificial food items to their sizes as measured
 52 from screenshots of video-recordings, and 3) test the repeatability of the size measurements
 53 both within and among observers.

54 55 METHODS

56 **Study sites, populations, and data collection.** Our study was conducted at two urban
 57 and two forest sites in Hungary. The urban study sites were located in Veszprém
 58 (47°05'17"N, 17°54'29"E) and Balatonfüred (46°57'30"N, 17°53'34"E), where nest boxes
 59 were placed in public parks, a cemetery, and university campuses where vegetation consists
 60 of both native and introduced species. The forest study sites were in a downy oak (*Quercus*
 61 *pubescens*) and South European flowering ash (*Fraxinus ornus*) forest at Vilma-puszta
 62 (47°05'06.7"N, 17°51'51.4"E) and in a European beech (*Fagus sylvatica*) and European
 63 hornbeam (*Carpinus betulus*) forest near Szentgál (47°06'39"N, 17°41'17"E). Nest boxes at
 64 all study sites were checked at least twice a week throughout each breeding season (March-
 65 July [] to determine laying dates, clutch sizes, hatching dates, and brood sizes of breeding
 66 Great Tits.

67 We collected one 60-min-long video-recording per breeding pair when nestlings were
 68 8-12 days old (mean \pm SE = 9.6 \pm 0.1 days) because one-hour observation periods are
 69 reported to be sufficient for quantifying the provisioning behavior of Great Tits (Pagani-
 70 Núñez and Senar 2013). We video-recorded first broods, with eggs hatching between 11 April

[RG2] megjegyzést írt: What years?

71 and 3 May. At the start of each recording session, we placed a small video-camera (GoPro
 72 HD HERO 2) in a black plastic box outside the nest-box (~15 cm from the entrance hole; Fig.
 73 1a) to minimize the possible effect of the camera's presence. Camera boxes were already
 74 attached to nest-boxes so the birds were familiar with them. During video-recordings,
 75 observers stayed away from nest-boxes to avoid disturbing the parents. We never captured or
 76 banded adults or measured and banded nestlings prior to video-recording to avoid the possible
 77 disturbances caused by these processes (Seress et al. 2017).

78 **Determining the type and volume of prey items from video-recordings.** We
 79 visually scanned 53 video recordings using VLC media player 2.1.5. (Free Software
 80 Foundation) and took a screenshot of each feeding event when a parent bird held a prey item
 81 in front of the entrance hole (mean = 21.9 ± 1.7 feeding events per video-recording). Adult
 82 Great Tits are usually single prey loaders (Kluijver 1950), and we did not record any feeding
 83 event when a parent carried multiple prey items. From screenshots, we determined prey type
 84 and also measured the size of food items that were clearly visible. We divided food items into
 85 three categories: (1) caterpillar, (2) other arthropods, and (3) non-arthropods, e.g., seeds and
 86 eggshells. We then used the software Fiji (Schindelin et al. 2012) to measure the length and
 87 width of each prey item to the nearest 0.001 mm (excluding wings and legs), and used the
 88 vertical diameter of the entrance hole (32 mm and clearly visible in each screenshot) as a size
 89 reference. We measured the length of food items, and their average width was calculated as
 90 the mean of three measurements at each third of the item's length because width can vary
 91 along the body of some types of prey (Fig. 1b). We then calculated prey volume, assuming
 92 prey had the shape of a cylinder (Slagsvold and Wiebe 2007), using the following equation:

$$93 \quad V = \pi l(0.5w)^2$$

94 where V is prey volume, and l and w are the length and average width of a prey item,
 95 respectively.

[RG3] megjegyzést írt: A brief explanation of how the software is used to measure items would be useful to readers.

[RG4] megjegyzést írt: For open-cup nesting species, couldn't investigators use the length of some unobtrusive object placed somewhere near nests when video-recording?

96 **Measuring the volume of artificial caterpillars.** To test the accuracy of measuring
97 prey size from images, we molded 40 artificial caterpillars from colored plasticine to resemble
98 living *Lepidoptera* larvae, which are the main component of the diet of nestling Great Tits in
99 our study population and other populations (Perrins 1991, Sinkovics 2014). Because our
100 earlier field observations revealed that adult Great Tits delivered caterpillars between 2.67–
101 36.17 mm in length and between 1.19–8.35 mm in width to nestlings, the size of plasticine
102 caterpillars varied within these ranges. Plasticine caterpillars were made in the characteristic
103 curved position similarly to that when birds hold caterpillars in their beaks (Fig. 1b). We held
104 the artificial caterpillars with tweezers (to mimic a bird’s beak) at the front of a nest box
105 entrance and recorded these presentations with a video-camera placed in the camera-box used
106 to record provisioning behavior (see above). Artificial caterpillars were presented in random
107 order. The measuring process was the same as described above (i.e., we took screenshots and
108 measured length and average width to calculate volume), and the person doing the measuring
109 did not know the actual size of these artificial food items. Finally, we measured the length and
110 width of the plasticine caterpillars with calipers and calculated their true volume.

111 **Within- and between-person reliability of prey size measurements.** To test whether
112 the measurements of actual prey items from video-recordings (described above) were
113 reproducible, we selected 40 prey items from 12 video-recordings that were clearly visible.
114 These prey items were selected to represent the whole prey-size spectrum. For testing within-
115 observer reliability, one person measured these items twice, whereas, for testing among-
116 observer reliability, three people measured each item.

117 **Statistical analyses.** We used intraclass correlation (ICC) to test the repeatability
118 between measurements (Lessells and Boag 1987, Koo and Li 2016). Various ICC coefficient
119 (r_{ICC}) values were proposed as thresholds for reliable measurements: for example, Lee et al.
120 (1989) suggest that ICC indicates a reliable method if the lower limit of the 95% confidence

121 interval of r_{ICC} is at least 0.75; Chinn (1991) recommends that a useful measurement should
122 have an r_{ICC} of at least 0.6; Koo and Li (2016) suggested that an r_{ICC} between 0.5 - 0.75
123 indicates moderate, 0.75 - 0.9 indicates good, and > 0.90 indicates excellent reliability. Here
124 we used the most often-used criterion, i.e., whether r_{ICC} was significantly higher than 0.75.

125 In addition to calculating ICCs, we also tested whether there was any consistent bias
126 between repeated measurements by comparing the mean values of these measurement series
127 (Lee et al. 1989). In the artificial caterpillar experiment and within-observer reliability test
128 where two sets of measurements were compared, we used paired t -tests to examine possible
129 differences between the means. In the among-observer reliability test with three observers, we
130 used linear mixed-effects models (LMM, using package 'nlme'), where the dependent
131 variable was prey volume, the explanatory variable was observer ID (i.e., the IDs of the three
132 people who measured the same prey items), and the random factor was the prey item ID. To
133 summarize, in each case, we used ICC to examine the correlation between two series of
134 measurements as well as using a paired t -test or LMM to compare the means of the
135 measurements. Statistical analyses were conducted using R statistical software (version 3.2.2).
136 ICC estimates and their 95% confident intervals were calculated using the 'irr' R package.

137

138 RESULTS

139 We identified 68.3% of the prey items from the videos of Great Tits provisioning
140 nestlings, and were able to measure the volume of 32.4% of the prey items ($N = 1170$ feeding
141 events). When prey type, prey size, or both could not be determined, adults either entered nest
142 boxes too fast, resulting in a blurry image, or held prey items so they were not clearly visible
143 (e.g., partially blocked from view by a bird's bill).

144 Comparison of the true volume of plasticine caterpillars with their volume as
145 determined using measurements on screenshots of video-recordings revealed that our method

146 allowed accurate estimates of prey volume. The r_{ICC} values were high (Table 1, Fig. 2a) and
147 we found no significant difference between the means of the two sets of measurements (Table
148 2). We also found that estimates of prey volume were highly repeatable. The r_{ICC} values were
149 high for both within- and among-observer repeatability (Table 1, Fig. 2b-e), and we found no
150 significant differences between mean volumes estimated by repeated measurements made by
151 either the same or different observers (Table 2).

152

153

154

DISCUSSION

155 Our plasticine-caterpillar experiment confirmed that the volume of prey items
156 provided to nestlings can be accurately determined using measurements made on screenshots
157 from video-recordings, and our reliability analyses revealed that measurements were highly
158 repeatable and unbiased both within and among observers. We also found that the diameter of
159 nest-box entrances can provide a good size standard for measuring prey size.

160 A disadvantage of using a camera outside of nest boxes in our study was the difficulty
161 in determining the type and size of prey items because adults either entered nest boxes too fast
162 or prey were not clearly visible. We suggest three possible ways to overcome these issues.
163 First, video-recordings in some studies have been made using cameras placed inside nest
164 boxes (e.g., Pagani-Núñez and Senar 2014, Navalpotro et al. 2016). This may make
165 identification and measurement of prey items easier because video-recorders can be placed in
166 a more favorable position (e.g., in front of adults rather than on the side) and because adults
167 may move more slowly once they enter a nest-box.

168 Second, Currie et al. (1996) also used video-cameras placed outside of nest boxes, but
169 attached a small wire cage to the front of the entrance. Because parent birds could only access

170 their nest through the wire cage, they moved more slowly and improved the likelihood that
 171 prey items could be identified and their size measured. Using this method, Currie et al. (1996)
 172 were able to identify 94.4% of the prey items delivered to nestling Great Tits from video-
 173 recordings.

174 Finally, the number of prey items that can be measured can be increased by
 175 extrapolating volume from estimates of size. For example, we noted several feeding events
 176 where a prey item was clearly visible, but the size could not be measured because the adult
 177 did not hold it in front of the entrance hole that we used to scale prey size. In many such cases
 178 (37%), however, we were able to estimate approximate prey size relative to the **length and**
 179 **width of bird bills**, and then use these values to estimate prey volume (C. Sinkovics et al.,
 180 unpubl. data). To do this, we created four length categories, including small (shorter than the
 181 bill), medium (same length as the bill), large (longer than the bill), and very large (at least
 182 twice as long as the bill), and three width categories, including thin (not as wide as the bill),
 183 medium (same width as the bill), and thick (wider than the bill), and then placed the prey
 184 items into one 12 size categories (small x thin, small x medium, and so on). Then, we placed
 185 prey items into the same categories **using their exact length** (small = < 7 mm, medium = 7 –
 186 14 mm, big = 14-21 mm, and extra = > 21 mm) and width (thin = < 3 mm, medium = 3 – 6
 187 mm, and thick = > 6 mm) and calculated the average of the measured volume for each
 188 category. Finally, we assigned these average volume values to all prey items categorized by
 189 comparison to beak length. Using this method, we were able to estimate the volume of a
 190 greater percentage of prey items (57.4% rather than 32.4%).

191 In conclusion, we found that accurate measures of the volume of prey items can be
 192 made from video-recordings, allowing investigators to characterize the provisioning efforts of
 193 adults by prey volume rather than just provisioning rates – at least for single prey-loading
 194 species that deliver one food item per feeding visit. We also found that accurate

[RG5] megjegyzést írt: What were the length and width of the bills?

[RG6] megjegyzést írt: Where do these numbers come from and why, if they're 'exact' do these categories have a range of lengths and widths? Clarify.

195 measurements can be made by multiple observers, given our high among-observer
196 repeatability, when observers are provided with a detailed description of the protocol for
197 making measurement. Finally, our results show that the location of video-cameras is
198 important and can potentially limit the ability of observers to identify and accurately measure
199 the size of prey items delivered to nestlings by adults.

200

201

202

Acknowledgments

203 Our study was financed by a grant from the National Research, Development and
204 Innovation Office (NKFIH) of Hungary (K112838). G. S was supported by an NKFIH
205 postdoctoral grant (PD 120998) during the preparation of the manuscript. All procedures were
206 in accordance with the guidelines for animal care outlined by ASAB/ABS and Hungarian
207 laws.

208

209

210

Literature Cited

211 BANBURA, J., P. PERRETI, J. BLONDEL, A. SAUVAGES, M.-J. GALAN, AND M. M. LAMBRECHTS.

212 2001. Sex differences in parental care in a Corsican Blue Tit *Parus caeruleus* population.

213 *Ardea* 89: 517–526.

214 BARBA, E., AND J. A. GIL-DELGADO. 1990. Seasonal variation in nestling diet of the Great Tit

215 *Parus major* in orange groves in eastern Spain. *Ornis Scandinavica* 21: 296-298.

216 CHINN, S. 1991. Repeatability and method comparison. *Thorax* 46: 454–456.

217 CURRIE, D., N. NOUR, AND F. ADRIAENSEN. 1996. A new technique for filming prey delivered

218 to nestlings, making minimal alterations to the nest box. *Bird Study* 43: 380–382.

- 219 DEAGLE, B. E., A. CHIARADIA, J. MCINNES, AND S. N. JARMAN. 2010. Pyrosequencing faecal
220 DNA to determine diet of Little Penguins: is what goes in what comes out? *Conservation*
221 *Genetics* 11: 2039–2048.
- 222 GARCÍA-NAVAS, V., AND J. J. SANZ. 2010. Flexibility in the foraging behavior of Blue Tits in
223 response to short-term manipulations of brood size. *Ethology* 116: 744–754.
- 224 GIBB, J. A., AND M. M. BETTS. 1963. Food and food supply of nestling tits (Paridae) in
225 breckland pine. *Journal of Animal Ecology* 32: 489–533.
- 226 KLUIJVER, H. N. 1950. Daily routines of the Great Tit, *Parus m. major* L. *Ardea* 38: 99–135.
- 227 KOO, T. K., AND M.Y. LI. 2016. A guideline of selecting and reporting intraclass correlation
228 coefficients for reliability research. *Journal of Chiropractic Medicine* 15: 155–163.
- 229 LEE, J., D. KOH, AND C.N. ONG. 1989. Statistical evaluation of agreement between two
230 methods for measuring a quantitative variable. *Computers in Biology and Medicine* 19:
231 61–70.
- 232 LESSELLS, C. M., AND P. T. BOAG. 1987. Unrepeatable repeatabilities: a common mistake.
233 *Auk* 104: 116–121.
- 234 NAEF-DAENZER, B., AND L. F. KELLER. 1999. The foraging performance of Great and Blue
235 tits (*Parus major* and *P. caeruleus*) in relation to caterpillar development, and its
236 consequences for nestling growth and fledging weight. *Journal of Animal Ecology* 68:
237 708–718.
- 238 NAVALPOTRO, H., E. PAGANI-NÚÑEZ, S. HERNÁNDEZ-GÓMEZ, AND J. C. SENAR. 2016.
239 Comparing prey composition and prey size delivered to nestlings by Great Tit, *Parus*
240 *major*, and Blue Tit, *Cyanistes caeruleus*, in a Mediterranean sclerophyllous mixed
241 forest. *Animal Biodiversity and Conservation* 39: 129–139.
- 242 ORŁOWSKI, G., A. WUCZYŃSKI, AND J. KARG. 2015. Effect of brood age on nestling diet and
243 prey composition in a hedgerow specialist bird, the Barred Warbler *Sylvia nisoria*. *PLoS*

- 244 ONE 10: e0131100.
- 245 PAGANI-NÚÑEZ, E., Í. RUIZ, J. QUESADA, J. J. NEGRO, AND J. C. SENAR. 2011. The diet of
246 Great Tit *Parus major* nestlings in a Mediterranean Iberian forest : the important role of
247 spiders. *Animal Biodiversity and Conservation* 34: 355–361.
- 248 PAGANI-NÚÑEZ, E., AND J. C. SENAR. 2014. Are colorful males of Great Tits *Parus major*
249 better parents? Parental investment is a matter of quality. *Acta Oecologica* 55: 23–28.
- 250 PAGANI-NÚÑEZ, E., AND J. C. SENAR. 2013. One hour of sampling is enough: Great Tit *Parus*
251 *major* parents feed their nestlings consistently across time. *Acta Ornithologica* 48: 194–
252 200.
- 253 PERRINS, C. M. 1991. Tits and their caterpillar food supply. *Ibis* 133: 49–54.
- 254 SCHINDELIN, J., I. ARGANDA-CARRERAS, E. FRISE, V. KAYNIG, M. LONGAIR, T. PIETZSCH, S.
255 PREIBISCH, C. RUEDEN, S. SAALFELD, B. SCHMID, J.-Y. TINEVEZ, D. J. WHITE, V.
256 HARTENSTEIN, K. ELICEIRI, P. TOMANCAK, AND A. CARDONA. 2012. Fiji : an open-source
257 platform for biological-image analysis. *Nature Methods* 9: 676–682.
- 258 SCHWAGMEYER, P. L., AND D. W. MOCK. 2008. Parental provisioning and offspring fitness:
259 size matters. *Animal Behaviour* 75: 291–298.
- 260 SERESS, G., V. BÓKONY, I. PIPOLY, T. SZÉP, K. NAGY, AND A. LIKER. 2012. Urbanization,
261 nestling growth and reproductive success in a moderately declining House Sparrow
262 population. *Journal of Avian Biology* 43: 403–414.
- 263 SERESS, G., E. VINCZE, I. PIPOLY, T. HAMMER, S. PAPP, B. PREISZNER, V. BÓKONY, AND A.
264 LIKER. 2017. Effects of capture and video-recording on the behavior and breeding
265 success of Great Tits in urban and forest habitats. *Journal of Field Ornithology* 88: 299–
266 312.
- 267 SINKOVICS, C. 2014. A fiókatáplálék mennyisége , minősége és szezonálisvárosi és erdei
268 széncinege (*Parus major*) populációkban. M. S. thesis. Szent István University, Gödöllő,

269 Hungary.

270 SLAGSVOLD, T., AND K. L. WIEBE. 2007. Hatching asynchrony and early nestling mortality:
271 the feeding constraint hypothesis. *Animal Behaviour* 73: 691–700.

272 WIEBE, K. L., AND T. SLAGSVOLD. 2014. Prey size increases with nestling age: are
273 provisioning parents programmed or responding to cues from offspring? *Behavioral*
274 *Ecology and Sociobiology* 68: 711–719.

275

276

277 **Tables**

278

279 Table 1. Intraclass correlation (ICC) tests of the repeatability between actual volumes and
 280 those determined using measurements from screenshots from video-recordings, and of within-
 281 and among-observer measures of prey volume from video-recordings. For plasticine
 282 caterpillars ($N = 40$), one person first measured length and width from a screenshot and then
 283 measured their real size with a caliper. For within-observer reliability, one person measured
 284 each prey item ($N = 40$) on screenshots twice and, for among-observer reliability, three people
 285 measured the same prey item once. We tested the null hypothesis that $r_{ICC} > 0.75$, so the
 286 reported P values refer to the significance of this test.

287

Comparison	Intraclass correlation			
	r_{ICC}	95% confidence interval of r_{ICC}	F	P
Plasticine caterpillars	0.99	0.985-0.995	31.6	< 0.001
Within-observer reliability	0.98	0.97-0.99	16.2	< 0.001
Among-observer reliability	0.93	0.90-0.96	4.3	< 0.001

288

289

290

291 Table 2. Comparison of actual volumes of plasticine caterpillars and those determined using
 292 measurements from screenshots of video-recordings, and the within- and among-observer
 293 reliability of determining prey volumes determined using measurements from screenshots.
 294 We used paired *t*-tests for the comparisons of plasticine caterpillars and within-rater
 295 repeatability, and used a linear mixed-effect model for between-rater repeatability.

Comparison		Mean difference or intercept (mm ³)	SE	<i>t</i>	<i>P</i>
Plasticine caterpillars	-	0.92	7.42	0.1	0.90
Within-observer reliability	-	-1.86	6.26	-0.3	0.77
Among-observer reliability	Intercept (Observer 1)	225.08	34.68	6.5	< 0.001
	Observer 2	1.85	12.78	0.1	0.89
	Observer 3	-4.33	12.78	-0.3	0.74

296

297

298 Provide Figure legends. Combine Figs. 1a and 1b into a single figure and label as (a) and (b).
 299 Also, on Fig. 2, a) and b) at the top are only partly visible. Also, for (a), the y-axis label
 300 should be 'Volume determined from video (mm³)', for (b), the axes should be 'Volume,
 301 determined first time' and 'Volume, determined second time', and, for (c), (d), and (e), the
 302 axis labels should be 'Volume determined by Observer 1', etc. Finally, move and center (e)
 303 below (c) and (d)