

The assessment of visuospatial skills and verbal fluency in the diagnosis of Alzheimer's disease

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Conflict of interest statement

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest

Author contribution statement

B.D.B. was responsible for data management and the conduction of statistical analysis. She contributed to the writing of the manuscript.

A.K. was involved in the recruitment of patients, and in the design of the study protocol. She contributed to the correction of the manuscript.

A.A.H. performed neuropsychological assessments, evaluated the results and concluded the major findings. He contributed to the writing of the manuscript.

Keywords

Alzheimer's disease, Neuropsychology, verbal fluency, Visuospatial abilities, Cognitive domain

Abstract

Word count: 261

Background: In the diagnosis of Alzheimer's disease (AD), examining memory is predominant. Our aim was to analyse the potential role of various cognitive domains in the cognitive evaluation of AD.

Methods: 110 individuals with clinically defined AD and 45 healthy control participants underwent neuropsychological evaluation including Addenbrooke's Cognitive Examination (ACE). AD patients were selected in three groups based on disease duration in years (y) (Group 1: $\leq 2y$ n=36; Group 2: 2-4y n=44, Group 3: $\geq 4y$ n=30). Covariance weighted intergroup comparison was performed on global cognitive score and subscores of cognitive domains. Spearman's rho was applied to study the correlation between cognitive subscores and disease duration. Wilcoxon signed ranked test was used for within group analysis among ACE cognitive subscores.

Results: Significant difference was found between ACE total scores among groups ($\chi^2=119,1$; $p<0,001$) with a high negative correlation ($p<0,001$; $r: -0,643$). With longer disease duration, all the subscores of ACE significantly decreased ($p's <0,001$). Visuospatial score showed the strongest negative correlation with disease duration with a linear trajectory in decline ($r: -0,85$). In the early phase of cognitive decline, verbal fluency was the most impaired cognitive subdomain (normalized value: 0.64), and it was significantly reduced compared to all other subdomains ($p's <0,05$).

Conclusion: We found that impairment of verbal fluency is the most characteristic feature of early cognitive decline, therefore it might have crucial importance in the early detection of Alzheimer's disease. Based on our results visuospatial assessment might be an ideal marker to monitor the progression of cognitive decline in AD.

Key words: (3-5): Alzheimer's disease, neuropsychology, cognitive domains, progression, diagnosis

Introduction

Contribution to the field

While the role of memory impairment is a frequently observed aim of research studies, lower number of studies have investigated the importance of visuospatial abilities and verbal fluency in the early recognition of Alzheimer's disease and in the monitoring of progression of cognitive decline. In the current study, we analyzed the cognitive profile of 110 rigorously selected Alzheimer patients with various disease duration and 45 healthy controls. We analyzed the contribution of six cognitive domains in the cognitive deficit of Alzheimer patients, namely orientation, memory, language, attention, verbal fluency and visuospatial abilities. We demonstrated that verbal fluency is the most impaired cognitive subdomain in the initial phases of AD. We also highlighted that only visuospatial scores follow a linear decline among the disease course indicating the priority of this cognitive domain in assessment of disease progression.

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Ethics statements

Studies involving animal subjects

Generated Statement: No animal studies are presented in this manuscript.

Studies involving human subjects

Generated Statement: The studies involving human participants were reviewed and approved by The Hungarian Medical Research Council . The patients/participants provided their written informed consent to participate in this study.

Inclusion of identifiable human data

Generated Statement: No potentially identifiable human images or data is presented in this study.

Data availability statement

Generated Statement: The raw data supporting the conclusions of this article will be made available by the authors, without undue reservation.

In review

1 **The assessment of visuospatial skills and verbal fluency in the**
2 **diagnosis of Alzheimer's disease**

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58 subdomain (normalized value: 0.64), and it was significantly reduced compared to all other
59 subdomains (p 's $<0,05$).

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61 early cognitive decline, therefore it might have crucial importance in the early detection of
62 Alzheimer's disease. Based on our results visuospatial assessment might be an ideal marker to
63 monitor the progression of cognitive decline in AD.

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65 diagnosis

66 Introduction

67 Currently there are around fifty million patients worldwide living with major
68 neurocognitive disorders. This number is expected to triple by 2050, placing tremendous socio-
69 economic and medical burden on the society. Alzheimer's disease (AD) is the leading cause of
70 cognitive decline in older adults, accounting for two thirds of dementia cases worldwide (1).
71 AD is characterised by gradual decline of cognitive function, affecting the social and
72 communication skills as well. The histopathological hallmarks of the disease are the presence
73 of extracellular amyloid plaques and intracellular neurofibrillary tangles (2). The initially
74 affected neural structures are the hippocampus and the entorhinal cortex (3). These areas have
75 crucial role in episodic memory, spatial orientation, and visuospatial abilities.

76 The progression of the disease follows a pattern starting with mild cognitive impairment
77 (MCI) as the prodromal phase of AD which may appear years prior to the dementia diagnosis
78 of a patient. In most patients, MCI is characterised by memory complaints (amnestic type MCI)
79 (4). According to the current DSM-V diagnostic guideline, short-term memory impairment
80 becomes significant and learning difficulties appear in mild AD (5). In moderate AD, other
81 cognitive domains are involved as well including language difficulties and impaired orientation.
82 In severe AD, all cognitive domains are severely affected, communication skills and self-
83 reliance are lost (6).

84 Current diagnostic guidelines advise the evaluation of a patient's medical history, clinical
85 examination to test mental status as core tests and cerebrospinal fluid analysis, neuroimaging

86 using magnetic resonance imaging or positron emission tomography as supportive diagnostic
87 markers (7). Use of neuropsychological test batteries is recommended too (e.g. Montreal
88 Cognitive Assessment- MoCA, Addenbrooke Cognitive Examination- ACE, Alzheimer's
89 Disease Assessment Scale-Cognitive Subscale- ADAS-Cog). These tests focus mostly on
90 assessing memory function and learning skills (the ratio of memory points/ maximum score is
91 5/30 in MoCA, 35/100 in ACE and 35/70 in ADAS-Cog), while investigation of visuospatial
92 abilities (the ratio of visuospatial points/ maximum score is 4/30 in MoCA, 5/100 in ACE and
93 0/70 in ADAS-Cog), and verbal fluency (the ratio of verbal fluency points/ maximum score is
94 1/30 in MoCA, 14/100 in ACE and 5/70 in ADAS-Cog), is relatively less detailed (8). However,
95 they might hold significant diagnostic and prognostic potential as well (9) since they require
96 organized activation of large neural networks (10-12).

97 We hypothesised that in AD the severity of visuospatial- and verbal fluency performance
98 decline is related to disease duration, as during the course of the neurodegenerative process
99 more and more cortical areas involved in these functions become affected. Thus, our aim was
100 to analyse the profile of cognitive impairment in AD patients with various disease duration
101 exploring multiple cognitive domains (memory, orientation, attention, verbal fluency, language
102 and visuospatial abilities) to assess their potential role in the early identification of AD and in
103 the follow-up of the progression of cognitive decline.

104 **Methods**

105 **Participants**

106 One hundred and ten participants (61 male, 49 female, mean age 73,1±6,6) with
107 clinically defined AD and forty-five healthy control participants (16 male, 29 female, mean
108 age 68,6 ±7,40) were recruited from the Department of Neurology at the National Institute of
109 Mental Health, Neurology and Neurosurgery (previously named National Institute of Clinical
110 Neurosciences) in Budapest, Hungary. Informed written consent was obtained from each
111 participant. The participants' diagnosis was given based on the guidelines of the National
112 Institute on Aging and the Alzheimer's Association (NIA-AA). (13) We sorted the participants
113 with AD in three groups based on disease duration. Group 1 (n=36) included participants with
114 disease duration up to two years, group 2 (n=44) with disease duration of 2 to 4 years, and group
115 3 (n=30) with disease duration of 4 years or more. The healthy control individuals (Group 0;
116 n=45) had negative neurological status and intact cognitive performance based on
117 neuropsychology. Disease duration was calculated from the date of clinical diagnosis of AD.
118 Heteroanamnestic data were also collected from family members and caregivers. Patients with
119 a history of cognitive symptoms more than 2 years prior to the diagnosis of AD were not
120 included in the current analysis. All methods were carried out in accordance with relevant
121 guidelines and regulations. All experimental protocols were approved by The Hungarian
122 Medical Research Council (reference number of ethical approval: 024505/2015).

123 **Clinical testing**

124 The participants underwent detailed medical, neurological, physical examination, as
125 well as routine blood checks including thyroid functions and vitamin B12 levels. All patients
126 had structural brain magnetic resonance imaging (MRI). MRIs were analyzed with visual
127 inspection and medial temporal lobe atrophy (MTA) score was calculated. MTA=1 shows that
128 choroid fissure is slightly widened among the hippocampi, MTA=2 shows mild enlargement of
129 temporal horn and mild loss of hippocampal height, MTA=3 indicates moderate enlargement
130 of temporal horn and moderate loss of hippocampal height, while MTA=4 shows the marked
131 enlargement of temporal horn and the loss of internal hippocampal structure. (14) We

132 determined all the known risk factors of cognitive decline as exclusion criteria. Such risk factors
133 included: untreated vitamin B12 deficiency or hypothyroidism, liver disease, renal
134 insufficiency, alcohol or substance abuse, psychoactive drugs influencing cognitive function
135 except for anti-dementia medications, clinically significant brain lesions (white matter lesions,
136 stroke,) demyelinating conditions, head injury with loss of consciousness, hydrocephalus,
137 schizophrenia, major depression, electroconvulsive therapy, HIV infection, syphilis or prior
138 central nervous system infections.

139 Neuropsychology

140 All participants took part in neuropsychological evaluation. The assessments were
141 conducted by trained neurologists or neuropsychologists. The language of evaluation was
142 Hungarian. We selected the Hungarian version of Addenbrooke's Cognitive Examination
143 (ACE) (15) to assess cognitive function. It is known for its high specificity and sensitivity in
144 the diagnosis of cognitive disorders (16). It tests six cognitive domains: orientation, attention,
145 memory, verbal fluency, language and visuospatial abilities with a maximum score of 10; 8;
146 35; 14; 28; 5 respectively, resulting in a maximum total score of 100. A total score of 83 set as
147 cut off score has a 82% sensitivity at age>65 (17). Calculating the ratio of verbal fluency (V)
148 and language (L) subscores/orientation (O) and delayed recall memory (M) subscores (VLOM
149 ratio: $(V+L)/(O+M)$) enables differentiation between AD and frontotemporal dementia (FTD).
150 The normal range of VLOM ratio is between 2.2 and 3.2. A value higher than 3.2 indicates
151 Alzheimer-type dementia, while a value lower than 2.2 demonstrates frontotemporal type
152 dementia. Visuospatial abilities are tested by asking the participant to copy two overlapping
153 pentagons, to copy a cube and to draw a clock face with the hands set at a specified time. Verbal
154 fluency is analyzed with two tasks to examine categorical fluency (naming of animals) and
155 phonemic fluency (listing words starting with the letter "m"). Furthermore, the Mini-Mental
156 State Examination (MMSE) is incorporated in the ACE enabling dementia severity assessment.
157 Its total score ranges from 0 to 30, with higher scores indicating better cognitive performance.
158 AD patients had MMSE<25, while controls had>25.

159 Depression and anxiety may impair cognitive function (18, 19). To reduce the influence
160 of depression and anxiety on the data, we included the Beck Depression Inventory II (BDI-II)
161 and Spielberger State and Trait Anxiety Inventory (STAI) in our test battery. A BDI-II score of
162 less than 13 demonstrates minimal depression. Scores between 14 and 19 indicate mild
163 depression, those between 20 and 28 refer to moderate depression, while a score of 29 or higher
164 demonstrates severe depression. A low level of anxiety is indicated by a score of 45 or less for
165 both state and trait anxiety. Participants with a BDI-II score of >13 or a STAI score of >45 were
166 excluded from our analysis.

168 Data analysis

169 A recent study of de Boer et al. (20) reported significant differences in MMSE total
170 score and cognitive subdomains' scores between three study groups of 125 AD patients in total
171 with various disease durations. Based on their results and our power calculations the probability
172 was equal or greater than 80% to find a significant ($\alpha=0.05$) difference between study
173 groups in ACE total and cognitive subscores with a sample size of 150. Data distribution was
174 tested using Shapiro-Wilk test. To test for significant differences (for intergroup comparisons)
175 in demographic variables (e.g. age, years of education) one-way ANOVA and Kruskal-Wallis
176 tests were used as parametric and non-parametric tests respectively based on the distribution of
177 data. Statistical significance level was set at $p<0.01$ based on Bonferroni-correction due to

178 multiple comparisons. Due to the non-parametric distribution of data Spearman's rho was used
179 to study the correlation between disease duration (years) and cognitive function represented by
180 the ACE total score. Between-group differences for ACE subscores were tested with covariance
181 weighted (age, sex, disease onset) ANOVA and Kruskal-Wallis tests. Tukey test was applied
182 for post-hoc analysis. Spearman correlation was applied for the connection of ACE subscores
183 and disease duration. For within group analysis including normalized ACE subscores,
184 normalization was applied with the achieved score in each cognitive domain divided with a
185 maximum possible score of the same cognitive domain (e.g., 7/28 in language cognitive domain
186 resulted in 0.25). Normalized data were compared with Wilcoxon-signed rank test because of
187 the non-parametric distribution. IBM SPSS 20 software was used for statistical analysis.

188 Results

189 Demographic data

190 Altogether 155 individuals (77 male: 49,7%, 78 females: 50,3%) participated in the
191 study. The participants' mean age was $71,8 \pm 7,1$ years. The median duration of their education
192 was 12 (12,0-17,0) years. Of the 155 participants 45 were cognitively intact control individuals
193 while 110 were diagnosed with clinically defined Alzheimer's disease. On brain MRI patients
194 showed the characteristic cortical atrophy (bifrontal-bitemporal atrophy with reduced
195 hippocampi). All patients had MTA score ≥ 3 .

196 Group 1 (n=36; disease duration of no more than 2 years) included 23 male (63,89%)
197 and 13 female (36,11%) participants with a mean age of $70,7 \pm 7,4$ years. In group 2 (n=44;
198 disease duration of 2 to 4 years) there were 25 male (56,8%) and 19 female (43,2%) participants.
199 Their mean age was $74,1 \pm 6,2$ years. In group 3 (n=30; disease duration longer than 4 years) 13
200 male (43,3%) and 17 female (56,7%) participants were selected, with a mean age of $74,6 \pm 5,4$
201 years. Group 0 included 45 control individuals (16 male (35,6%) and 29 female (64,4%)). Their
202 mean age was $68,6 \pm 7,4$ years. We studied between-group differences in sex, age, age at disease
203 onset, education level, disease duration, ACE total score, ACE subscores and VL0M ratio
204 (Table 1). Significant differences ($p < 0,001$) were reported in almost all parameters except sex
205 and age at disease onset.

206 Insert Table 1.

207 Relationship between ACE total score and disease duration

208 Spearman's rho showed a significant negative correlation between ACE total scores and
209 disease duration ($p < 0,001$; $r: -0,643$). To support this finding a one-way Kruskal-Wallis test was
210 used confirming significant group effect on total ACE score ($\chi^2 = 115,81$; $p < 0,001$).

211 Between-group differences between ACE subscores

212 One-way ANOVA was used to test between-group differences between the memory
213 subscores. (Table 1). Significant between-group differences were found for memory ($F = 69,11$;
214 $p < 0,001$). Kruskal-Wallis test was applied to study between-group differences between
215 subscores of orientation, attention, verbal fluency, language, and visuospatial abilities (Table
216 1). Significant between-group differences were found for orientation ($\chi^2 = 96,27$; $p < 0,001$),
217 attention ($\chi^2 = 87,11$; $p < 0,001$), verbal fluency ($\chi^2 = 61,12$; $p < 0,001$), language ($\chi^2 = 100,38$;
218 $p < 0,001$) and visuospatial abilities ($\chi^2 = 113,96$; $p < 0,001$). Age, sex and disease onset did not
219 have significant modifier effect on between group differences (all p values $> 0,01$). Tukey post-
220 hoc analysis revealed that Group 1 differs from Group 2, Group 3 and Group 0 in orientation

221 skills (all p values <0.001). Group 0 also differs from Group 2 and Group 3 in orientation skills
222 (all p values <0,001) however, Group 2 and Group 3 are not significantly different (p=0,779).
223 In terms of attention subscore, Group 1, Group 3 and Group 0 all differ from each other
224 significantly (all p values <0,001). Group 2 differs from Group 3 and Group 0 significantly (all
225 p values <0,001). However, Group 1 and Group 2 do not differ significantly (p=0,984). As for
226 memory subscore, Group 2, Group 3 and Group 0 all differ from each other significantly (all p
227 values <0,001). Group 1 differs from Group 3 and Group 0 significantly (all p values <0,001).
228 However, Group 1 and Group 2 do not differ significantly (p=0,254). Regarding the subscore
229 of verbal fluency, Group 0 differs from Group 1, Group 2 and Group 3 (all p values <0,001).
230 However, Group 1 does not differ significantly from Group 2 and Group 3 (p=0,629 and
231 p=0,017 respectively). Moreover, Group 2 does not differ significantly from Group 3 (p=0,198).
232 Concerning language subscore, Group 1, Group 3 and Group 0 all differ from each other
233 significantly (all p values <0,001). Group 2 differs from Group 1 and Group 0 significantly (all
234 p values <0,001). However, Group 2 and Group 3 do not differ significantly (p=0,142). In terms
235 of visuospatial subscore, all four groups differed significantly (all p values \leq 0,001). (Figure 1).
236 In the comparison to normal controls (Group 0), verbal fluency showed the largest difference
237 in the first phase of the disease (Group 1).

238 Insert Figure 1.

239 Relationship between ACE subscores and disease duration

240 Spearman's rho was applied to test the relationship between all six ACE subscores and
241 disease duration. Figure 2 demonstrates scatter plots for subscores in relation to disease duration
242 (Figure 2).

243 Insert Figure 2.

244 Within-group differences between ACE subscores

245 We applied Wilcoxon signed-ranked test for within-group difference analysis between
246 ACE subscores. Differences between the normalized subscores are shown in Figure 3 and Table
247 2.

248 In Group 0 normalized subscore of orientation was significantly higher than the
249 normalized subscore of memory (Z: -4,083; p<0,001), verbal fluency (Z: -3,95; p<0,001) and
250 visuospatial abilities (Z: -2,10; p=0,036). However, the normalized subscore of orientation was
251 significantly lower than the normalized subscore of language (Z: -2,32; p=0,021). There was
252 no significant difference between the normalized subscores of orientation and attention.
253 Normalized subscore of attention is significantly higher than the normalized subscore of
254 memory (Z: -5,40; p<0,001), verbal fluency (Z: -4,60; p<0,001) and visuospatial abilities (Z: -
255 2,94; p=0,003). There was no significant difference between the normalized subscores of
256 attention and language. Normalized subscore of memory was significantly lower than the
257 normalized subscore of language (Z: -5,52; p<0,001) and visuospatial abilities (Z: -3,61;
258 p<0,001). There was no significant difference between the normalized subscores of memory
259 and verbal fluency. Normalized subscore of verbal fluency was significantly lower than the
260 normalized score of language (Z: -4,68; p<0,001) and visuospatial abilities (Z: -3,75; p<0,001).
261 Normalized subscore of language was significantly higher than the normalized subscore
262 visuospatial abilities (Z: -2,82; p=0,005).

263 In Group 1 normalized subscore of orientation was significantly higher than the
264 normalized subscore of attention (Z: -2,34; p=0,019), memory (Z: -2,27; p=0,023) and verbal
265 fluency (Z: -4,79; p<0,001). There was no significant difference between the normalized

266 subscores of orientation, language and visuospatial abilities. Normalized subscore of attention
267 was significantly higher than the normalized subscore of verbal fluency (Z: -4,14; $p < 0,001$).
268 However, normalized subscore of attention was significantly lower than the normalized
269 subscore of language (Z: -5,23; $p < 0,001$). There was no significant difference between the
270 normalized subscores of attention, memory and visuospatial abilities. Normalized subscore of
271 memory was significantly higher than the normalized subscore of verbal fluency (Z: -4,41;
272 $p < 0,001$). However, normalized subscore of memory was significantly lower than the
273 normalized subscore of language (Z: -5,23; $p < 0,001$). There was no significant difference
274 between the normalized subscores of memory and visuospatial abilities. Normalized subscore
275 of verbal fluency was significantly lower than the normalized subscore of language (Z: -5,23;
276 $p < 0,001$) and visuospatial abilities (Z: -4,69; $p < 0,001$). There was no significant difference
277 between the normalized subscores of language and visuospatial abilities.

278 In Group 2 normalized subscore of orientation was significantly higher than the
279 normalized subscore of verbal fluency (Z: -3,62; $p < 0,001$) and visuospatial abilities (Z: -4,38;
280 $p < 0,001$). However, normalized subscore of orientation was significantly lower than the
281 normalized subscore of attention (Z: -3,23; $p = 0,001$), memory (Z: -2,19; $p = 0,029$). There was
282 no significant difference between the normalized subscores of orientation and language.
283 Normalized subscore of attention was significantly higher than the normalized subscore of
284 verbal fluency (Z: -5,47; $p < 0,001$), language (Z: -2,14; $p = 0,032$) and visuospatial abilities (Z:
285 -5,24; $p < 0,001$). There was no significant difference between the normalized subscores of
286 attention and memory. Normalized subscore of memory was significantly higher than the
287 normalized subscore of verbal fluency (Z: -4,87; $p < 0,001$), and visuospatial abilities (Z: -5,25;
288 $p < 0,001$). There was no significant difference between the normalized subscores of memory
289 and language. Normalized subscore of verbal fluency was significantly higher than the
290 normalized subscore of visuospatial abilities (Z: -3,31; $p = 0,001$). However, normalized
291 subscore of verbal fluency was significantly lower than the normalized subscore of language
292 (Z: -3,55; $p < 0,001$). Normalized subscore of language was significantly higher than the
293 normalized subscore visuospatial abilities (Z: -4,07; $p < 0,001$).

294 In Group 3 normalized subscore of orientation was significantly higher than the
295 normalized subscore of memory (Z: -3,86; $p < 0,001$), verbal fluency (Z: -3,75; $p < 0,001$) and
296 visuospatial abilities (Z: -4,73; $p < 0,001$). There was no significant difference between the
297 normalized subscores of orientation, attention and language. Normalized subscore of attention
298 was significantly higher than the normalized subscore of memory (Z: -3,10; $p = 0,002$), verbal
299 fluency (Z: -2,42; $p = 0,016$) and visuospatial abilities (Z: -4,74; $p < 0,001$). There was no
300 significant difference between the normalized subscores of attention and language. Normalized
301 subscore of memory was significantly higher than the normalized subscore of visuospatial
302 abilities (Z: -4,46; $p < 0,001$). However, normalized subscore of memory was significantly lower
303 than the normalized subscore of language (Z: -4,32; $p < 0,001$). There was no significant
304 difference between the normalized subscores of memory and verbal fluency. Normalized
305 subscore of verbal fluency was significantly higher than the normalized subscore of visuospatial
306 abilities (Z: -4,47; $p < 0,001$). However, normalized subscore of verbal fluency was significantly
307 lower than the normalized subscore of language (Z: -2,76; $p = 0,006$). Normalized subscore of
308 language was significantly higher than the normalized subscore visuospatial abilities (Z: -4,64;
309 $p < 0,001$).

310 Insert Table 2 and Figure 3.

311 Discussion

312 Our study involved 110 clinically defined AD patients divided into three groups based on
313 the length of disease duration. The control group (Group 0) consisted of 45 cognitively intact
314 individuals. We found that verbal fluency is the most impaired cognitive domain in the first 2
315 years of the disease course, and its disturbance is comparable to the memory impairment in the
316 early phase of AD. Furthermore, since visuo-spatial abilities showed the most linear reduction
317 among the groups with various disease lengths, it might serve as an ideal method for monitoring
318 disease progression.

319 Our analysis using correlation and between-group approaches showed that patients with
320 longer disease duration have lower ACE global scores being in line with the current literature
321 and confirming the fact that ACE indicates well the severity of AD (21) and global decline in
322 cognition most frequently shows a linear pattern in AD (22, 23).

323 While significant reduction in ACE subscores were present in a more advanced disease
324 stage in case of memory, verbal fluency, language, orientation, attention, and visuospatial
325 abilities; the pattern of the impairment of various cognitive domains demonstrated prominent
326 differences. Other studies also showed that selective analysis of cognitive subdomains might
327 reveal various trajectories of cognitive decline in AD (23). Episodic memory impairment is the
328 hallmark of AD; however, controversial results exist. Some reports suggest that declined
329 episodic memory functions associate with the early phase of AD (24, 25) while others suggest
330 that prominent impairment occurs in the advanced phase of cognitive decline (6, 20). Our
331 findings might reveal a deeper insight to the proposed problem. Our results show that memory
332 is a highly affected cognitive domain already in the early course of the disease having
333 significantly lower normalized score (0.78) than any other subscores except attention (0.77) and
334 verbal fluency (0.64). However, during the first 2-3 years after the diagnosis the subsequent
335 decrease of memory scores is not prominent (Group 1 and 2 do not differ significantly in these
336 subscores) suggesting that sequential memory testing might not be the ideal tool to sensitively
337 detect the progression of the cognitive decline. However, memory functions show rapid decline
338 after 4 years of disease onset supporting earlier data that demonstrated that memory impairment
339 is predominantly evident in the later stages of AD (20). This might suggest that while the global
340 cognitive decline shows a continuously progressive course with the duration of the disease,
341 episodic memory loss is becoming less pronounced while other domains contribute more in the
342 linear global decline. From these data we might conclude that testing memory independently is
343 not appropriate to monitor disease progression or estimate the effect of disease modifying
344 interventions and drug trials in the mild and moderate phases of AD.

345 We also found that verbal fluency was even more severely compromised at the early stage
346 of AD than memory (0.78 normalized score for memory vs 0.64 normalized score for verbal
347 fluency). Other reports also highlighted that verbal fluency is impaired even in amnesic type
348 MCI (26), in the preclinical phase or mild phase of AD (27). Ideal verbal fluency tests could
349 not be developed for routine screening of cognitive decline since there are controversial results:
350 some studies propose that semantic (category) fluency might be an ideal tool for the early
351 screening of dementia (28-30) while others demonstrated the superiority of phonemic (letter)
352 fluency (26). However, a meta-analysis of 153 studies with 15990 participants proposed that
353 semantic deficit is more prominent than phonemic (31). Based on our observations, it seems
354 feasible that development of novel and more focused diagnostic procedures on verbal fluency
355 might be an important direction for the early screening of cognitive decline.

356 Our correlation analysis between disease duration and ACE subscores showed that
357 patients with longer disease duration perform worse in all cognitive subdomain test.
358 Visuospatial score showed remarkably strong negative correlation (larger than any other
359 domains) with disease duration ($r:-0.85$) drawing special attention to this cognitive domain.
360 Visuospatial skills are used to remember directions, addresses, and layout of familiar places.
361 Visuospatial abilities are tested by asking the patient to copy two diagrams; to draw a clock

362 face with the hands set at a specified time; to count sets of dots; and to recognize four letters
363 which are partially obscured. Although problems in visuospatial abilities are less well
364 characterised symptoms of AD compared to memory impairment (9), visuospatial function
365 monitoring could be ideal for assessing whether cognitive decline is progressive or not.
366 Furthermore, it might be a useful cognitive test for outcome measures of drug trials or lifestyle
367 interventional studies.

368 There are limitations to our study. Firstly, positron emission tomography, cerebrospinal
369 fluid analysis or genetic testing were not applied in the current experiment. Furthermore,
370 cognitive decline might appear years preceding the diagnosis of AD, so disease duration might
371 vary among the examined patients. We involved patients with short history of cognitive decline
372 prior to the diagnosis of AD based on the reports of caregivers, however opinion of family
373 members could be subjective. The strength of our study is the rigorous patient selection and the
374 extensive application of different diagnostic methods.

375 **Conclusion**

376 AD is the leading cause of dementia in older adults. However, only sixteen percent of the
377 older adults receive regular cognitive evaluation (32). Unfortunately, the estimated extent of
378 missed or delayed diagnosis of AD is substantial (33). Evaluation of the impairment of verbal
379 fluency seems to have crucial diagnostic potential in the early identification of AD.
380 Visuospatial abilities have been found to be impaired in AD even in preclinical stages and are
381 considered to hold diagnostic potential (9, 34). Furthermore, they might have a potential role in
382 the assessment of progression of cognitive decline since they follow linear decline among the
383 disease course, so testing visuospatial skill might be ideal in the validation phase of drug trials.

384 **Author contributions**

Name	Location	Role	Contribution
Dalida Borbala Berente	Semmelweis University, Budapest	Author	She was responsible for data management and the conduction of statistical analysis. She contributed to the writing of the manuscript.
Anita Kamondi	National Institute of Mental Health, Neurology and Neurosurgery, Budapest	Author	She was involved in the recruitment of patients, and in the design of the study protocol. She contributed to the correction of the manuscript.
Andras Attila Horvath	National Institute of Mental Health, Neurology and Neurosurgery, Budapest	Author	He performed neuropsychological assessments, evaluated the results and concluded the major findings. He contributed to the writing of the manuscript.

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395 Competing Interests

396 The authors declare no competing interests.

397 Data availability

398 The data that support the findings of this study and not presented in this article are
399 available on request from the corresponding author.

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506 **Tables**

507 Table 1. Demographic and clinical data of participants.
 508 Statistical tests applied were Chi-square for sex, ANOVA for parametric and Kruskal-Wallis
 509 for non-parametric statistics. One-way ANOVA analysis was used for between-group
 510 differences in memory. Kruskal-Wallis test was used for between-group differences in
 511 orientation, attention verbal fluency, language and visuospatial abilities. SD: standard
 512 deviation; MMSE: Mini-Mental State Examination IQ1-IQ3: interquartile range
 513

Parameter	Total	Group 0	Group 1	Group 2	Group 3	P-value
Participants (n)	155	45	36	44	30	-
Female, n (%)	78 (50,3%)	29 (64,4%)	13 (36,11%)	19 (43,2%)	17 (56,7%)	0,936
Age (years) mean±SD	71,8±7,1	68,6±7,4	70,7±7,4	74,1±6,2	74,6±5,4	<0,001
Age at disease onset (years) mean±SD	70,2±6,4	-	69,2±7,3	71,1±6,2	70,0±5,6	0,43
Education (years) median ratio (IQ1-IQ3)	12,0 (12,0-17,0)	17,0 (12,0-17,0)	12,0 (12,0-16,5)	12,0 (12,0-17,0)	12,0 (10,0-15,0)	<0,001
Disease duration (years) median ratio (IQ1-IQ3)	3,0 (2,0-4,0)	-	1,0 (1,0-2,0)	3,0 (3,0-3,0)	5,0 (4,0-5,0)	<0,001
ACE total score median ratio (IQ1-IQ3)	72,0 (59,0-88,0)	94,0 (91,0-96,0)	72,0 (67,3-78,0)	66,5 (55,0-74,3)	50,0 (45,8-57,3)	<0,001
VLOM median ratio (IQ1-IQ3)	3,3 (2,9-4,0)	2,6 (2,4-2,9)	3,5 (3,3-4,1)	3,5 (3,2-4,6)	3,6 (3,3-4,7)	<0,001

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MMSE median (IQ1-IQ3)	22,0 (17,0-28,0)	29,0 (28,0-29,0)	24,0 (21,3-25,0)	19,0 (16,0-21,0)	15,5 (12,8-18,0)	<0,001
Orientation median ratio (IQ1-IQ3)	8,0 (7,0-10,0)	10,0 (10,0-10,0)	8,5 (8,0-10,0)	7,0 (6,0-8,0)	7,0 (5,0-8,0)	<0,001
Attention median ratio (IQ1-IQ3)	7,0 (5,0-8,0)	8,0 (8,0-8,0)	6,0 (5,0-7,0)	6,0 (5,0-7,0)	5,0 (4,0-6,0)	<0,001
Memory mean± SD	21,0±4,9	25,1±1,8	21,9±3,1	20,5±4,4	14,2±3,0	<0,001
Verbal fluency median ratio (IQ1-IQ3)	9,0 (7,0-12,0)	13,0 (11,0-14,0)	9,0 (8,0-10,8)	8,5 (6,3-10,0)	7,0 (6,0-8,0)	<0,001
Language median ratio (IQ1-IQ3)	23,0 (19,0-28,0)	28,0 (28,0-28,0)	24,0 (22,0-25,0)	20,0 (17,0-22,8)	17,5 (15,0-20,3)	<0,001
Visuospatial abilities median ratio (IQ1-IQ3)	4,0 (4,0-5,0)	5,0 (5,0-5,0)	4,0 (3,3-5,0)	3,0 (2,0-3,0)	1,0 (0,75-2,0)	<0,001

514

515 Table 2. Normalized ACE subscores for orientation, attention, memory, verbal fluency,
516 language and visuospatial abilities per group.

517 Normalization was performed by dividing the participant's score in each cognitive domain by
518 the highest score possible of the same domain. (eg. 5/10 in the orientation domain resulted in a
519 normalized score of 0,5). Differences among the cognitive subscores were compared with
520 Wilcoxon-signed ranked test. <, > indicate the statistically significant differences with the
521 direction (p<0.05), while = signals insignificant differences (p>0.05). SD: standard deviation,
522 O: orientation, A: attention, M: memory, VF: verbal fluency, L: language, VS: visuospatial
523 abilities.

524

Cognitive subdomains	Descriptive statistics	Group 0	Group 1	Group 2	Group 3
Orientation	Mean	0,98	0,84	0,68	0,65
	SD	0,05	0,13	0,15	0,13
	Differences	O=A, O>M, O>VF, O<L, O>VS	O>A, O>M, O>VF, O=L, O=VS	O<A, O<M, O>VF, O=L, O>VS	O=A, O>M, O>VF, O=L, O>VS
Attention	Mean	0,99	0,77	0,76	0,61
	SD	0,03	0,15	0,19	0,17
	Differences	A>M, A>VF, A=L, A>VS	A=M, A>VF, A<L, A=VS	A=M A>VF, A>L, A>VS	A>M, A>VF, A=L, A>VS
Memory	Mean	0,90	0,78	0,73	0,51
	SD	0,06	0,11	0,16	0,11
	Differences	M=VF, M<L, M<VS	M>VF, M<L, M=VS	M>VF, M=L, M>VS	M=VF, M<L, M>VS
Verbal fluency	Mean	0,87	0,64	0,60	0,52
	SD	0,17	0,15	0,17	0,15

	Differences	VF<L, VF<VS	VF<L, VF<VS	VF<L, VF>VS	VF<L, VF>VS
Language	Mean	1,00	0,84	0,70	0,64
	SD	0,995	0,08	0,16	0,14
	Differences	L>VS	L=VS	L>VS	L>VS
Visuospatial abilities	Mean	0,96	0,81	0,50	0,25
	SD	0,08	0,15	0,23	0,19

525

526 **Legends**

527 Figure 1. Between group differences for cognitive subdomains. Orientation (A) was impaired
 528 in AD from the first two years of the disease compared to healthy controls (Group 1 vs Group
 529 0) and showed gradual decline (rapid decline in the first 4 years and remains constant
 530 afterward). Attention (B) was impaired initially (Group 0 vs Group 1), remained relatively
 531 preserved in the middle of the disease (Group 1 vs Group 2) and deteriorated again in the later
 532 phase (Group 2 vs Group 3). Memory (C) was also impaired from the first phase (Group 1 vs
 533 Group 0) but did not show prominent changes in the first 4 years of the disease (Group 1 vs
 534 Group 2), while rapid decline was detectable in the later phase (Group 2 vs Group 3). Verbal
 535 fluency (D) was highly damaged (largest difference between Group 0 and Group 1) in the first
 536 phase and did not decline further significantly. Language (E) was reduced initially (Group 1 vs
 537 Group 0) and linear decline was detectable in the first 4 years; however, changes were not so
 538 prominent at the end of the disease course (only Group 2 and Group 3 did not differ
 539 significantly). Visuospatial abilities (F) were reduced from the first phase also (Group 1 vs
 540 Group 0) and linear deterioration was highlighted (all groups differed significantly). * indicates
 541 significant differences ($p<0.01$).

542 Figure 2 Correlation analysis between ACE subscores and disease duration (in years) using
 543 Spearman's rho. Significant negative correlation is present between all six subscores of
 544 orientation (A), attention (B), memory (C), verbal fluency (D), language (E) and visuospatial
 545 (F) scores (all $p's<0.05$). Visuospatial abilities associate with the steepest r line.
 546

547 Figure 3. Within-group difference analysis for normalized ACE subscores. The contribution of
 548 verbal fluency in the cognitive maximum scores is the smallest in Group 1, suggesting
 549 prominent early impairment of this domain in the first phase of the disease. Noticeably, while
 550 the relative contribution of all cognitive domains did not change visually remarkably among
 551 the groups with various disease course, visuospatial abilities showed linear reduction in relative
 552 ratios.

Figure 1.TIF

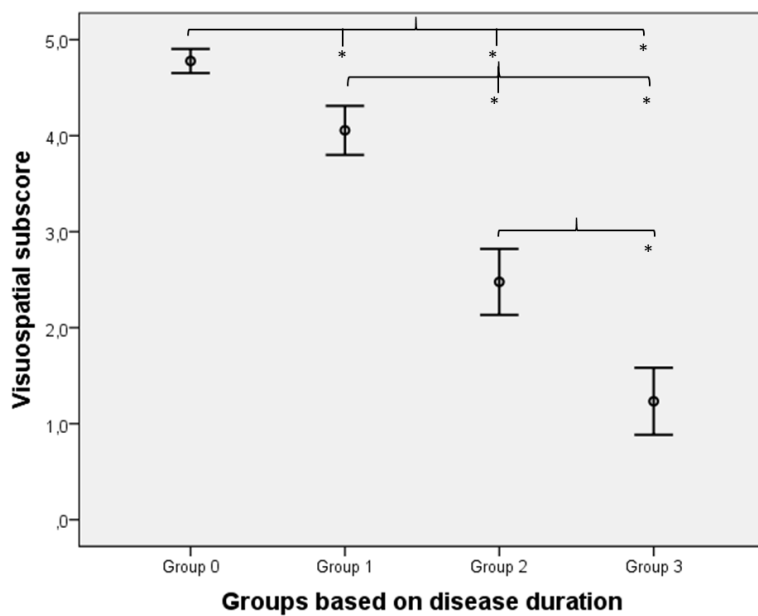
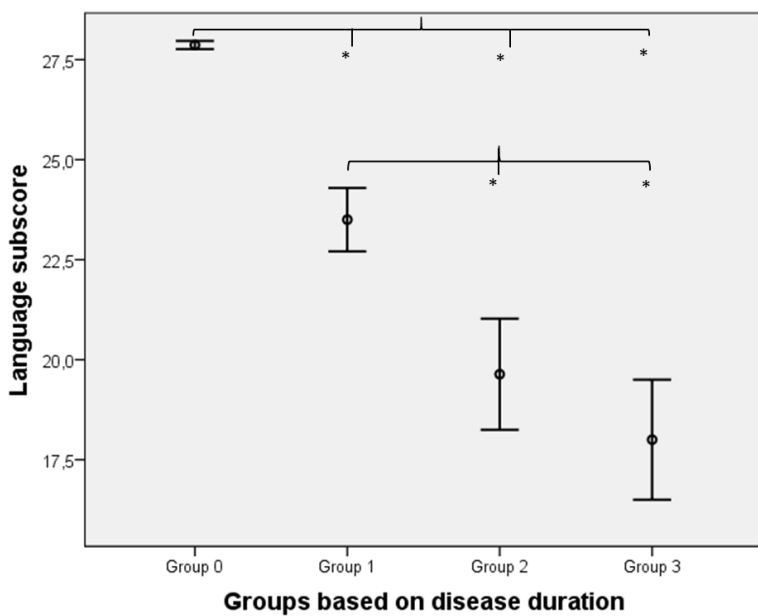
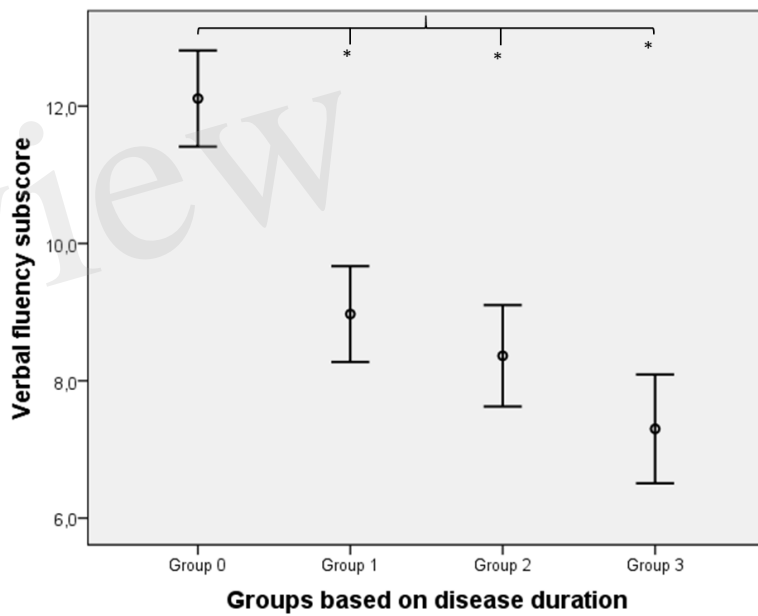
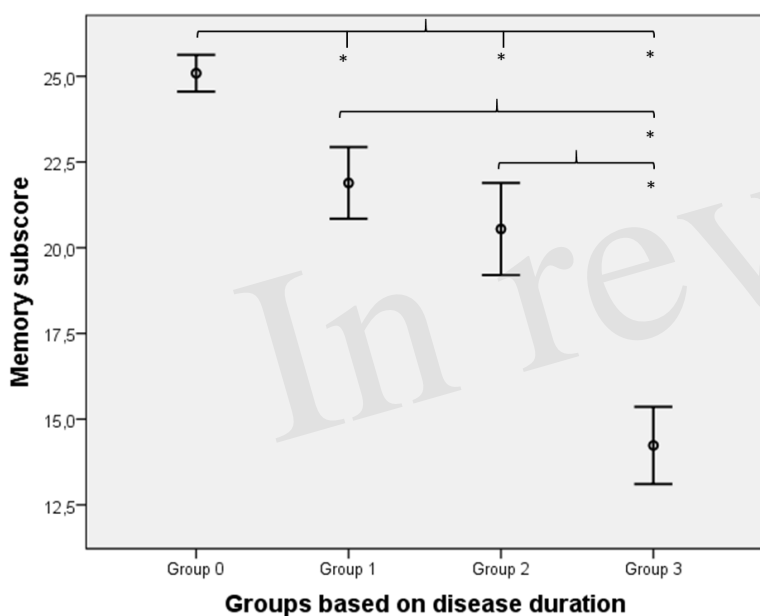
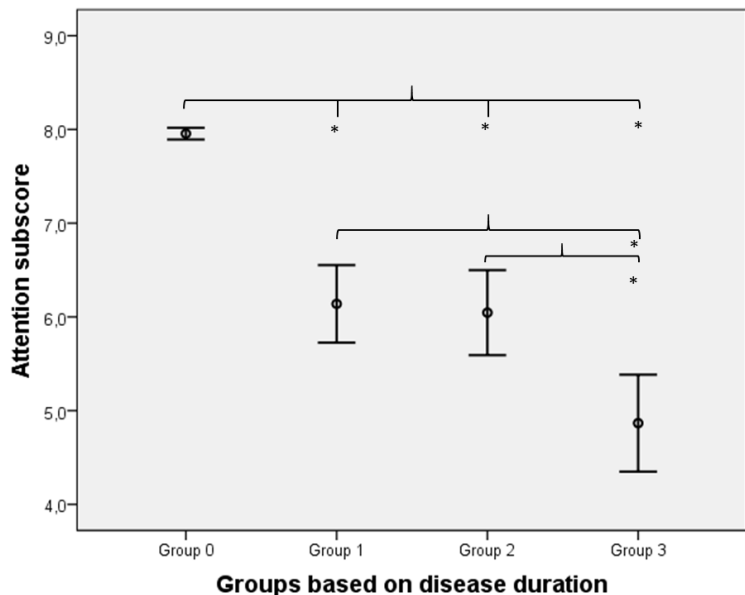
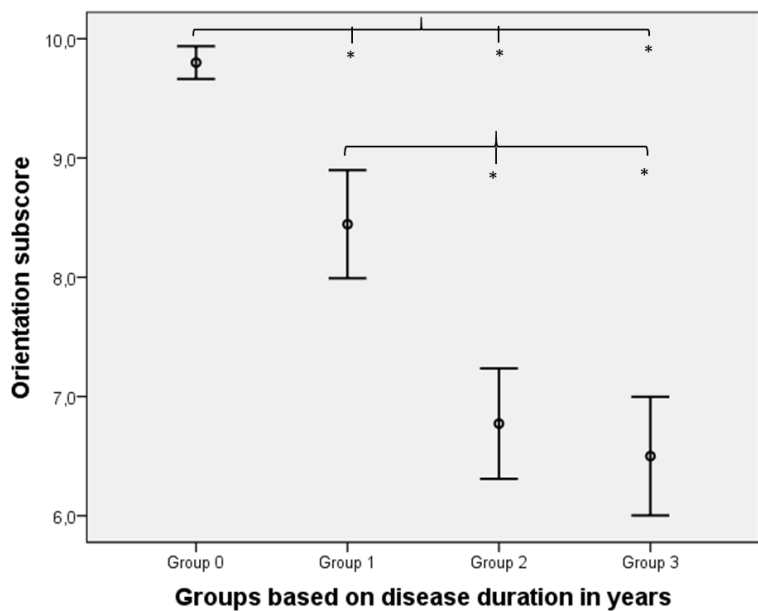


Figure 2.TIF

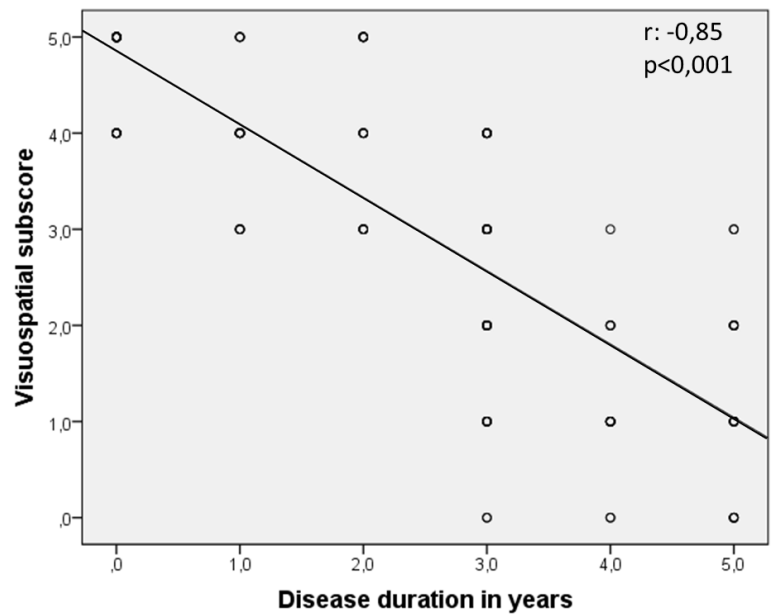
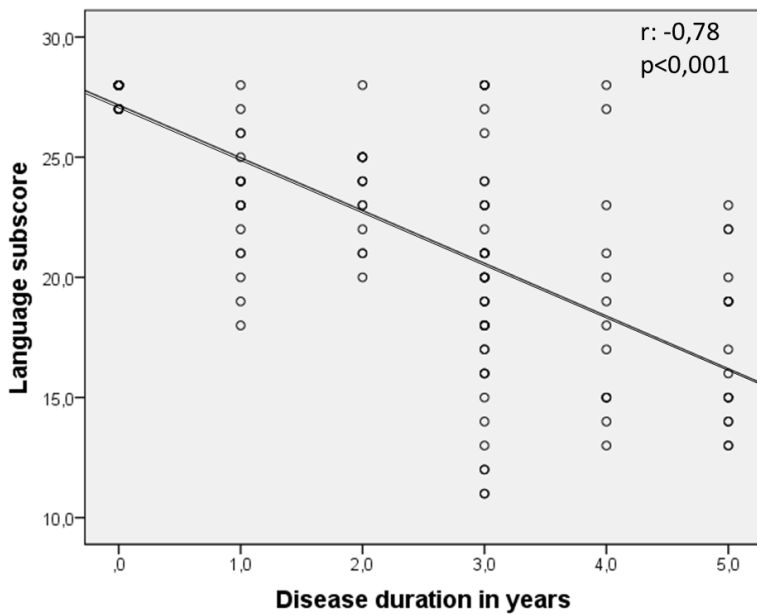
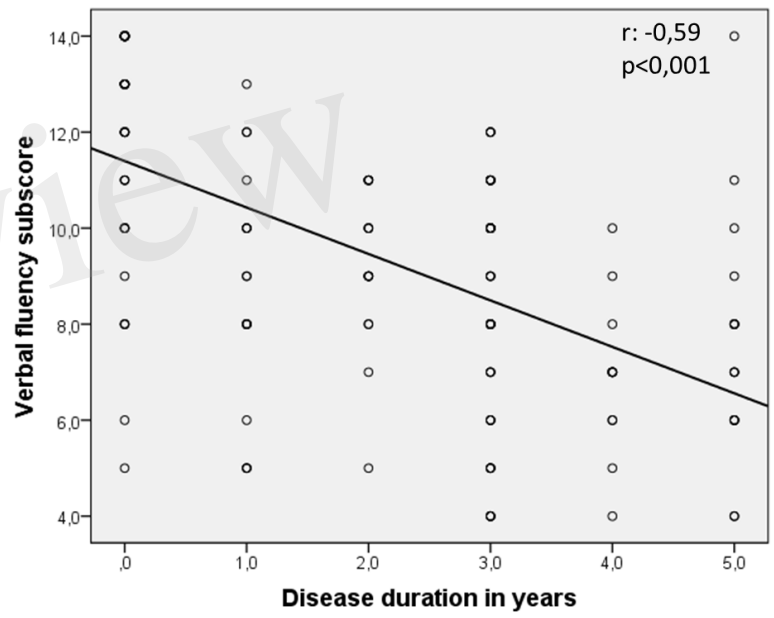
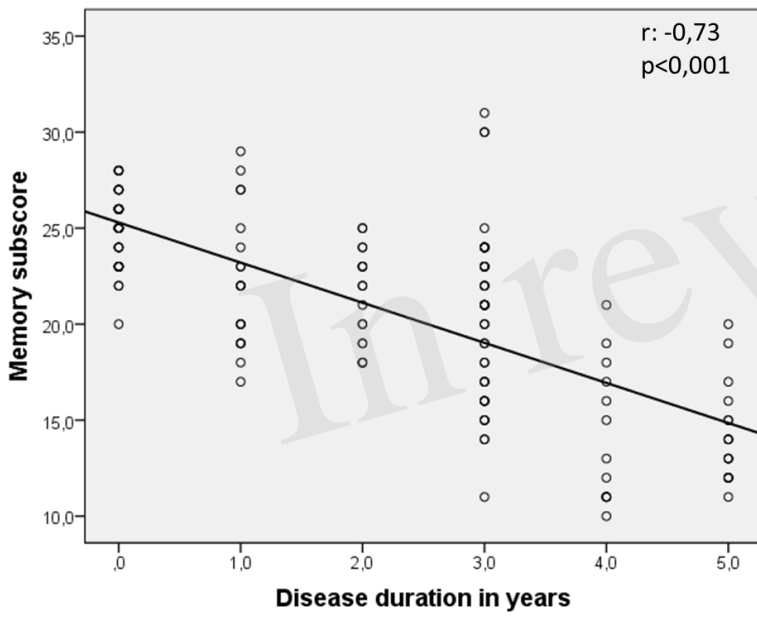
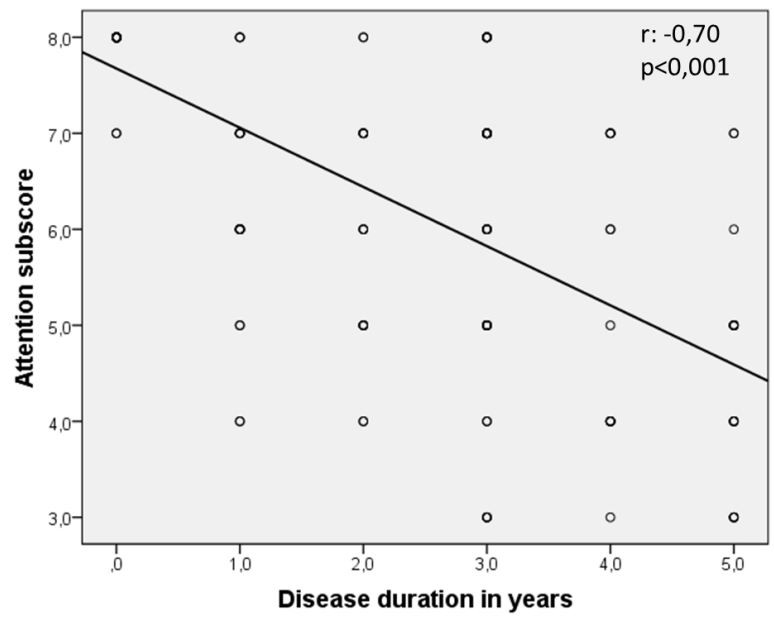
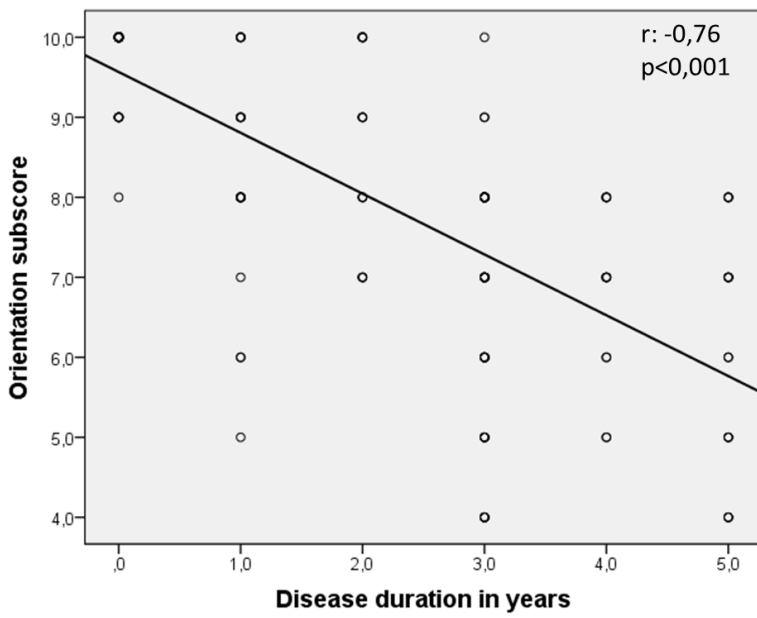


Figure 3.TIF

