

Phagocytic cell function after administration of intravenous immunoglobulins in low birth weight neonates

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It is well known that the deficiency in host defence mechanisms of the low birth weight neonates is partly due to their very low immunoglobulin levels at birth [2]. Until recently it has been possible to administer human antibodies to newborns only in the form of whole plasma or immune serum globulin given in small quantities by intramuscular or subcutaneous routes with inconclusive results [8]. However we now have preparations of immune globulins for intravenous use which can be given in much larger doses and which have been modified by either enzymatic or chemical methods in order to avoid systemic reactions [4]. The purpose of our study was to investigate the effect of administration of iv immunoglobulins on the polymorphonuclear (PMN) function of low-birth-weight neonates.

NEONATES AND METHODS

We used an *in vitro* phagocytosis assay where the effect of immunoglobulins on phagocytosis of *Pseudomonas aeruginosa* by neonatal PMN neutrophils was assessed, using the technique of phagocytic chemiluminescence. With this technique we

measure the metabolic activity of the cells which is associated with their phagocytic function [3].

The chemiluminescence responses of the neutrophils of 26 low-birth-weight neonates aged 1-10 days were studied. Fourteen of these neonates had a birth weight < 1500 gr and in 12 their b.w. ranged between 1500-2000 gr. All these babies were admitted to the Intensive Care Unit because of prematurity and/or mild respiratory distress. Ten healthy young adults were used as controls. In 10 neonates the chemiluminescence response of their neutrophils was studied using adult serum as a source of opsonins in addition to their own serum. Finally 12 neonates with a birthweight of 1500 gr received 0.5 g of Sandoglobulin and the chemiluminescence response of their neutrophils was studied before and immediately after the IV administration.

The Swiss Red Cross Immunoglobulin (Sandoglobulin) was used. The polyvalent immunoglobulins in this preparation have been extracted from a pool of 2000 donors and contain all the antibodies (mainly IgG) generally present in the normal population. A daily dose of 0.5 g of lyophilised concentrate of immunoglobulins, was dissolved in 15 ml of NaCl 0.9% and infused over 3 hr, daily.

Pseudomonas aeruginosa (serum resistant mucoid strain isolated from a neonate with septicemia) was grown overnight in nutrient broth. The bacteria were washed

twice and resuspended in phosphate buffered saline (PBS) to a concentration of 2×10^8 colony forming units (CFU) per ml.

Polymorphonuclears were separated from 3 ml of blood after centrifugation on Ficoll-Trisill and dextran sedimentation. The cells were resuspended in PBS to provide a concentration of $3.5 \times 10^5/100 \mu\text{l}$. The neutrophils of each neonate were tested with bacteria opsonized: a) in their own serum b) in pooled AB serum from 5 healthy adults stored at -70°C .

The bacteria were opsonized with 20% neonatal or adult serum in a shaking water bath at 37°C for 30 min. They were subsequently washed twice and resuspended in PBS to provide a concentration of approximately $1 \times 10^7/100 \mu\text{l}$.

Chemiluminescence assay

Luminol-dependent phagocytic chemiluminescence (CL) was measured at 37°C in a luminometer (Pico-Lite Luminometer Packard) according to the method of Easmon et al [3]. Three hundred microliters of 10^{-3} M Luminol and $100 \mu\text{l}$ cell suspension were added to a reaction vial which was

transferred to the Luminometer chamber. A suspension of opsonized bacteria ($100 \mu\text{l}$) was then added to the reaction vial and the light generated was rewarded every minute. Peak values were used for statistical evaluation which was done by the Mann-Whitney V-test.

RESULTS

When neonatal neutrophils were stimulated with bacteria opsonized in their own serum the CL values were found to be very low when compared to those found in adults ($p < 0.001$) and more so in those neonates with a birth weight of < 1500 gr (Fig. 1).

When neonatal neutrophils were stimulated with bacteria opsonized in adult serum the CL responses increased significantly ($p < 0.01$) and reached adult values showing that the low CL values were mainly due to

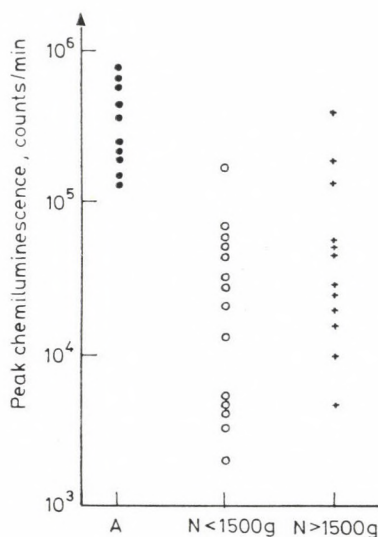


FIG. 1. Peak chemiluminescence values of adult and neonatal peripheral blood neutrophils, when bacteria were opsonized in their own serum

lack of opsonizing factors in neonatal serum (Fig. 2).

Following the I.V. administration of 0.5 g Sandoglobulin the CL respon-

ses of neonatal neutrophils, when bacteria were opsonized in their immunoglobulin-enriched serum increased significantly ($p < 0.01$) demon-

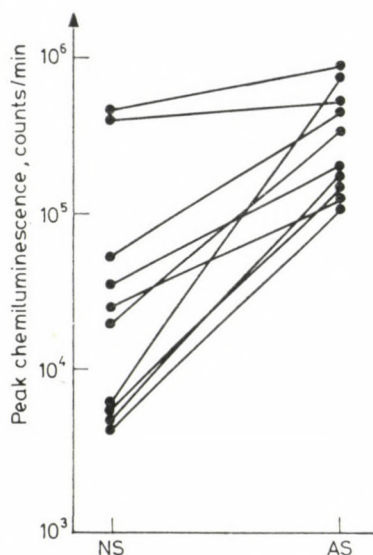


FIG. 2. Peak chemiluminescence values of neonatal neutrophils when bacteria were opsonized in their own serum (N. S) and in adult serum (A. S.)

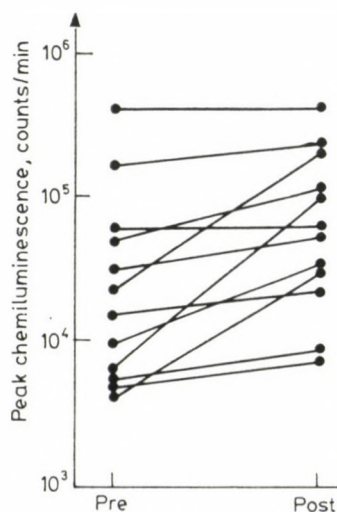


FIG. 3. Peak chemiluminescence values of neonatal peripheral blood neutrophils when bacteria were opsonized with serum before (pre) and immediately after (post) the I. V. administration of 0.5 gr Sandoglobulin

strating that high doses of I.V. immunoglobulins increase neonatal serum opsonic activity (Fig. 3). However the CL values remained significantly lower than those found when neonatal neutrophils were stimulated with bacteria opsonized in adult serum. (Figs 2, 3).

No adverse reactions were observed on the clinical condition of the infants.

DISCUSSION

It is well known that *Pseudomonas aeruginosa* is a significant cause of nosocomial infections, frequently encountered in immunologically suppressed patients and in neonates in intensive care units [5]. Antibiotics have been only partially successful in controlling the morbidity and mortality associated with *Pseudomonas* infections [1]. Normal adult serum contains all the antibody and complement necessary for phagocytosis of prevalent antigenic types of *P. aeruginosa*. Low-birth-weight neonates born prematurely do not have the opportunity to acquire these antibodies from their mother [2].

The low phagocytic CL found in our babies can be attributed mainly to lack of specific antibodies since neonatal leucocytes responded well when stimulated with bacteria opsonized in adult serum. The well known deficit of complement components in LBW neonates [6] may have contributed to their low CL response. However it has been found that sera with high titers of specific antibody are able to increase phagocytosis of

pseudomonas in the absence of complement [9].

We found that the administration of 0.5 g of I.V. immunoglobulins improved the phagocytic capacity of neonatal neutrophils. However, the phagocytosis was lower than that elicited when adult serum was used. This could be due to the still low antibody levels after only one dose of 0.5 g of Sandoglobulin. It has been shown that 6 daily doses of 0.5 g immunoglobulin should be given to LBW neonates before their levels reach those found in fullterms [7].

From using findings it can be seen that the administration of I.V. immunoglobulins improves opsonic activity of neonatal serum and increases phagocytic chemiluminescence against *Pseudomonas aeruginosa*.

We think that immunoprophylaxis and immunotherapy will prove to be major weapons in our fight against serious neonatal infections.

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