



FIG. 3.— The upper limits in histogram form for all pulsars for h_0 , ϵ , Q_{22} and the spin-down limit ratio. The grey shaded area represents results from the S6/VSR2,4 analysis combining all detectors, the blue shaded area represents results from the VSR2,4-only analyses. These also contain the seven high interest pulsars for which the Bayesian method values have been plotted based on no assumptions about the pulsar orientations. Previous upper limits from the S5 analysis are given by the unfilled histogram.

limit for the Crab and Vela pulsars, further improving over past results. The mass quadrupole limits are generally within $10^{34}\text{--}10^{35}\text{ kg m}^2$, with the Crab pulsar upper limit slightly lower at $\sim 7 \times 10^{33}\text{ kg m}^2$. Therefore, for these stars to emit gravitational waves at current sensitivities the emission would most likely have to come from a quark star or one with a hybrid core, whilst the Crab pulsar is about an order of magnitude above the maximum quadrupoles expected for purely crustal emission. However, for advanced detectors the sensitivity for Crab pulsar would be consistent with most optimistic predictions for *normal* neutron stars. For J0537–6910, which has a quadrupole limit close to the Crab pulsar, future prospects may not be so good for reaching the most optimistic prediction for *normal* neutron stars. This is due

to the requirement for phase coherent timing, which for these analyses relied on the no-longer-operational RXTE.

For the Crab and Vela pulsars, our results now limit the gravitational wave emission to contribute $\lesssim 1\%$ and $\lesssim 10\%$ of their respective spin-down luminosities, with an improvement of about a factor of 4 for Vela with respect to previous results. These limits are compatible with the observed braking indices of the pulsars, which are $n = 2.51$ and $n \approx 1.4$ respectively (see e.g. Palomba 2000).

Given various assumptions about the magnetic field discussed above, our results constrain the internal field of the Crab pulsar to be less than $\sim 10^{16}\text{ G}$ (e.g. Cutler 2002). For the other high interest pulsars, the limits on the magnetic field would be even higher than this, so we

