

# Initial Steps with an Array-like Near Infrared Spectroscopy Device for Upper Limb Measurements

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## INTRODUCTION

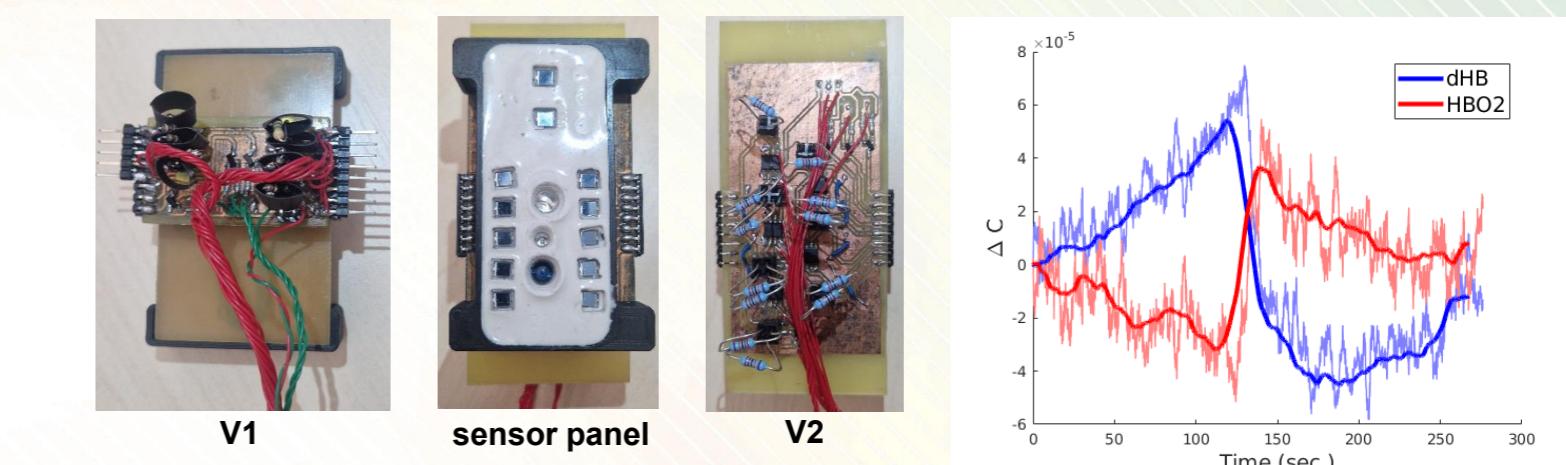
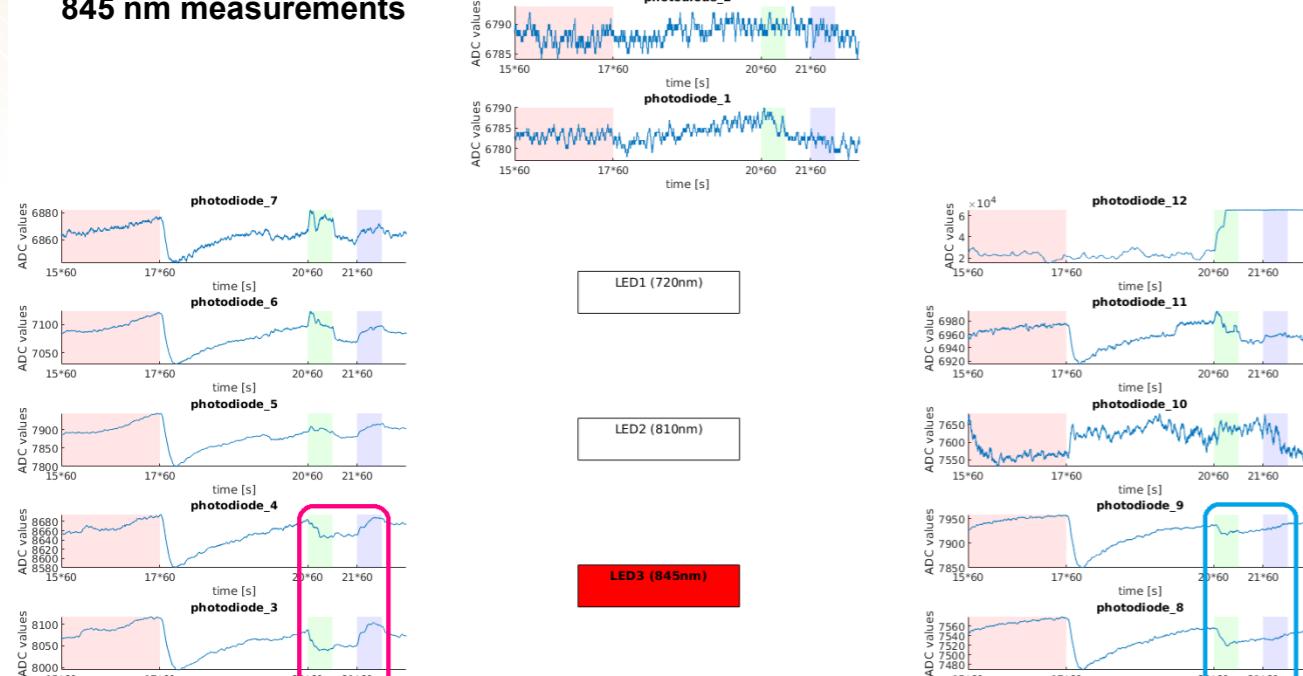
- Depending on age, prosthesis type, and the survey, **24–70% of users eventually abandon their prosthesis** [1]. Beyond mechanical design, **user acceptance** largely **depends on the control system's ability to accurately interpret movement intention**.
- Most commercial systems rely on **surface electromyography (sEMG)**, which faces a serious bottleneck: **signal degradation due to muscle fatigue**. This loss of reliability impairs system robustness in real-world conditions.
- To overcome this, we introduce a **second physiological modality: near-infrared spectroscopy (NIRS)**, which **detects local changes in blood oxygenation**. As hemodynamic signals are independent of fatigue, NIRS provides a stable and complementary control input.
- Our goal is to develop a custom NIRS sensor system to support more robust prosthetic control, building in part on the approach proposed in [2].

## METHODS – HARDWARE SYSTEM

- Custom-built NIRS device with:
  - 3 LEDs** (720, 810, 845 nm)
  - 12 near-infrared photodiodes**
  - STM32-based controller board**
- Two sensor board versions tested:
  - V1 – voltage-drop resistor readout**
  - V2 – transimpedance amplifier (TIA) readout**
- LEDs are driven by bipolar transistors, controlled by the STM32 microcontroller.
- Photodiode signals are read out via analog circuitry and digitized for PC-side processing.
- Relative hemoglobin concentrations are calculated using the **Modified Beer–Lambert Law (MBLL)**.



Toward wrist  
845 nm measurements

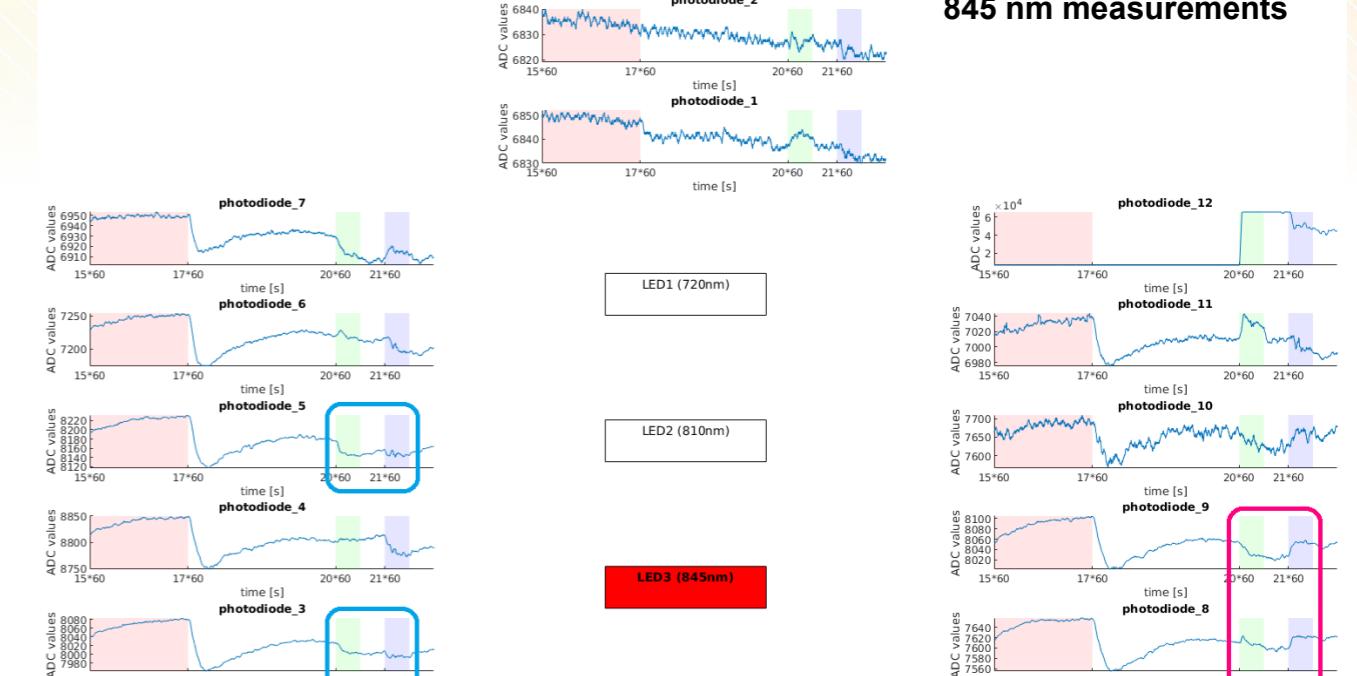


## MEASUREMENTS

- Sensor** longitudinally over the **Flexor Digitorum Superficialis (FDS) muscle** (anterior forearm), aligned with muscle fibers.
- Two placements tested: device heading **toward the wrist** and **toward the elbow**, to evaluate topographic sensitivity.
- Protocol steps:**
  - 15 min rest for system warm up
  - 2 min occlusion on upper arm (blood flow blocked)
  - 3 min rest
  - 4 × 30 s activations: ring and middle finger movements, alternating with rest
- One subject (co-author) performed all trials with voluntary consent, lab conditions.



Toward elbow  
845 nm measurements



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## References

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